

Children's Land Vegetarian Menu

05/01-02, 05/26-30

05/05-05/09

05/12-05/16

05/19-05/23

MONDAY

NOODLE SOUP
VEGETARIAN SUPER PATTY
KASHA
COLESLAW
APPLE

PUREE CARROT SOUP
VEGETARIAN SUPER PATTY
WG PASTA
STEAMED BROCCOLI
APPLE

SPLIT PEA SOUP
GREEN MACHINE VEGGIE
NUGGETS
ROASTED POTATO
& WG BREAD
GREEN PEAS
APPLE

PUREE PUMPKIN SOUP
VEGETARIAN SUPER PATTY
STEAMED RICE
STEAMED VEGETABLES
APPLE

TUESDAY

PUREE BROCCOLI SOUP
CRISPY FALAFEL
& WG BREAD
SWEET POTATO
BEETS SALAD
ORANGE

LENTIL SOUP
CRISPY FALAFEL
& WG BREAD
MASHED POTATO
CARROT & APPLE SALAD
ORANGE

PUREE CAULIFLOWER SOUP
MELTY MOZZARELLA
STICKS
STEAMED RICE
GARDEN SALAD
ORANGE

CHICKEN RICE SOUP
CRISPY FALAFEL
& GARLIC BREAD
MASHED POTATO
CUCUMBER SALAD
ORANGE

WEDNESDAY

OATMEAL & MELON

FRESH CABBAGE SOUP
MAC N CHEESE MAGIC
WG PASTA
STEAMED CAULIFLOWER
BANANA

OATMEAL & MELON

PUREE PUMPKIN SOUP
GREEN MACHINE VEGGIE
NUGGETS
STEAMED RICE
STEAMED VEGETABLES
BANANA

OATMEAL & MELON

NOODLE SOUP
VEGETARIAN SUPER PATTY
KASHA
BEETS SALAD
BANANA

OATMEAL & MELON

BORSCHT
GREEN MACHINE VEGGIE
NUGGETS
KASHA
STEAMED CARROT
BANANA

THURSDAY

PUREE POTATO SOUP
GREEN MACHINE VEGGIE
NUGGETS
ROASTED POTATO
& WG TORTILLA
GREEN PEAS
APPLE

PUREE POTATO SOUP
CHEESE PIZZA PARTY!
ROASTED POTATO
GARDEN SALAD
APPLE

FRESH CABBAGE SOUP
MAC N CHEESE MAGIC
ELBOW PASTA
STEAMED CAULIFLOWER
APPLE

LENTIL SOUP
MAC N CHEESE MAGIC
WG PASTA
STEAMED BROCCOLI
APPLE

FRIDAY

EGG OMELET & ORANGE

BORSCHT
MELTY MOZZARELLA
STICKS
STEAMED RICE
CUCUMBER SALAD
BANANA

CHEESE CASSEROLLE & ORANGE

OATMEAL SOUP
MELTY MOZZARELLA
STICKS
KASHA
STEAMED CARROT
BANANA

EGG OMELET & ORANGE

PUREE CARROT SOUP
CRISPY FALAFEL
& WG TORTILLA
SWEET POTATO
COLE SLAW
BANANA

CHEESE CASSEROLLE & ORANGE

OATMEAL SOUP
CHEESE PIZZA PARTY!
ROASTED POTATO
APPLE & CARROT SALAD
BANANA



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