



# Winter Sports Celebration

2026



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# MEET THE PATRIOTS



*Girls Varsity Basketball*



*Girls JV Basketball*



*Girls Modified Basketball*



*Boys Varsity Basketball*



*Boys JV Basketball*



*Boys Modified Basketball*



*Boys Varsity Swim*



*Boys Modified Swim*



*Varsity Wrestling*



*Modified Wrestling*



*Girls Varsity Track*



*Boys Varsity Track*

# MEET THE PATRIOTS



*Girls Varsity Bowling*



*Boys Varsity Bowling*

# JOHN J. HEBERT AWARD RECIPIENTS



**Jude  
Dulka**

Vice President of Senior Class  
National Honor Society Member  
Student Council Member  
Soccer Team Member  
Basketball Team Member  
Flag Football Team Member  
Honorable Mention – Soccer  
Honorable Mention – Flag Football



**Warren  
Pray**

Section VII SAAC Representative: 2024  
Sweethearts and Heroes Youth Leadership: 2024  
Clarkson Leadership Award: 2025  
RIT Business and Leadership Award: 2025  
Class President of Senior Class  
Key Club  
Varsity Football: Team Captain (2024, 2025, 2026); CVAC First Team Offensive Line and Second Team Defensive Line (2023, 2024); CVAC First Team Defense (P) and Second Team Defense (ILB) (2025)  
Varsity Wrestling: Team Captain (2023-2024, 2024-2025, 2025-2026); CVAC Section VII 2nd Team All Star (189lbs.) (2022-2023, 2023-2024); CVAC Section VII 2nd Team All Star (190lbs.) (2024-2025); Section VII Champion (190lbs.) (2023-2024); Section VII Champion (215lbs.), NYS All-State – 8th Place (2024-2025); Section VII Champion (215lbs.) (2025-2026)  
Plattsburgh High School Hornets (Merger Team): Varsity Lacrosse (Long-Stick Defense), Team Captain 2024-2025.

# PATRIOT SHOUT-OUTS



## RONDEAU, PRAY ECLIPSE 100 WINS

Two outstanding, longtime AuSable Valley wrestlers accomplished quite the milestone this year. Both Nathan Rondeau and Warren Pray eclipsed the 100-win mark for their careers, summarizing their hard work and dedication throughout their time wrestling as Patriots. Both finished off their senior years with sectional wins in their respective weight classes.



## CROSS-COUNTRY ALL-STATE WINNERS

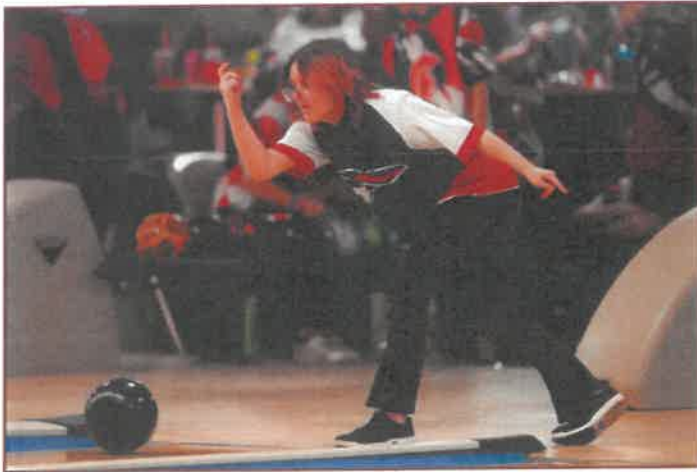
Early this winter, we found out that two of our cross country runners from this fall made the All-State Team! Congratulations to Reece Long (3rd Team) and Jayden Campagna (5th Team).



## PATRIOTS SUPPORT COMMUNITY

Our student-athletes were out and about this winter supporting our community at various events including Christmas in the Forks and the Missing Children's Tournament. We are very proud of our Patriots for donating their time and giving back to the community that supports them.

## PATRIOT SHOUT-OUTS



### AVCS TEAMS RECEIVE ACADEMIC HONORS

Congratulations to our boys swim, boys and girls indoor track, girls bowling, and boys and girls basketball teams! These squads were recognized as NYSPHSAA All-Scholastic Teams, meaning 75% of the roster maintained a GPA equal to or greater than 90%. Additional shout-outs go to the boys swim and girls basketball teams for winning the All-Scholastic Principal's Award for overall highest average this winter.



### GIRLS BASKETBALL WINS PATRIOT CUP

The girls basketball team took home the Patriot Cup this winter! The girls attended the most sporting events of their fellow student-athletes and cheered from the stands. The Patriot Cup symbolizes school spirit and togetherness and has truly bolstered the support our student-athletes provide to one another.



### SECTION VII GIRLS WRESTLING HISTORY

For the first time, Section VII held a girls wrestling tournament. The inaugural event showcased the growing sport that has offered new opportunities to our student-athletes. Congratulations to Emma Reid and Lily Carver who participated in the historic event and both placed on the podium in their respective weight classes!

## PATRIOT SHOUT-OUTS



### WINNING THROUGH POWER OUTAGE

If you were there, you know how memorable this game was. Our boys basketball team defeated Section VII Class A Champion Peru this season in a remarkable way. Late in the game on a stormy night, the power went out and caused complete darkness in the gym. Once the power returned, all was well except for the scoreboard, which would not turn on. In the end, score was kept the old-school way, and the Patriots took home a memorable win.



### CONGRATS TO PATRIOTS ON ICE

Congratulations to our very own Lucas Dashnaw and Jacob Wheelin who played for the Plattsburgh boys hockey team, which finished as runner-up in Section VII. The two contributed throughout the season and helped the Hornets to plenty of success throughout the winter.

## PATRIOT RECORDS

#### **Celton Dupuis**

400-Meter Dash (54.45), 55-Meter Hurdles (8.14)

#### **Avonte Yeates**

200-Meter Dash (24.42)

#### **Reece Long**

1000-Meter Run (2:39.34)

#### **Kaelin Suloff**

400-Meter Dash (1:04.54), 300-Meter Dash (41.95), 200-Meter Dash (26.57), 55-Meter Dash (7.41).

# ALL-STARS

## BOWLING



**ELEANORE QUINN**  
ALL-STAR

## BOYS BASKETBALL



**AIDEN BLAISE**  
HONORABLE MENTION

## GIRLS BASKETBALL



**AUBREY DABY**  
HONORABLE MENTION

## BOYS HOCKEY



**LUCAS DASHNAW**  
HONORABLE MENTION

## INDOOR TRACK



**CELTON DUPUIS**  
ALL-STAR

## INDOOR TRACK



**KAELIN SULOFF**  
ALL-STAR

## WRESTLING



**NATHAN RONDEAU**  
ALL-STAR

## WRESTLING



**WARREN PRAY**  
HONORABLE MENTION

## SECTION VII/X BOYS SWIMMING CHAMPIONS

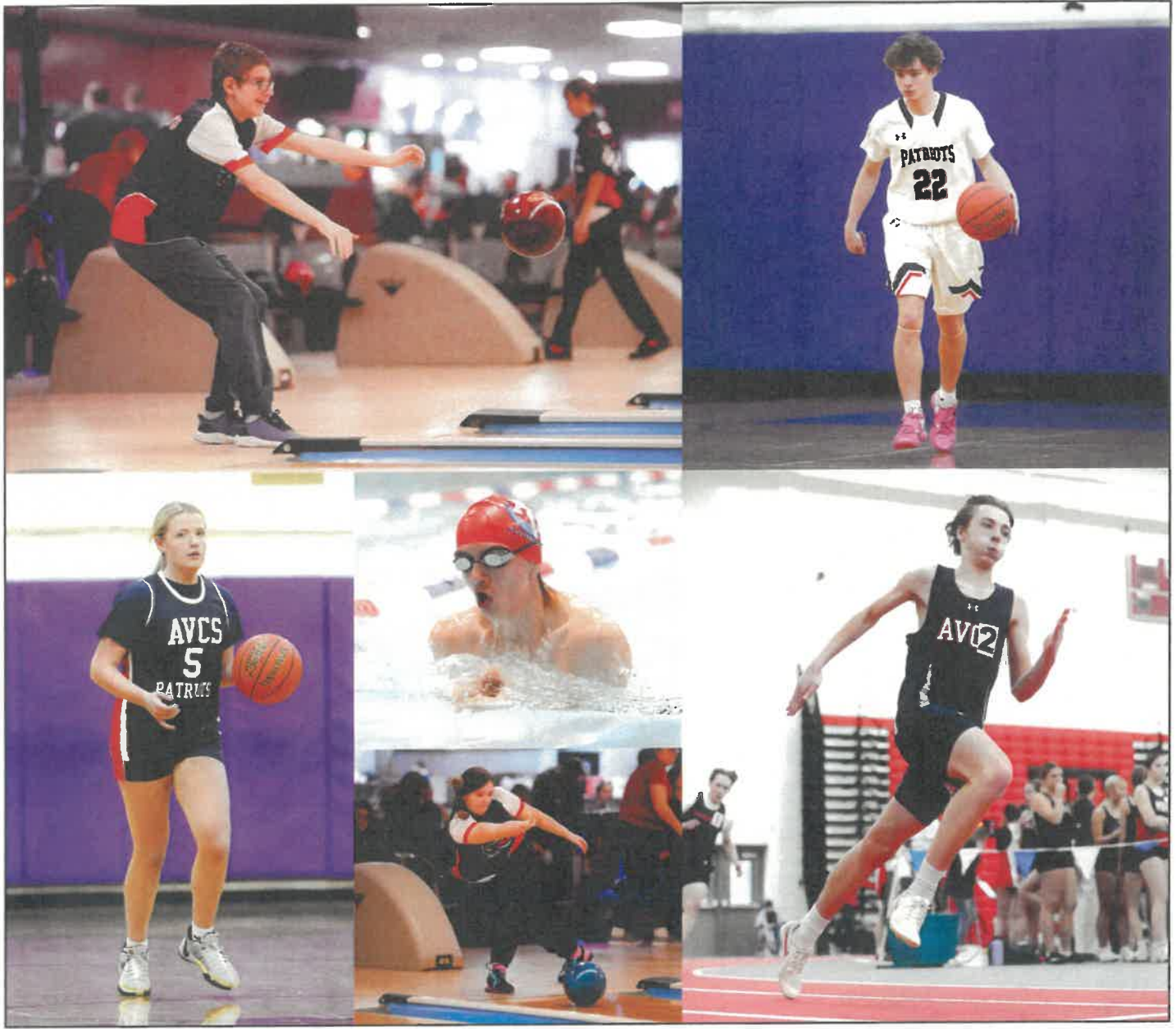


## WRESTLING



**EMMA REID**  
ALL-STAR

Congratulations to the AuSable Valley boys swim team! The Patriots captured their 5th consecutive Section VII/X title. The Patriots were led by All-Stars Shawn Paul Hansen, Dashawn Stone, Liam MacDougal and Jonathan Baldomir. During the season, Patriot swimmers set 27 personal bests on their way to a tremendous season that built upon an outstanding team legacy in the pool.



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