

# Montessori School of Long Grove Menu

04/01-04, 04/28-30

04/07-04/11

04/14-04/18

04/21-04/25

MONDAY

PASTA BOLOGNESE  
ROTINI PASTA  
COLESLAW  
STEAMED BROCCOLI  
UKRAINIAN BORSCH

GRILLED CHICKEN  
MASHED POTATO  
GARDEN SALAD  
WHITE BREAD  
MUSHROOM SAUCE  
SPLIT PEA SOUP

CHICKEN TERIYAKI  
STEAMED BROWN RICES  
CUCUMBER SALAD  
BEETS SALAD  
PUREED PUMPKIN SOUP

CHICKEN MEAT BALLS  
BUCKWHEAT  
APPLE & CARROTS  
SALAD  
STEAMED BROCCOLI  
MUSHROOM SAUCE  
CHICKEN NOODLE SOUP

TUESDAY

BARBECUE CHICKEN  
MASHED POTATO  
GARDEN SALAD  
WHITE BREAD  
LENTIL SOUP

CHICKEN PILAF  
APPLE & CARROTS  
SALAD  
GREEN PEAS  
PUREED CAULIFLOWER  
SOUP

TURKEY BREAST  
MASHED POTATO  
GREEN PEAS  
WHOLE WHEAT BREAD  
GRAVY SAUCE  
CHICKEN RICE SOUP

PASTA BOLOGNESE  
WHOLE GRAIN ROTINI  
PASTA  
CORN SALAD  
STEAMED CAULIFLOWER  
MARINARA SAUCE  
PUREED BROCCOLI SOUP

WEDNESDAY

BREADED CHICKEN  
STEAMED RICE  
CAULIFLOWER  
STEAMED CARROTS  
PUREED PUMPKIN SOUP  
LEMON-BUTTER SAUCE

CHICKEN KABOB  
BUCKWHEAT  
CORN SALAD  
CUCUMBER SALAD  
LEMON-BUTTER SAUCE  
PUREED CARROTS SOUP

BARBECUE CHICKEN  
BUCKWHEAT  
CORN SALAD  
STEAMED BROCCOLI  
SALAD  
UKRAINIAN BORSCH

BEEF STEW  
ROASTED POTATO  
CABBAGE SALAD  
WHOLE WHEAT BREAD  
PUREED POTATO SOUP

THURSDAY

TURKEY BREAST  
ROASTED POTATO  
GREEN PEAS  
WHITE GARLIC BREAD  
GRAVY SAUCE  
CHICKEN NOODLE SOUP

MAC N CHEESE  
ELBOW PASTA  
STEAMED BROCCOLI  
SALAD  
STEAMED CARROTS  
FRESH CABBAGE SOUP

BREADED CHICKEN  
WHITE BOW PASTA  
STEAMED CARROTS  
GARDEN SALAD  
LEMON-BUTTER SAUCE  
CHICKEN NOODLE SOUP

CHICKEN PILAF  
GREEN PEAS  
STEAMED CARROT  
FRESH CABBAGE SOUP

FRIDAY

MAC N CHEESE  
ROTINI PASTA  
BEETS SALAD  
CORN SALAD  
PURED POTATO SOUP

BEEF STROGANOFF  
ROASTED POTATO  
WHOLE WHEAT BREAD  
CABBAGE SALAD  
CHICKEN NOODLE SOUP

CHICKEN MEATBALLS  
ROASTED POTATO  
COLESLAW  
WHITE GARLIC BREAD  
SOUR CREAM SAUCE  
LENTIL SOUP

CHICKEN KEBAB  
MASHED POTATOES  
GARDEN SALAD  
WHOLE WHEAT BREAD  
SOUR CREAM SAUCE  
PURED CARROTS SOUP