

Ecton Brook Primary School
Ecton Brook Road, Ecton Brook, Northampton, NN3 5DY
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4th June 2026

Dear Parents and Carers

Year 5 Puberty Talk

As part of our PSHE and Health education work this half term we will be discussing puberty with the Year 5 children.

These are particularly important sessions and will help your child to understand the physical changes that take place at puberty, why they happen and how we manage them.

If you would like any more information please contact the school.

D Archer N Woods

Mrs D Archer & Mr N Woods
Joint Head Teachers