

Let us remember in our prayers ...

Recently deceased: Christine Scatena, Jacqueline Bjelanovic, Miguel Zornosa, Margaret Fernandes, Jamie Cameron, David Peter, Sr Bridget Salmon SJG
Anniversaries: Sue Frantovich, John Dallimore, Richard Parson, Andres Arias Caceres, Val Casey
Sick: Ken Metcalf, Beula Reddy, Joan Travers, Alan, Tom Brennan, Yvette Henderson, Peter McEvoy, Kaja, Sue, Kaye, Anunciata Alteri, Sr Deidre Brown IBVM, Celine Williams, Peter Costelloe, Catherine, Mimi Epstein, Archbishop Barry James Hickey, Julia Audino, Alberto Audino, Liam Brady, Lachie Glasfurd, John Audino, Peter Foss, Pat Doherty, Abigail Fells

'ILLUMINATED BY A HIDDEN GLORY'

The Lenten Spiritual Exercises for Pope Leo XIV, Cardinals residing in Rome, and head of Dicasteries will be preached by Trappist Bishop Erik Varden, scheduled for 22-27 February.

The start of the Spiritual Exercises for Lent is on Sunday 22 February in the Pauline Chapel, in the presence of Pope Leo XIV, Cardinals residing in Rome, and heads of Dicasteries. According to a note released on Wednesday by the Prefecture of the Papal Household, the annual Lenten Exercises will be preached by Bishop Erik Varden, on the theme 'Illuminated by a Hidden Glory.'

The Cistercians of the Strict Observance (Trappists) has served as Bishop of Trondheim in Norway since 2019.

From Monday 23 February, until its conclusion on 27 February, Bishop Varden will preach two meditations each day, one at 9am, preceded by Mid-Morning Prayer, and at 5pm, followed by Eucharistic Adoration and Vespers. After the first reflection on the theme 'Entering Lent' two meditations on Saint Bernard are scheduled: 'Saint Bernard, the Idealist' and 'Saint Bernard, the Realist.'

Other themes include: God's help; Becoming free; The splendor of truth; A thousand will fall; "I will glorify Him"; The angels of God; On consideration; concluding with the final meditation focused on "Communicating hope."

Bishop Erik Varden was born on 13 May 1974 in Sarpsborg, Norway (Diocese of Oslo). He completed philosophical and theological studies at Cambridge, where he obtained a doctorate in theology, and at the Pontifical Oriental Institute in Rome, receiving a licentiate in Eastern ecclesiastical sciences. He entered the Order of Cistercians of the Strict Observance in 2002, making his solemn profession at Mount St Bernard Abbey in Leicestershire on 6 October 2007, and was ordained a priest on 16 July 2011.

He later taught at the Pontifical Atheneum of St Anselm in Rome, while at the same time working for Vatican Radio's Scandinavian section. He then returned to Mount St Bernard Abbey, taking on the role of Superior *ad nutum* (from 2013). In 2015, he was elected Abbot of Mount St Bernard.

In 2019, he was appointed by Pope Francis as Bishop Prelate of Trondheim in Norway, and was ordained Bishop in 2020. Since 2023, he has also held the office of Apostolic Administrator of the Prelature of Tromsø; since 2024, he has been President of the Scandinavian Bishops' Conference. In 2025, Pope Leo XIV appointed him a Member of the Dicastery for the Clergy.

Published in Vatican News on 4 February

Read more at vaticannews.va/en.html

SECOND AUXILIARY BISHOP APPOINTED FOR PERTH

The Vatican has announced Pope Leo XIV has appointed Father Nelson Po, currently Parish Priest of Applecross, as the second auxiliary Bishop for the Archdiocese of Perth. Please keep him in your prayers.

ST JOSEPH'S UPCOMING EVENTS

Young Family Group
8 February

Faith Formation for Little Tots
8 February

Youth Group
27 February

INTRODUCTORY DAY CHRISTIAN MEDITATION

10am to 3.30pm, 21 February, St Cecilia's Church, Peebles Rd, Floreat

Are you interested in learning about the origins of Christian Meditation? Have you thought about joining a meditation group but have questions? This **Introductory Day** is designed for new meditators, those considering joining a group, or anyone curious about Christian Meditation. Participants will be introduced to the ancient practice of Christian Meditation, including its historical, scriptural, and spiritual foundations. The day provides a gentle, welcoming space to learn, reflect, and ask questions with opportunities to hear from experienced meditators and committee members, and time for discussion and meditation. Morning tea is provided, but please bring your own lunch. Donations welcome. For more information please email christianmeditationwa@outlook.com or call 0447 381 354.

MISSSED YOUR SACRAMENTS?

A special opportunity is being offered to young parishioners **aged 16 – 25 years** who may have missed receiving any sacrament - **First Reconciliation, First Communion, or Confirmation.**

To register your interest please contact our Sacramental Coordinator, Elaine Eng, at elaine.eng@stjosephssubiaco.org.au.

We look forward to supporting you on this important step in your faith journey.

Parish Priest	Monsignor Kevin Long PhD kevin.long@perthcatholic.org.au
Pastoral Associate	Sr Marie Fitzgerald RSM marie.fitzgerald@mercy.org.au
Sacristan, Funeral and Liturgy Coordinator	Claudia O'Malley 0408 186 790 enquiries@stjosephssubiaco.org.au
Director of Music	Catherine Haydon catherine@catherinehaydon.com
Youth Ambassador	Tina Perez youth@stjosephssubiaco.org.au
St Vincent de Paul Society Subiaco Conference	Belinda Becker Subiaco.President@svdpwa.org.au
Safeguarding Officers	Elaine Eng 0422 481 299 Anthea Wilkinson 0417 179 773 Paul Carpenter 0487 608 803

Office Manager	Jo-Anne Robinson jrobinson@stjosephssubiaco.org.au
Sacramental Coordinator	Elaine Eng 0422 481 299 elaine.eng@stjosephssubiaco.org.au
Wedding Secretary	Elizabeth Ogilvie weddings@stjosephssubiaco.org.au
Financial Director (Honorary)	Peter Farrer-Smith FCPA FCIS AFAIM peter.farrer-smith@cewa.edu.au
Parish Pastoral Council Chair	Anne Birt enquiries@stjosephssubiaco.org.au
Uthana Mission	Rod Pereira ask@uthanamission.org.au
Safeguarding Officers	Fiona Chong 0416 271 714 Amanda Bozikovic 0429 580 576 safeguarding@stjosephssubiaco.org.au

WEEKLY HYMNS

Lyrics are available on the Parish website by using the QR code (right), or by visiting stjosephssubiaco.org.au/lyrics. Hymn books are also available at Church entrances. Please return them at the conclusion of Mass.

Mass	Entrance	Offertory	Communion	Recessional
9am & 5pm	Here I Am Lord (155)	Seek Ye First (294)	Here I Am to Worship(154) Companions on the Journey (82)	Lord, the Light of Your Love (222)



9am & 5pm, Sunday 8 February

ST JOSEPH'S LENTEN PROGRAM 2026**ASH WEDNESDAY**

On Wednesday 18 February, Ash Wednesday, Mass (including the distribution of ashes) will be celebrated at **9am and 5pm**.

Ash Wednesday is a day of fast and abstinence. The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year.

Note: Because Ash Wednesday falls on the second day of the **Chinese (Lunar) New Year** Archbishop Costelloe SDB has granted a dispensation from fasting and abstinence on this day for those who are celebrating Chinese New Year.

LENTEN TALK: BOOKINGS ESSENTIAL**Journey to Santiago de Compostela**

Presented by Kim and Veronika Metcalf and Tina Perez.

To book visit trybooking.com/DJKYP or contact the Parish Office on 9381 0400.

PARISH RETREAT: MORE DETAILS TO COME**Entering Into Holy Week**

Presented by Mother Hilda OSB, the retreat will conclude with the Parish Vigil Mass.

STATIONS OF THE CROSS

During Lent, Stations of the Cross will be celebrated in the Church at 5pm each Friday.

5pm, Fridays 20, 27 February; 6, 13, 20 March

ST JOHN OF GOD HOSPITAL ASH WEDNESDAY MASS

St John of God Hospital Chaplain, Father Jude, invites interested parishioners and friends to join him as he celebrates Ash Wednesday with an **11.30am Mass** in the SJOG Subiaco Hospital Chapel.

ADULT FAITH OPPORTUNITIES: CENTRE FOR FAITH ENRICHMENT

Newman Siena Centre, 33 Williamstown Road, Doubleview

- Lent: The Passion from Within: 10am, Fridays, 6 March – 27 March, Ms Natalie Thomas

ONLINE

- Lent: The Passion from Within: Tuesdays, 7.30pm, 3 March – 24 March, Ms Natalie Thomas

For registration and further information about all courses, visit cfe.org.au, email cfe@perthcatholic.org.au or phone 9278 0261.

MASS TIMES (Subject to change - refer to Parish Diary for latest information)

Tuesday	5.30pm
Wednesday, Thursday & Friday	9am
Saturday Reconciliation	4.30pm
Saturday Vigil	5pm
Sunday	9am & 5pm

PARISH CONTACT DETAILS

Office	Tuesday - Friday: 9.30am to 4.30pm
Phone	9381 0400
Postal	PO Box 568, Wembley 6913
Email	enquiries@stjosephssubiaco.org.au
Website	www.stjosephssubiaco.org.au

PARISH BANK ACCOUNT DETAILS	First Collection EFT Details
	Account Name: St Joseph's Presbytery Subiaco
	BSB: 086 006
	Account #: 887 970 525
	Reference: Name

Second Collection EFT Details
Account Name: St Joseph's Church Subiaco
BSB: 086 006
Account #: 564 990 302
Reference: Name

PARISH DIARY			
Sunday 8 February	9.45am 10am 10am 10.30am 2pm	Fifth Sunday in Ordinary Time Baptism: Alexander Kelly, Thomas Kelly & Harriet Brewster Piazza: Young Family Group BBQ Upper Room: Private Function Baptism: Romeo Nico Gonzales Wedding Service: Niamh McCavana & Jack Langley	Monsignor Kevin Monsignor Kevin Monsignor Kevin
Monday 9 February		Monday, Week 5 of Ordinary Time	
Tuesday 10 February	6pm	St Scholastica, Virgin, Memorial Upper Room: St Vincent de Paul Meeting	
Wednesday 11 February	10am 5.30pm	Wednesday, Week 5 of Ordinary Time <i>Optional: Our Lady of Lourdes</i> Upper Room: Ladies Prayer Group Upper Room: Centering Prayer	
Thursday 12 February		Thursday, Week 5 of Ordinary Time	
Friday 13 February		Friday, Week 5 of Ordinary Time	
Saturday 14 February	1pm 1.30pm	St Cyril, Monk & St Methodius, Bishop, Memorial Wedding Service: Elizabeth Franchina & Nicholas Hearne Upper Room: Salvado Trail Foundation Meeting	Fr Peter Whately