

**Bible discovery**

# **EPHESIANS**

**Autumn 2025 | 1.0**



# Welcome to our new set of discovery verses

Unpacking, working out, living in the goodness of the gospel is a lifelong journey. A journey we are all on together and as part of that journey, we are going to be opening the book of Ephesians together in our huddles. Wherever that moment was for you when you became a Christian, Ephesians major emphasis is living in the good of what happened then. So be ready! Paul is helping the Ephesian church and us to unpack, work out and live in the goodness of that moment.

Use these notes for personal study, one-on-one discipleship, or small group discovery. Each session covers a short passage with a summary and prompts for reflection.

## Reading list:

### 1. Chosen and Blessed

Ephesians 1:1–4 God chose us in Christ before the foundation of the world to be holy and blameless.

### 2. Adopted as His Children

Ephesians 1:5–8 – Through Jesus, we are adopted into God's family and lavished with grace.

### 3. All Things United in Christ

Ephesians 1:9–12 God's purpose is to unite all things in Christ, and we are part of that plan.

## Reading list continued:

### 4. Sealed with the Holy Spirit

**Ephesians 1:13–14–** Believers are sealed with the Holy Spirit as a guarantee of our inheritance.

### 5. Praying for Revelation

**Ephesians 1:15–18 –** Paul prays that we would know God more deeply and understand our hope in Him.

### 6. Power Toward Believers

**Ephesians 1:19–23–** The same power that raised Christ is at work in us who believe.

**Father God please fill us with the knowledge of your will with all wisdom and spiritual understanding. Holy Spirit give us the discernment we need as we walk in God's will and study His Word. In every moment of life help us live in a manner worthy of our Lord Jesus Christ.**

**Amen.**

## Reminder on how to approach Bible discovery:

- Before you meet:**
- Find the passage of scripture.
  - Copy it out.
  - Then pray, think and ask God what he is saying to you.
  - Then rewrite the passage in your own words.

# Bible discovery study:

1. **Pray for help.**
2. **One person reads the passage.**
3. **Then take it in turns to read out your own versions of the passage.**
4. **Then discuss.**
5. **For each person consider the application. Ask:**
  - **What grabbed your attention in the passage?**
  - **Was there anything you particularly liked in the passage?**
  - **Was there anything that bothered you in the passage?**
  - **What does this passage say about God?**
  - **What does this passage say about us?**
  - **If this is God speaking, what are you going to do about it?**
  - **Who can you share with this week what God is doing in your life?**

