



## I can have joy all the time.



### MEMORY VERSE

"A joyful heart is good medicine."  
Proverbs 17:22, ESV

### Bible Story

#### Joy in the Psalms Psalms 8 and 19

David writes poems, called psalms, when he looks at all the things God has made.



### Morning Time

When you go into your child's room, cuddle them and say: "Good morning, [child's name]! Get up and look out of the window with me. Look at all of the things God made! God made the sun, trees, and clouds. We can have joy when we see what God made!"



### Drive Time

While on the go, sing your favorite preschool praise song together. Talk about how we can have joy all the time, and one way to show our joy is singing to God!



### Bath Time

Play preschool praise music during bath time. Every time you stop the music, each of you must name one thing God made. Continue doing this throughout bath time. As you dry your child off, say: "We can have joy and sing to God when we see the wonderful things God made!"



### Cuddle Time

Cuddle with your child and pray: "God, today we saw the (name things you saw today that God made) that You made. Wow! Just seeing all the things You made gives us joy! I especially have joy when I look at [child's name], because You made (him, her) too! We love You, God. In Jesus' name. Amen."