

Let us remember in our prayers ...

Recently deceased: Fr Joseph Angelo, Mollie Pittorino, John Lawson, Ramona McKeown, Greg Josephson, Brother John Carrigg CFC, Perry Vitale, Sr Philomena Butler SJG

Anniversaries: Tony Bertelli, Glen D’Castro, Patricia Saunders, Molly Paltridge, Anne Daly, Sr Francis Hardbottle RSM, Pat Dallimore, Dorothy Ward

Sick: Gerri O’Reilly, Ken Metcalf, Beula Reddy, Joan Travers, Joseph Martino, Alan, Max Baldock, Tom Brennan, Yvette Henderson, Sr Deidre Brown IBVM, Celine Williams, Joseph Sheahan, Peter Costelloe, Catherine, Bart Welten, Peter McEvoy, Marilyn Mirabella, Archbishop Barry James Hickey, Stephen Hill, Mimi Epstein, Kaja, Marie Hebble

HOW TO SPEND YOUR HOLIDAYS ACCORDING TO THE POPES

A break from work to restore physical strength, a chance to travel and contemplate the beauty of nature, a time for reading and new friendships or to meditate and pray. These are some of the aspects past popes have emphasised when reflecting on the importance of vacation periods. This summer Pope Leo XIV will also be taking some time off to rest at the Pontifical Villas in Castel Gandolfo, a town about 25 kilometres from Rome. How one can make the best use of time off is a question that features prominently in many papal reflections, as holidays have an important role in human life. The popes stress this period should not be viewed simply as a time of idleness. Vacations can be an opportunity to pause and reflect on the beauty of nature. Pope Paul VI pointed out that during the holidays, we can rediscover the “always open, always new, always beautiful” creation. Nature with its’ “atmosphere, space, animals, things; the sea, mountains, plains, the sky with its dawns, its noons, its sunsets, and especially its starry nights” is “always deep and enchanting.” For the popes, holidays are a time of rest and relaxation, but also for meditation and turning towards God.

Paul VI: Holidays are for reading, discovering and friendships - Vacations are also a fruitful time, as the interruption of the ordinary work routine can foster inner silence and recollection. During the Angelus on 5 August 1973, Pope Paul VI explained what he thought this period of rest should look like: “Let us ensure that this free time, which we call vacation, is not entirely spent in dissipation or selfishness. Relaxation, refreshment, recreation (in the etymological sense), yes, but intelligent and vigilant.” The Pope, for example, suggested catching up on “serious readings” that may have been put aside during the year, or partaking in “excursions” to discover “the beautiful treasures” of history and art.. He also highlighted that “holidays are a privileged time for good friendships, for getting to know places, customs, the needs of the people we do not usually approach, and for meeting new people worthy of our conversation”.

John Paul II: Meetings and encounters essential to vacations - Holidays are an opportunity to live serene moments. Pope John Paul II, who loved spending rest periods in the mountains, often emphasized that in order to regenerate themselves, people need harmony and the joy of meeting with others. “For a vacation to be truly such and bring genuine well-being, in it a person must recover a good balance with himself, with others and with the environment”, St. John Paul II said, during the Angelus on 6 July 1997. He added that it “is this interior and exterior harmony which revitalizes the mind and reinvigorates body and spirit.” For John Paul II, “one of the values of a holiday” is meeting others and spending time “in an unselfish way, for the pleasure of friendship and for sharing quiet moments together.” Warning about “the human mind and the influences of a consumer society,” he suggested taking “healthy vacations”, especially for young people. Holidays “that provide a healthy escape, avoiding harmful abuses of your health and that of others” in order to avoid “wasting” time and resources. “Escape can be beneficial, as long as one does not escape from sound moral criteria and simply from the necessary respect for one’s own health,” he insisted.

Benedict XVI: In nature, man rediscovers himself - For Pope Benedict XVI, it is vital to immerse oneself in nature, especially for “those who dwell in cities where the often frenzied pace of life leaves little room for silence and reflection.” During the Angelus on 17 July 2005, in Les Combes, in the Aosta Valley mountains in northern Italy, he highlighted “the need to be physically and mentally replenished” through a “relaxing contact with nature. Moreover, holidays are days on which we can give even more time to prayer, reading and meditation on the profound meaning of life in the peaceful context of our own family and loved ones,” he added. Looking at “the stirring views of nature, a marvellous 'book' within the reach of everyone, adults or children,” people can “rediscover their proper dimension. They recognise that they are creatures but at the same time unique, 'capable of God', since they are inwardly open to the Infinite,” Pope Benedict XVI explained.


Francis: Deepening one’s spiritual journey through vacations - At the Angelus in August 2017, Pope Francis emphasised holidays can be a good time to deepen one’s spiritual journey, even while traveling between tourist destinations. “Summer season is a providential time to cultivate our task of seeking and encountering the Lord,” he underlined. In this “period of rest and disengagement from daily activities, we can reinforce our strengths of body and soul.” He encouraged the faithful to entrust their holidays to the Virgin Mary, so she can help them “be in harmony with the Word of God, so Christ may become light and lodestar throughout our life.” He especially urged all to entrust to her “the summer of those who cannot go on holiday due to impediments of age, health, work, economic restrictions or other problems, so it may be a time of eased tension, gladdened by the presence of friends and of happy moments.”

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ST JOSEPH’S PARISH RETREAT

Upper Room: 1pm, Saturday 30 August 2025



trybooking.com/DCSUU

The St Joseph’s Parish Retreat this year will be led by parishioner The Honorable Peter Quinlan. Commencing at 1pm and concluding with the Vigil Mass at 5pm, the theme of the afternoon is ‘*The God Who Lies Hidden*’. Attendance is limited to parishioners due to restricted numbers.

VATICAN OFFERS NEW GUIDANCE FOR SYNOD’S IMPLEMENTATION PHASEBy Christopher Wells

A new document from the Synod of Bishops is intended “to provide an interpretive key for understanding the implementation phase of the synodal process.” Released by the Synod on Monday, ***Pathways for the Implementation Phase of the Synod*** offers “local Churches throughout the world a shared framework that will make it easier to walk together” and promotes “the dialogue that will lead the whole Church to the Ecclesial Assembly,” set for October 2028 that will mark the culmination of the synodal process begun by Pope Francis in 2020. Opening *Pathways*, Cardinal Mario Grech, the Secretary General of the Synod, notes that “the synodal form of the Church is at the service of its mission ... it is the urgency of this mission that drives us to implement the Synod, a task for which all the baptised share responsibility.” He says that the General Secretariat of the Synod, which prepared the new document, is at the service of the local Churches, ready “to listen to them, support their efforts, and, above all, contribute to animating the dialogue and exchange of gifts between the Churches.” *Pathways* opens with an explanation of the implementation phase and its objectives, and goes on to describe the participants of the implementation phase, along with their tasks and responsibilities; to suggest how to engage with the Synod’s *Final Document*, the main point of reference for this phase of the Synod journey; and to offer advice on methods and tools that “can help shape our path during the implementation phase. We convey” these pathways, says Cardinal Grech, “to the entire People of God, who are the subjects of the synodal journey, and in particular to the Bishops and Eparchs, to the members of the synodal teams, and to all those who are involved in various ways in the implementation phase.” The aim, he adds, “is of making them feel our support and continuing the dialogue that has characterised the entire synodal journey.”

The full text can be found on the Synod on Synodality website:www.synod.va.

*Published in Vatican News on 7 July.*Read more at vaticannews.va/en/

ST JOSEPH’S UPCOMING EVENTS

Young Family Group

17 August

Youth Group

27 July

Faith Formation for Little Tots

27 July

WALKING TOGETHER: HOLD ON TO THE DREAM

7pm, Wednesday 16 July, St Thomas More College Chapel Crawley

Fr Eamonn Conway will present ‘*Changing to be Faithful: Why Sydonality is the only way forward for the Church*’. Please register at wallergranjen51@gmail.com. Limited parking at the College, with overflow parking available at UWA. Come early and bring a cushion!

ORCHESTRAL MASS

9am, Sunday 20 July, St Joseph’s Subiaco

The **Camerata de Immaculata** group has assembled musicians from across Perth to form an orchestra and massed choir to lead the congregation at the 9am Sunday Mass next weekend. All welcome to attend.

UWA CHORAL SOCIETY

2.30pm, Sunday 3 August, St Patrick’s Basilica Fremantle

Join the UWA Choral Society in a celebration of "Rutter's Magnificat" & Elgar's "Sea Pictures" plus "Now may we singen" by Cecilia McDowell. Tickets are available at trybooking.com/events/landing/1415278.

MASS TIMES (Subject to change - refer to Parish Diary for latest information)		PARISH CONTACT DETAILS	
Tuesday	5.30pm	Office	Tuesday - Friday: 9.30am to 4.30pm
Wednesday, Thursday & Friday	9am	Phone	9381 0400
Saturday Reconciliation	4.30pm	Postal	PO Box 568, Wembley 6913
Saturday Vigil	5pm	Email	enquiries@stjosephssubiaco.org.au
Sunday	9am & 5pm	Website	www.stjosephssubiaco.org.au

PARISH BANK ACCOUNT DETAILS	First Collection EFT Details	
	Account Name:	St Joseph's Presbytery Subiaco
	BSB:	086 006
	Account #:	887 970 525
	Reference:	Name

Second Collection EFT Details	
Account Name:	St Joseph's Church Subiaco
BSB:	086 006
Account #:	564 990 302
Reference:	Name

PARISH DIARY				MONSIGNOR KEVIN
Sunday 13 July	9.45am	Fifteenth Sunday in Ordinary Time Baptism: <i>Jayden Geoffrey Hammonds</i> Upper Room: <i>Sacramental Preparation Classes</i> Baptism: <i>Sirr-Williams Family</i>	<i>Monsignor Kevin</i>	
	10.30am			
	4.15pm		<i>Monsignor Kevin</i>	
Monday 14 July		Monday, Week 15 of Ordinary Time <i>Optional: St Camillus de Lellis, Priest</i>		
Tuesday 15 July	4.45pm	St Bonaventure, Bishop, Doctor, Memorial Church: <i>Adult Initiation</i> Upper Room: <i>St Vincent de Paul Meeting</i>	<i>Monsignor Kevin</i>	
	6pm			
Wednesday 16 July	5.30pm	Wednesday, Week 15 of Ordinary Time <i>Optional: Our Lady of Mount Carmel</i> Upper Room: <i>Centering Prayer</i>		
Thursday 17 July		Thursday, Week 15 of Ordinary Time		
Friday 18 July		Friday, Week 15 of Ordinary Time		
Saturday 19 July	1pm	Saturday, Week 15 of Ordinary Time Church: <i>Music Rehearsal</i>		<i>Interment of Ashes</i>