

Bible Discovery

Walk. Live.
Stand.

BEING FORMED
TOGETHER IN CHRIST

Spring 2026



Welcome, as we begin the final chapters of Paul's letter to the Ephesians...

In the first half of the letter, Paul shows us who we are in Christ. In these final chapters, he shows us how to live it out. Ephesians 4–6 is about walking differently, loving differently, and standing firm as followers of Jesus.

We are pairing this journey with the season of Lent (18th Feb - 2nd April) – a time to slow down, reflect, and make space for God to shape us. Alongside these notes, you'll be invited into a simple daily rhythm of Scripture, prayer, and practice to help carry what we learn on Sundays into everyday life.

At the bottom of this page you'll find a QR code to sign up or find someone in the connect area this Sunday. Scan it to receive the daily Lent prompts digitally. Our prayer is simple: that we won't just learn more – we'll become more like Jesus.

Lent WALK.
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Reading list:

1. Growing into Maturity: Ephesians 4:15–16
2. A New Way to Live: Ephesians 4:22–24
3. Walking in the Light: Ephesians 5:8–10
4. Living Wisely – Standing Firm: Ephesians 5:15–17
5. Marriage in Christ – Standing Firm: Ephesians 5:25–27
6. Strengthened for the Battle – Standing Firm: Ephesians 6:10–11
7. Grace to Be With You: Ephesians 6:23–24
8. Easter Reflection – Walking Worthy of the Calling: Ephesians 4:1–2

Father God please fill us with the knowledge of your will with all wisdom and spiritual understanding. Holy Spirit give us the discernment we need as we walk in God's will and study His Word. In every moment of life help us live in a manner worthy of our Lord Jesus Christ.

Amen.

Reminder on how to approach Bible discovery:

- Before you meet:**
- Find the passage of scripture.
 - Copy it out.
 - Then pray, think and ask God what he is saying to you.
 - Then rewrite the passage in your own words.

Bible discovery study:

1. Pray for help.
2. One person reads the passage.
3. Then take it in turns to read out your own versions of the passage.
4. Then discuss.
5. For each person consider the application. Ask:
 - What grabbed your attention in the passage?
 - Was there anything you particularly liked in the passage?
 - Was there anything that bothered you in the passage?
 - What does this passage say about God?
 - What does this passage say about us?
 - If this is God speaking, what are you going to do about it?
 - Who can you share with this week what God is doing in your life?

