



LONDON COLLEGE OF ANIMAL OSTEOPATHY
MASTERCLASS 2025

NORWAY ● CANADA ● AUSTRALIA ● UNITED KINGDOM ● NEW ZEALAND



Hands-on Seminars
Advanced Osteopathic Techniques
CLASSICAL STRUCTURAL OSTEOPATHY
in Equine and Canine Practice

for students and graduates of London College of Animal Osteopathy



Dear LCAO Student,

Upon completing your training at London College of Animal Osteopathy, you will receive certification as an Equine, Canine, or Animal Osteopath, highlighting your commitment to holistic animal care.

In your online clinical module, you have been actively honing your treatment skills under the expert guidance of Stuart McGregor. To further enhance your techniques and boost your confidence, we invite you to attend hands-on Masterclasses held at different locations throughout the year.

Over nine clinical days—four focused on canines and five on equines—you will solidify your assessment and treatment skills rooted in classical structural osteopathy.

Under the supervision of Professor McGregor and his skilled team of instructors, you will refine your osteopathic articular balancing techniques while learning advanced direct methods. The training will involve manipulating the equine cervical, thoracic, and lumbar vertebrae, pelvis, hip, distal limb P2/P3, and shoulder. Furthermore, you will be introduced to cranial and visceral osteopathy, functional techniques, and short-lever recoil techniques specifically for canines.

Throughout the Masterclass, you will observe and treat animals of various ages and breeds. During one-on-one mentorship sessions and group discussions, you will be encouraged to cultivate treatment approaches tailored to your area of specialization.

9

rigorous days
mastering your
treatments skills

4

experienced
osteopathic
instructors

21

students
admitted per
Masterclass



Masterclass Curriculum

Day	Topic	Hours
Day 1 Canine Osteopathy	• Advanced palpation techniques • Osteopathic Articular Balancing and practice	7
Day 2 Canine Osteopathy	• Osteopathic Short Lever technique and the Pain Gate • Functional Technique	7
Day 3 Canine Osteopathy	• Introduction to Cranial Osteopathy: ◦ indications, handholds, and techniques • Osteopathic Fascial Unwinding Technique	7
Day 4 Canine Osteopathy	• Review of common pathologies and approach to treatment • The afternoon will be dedicated to a student clinic	7
Day 5 Equine Osteopathy	• Advanced Palpation techniques • Osteopathic Articular Balancing review and practice	7
Day 6 Equine Osteopathy	• Visual Assessment Protocol • The Osteopathic Lesion: Patterns of Dysfunction	7
Day 7 Equine Osteopathy	• Cervical manipulation: C4/C5; Occiput/Atlas, Atlas/Axis • Osteopathic Short Lever Recoil Technique, and the Pain Gate • Coxo/femoral manipulation (Hip joint), • Pedal bone/Short pastern(P2/P3), Glenohumeral decompression	7
Day 8 Equine Osteopathy	• Morning review, clarification, and integrated practice • A Structural Approach to Visceral Osteopathy (Equine treatment)	7
Day 9 Equine Osteopathy	• Introduction to Cranial Osteopathy: ◦ indications, handholds, and techniques • The afternoon will be dedicated to a student clinic	7



Palpation & Treatment Skills

The ability to palpate accurately is crucial for delivering effective treatment. Instructors emphasize the importance of honing palpation skills and enhancing tactile sensitivity.

This skill is especially significant for employing involuntary mechanisms (IVM) in cranial osteopathy, as well as for functional and myofascial release techniques. By the conclusion of the Masterclass seminar, you will be proficient in applying these techniques.

- 'See' the anatomy with your hands.
- Differentiate between qualities of tissue texture and mobility.
- Identify which tissues need attention.
- Treat the problem you have identified.
- Trust your judgment and start creating change.
- Manipulate using high-end HVLA techniques.
- Treat using OAB, Craniosacral, Functional, and
- Myofascial Release techniques.

Admission

- ✓ LCAO students of the International or PG diploma programs must complete their preclinical courses and at least two clinical units with Professor McGregor before beginning the hands-on classes.
- ✓ Graduates from other osteopathic or veterinary schools are encouraged to apply for the Masterclass. To do so, please email admissions@aosteocollege.com. Be sure to include your professional credentials, academic history, and experience in animal healthcare.

Awarded Certification

Successful graduates earn a **Certificate in Advanced Osteopathic Techniques**. Those seeking CEU credentials will receive a Completion Certificate with a number of CEU units/hours completed.





Daily Schedule

We will begin with a brief lecture on theory at 9 a.m. to cover relevant topics and prepare you for the practical, hands-on session.

This schedule applies to both Canine and Equine Masterclasses, with mid-morning and mid-afternoon breaks for animals and students to rest and reflect.

Timing

09.00–10.00 Theory in preparation for practice to be taught during the day.

10.00–10.30 A short pause for coffee

10.30–13.00 Hands-on practical.

13.00–14.00 Lunch.

14.00–15.30 Hands-on practical.

15.30–16.00 Pause for tea is an opportunity to discuss the practical lecture informally with your instructors and fellow students.

16.00–17.00 Practical hands-on.

17.00–17.30 A moment to reflect upon the day. Questions and answers.



Cell phone use in classes is prohibited to reduce distractions for both students and teachers. A selected class member will record the sessions for future sharing, while a videographer will capture photos and videos. You will receive your photos and videos for your social media, website, etc. At the completion, a Masterclass photobook will be shared with each participant.



Locations and dates MASTERCLASS 2025



Skiën, Norway

Dates: May 20–28, 2025

- Canine stream: 20–23
- Equine stream: 24–28

Facility: [Klinikk-Soleo AS](#)

Contact person: [Marie Tobiassen](#)



Parkland County, AB T7Y 1C4, Canada

Dates: June 25 – July 3, 2025

- Canine stream: 25–28
- Equine stream: 29–3

Facility: [Varenna Equestrian Center](#)

Contact person: [Katie McRory](#)



New South Wales, Australia

Dates: October 4 –12, 2025

- Canine stream: 4–7
- Equine stream: 8–12

Facility: [Shibumi Equestrian Center](#)

Contact person: [Rachel Mahoney](#)



Lymm-Knutsford, Cheshire, United Kingdom

Dates: September 1–9, 2025

- Canine stream: 1–4
- Equine stream: 5–9

Contact person: [Stuart McGregor](#)



Whanganui, New Zealand

Dates: September 22–30, 2025

- Equine stream: 22–26
- Canine stream: 27–30

Facility: [Whanganui Riding for the Disabled Centre](#)

Contact person: [Karen Lithgow](#)





Your Animal Patients

We utilize our local partners' equine and canine patient portfolios during practice sessions.

Students will meet, examine, and treat dozens of animals (proven to be our best teachers!)

- Over 50 dogs (four canine clinical days)
- Over 25 horses (five equine clinical days)



Individual approach to each student

LCAO is committed to providing personalized attention to every participant. We maintain a low instructor-to-student ratio to ensure you receive the best possible supervision and guidance. Our experienced teaching staff works closely with you during hands-on sessions, assisting you in mastering proper techniques, building confidence, and enhancing your ability to accurately assess and treat your animal patients.

The Masterclass instructors are committed to your success, offering encouragement and support throughout your learning journey. For more information about your teaching team, please refer to pages 9-14.



To guarantee your experience with a variety of breeds, sizes, and ages of animals, you will engage with more than 25 horses and 50 dogs sourced from nearby communities.





About

Professor Stuart McGregor, DO

Registered Osteopath U.K.
Animal Osteopath

Professor McGregor is acknowledged as a leading global expert in Animal Osteopathy. He graduated from the European School of Osteopathy (ESO) in Maidstone, United Kingdom, in 1984. His thesis, titled "The Principles of Osteopathy Applied to the Horse," is the first recorded work on the classical structural approach in equine osteopathy. With over 40 years of clinical and teaching experience, Professor McGregor has trained most of the animal osteopaths currently practicing in the U.K. and numerous other countries around the world.

Stuart's groundbreaking Osteopathic Articular Balancing (OAB) methodology, refined through decades of clinical and teaching practice, has been used by hundreds of osteopathic professionals worldwide.

Professor McGregor is the Director of Clinical Studies at London College of Animal Osteopathy (LCAO) and is a founder of Osteopathic Centre for Animals (OCA) in the United Kingdom.





About

Rachel Mahoney, DO

Osteopath,
Animal Osteopath
Australia

Rachel graduated from Unitec Institute of Technology in Auckland, New Zealand, with a Master's in Osteopathy in 2004.

Since graduating, Rachel has been practicing as a people osteopath, first in New Zealand and, more recently, in Australia. 2017, she completed her Diploma in Animal Osteopathy and has been working with people and dogs since. Rachel has also completed the CCRP and CPCFT courses in canine rehab and fitness, and she is now the proud owner of The Dog Osteo in the Southern Highlands, NSW.

Rachel treats a wide variety of dogs, including many Australian Champion Show and Sporting Dogs. She works closely with vets, breeders, and dog trainers.

Rachel has collaborated with London College of Animal Osteopathy since 2022, imparting her extensive knowledge in the osteopathic treatment and rehabilitation of dogs to students worldwide in LCAO Masterclasses in Australia and many other countries.





About

Hannah Sheehan
Canine & Equine Osteopath

BSc (Hons) Ost., DO
PG Cert ACE
United Kingdom

Hannah completed her osteopathy education at the European School of Osteopathy in 1998. Later that same year, she began her training at the Osteopathic Centre for Animals in the U.K with Stuart McGregor.

Presently, she works in two animal veterinary practices, one specializing in orthopedic surgery. In her role, Hannah handles pre-operative diagnostics and post-operative rehabilitation. Additionally, she has a successful animal practice, catering to equines, canines, and other small animals. She takes pride in establishing long-lasting relationships with pet owners and enjoys working with horses from the breaking stage through to their retirement.

Hannah has taught alongside Stuart for over 25 years in the United Kingdom and abroad. She is passionate about anatomy and biomechanics and strives to convey this enthusiasm in her teaching.

Hannah has been a Masterclass instructor at London College of Animal Osteopathy since 2022. There, she shares her expert knowledge of canine and equine osteopathy with future animal osteopaths.





About

Jim Hurden, DO

Osteopath, PG Cert ACE
Animal Osteopath
United Kingdom

Jim earned his master's degree in Osteopathy from the London School of Osteopathy in 2015.

Since his graduation, Jim has dedicated himself to working full-time as an osteopath for both people and animals. He has developed a thriving practice that serves a range of clients, including internationally competing agility dogs, five-star event horses, pedigree show bulls, and various other animal species.

Jim strongly advocates for a multidisciplinary approach to patient care, collaborating closely with consultant farriers, behaviorists, veterinary surgeons, saddle fitters, trainers, and other bodywork professionals.

Jim joined the LCAO Masterclass team in 2022. He imparts his extensive knowledge of osteopathic treatments for horses to students worldwide. His expertise is deeply valued and highly regarded by those he teaches.





About

Rachel Pechek, OMT

Int'l DipAO,
Animal Osteopath
Canada

Meet Rachel, a Head Instructor at London College of Animal Osteopathy, who runs a busy osteopathic practice in Southwestern Ontario, Canada. Rachel has a Medical Science degree and a Master's Certificate in Osteopathy. Her professional interest lies in comprehending and researching the intricacies of animal anatomy and biomechanics.

Since 2019, she has taught preclinical studies at LCAO, sharing her expertise and helping hundreds of animal professionals gain knowledge and confidence in osteopathic animal care.

Rachel approaches her work with a compassionate touch and is dedicated to the well-being of her students and animal patients.

Her ultimate goal is to enhance the lives of those around her, both furry and human, through the lens of osteopathy.





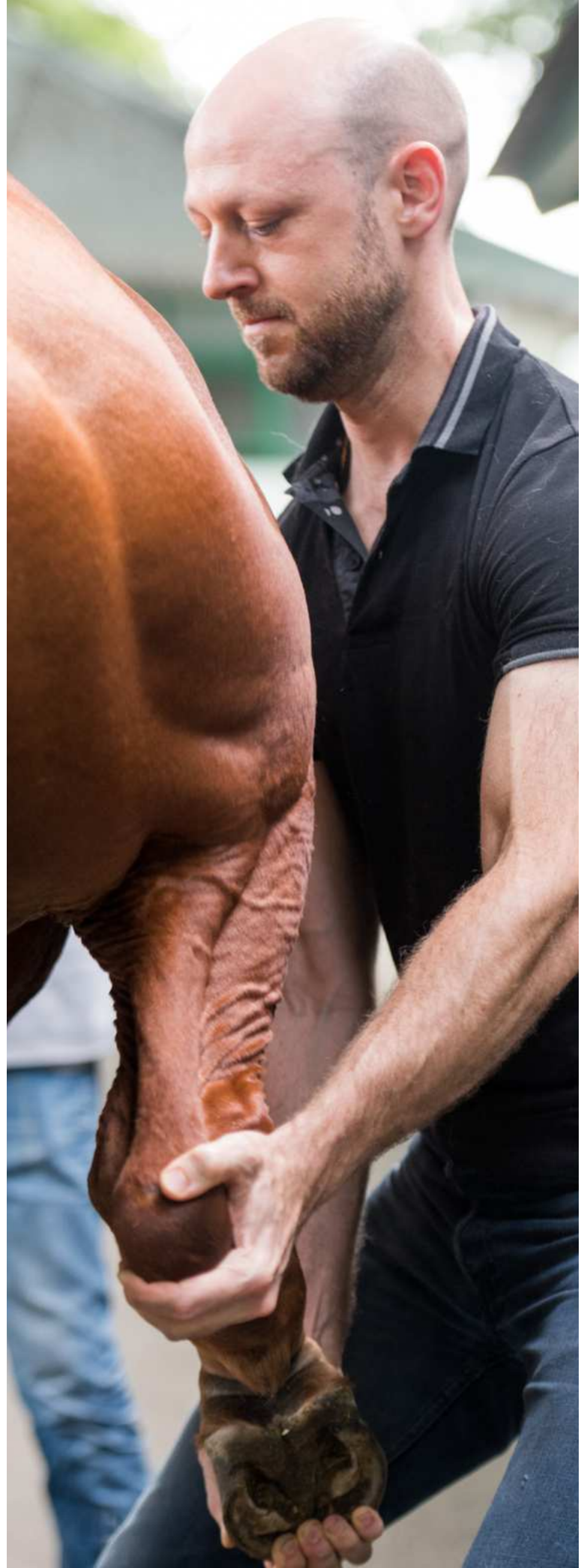
About

Alessio Savona
BSc. BOST. MICO HKOA
PGD Animal Osteopathy
Registered Osteopath U.K.

Alessio earned a Bachelor of Science in Biology in the UK and graduated from the British School of Osteopathy in London as an osteopath in 2009. After establishing successful osteopathic clinics in London, UK, and Hong Kong, Alessio co-founded the Hong Kong Osteopathic Association.

Having immersed himself in the vibrant horse racing culture of Hong Kong, Alessio rekindled his childhood love for horses. In 2018, he chose to pursue a career in animal osteopathy and received training from the Osteopathic Centre for Animals in the UK, guided by Stuart McGregor.

Although Alessio is primarily located in Hong Kong, he frequently organizes Equine Osteopathy clinics in Singapore and Kuala Lumpur. He serves as a visiting instructor at the London College of Animal Osteopathy Masterclasses and is highly esteemed by students across the globe.





To apply for the Masterclass 2025 in your chosen country, please complete one of the registration forms listed below. We suggest submitting your application early to secure one of the 21 available spots in the class. A deposit of \$200 is required along with your registration form, and the remaining balance is due three months prior to the seminar's start date.

Please be aware that the Masterclass dates for the United Kingdom and New Zealand are still pending confirmation, so there is no need to submit the \$200 deposit for these locations at this time. However, we kindly request that you send in your registration form to help us gauge the number of participants from these two countries.

What is included in tuition fees?

The tuition fee includes all learning materials. Tea, coffee, and snacks are available during the morning and afternoon breaks.

Registration Forms

Masterclass Animal Osteopathy *(Equine and Canine streams)*

Tuition: US \$2800

Duration: 9 days

REGISTER

Masterclass Canine Osteopathy

Tuition: US \$1400

Duration: 4 days

REGISTER

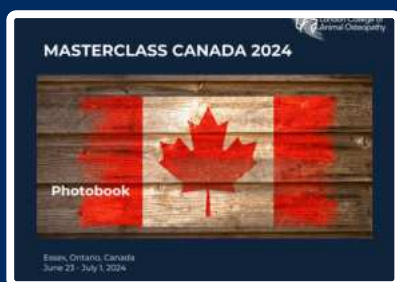
Masterclass Equine Osteopathy

Tuition: US \$2200

Duration: 5 days

REGISTER

Click on the image
to view the photobook.



Masterclass testimonials



Heather Elysium, an American vet tech and Canine Osteopathy student, shares her experience at MC2024 in the U.K.



Jeanette Langstone, Master Equinology Bodyworker and Equine Osteopathy student, shares her experience at MC2024 in the U.K.

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