

Currant Obsesison Classic

Ingredients:

Blackcurrant powder, blueberries, banana, kiwifruit, vanilla, chia seeds, vanilla soy milk, yoghurt.

Nutritional Information:

	Mini Tank 250ml	Half Tank 450ml	Full Tank 550ml
Energy	1335.9 kJ	1978.5 kJ	2221.7 kJ
Protein	7.9 g	13.2 g	14.3 g
Fat, total	5.4 g	8.6 g	9.4 g
- Saturated	2.6 g	4.5 g	5.0 g
Carbohydrates, total	59.9 g	85.8 g	97.3 g
- Sugars	38.2 g	56.3 g	65.2 g
Sodium	85.6 mg	159.1 mg	169.8 mg

Moroccan Roast Veg Salad

Ingredients:

Protein (beef, chicken or falafel), roast vegetables (carrot, parsnips, kumara, red onion), feta, dates, toasted maple nut mix, field greens, moroccan dressing.

Nutritional Information:

	Beef Serving size: 320g	Chicken Serving size: 320g	Falafel Serving size: 340g
Energy	1946.7 kJ	1961.1 kJ	2498.4 kJ
Protein	21.0 g	23.8 g	13.0 g
Fat, total	28.6 g	27.9 g	32.6 g
- Saturated	7.1 g	6.8 g	7.6 g
Carbohydrates, total	31.8 g	31.5 g	60.5 g
- Sugars	19.2 g	19.0 g	26.0 g
Sodium	1051.0 mg	802.2 mg	1298.2 mg

Currant Obsession Plant-Based

Ingredients:

Blackcurrant powder, blueberries, agave, kiwifruit, vanilla, chia seeds, vanilla soy milk, banana.

Nutritional Information:

	Mini Tank 250ml	Half Tank 450ml	Full Tank 550ml
Energy	918.9 kJ	1424.0 kJ	1628.5 kJ
Protein	6.0 g	9.4 g	9.9 g
Fat, total	3.3 g	4.6 g	4.9 g
- Saturated	0.4 g	0.6 g	0.6 g
Carbohydrates, total	41.5 g	65.2 g	76.4 g
- Sugars	26.8 g	41.4 g	50.5 g
Sodium	62.1 mg	103 mg	103.8 mg

Moroccan Roast Veg Wrap

Ingredients:

Protein (beef, chicken or falafel), roast vegetables (carrot, parsnips, kumara, red onion), feta, dates, toasted maple nut mix, field greens, wrap, moroccan dressing.

Nutritional Information:

	Beef Serving size: 345g	Chicken Serving size: 345g	Falafel Serving size: 340g
Energy	2818.2 kJ	2832.6 kJ	3369.9 kJ
Protein	28.1 g	30.9 g	20.0 g
Fat, total	31.5 g	30.8 g	35.5 g
- Saturated	11.0 g	10.6 g	11.4 g
Carbohydrates, total	70.1 g	69.8 g	98.8 g
- Sugars	18.7 g	18.5 g	25.5 g
Sodium	1560.4 mg	1311.6 mg	1807.6 mg

Açaí Smoothie

Ingredients:

Brazilian açaí, strawberries, blueberries, banana, apple juice, vanilla soy milk, organic agave.

Nutritional Information:

	Mini Tank 250ml	Half Tank 450ml	Full Tank 550ml
Energy	928.2 kJ	1204.1 kJ	1424.1 kJ
Protein	3.0 g	3.6 g	5.1 g
Fat, total	3.5 g	4.7 g	6.0 g
- Saturated	0.9 g	1.3 g	1.6 g
Carbohydrates, total	44.7 g	57.8 g	66.3 g
- Sugars	33.1 g	44.3 g	50.3 g
Sodium	31.4 mg	37.5 mg	59.5 mg

Açaí Bowl

Ingredients:

Brazilian açaí topped with seasonal fruits, smooth almond butter, crunchy granola, raspberry crumb, organic agave.

Nutritional Information:

	Açaí Bowl 285g
Energy	2106.9 kJ
Protein	7.4 g
Fat, total	15.5 g
- Saturated	2.7 g
Carbohydrates, total	83.7 g
- Sugars	53.3 g
Sodium	57.4 mg