

Montessori School of Long Grove Menu

04/01-04, 04/28-30

04/07-04/11

04/14-04/18

04/21-04/25

MONDAY

PASTA BOLOGNESE
ROTINI PASTA
COLESLAW
STEAMED BROCCOLI
UKRAINIAN BORSCH

GRILLED CHICKEN
MASHED POTATO
GARDEN SALAD
WHITE BREAD
MUSHROOM SAUCE
SPLIT PEA SOUP

CHICKEN TERIYAKI
STEAMED BROWN RICES
CUCUMBER SALAD
BEETS SALAD
PUREED PUMPKIN SOUP

CHICKEN MEAT BALLS
BUCKWHEAT
APPLE & CARROTS
SALAD
STEAMED BROCCOLI
MUSHROOM SAUCE
CHICKEN NOODLE SOUP

TUESDAY

BARBECUE CHICKEN
MASHED POTATO
GARDEN SALAD
WHITE BREAD
LENTIL SOUP

CHICKEN PILAF
APPLE & CARROTS
SALAD
GREEN PEAS
PUREED CAULIFLOWER
SOUP

TURKEY BREAST
MASHED POTATO
GREEN PEAS
WHOLE WHEAT BREAD
GRAVY SAUCE
CHICKEN RICE SOUP

PASTA BOLOGNESE
WHOLE GRAIN ROTINI
PASTA
CORN SALAD
STEAMED CAULIFLOWER
MARINARA SAUCE
PUREED BROCCOLI SOUP

WEDNESDAY

BREADED CHICKEN
STEAMED RICE
CAULIFLOWER
STEAMED CARROTS
PUREED PUMPKIN SOUP
LEMON-BUTTER SAUCE

CHICKEN KABOB
BUCKWHEAT
CORN SALAD
CUCUMBER SALAD
LEMON-BUTTER SAUCE
PUREED CARROTS SOUP

BARBECUE CHICKEN
BUCKWHEAT
CORN SALAD
STEAMED BROCCOLI
SALAD
UKRAINIAN BORSCH

BEEF STEW
ROASTED POTATO
CABBAGE SALAD
WHOLE WHEAT BREAD
PUREED POTATO SOUP

THURSDAY

TURKEY BREAST
ROASTED POTATO
GREEN PEAS
WHITE GARLIC BREAD
GRAVY SAUCE
CHICKEN NOODLE SOUP

MAC N CHEESE
ELBOW PASTA
STEAMED BROCCOLI
SALAD
STEAMED CARROTS
FRESH CABBAGE SOUP

BREADED CHICKEN
WHITE BOW PASTA
STEAMED CARROTS
GARDEN SALAD
LEMON-BUTTER SAUCE
CHICKEN NOODLE SOUP

CHICKEN PILAF
GREEN PEAS
STEAMED CARROT
FRESH CABBAGE SOUP

FRIDAY

MAC N CHEESE
ROTINI PASTA
BEETS SALAD
CORN SALAD
PUREED POTATO SOUP

BEEF STROGANOFF
ROASTED POTATO
WHOLE WHEAT BREAD
CABBAGE SALAD
CHICKEN NOODLE SOUP

CHICKEN MEATBALLS
ROASTED POTATO
COLESLAW
WHITE GARLIC BREAD
SOUR CREAM SAUCE
LENTIL SOUP

CHICKEN KEBAB
MASHED POTATOES
GARDEN SALAD
WHOLE WHEAT BREAD
SOUR CREAM SAUCE
PUREED CARROTS SOUP