

M	T	W	TH	F
3	4	5	6	7
B: Cereal, Fruit, Milk S: Wheat Crackers & Apple sauce L: Chicken Tenders, Sweet Potato, WG Bread, Cole Slaw, Seasonal Fruit EF: Chicken Tenders, Sweet Potato, WG Bread, Cabbage Salad Seasonal Fruit Veg: Omelet Slider, Sweet Potato/ WG Bread, Cole Slaw, Seasonal Fruit DF: Chicken Tenders, Sweet Potato/ WG Bread, Cole Slaw, Seasonal Fruit S: Croissant, Seasonal Fruit	B: Waffles, Cream Cheese, Fruit, Milk S: Graham Cracker & Applesauce L: Chicken Fajitas, DF Steamed Rice, Garden Salad, Seasonal Fruit EF: Chicken Fajitas, Steamed Rice, Garden Salad, Seasonal Fruit Veg: Mozzarella Stick, Steamed Rice, Garden Salad, Seasonal Fruit DF: Chicken Fajitas, DF Steamed Rice, Garden Salad, Seasonal Fruit S: WG Blueberry Square	B: Cereal, Fruit & Milk S: Townhouse Cracker & Cheese L: Mama's Bolognese, WG Pasta, Steamed Broccoli, Seasonal Fruit EF: Mama's Bolognese, WG Pasta, Steamed Broccoli, Seasonal Fruit Veg: Mac N Cheese, WG Pasta, Steamed Broccoli, Seasonal Fruit DF: Mama's Bolognese, WG Pasta, Steamed Broccoli, Seasonal Fruit S: Mini Puffs, Seasonal Fruit	B: Waffles, Cream Cheese, Fruit, Milk S: Vanilla Wafers & Yogurt L: Turkey Meatballs, Herb Boiled Potato, WG Bread, Steamed Vegetables, Seasonal Fruit EF: EF Turkey Meatballs, Herb Boiled Potato, WG Bread, Steamed Vegetables, Seasonal Fruit Veg: Cheese Pizza, Herb Boiled Potato, WG Bread, Steamed Vegetables, Seasonal Fruit DF: Turkey Meatballs, DF Herb Boiled Potato, WG Bread, Steamed Vegetables, Seasonal Fruit S: French Toast Sticks, Seasonal Fruit	B: Cereal, Fruit & Milk S: Challah & Grape Juice L: Chicken Kabob, WG Pasta, Steamed Vegetables, Seasonal Fruit EF: Grilled Chicken, WG Pasta, Steamed vegetables, Seasonal Fruit Veg: Mac N Cheese, Steamed Vegetables, Seasonal Fruit DF: Chicken Kabob, WG Pasta, Steamed Vegetables, Seasonal Fruit S: Mini Bagel, Applesauce
10	11	12	13	14
B: Cereal, Fruit, Milk S: Rice Cakes & Fruit Cocktail L: : Chicken Stew Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit EF: EF Chicken Stew Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit Veg: Mozzarella Stick, Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit DF: Chicken Stew, Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit S: Graham Crackers, Seasonal Fruit	B: Waffles, Cream Cheese, Fruit, Milk S: Cheese Crackers & Applesauce L: Chicken Pilaf, DF Steamed Rice, Cole Slaw, Seasonal Fruit EF: Chicken Pilaf, DF Steamed Rice, Cabbage Salad, Seasonal Fruit Veg: Veggie Nuggets, Steamed Rice, Cole Slaw, Seasonal Fruit DF: Chicken Pilaf, DF Steamed Rice, Cole Slaw, Seasonal Fruit S: WG Banana Bread, Seasonal Fruit	B: Cereal, Fruit, Milk S: Blueberry Muffin & Yogurt L: Mama's Bolognese, WG Pasta, Steamed Carrots, Seasonal Fruit EF: Mama's Bolognese, WG Pasta, Steamed Carrots, Seasonal Fruit Veg: Mac N Cheese, WG Pasta, Steamed Carrots, Seasonal Fruit DF: Mama's Bolognese, WG Pasta, Steamed Carrots, Seasonal Fruit S: Wheat Cracker, Seasonal Fruit	B: Pancakes, Jelly, Fruit, Milk S: Pretzels & Yogurt L: Chicken Cloud Puffs Mashed Potato, WG Bread, Steamed Cauliflower, Seasonal Fruit EF: Chicken Cloud Puffs DF Mashed Potato, WG Bread, Steamed Cauliflower, Seasonal Fruit Veg: Omelet Slider, Mashed Potato/ WG Bread, Steamed Cauliflower, Seasonal Fruit DF: Chicken Cloud Puffs, DF Mashed Potato, WG Bread, Steamed Cauliflower, Seasonal Fruit S: Croissant, Seasonal Fruit	B: Cereal, Fruit & Milk S: Challah & Grape Juice L: Mac N Cheese, Steamed Vegetables, Fruit EF: Mac N Cheese, Steamed Vegetables, Seasonal Fruit Veg: Mac N Cheese, Steamed Vegetables, Seasonal Fruit DF: Meatloaf, DF Kasha, Steamed Vegetables, Seasonal Fruit S: Yogurt, Mini Puffs
17	18	19	20	21
B: Cereal, Fruit, Milk S: Cheese Cracker & Cheese L: Meatballs Marinara, WG Pasta, Garden Salad, Seasonal Fruit EF: EF Meatballs Marinara, WG Pasta, Garden Salad, Seasonal Fruit Veg: Mac N Cheese, WG Pasta, Garden Salad, Seasonal Fruit DF: Meatballs Marinara, WG Pasta, Garden Salad, Seasonal Fruit S: Blueberry Muffin, Seasonal Fruit	B: Waffles, Cream Cheese, Fruit, Milk S: Graham Cracker & Cheese L: Chicken Tenders, Sweet Potato/WG Bread, Cole Slaw, Seasonal Fruit EF: EF Chicken tenders, Sweet Potato / WG Bread, Cole Slaw, Seasonal Fruit Veg: Veggie Nuggets, Sweet Potato / WG Bread, Cole Slaw, Seasonal Fruit DF: Chicken tenders, Sweet Potato / WG Bread, Cole Slaw, Seasonal Fruit S: Pancake, Apple Sauce	B: Cereal, Fruit & Milk S: Blueberry Muffin & Yogurt L: Stir Baked Chicken, Steamed Rice, Steamed Broccoli, Seasonal Fruit EF: Stir Baked Chicken, Steamed Rice, Steamed Broccoli, Seasonal Fruit Veg: Falafel, Steamed Rice, Steamed Broccoli, Seasonal Fruit DF: Stir Baked Chicken, DF Steamed Rice, Steamed Broccoli, Seasonal Fruit S: Carrot Cake, Seasonal Fruit	B: Pancakes, Jelly, Fruit, Milk S: Vanilla Wafers & Apple Sauce L: Turkey Meatballs, Herb Boiled Potato, WG Bread Cucumber Salad, Seasonal Fruit EF: EF Turkey Meatballs, Herb Boiled Potato, WG bread, Cucumber Salad, Seasonal Fruit Veg: Omelet Slider, Herb Boiled Potato, WG Bread, Cucumber Salad, Seasonal Fruit DF: Turkey Meatballs, DF Herb Boiled Potato, WG bread, Cucumber Salad, Seasonal Fruit S: Mini Bagel, Seasonal Fruit	B: Cereal, Fruit, Milk S: Challah & Grape Juice L: Chicken Kabob, Pasta, Steamed Vegetables, Seasonal Fruit EF: Chicken Kabob, Pasta, Steamed Vegetables, Seasonal Fruit Veg: Cheese Pizza, Steamed Vegetables, Seasonal Fruit DF: Chicken Kabob, Pasta, Steamed Vegetables, Seasonal Fruit S: WG Graham Crackers & Apple Sauce
24	25	26	27	28
B: Cereal, Fruit, Milk S: Cheese Cracker & Applesauce L: Stir Fry Chicken, WG Pasta, Steamed Carrots, Seasonal Fruit EF: Stir Fry Chicken, WG Pasta, Steamed Carrots, Seasonal Fruit Veg: Mac N Cheese, WG Pasta, Steamed Carrots, Seasonal Fruit DF: Chicken Kabob, WG Pasta, Steamed Carrots, Seasonal Fruit S: Mini Puffs, Applesauce	B: Waffles, Cream Cheese, Fruit, Milk S: Pretzels & Yogurt L: Chicken Cloud Puffs, Mashed Potato, WG Bread, Steamed Broccoli, Seasonal Fruit EF: EF Chicken Cloud Puffs, Mashed Potato, WG Bread, Steamed Broccoli, Seasonal Fruit Veg: Mozzarella Stick, Mashed Potato WG Bread, Steamed Broccoli, Seasonal Fruit DF: Chicken Cloud Puffs, DF Mashed Potato, WG Bread, Steamed Broccoli, Seasonal Fruit S: Wheat Cracker, Seasonal Fruit	B: Cereal, Fruit & Milk S: Club Cracker & Cheese L: Chicken Kabob, Steamed Rice, Cole Slaw, Seasonal Fruit EF: Chicken Kabob, Steamed Rice, Cabbage Salad, Seasonal Fruit Veg: Vegetarian Patty, Steamed Rice, Cole Slaw, Seasonal Fruit DF: Chicken Kabob, Steamed Rice, Cole Slaw, Seasonal Fruit S: Pancake, Applesauce	B: Waffles, Cream Cheese, Fruit, Milk S: Blueberry Muffin & Fruit Cocktail L: Chicken Stew, Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit EF: Chicken Stew, Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit Veg: Cheese Pizza, Roasted Potato WG Bread, Garden Salad, Seasonal Fruit DF: Chicken Stew, Roasted Potato/ WG Bread, Garden Salad, Seasonal Fruit S: Apple Pound Cake	B: Cereal, Fruit, Milk S: Challah & Grape Juice L: Mac N Cheese, Steamed Cauliflower, Seasonal Fruit EF: Mac N Cheese, Steamed Cauliflower, Seasonal Fruit Veg: Mac N Cheese, Steamed Cauliflower, Seasonal Fruit DF: Meatloaf, DF Kasha, Steamed Cauliflower, Seasonal Fruit S: Yogurt, Mini Puffs