

Let us remember in our prayers ...

Recently deceased: Christine Scatena, Jacqueline Bjelanovic, Miguel Zornosa, Margaret Fernandes, Jamie Cameron, David Peter, Sr Bridget Salmon SJG

Anniversaries: Sue Franteovich, John Dallimore, Richard Parson, Andres Arias Caceres, Val Casey

Sick: Ken Metcalf, Beula Reddy, Joan Travers, Alan, Tom Brennan, Yvette Henderson, Peter McEvoy, Kaja, Sue, Kaye, Anunciata Alteri, Sr Deidre Brown IBVM, Celine Williams, Peter Costelloe, Catherine, Mimi Epstein, Archbishop Barry James Hickey, Julia Audino, Alberto Audino, Liam Brady, Lachie Glasfurd, John Audino, Peter Foss, Pat Docherty, Abigail Fells

‘ILLUMINATED BY A HIDDEN GLORY’

The Lenten Spiritual Exercises for Pope Leo XIV, Cardinals residing in Rome, and head of Dicasteries will be preached by Trappist Bishop Erik Varden, scheduled for 22-27 February.

The start of the Spiritual Exercises for Lent is on Sunday 22 February in the Pauline Chapel, in the presence of Pope Leo XIV, Cardinals residing in Rome, and heads of Dicasteries. According to a note released on Wednesday by the Prefecture of the Papal Household, the annual Lenten Exercises will be preached by Bishop Erik Varden, on the theme ‘Illuminated by a Hidden Glory.’

The Cistercians of the Strict Observance (Trappists) has served as Bishop of Trondheim in Norway since 2019.

From Monday 23 February, until its conclusion on 27 February, Bishop Varden will preach two meditations each day, one at 9am, preceded by Mid-Morning Prayer, and at 5pm, followed by Eucharistic Adoration and Vespers. After the first reflection on the theme ‘Entering Lent’ two meditations on Saint Bernard are scheduled: ‘Saint Bernard, the Idealist’ and ‘Saint Bernard, the Realist,’.

Other themes include: God’s help; Becoming free; The splendor of truth; A thousand will fall; “I will glorify Him”; The angels of God; On consideration; concluding with the final meditation focused on “Communicating hope.”

Bishop Erik Varden was born on 13 May 1974 in Sarpsborg, Norway (Diocese of Oslo). He completed philosophical and theological studies at Cambridge, where he obtained a doctorate in theology, and at the Pontifical Oriental Institute in Rome, receiving a licentiate in Eastern ecclesiastical sciences. He entered the Order of Cistercians of the Strict Observance in 2002, making his solemn profession at Mount St Bernard Abbey in Leicestershire on 6 October 2007, and was ordained a priest on 16 July 2011.

He later taught at the Pontifical Atheneum of St Anselm in Rome, while at the same time working for Vatican Radio’s Scandinavian section. He then returned to Mount St Bernard Abbey, taking on the role of Superior *ad nutum* (from 2013). In 2015, he was elected Abbot of Mount St Bernard.

In 2019, he was appointed by Pope Francis as Bishop Prelate of Trondheim in Norway, and was ordained Bishop in 2020. Since 2023, he has also held the office of Apostolic Administrator of the Prelature of Tromsø; since 2024, he has been President of the Scandinavian Bishops’ Conference. In 2025, Pope Leo XIV appointed him a Member of the Dicastery for the Clergy.

Published in Vatican News on 4 February [Read more at vaticannews.va/en.html](#)

SECOND AUXILIARY BISHOP APPOINTED FOR PERTH

The Vatican has announced Pope Leo XIV has appointed Father Nelson Po, currently Parish Priest of Applecross, as the second auxiliary Bishop for the Archdiocese of Perth. Please keep him in your prayers.

| ST JOSEPH'S UPCOMING EVENTS | | |
|----------------------------------|---|----------------------------|
| Young Family Group 8 February | Faith Formation for Little Tots 8 February | Youth Group 27 February |

INTRODUCTORY DAY CHRISTIAN MEDITATION **10am to 3.30pm, 21 February, St Cecilia’s Church, Peebles Rd, Floreat**

Are you interested in learning about the origins of Christian Meditation? Have you thought about joining a meditation group but have questions? This **Introductory Day** is designed for new meditators, those considering joining a group, or anyone curious about Christian Meditation. Participants will be introduced to the ancient practice of Christian Meditation, including its historical, scriptural, and spiritual foundations. The day provides a gentle, welcoming space to learn, reflect, and ask questions with opportunities to hear from experienced meditators and committee members, and time for discussion and meditation. Morning tea is provided, but please bring your own lunch. Donations welcome. For more information please eamil christianmeditationwa@outlook.com or call 0447 381 354.

MISSED YOUR SACRAMENTS?

A special opportunity is being offered to young parishioners **aged 16 – 25 years** who may have missed receiving any sacrament - **First Reconciliation, First Communion, or Confirmation.**

To register your interest please contact our Sacramental Coordinator, Elaine Eng, at elaine.eng@stjosephssubiaco.org.au.


We look forward to supporting you on this important step in your faith journey.

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|---|---|-------------------------------|---|
| Parish Priest | Monsignor Kevin Long PhD kevin.long@perthcatholic.org.au | Office Manager | Jo-Anne Robinson jrobinson@stjosephssubiaco.org.au |
| Pastoral Associate | Sr Marie Fitzgerald RSM marie.fitzgerald@mercy.org.au | Sacramental Coordinator | Elaine Eng 0422 481 299 elaine.eng@stjosephssubiaco.org.au |
| Sacristan, Funeral and Liturgy Coordinator | Claudia O’Malley 0408 186 790 enquiries@stjosephssubiaco.org.au | Wedding Secretary | Elizabeth Ogilvie weddings@stjosephssubiaco.org.au |
| Director of Music | Catherine Haydon catherine@catherinehaydon.com | Financial Director (Honorary) | Peter Farrer-Smith FCPA FCIS AFAIM peter.farrer-smith@cewa.edu.au |
| Youth Ambassador | Tina Perez youth@stjosephssubiaco.org.au | Parish Pastoral Council Chair | Anne Birt enquiries@stjosephssubiaco.org.au |
| St Vincent de Paul Society Subiaco Conference | Belinda Becker Subiaco.President@sudpwa.org.au | Uthana Mission | Rod Pereira ask@uthanamission.org.au |
| Safeguarding Officers | Elaine Eng 0422 481 299 Anthea Wilkinson 0417 179 773 Paul Carpenter 0487 608 803 | Safeguarding Officers | Fiona Chong 0416 271 714 Amanda Bozиковic 0429 580 576 safeguarding@stjosephssubiaco.org.au |

WEEKLY HYMNS

9am & 5pm, Sunday 8 February

Lyrics are available on the Parish website by using the QR code (right), or by visiting stjosephssubiaco.org.au/lyrics. Hymn books are also available at Church entrances. Please return them at the conclusion of Mass.

| Mass | Entrance | Offertory | Communion | Recessional |  |
|-----------|----------------------|---------------------|---|------------------------------------|---|
| 9am & 5pm | Here I Am Lord (155) | Seek Ye First (294) | Here I Am to Worship(154) Companions on the Journey (82) | Lord, the Light of Your Love (222) | |
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ST JOSEPH’S LENTEN PROGRAM 2026

ASH WEDNESDAY

On **Wednesday 18 February, Ash Wednesday, Mass** (including the distribution of ashes) will be celebrated at **9am and 5pm**. **Ash Wednesday** is a day of fast and abstinence. The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year. **Note:** Because Ash Wednesday falls on the second day of the **Chinese (Lunar) New Year** Archbishop Costelloe SDB has granted a dispensation from fasting and abstinence on this day for those who are celebrating Chinese New Year.

LENTEN TALK: BOOKINGS ESSENTIAL

6pm, Tuesday 24 February
Parish Upper Room

Journey to Santiago de Compostela
Presented by Kim and Veronika Metcalf and Tina Perez.
To book visit trybooking.com/DJKYP or contact the Parish Office on 9381 0400.

PARISH RETREAT: MORE DETAILS TO COME

9am, Saturday 28 March
Parish Upper Room

Entering Into Holy Week
Presented by Mother Hilda OSB, the retreat will conclude with the Parish Vigil Mass.

STATIONS OF THE CROSS

During Lent, Stations of the Cross will be celebrated in the Church at 5pm each Friday.

5pm, Fridays 20, 27 February; 6, 13, 20 March

ST JOHN OF GOD HOSPITAL ASH WEDNESDAY MASS

St John of God Hospital Chaplain, Father Jude, invites interested parishioners and friends to join him as he celebrates Ash Wednesday with an **11.30am** Mass in the SJOG Subiaco Hospital Chapel.

ADULT FAITH OPPORTUNITIES: CENTRE FOR FAITH ENRICHMENT **Newman Siena Centre, 33 Williamstown Road, Doubleview**

- Lent: The Passion from Within: 10am, Fridays, 6 March – 27 March, Ms Natalie Thomas

ONLINE

- Lent: The Passion from Within: Tuesdays, 7.30pm, 3 March – 24 March, Ms Natalie Thomas

For registration and further information about all courses, [visit cfe.org.au](http://visit.cfe.org.au), [email cfe@perthcatholic.org.au](mailto:cfe@perthcatholic.org.au) or [phone 9278 0261](tel:92780261).

| MASS TIMES (Subject to change - refer to Parish Diary for latest information) | |
|---|-----------|
| Tuesday | 5.30pm |
| Wednesday, Thursday & Friday | 9am |
| Saturday Reconciliation | 4.30pm |
| Saturday Vigil | 5pm |
| Sunday | 9am & 5pm |

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| PARISH BANK ACCOUNT DETAILS | First Collection EFT Details | |
| | Account Name: | St Joseph's Presbytery Subiaco |
| | BSB: | 086 006 |
| | Account #: | 887 970 525 |
| | Reference: | Name |

| PARISH CONTACT DETAILS | |
|------------------------|------------------------------------|
| Office | Tuesday - Friday: 9.30am to 4.30pm |
| Phone | 9381 0400 |
| Postal | PO Box 568, Wembley 6913 |
| Email | enquiries@stjosephssubiaco.org.au |
| Website | www.stjosephssubiaco.org.au |

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| | Second Collection EFT Details | |
| | Account Name: | St Joseph's Church Subiaco |
| | BSB: | 086 006 |
| | Account #: | 564 990 302 |
| | Reference: | Name |

| PARISH DIARY | | | | MONSIGNOR KEVIN |
|--------------------------|----------------|--|-------------------------|--|
| Sunday 8 February | 9.45am | Fifth Sunday in Ordinary Time Baptism: <i>Alexander Kelly, Thomas Kelly & Harriet Brewster</i> | <i>Monsignor Kevin</i> | |
| | 10am | Piazza: <i>Young Family Group BBQ</i> | | |
| | 10am | Upper Room: <i>Private Function</i> | | |
| | 10.30am | Baptism: <i>Romeo Nico Gonzales</i> | <i>Monsignor Kevin</i> | |
| | 2pm | Wedding Service: <i>Niamh McCavana & Jack Langley</i> | <i>Monsignor Kevin</i> | |
| Monday 9 February | | Monday, Week 5 of Ordinary Time | | <i>Iona Presentation College</i> <i>Year 12 Liturgy</i> |
| Tuesday 10 February | 6pm | St Scholastica, Virgin, Memorial Upper Room: <i>St Vincent de Paul Meeting</i> | | |
| Wednesday 11 February | 10am 5.30pm | Wednesday, Week 5 of Ordinary Time <i>Optional: Our Lady of Lourdes</i> Upper Room: <i>Ladies Prayer Group</i> Upper Room: <i>Centering Prayer</i> | | |
| Thursday 12 February | | Thursday, Week 5 of Ordinary Time | | |
| Friday 13 February | | Friday, Week 5 of Ordinary Time | | |
| Saturday 14 February | 1pm 1.30pm | St Cyril, Monk & St Methodius, Bishop, Memorial Wedding Service: <i>Elizabeth Franchina & Nicholas Hearne</i> Upper Room: <i>Salvado Trail Foundation Meeting</i> | <i>Fr Peter Whitely</i> | |