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## **Echocardiogram Instructions**

Echocardiogram is an ultrasound test of the heart which helps the doctor to assess the functions and abnormalities of the heart valves and muscles. Video pictures of the heart are taken during this test to look at the size and shape of the heart.

No special preparations are needed for this test. You can eat, drink and take medications as you would do normally. Wear loose, comfortable clothing (Women are advise not to wear one-piece dress). It takes about 20-30 minutes to do this test.

Time:	
	Time: