

AI-Supported Learning Reflection Template

Student Reflection
Assignment/Task:
Learning Goal:
Did you use AI during this task? <input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, what tool(s) did you use?

Part 1: Thinking About My Process
What parts of this task required the most thinking from you? <input type="checkbox"/> Generating ideas <input type="checkbox"/> Analyzing information <input type="checkbox"/> Problem-solving <input type="checkbox"/> Revising my work <input type="checkbox"/> Evaluating evidence <input type="checkbox"/> Explaining reasoning <input type="checkbox"/> Creating something original <input type="checkbox"/> Other:
Explain:

Part 2: How AI Was Used
AI helped me to: <input type="checkbox"/> Brainstorm ideas <input type="checkbox"/> Clarify directions <input type="checkbox"/> Organize information <input type="checkbox"/> Generate examples <input type="checkbox"/> Revise writing <input type="checkbox"/> Check understanding

- Explore different perspectives
- Other:

What did **you** still need to do yourself?

- Make decisions
- Evaluate accuracy
- Revise ideas
- Explain reasoning
- Defend conclusions
- Solve problems
- Reflect on learning
- Other:

Explain:

Part 3: Evaluating the AI Response

What did the AI do well?

What did the AI miss, oversimplify, or get wrong?

Did you disagree with any of the AI-generated ideas or responses?

- Yes
- No

If yes, explain:

Part 4: Reflection and Metacognition

How did your thinking change during this task?

Where did you experience productive struggle?

What are you most proud of in your own thinking or learning?

Part 5: Evidence of Thinking

What evidence shows that this work reflects **your** thinking?

- Personal reasoning
- Original examples
- Revisions I made
- Questions I asked
- Analysis or interpretation
- Connections to prior learning
- Reflection on mistakes
- Other:

Explain:

Final Reflection

AI supported my learning by...

One thing I learned or understood more deeply because of this task was...