

Heather Allstrom

www.linkedin.com/in/HeatherAllstrom | heather.allstrom@emory.edu | (401) 369-4315

EDUCATION

Emory University | Nell Hodgson Woodruff School of Nursing **Atlanta, GA**

Doctorate of Nursing Practice, Women's Health Gender-Related Nurse Practitioner (GPA: 4.0) December 2024

- DNP Project: *Exploring the Intersection of Climate Change, Pharmaceuticals and Providers in Women's Health*
- Fuld Service-Learning Fellow
- Sexual Assault Nurse Examiner – Adult, 40 hours didactic training

Master of Nursing (GPA: 3.9)

August 2022

- Fuld Service-Learning Fellow

University of Connecticut

Storrs, CT

Bachelor of Science in Molecular and Cell Biology (GPA: 3.9), *Magna Cum Laude*

May 2020

Bachelor of Arts in Human Development and Family Sciences (GPA: 4.0), *Summa Cum Laude*

May 2020

CERTIFICATIONS

Women's Health Gender-Related Nurse Practitioner

January 25

Registered Nurse

August 22 - Present

Basic Life Support for Healthcare Providers

August 22- September 25

HONORS & AWARDS

Graduate Student Employee of the Year Award | Emory University School of Nursing 2024

Nell Hodgson Woodruff Caring and Compassion Award | Emory University School of Nursing 2022

Babbidge Scholar | University of Connecticut 2019 – 2020

Emerging Student Leader of the Year | University of Connecticut; Community Outreach 2018 – 2019

New England Scholar | University of Connecticut 2017 - 2018

Dean's List | University of Connecticut 2016 – 2020

ORGANIZATION MEMBERSHIPS

National Association of Nurse Practitioners in Women's Health 2022

Sigma Theta Tau International Honor Society of Nursing 2022

Alpha Epsilon Chapter Executive Board, Secretary 2025 - 2026

Phi Beta Kappa Society 2019

TEACHING EXPERIENCE

Emory University | Nell Hodgson Woodruff School of Nursing **Atlanta, GA**

Co-Coordinator | NRSNG 704D: Advanced Pharmacology Across the Lifespan Fall 2025

Co-Coordinator | NRSNG 522D: Advanced Pharmacology Across the Lifespan Fall 2025

Co-Coordinator | NRSNG 570MN: Pharmacology for Professional Nurses: MN Fall 2025

Senior Clinical Instructor | NRSNG 676MN: Transitions Practicum (FWFHP) Summer 2025

Course Coordinator | NRSNG 363: Pharmacology for Professional Nurses Summer 2025

Senior Clinical Instructor | NRSNG 571MN: Ambulatory Care and Community Health Nursing Summer 2025

Senior Clinical Instructor | NRSNG 570MN: Pharmacology for Professional Nurses: MN Summer 2025

Course Coordinator | NRSNG 570MN: Pharmacology for Professional Nurses: MN Spring 2025

Senior Clinical Instructor | NRSNG 363: Pharmacology for Professional Nurses: BSN Spring 2025

Senior Clinical Instructor | NRSNG 609MN: Public Health Practicum Spring 2025

Graduate Teaching Assistant | NRSNG 522D: Advanced Pharmacology Across the Lifespan Fall 2024

Clinical Instructor | NRSNG 508MN: Pharmacology for Nursing Practice Spring 2024

Clinical Instructor | NRSNG 609MN: Public Health Practicum Spring 2024

NEST Graduate Teaching Fellow | NRS 508MN: Pharmacology for Nursing Practice
NEST Graduate Teaching Fellow | NRS 508MN: Pharmacology for Nursing Practice
NEST Graduate Teaching Fellow | NRS 704D: Advanced Pharmacology

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Fall 2023

Summer 2023

Spring 2023

UConn | First Year Programs

Storrs, CT

Teaching Assistant | UNIV 1820.030

Spring 2018 – Fall 2019

PUBLICATIONS

Original Articles in Peer-Reviewed Journals, Published:

- Mueller, K., Allstrom, H., Smith, D.J., Downes, E. & Modly, L.A. (2024) Climate change implications on practice: Pharmacologic considerations of heat related illness. *The Nurse Practitioner*, 10.1097/01.NPR.0000000000000230. Advance online publication.
- Mueller, K., Allstrom, H., Modly L.A., & Smith, D.J. (2025). Bridging Climate Change and Pharmacology: Evaluating Educational Impacts on Student Knowledge. *Intersections: The Education Journal of the Woodruff Health Sciences Center*.

Under Review

- Allstrom, H., Mueller, K., Zavala-Garcia, J., Ferranti, E., Hewlett-Masser, C., & Smith, D. J. (manuscript in revision). Reproductive health in a changing climate: A review for providers. *The Journal for Nurse Practitioners*.

In Preparation

- Mueller, K., Allstrom, H., Leslie, S., Mizelle, L., Modly, L., Smith, D.J. (2025). Climate Change and Prescribing Practices: A Scoping Review. *The Journal of Climate Change and Health*.

Book Chapters

- Kaligotla, L., Allstrom, H., Bercovitch, L., & Castaneda, G. (2024). A community partnership to train nursing students as advocates for health and social justice among marginalized communities. In J. B. Hamilton & C. E. Moore (Eds.), *Transforming social determinants to promote global health: Achieving health equity through lived experiences* (pp. 55-63). Springer Nature Switzerland AG. <https://doi.org/10.1007/978-3-031-61160-5>

Other Publications

- Allstrom, H. Mueller, K., Sheridan, T. (2024). *Exploring the intersection of climate change, pharmaceuticals, and prescribers in women's health*. Emory Nursing Experience. <https://ce.emorynursingexperience.com/courses/exploring-the-intersection-of-climate-change-pharmaceuticals-and-prescribers-in-womens-health>

PRESENTATIONS

International & National Presentations

- Mueller, K., Allstrom, H., Modly, L., & Smith, D. (2025, May). *Heat, health, and medications: Pharmacologic considerations of medications and heat*. Presentation at the Climate and Health Actionable Research & Translation Center (CHART) Conference, Emory University, Atlanta, GA, United States. <https://climate.sph.emory.edu/>
- Allstrom, H., Mueller, K., Sheridan, T. (2025, February 22). Development of a Continuing Education Course Exploring the Intersection of Climate Change, Pharmaceuticals, and Prescribers within in the Context of Reproductive Health. Poster Presentation for the 2025 Consortium of Universities for Global Health, Atlanta, GA.
- Mueller, K., Allstrom, H., Modly, L., Smith, D. (2024, September 19). The Interrelationship of Climate Change, Pharmaceuticals, and Prescribers. Podium presentation for the 2024 NLN Education Summit, San Antonio, TX.

Submitted for Presentation

- None at this time.

Local, State, and Regional Presentations (as APA citations, in reverse chronological order)

- Allstrom, H. (2023, December). Fuld Fellowship Research Project: Health Literacy Through Educational Pamphlets. Guest Presentation at the Emory Alumni Board Meeting, Atlanta, GA.
- Allstrom, H., Akriti, A., Pierson, K., Renteria, A (2023, April). Lost to Follow Up: An Online Resource for Childhood Survivors of Cancer. Poster Presentation at the Georgia Nursing Leadership Coalition Doctoral Symposium, Atlanta, GA.

WORK EXPERIENCE

Emory University | Nell Hodgson Woodruff School of Nursing

Atlanta, GA

Program Assistant | Farmworker Family Health Program

March 2024 – August 2024

Teaching Assistant | Farmworker Family Health Program

February 2023 – August 2023

Emory University | Nell Hodgson Woodruff School of Nursing
Graduate Assistant | Lillian Carter Center

Atlanta, GA
Fall 2021 – Fall 2023

AmeriCorps at Maggie's Place
Volunteer Coordinator | Live-In AmeriCorps Member

Phoenix, AZ
July 2020 - May 2021

LEADERSHIP

UConn | Department of Student Activities, Community Outreach, Alternative Breaks

Storrs, CT

Trip Director for Community Development in Costa Rica

Fall 2019 - Spring 2020

Assistant Trip Director for Urban Poverty and Civil Rights in Birmingham, Al

Fall 2018 - Spring 2019

UConn | BRAVE Girls Leadership Club

Storrs, CT

President

August 2017 - May 2020