

Heather Allstrom, DNP, WHNP-BC
Assistant Clinical Professor
Nell Hodgson Woodruff School of Nursing
Emory University
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(401) 369-4315

EDUCATION

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|------|--|---------------------------------------|
| 2024 | Doctorate of Nursing Practice, Women's Health Nurse Practitioner | Emory University, Atlanta, GA |
| 2022 | Master of Nursing | Emory University, Atlanta, GA |
| 2020 | Bachelor of Science in Molecular and Cell Biology | University of Connecticut, Storrs, CT |
| 2020 | Bachelor of Arts in Human Development and Family Sciences | University of Connecticut, Storrs, CT |

LICENSES & CERTIFICATIONS

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| 2026 | Quality Matters Teaching Online Certificate | |
| 2025- Present | ATI Proctored Certification | ATI |
| 2025- Present | Advanced Practice-NP, Women Health/Gender Related, Georgia | APRN-NP315575 |
| 2022- Present | Registered Professional Nurse-eNLC (MultiState) | RN315575 |
| 2021- Present | Basic Life Support for Healthcare Providers | American Heart Association |
| 2022- Present | CITI Training | 9563214 |

HONORS & AWARDS

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| 2024 | Graduate Student Employee of the Year Award | Emory University, Atlanta, GA |
| 2022 | Nell Hodgson Woodruff Caring and Compassion Award | Emory University, Atlanta, GA |
| 2020 | Babbidge Scholar | University of Connecticut, Storrs, CT |
| 2019 | New England Scholar | University of Connecticut, Storrs, CT |

PROFESSIONAL EXPERIENCE

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| 2026 | Registered Nurse | Atlanta Comprehensive Wellness Clinic, Atlanta, GA |
| 2025 | Assistant Clinical Professor | Emory University, Atlanta, GA |
| 2025 | Senior Clinical Instructor | Emory University, Atlanta, GA |
| 2024 | Program Assistant | Farm Worker Family Health Program, Moultrie, GA |
| 2024 | Graduate Teaching Assistant | Emory University, Atlanta, GA |
| 2024 | Clinical Instructor | Emory University, Atlanta, GA |
| 2023 | Teaching Assistant | Farm Worker Family Health Program, Moultrie, GA |
| 2023 | NEST Graduate Teaching Fellow | Emory University, Atlanta, GA |
| 2021-2023 | Graduate Assistant, Lillian Carter Center | Emory University, Atlanta, GA |
| 2020-2021 | AmeriCorps; Live-In Volunteer Coordinator | Maggie's Place, Pheonix, AZ |
| 2018-2019 | Teaching Assistant | University of Connecticut, Storrs, CT |

SCHOLARSHIP:

PUBLICATIONS

senior or first author with +, student or corresponding authors underlined

Original Articles in Peer-Reviewed Journals, Published:

- +**Allstrom, H.**, Mueller, K.J., Zavala-Garcia, J., Ferranti, E., Hewlett-Masser, C., & Smith, D. J. (2025). Reproductive Health in a Changing Climate: A Review for Providers. *The Journal for Nurse Practitioners*, 22(1), 105589.
- Mueller, K., **Allstrom, H.**, Modly L.A., & Smith, D.J. (2025). Bridging climate change and pharmacology: Evaluating educational impacts on student knowledge. *Intersections: The Education Journal of the Woodruff Health Sciences Center*. DOI: doi.org/10.59450/EUXU7555
- Mueller, K., **Allstrom, H.**, Smith, D.J., Downes, E. & Modly, L.A. (2024) Climate change implications on practice: Pharmacologic considerations of heat related illness. *The Nurse Practitioner*, 10.1097/01.NPR.000000000000230. Advance online publication.

Peer-Reviewed Publications - Accepted

- +**Allstrom, H.**, Mueller, K., Leslie, S., Mizelle, L., Modly, L., Smith, D.J. (2026). Climate Change and Prescribing Practices: A Scoping Review. *The Journal of Climate Change and Health*.

In Preparation

- Mueller, K., **Allstrom, H.**, Kwon, S., Choi, I. (2026) Patterns of Commonly Missed Pharmacology Exam Items Among Prelicensure Nursing Students Across a Curricular Transition: A Four Semester Retrospective.
- **Park, H., Allstrom, H.,** Methany, N. (2026). A Cross-Sectional Study of Influences on Unmet Contraceptive Needs: Access and Barriers Among Filipino Women.

Book Chapters

- Kaligotla, L., **Allstrom, H.**, Bercovitch, L., & Castaneda, G. (2024). A community partnership to train nursing students as advocates for health and social justice among marginalized communities. In J. B. Hamilton & C. E. Moore (Eds.), *Transforming social determinants to promote global health: Achieving health equity through lived experiences* (pp. 55-63). Springer Nature Switzerland AG. <https://doi.org/10.1007/978-3-031-61160-5>

Other Publications

- +**Allstrom, H.** Mueller, K., Sheridan, T. (2024). *Exploring the intersection of climate change, pharmaceuticals, and prescribers in women's health*. Emory Nursing Experience. <https://ce.emorynursingexperience.com/courses/exploring-the-intersection-of-climate-change-pharmaceuticals-and-prescribers-in-womens-health>

PRESENTATIONS

International & National Presentations

- +**Allstrom, H.**, Mueller, K., Sheridan, T. (2025, February 22). Development of a Continuing Education Course Exploring the Intersection of Climate Change, Pharmaceutics, and Prescribers within the Context of Reproductive Health. Poster Presentation for the 2025 Consortium of Universities for Global Health, Atlanta, GA.
- Mueller, K., **Allstrom, H.**, Modly, L., Smith, D. (2024, September 19). The Interrelationship of Climate Change, Pharmaceutics, and Prescribers. Podium presentation for the 2024 NLN Education Summit, San Antonio, TX.

Local, State, and Regional Presentations (as APA citations, in reverse chronological order)

- **Allstrom, H.**, Modly, L., Mueller, K., Smith D.J. (2025, May 22). Heat, Health, and Medications: Pharmacologic Considerations of Medications and Heat. Webinar for the Climate and Health Actional Research and Translation Center at Emory University, Atlanta, GA.
- **Allstrom, H.** (2023, December). Fuld Fellowship Research Project: Health Literacy Through Educational Pamphlets. Guest Presentation at the Emory Alumni Board Meeting, Atlanta, GA.
- **Allstrom, H.**, Akriti, A., Pierson, K., Renteria, A (2023, April). Lost to Follow Up: An Online Resource for Childhood Survivors of Cancer. Poster Presentation at the Georgia Nursing Leadership Coalition Doctoral Symposium, Atlanta, GA.

TEACHING ACTIVITIES

Courses Taught

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| Spring 2026 | NRSG522– Advanced Pharmacology | Co-Coordinator |
| Spring 2026 | NRSG363 – Pharmacology for Professional Nurses | Co-Coordinator |
| Spring 2026 | NRSG570 – Pharmacology for Professional Nurses | Co-Coordinator |
| Spring 2026 | NRSG461/662MN- Mexico Service-Learning Immersion | Co-Lead Faculty |
| Spring 2026 | NRSG524D – Becoming an APRN | Grader |
| Fall 2025 | NRSG522– Advanced Pharmacology | Lecturer |
| Fall 2025 | NRSG704D – Advanced Pharmacology | Lecturer |
| Fall 2025 | NRSG570 – Pharmacology for Professional Nurses | Lecturer |
| Fall 2025 | NRSG570 – Pharmacology for Professional Nurses | Co-Coordinator |
| Summer 2025 | NRSG571MN- Ambulatory Care in Community Health | Lecturer |
| Summer 2025 | NRSG697R – Directed Study: Remediation Pharmacology | Course Coordinator |
| Summer 2025 | NRSG570 – Pharmacology for Professional Nurses | Lecturer |
| Summer 2025 | NRSG676MN-401- Farm Work Family Health Project | Co-Lead Faculty |
| Spring 2025 | NRSG464: Pathway to Practice | Guest Lecturer |
| Spring 2025 | NRSG609MN-401- Mexico Service-Learning Immersion | Co-Lead Faculty |
| Spring 2025 | NRSG363 – Pharmacology for Professional Nurses | Lecturer |
| Spring 2025 | NRSG570 – Pharmacology for Professional Nurses | Course Coordinator |
| Spring 2024 | NRSG461/662MN- Mexico Service-Learning Immersion | Co-Lead Faculty |

PhD/DNP Student Teaching Mentoring

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| 2026 | TATT610 – Honor Hamilton | Mentor |
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| 2025 | TATT605 – Honor Hamilton | Mentor |
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BSN Honors Thesis Advisement

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| 2026 | Hazel Park | Mentor / Reader |
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PROFESSIONAL AND UNIVERSITY SERVICE ACTIVITIESMembership in Professional Organizations

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| 2024 | National League for Nursing | Member |
| Member | | |
| 2022 | National Association of Nurse Practitioners in Women’s Health | Member |
| 2022 | Sigma Theta Tau International Honor Society of Nursing | Member |
| 2019 | Phi Beta Kappa Society | Member |

Nell Hodgson Woodruff School of Nursing Service

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| 2026 | Prelicensure Testing Taskforce | Member |
| 2025 | Sigma Theta Epsilon Chapter | Secretary |
| 2023-present | FWFHP IPE Taskforce | Member |
| 2023-present | FWFHP Donations and Supplies Taskforce | Member |
| 2023-present | FWFHP Emory SON Planning Team | Member |

Other Community Service

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| 2026 | Phoenix Nursing Myanmar | Curriculum evaluator |
| 2022-2024 | Volunteer Registered Nurse | Our House Health, Atlanta, GA |