

Seniors at Salty - Call Me When Volunteer Overview & Guidelines

Mission:

We seek to provide caring support to Seniors at Salty

The vision behind launching this ministry is to create a way where we can serve the senior members of our Salty family. We believe that empowering people to rescue is our daily calling.

The goal is to understand the individual needs of seniors who reach out and connect each with a volunteer who can offer personalized care. Whether you're able to commit long-term or help with a one-time or short-term need, your involvement ensures that our seniors feel seen, heard, valued.

We do this by providing compassionate spiritual and practical support to seniors, enriching their lives with care, dignity, and a sense of community.

Volunteer Training and Preparation

Ways You Can Serve

Below are various ways to connect with and care for the senior assigned to you. Please note: You are *not* expected to act as a counselor, attorney, financial advisor, or healthcare provider, nor are you responsible for providing financial assistance. Your role is to offer meaningful care through consistent spiritual and practical support.

Spiritual connection: *Spend time together to grow in faith—this could include prayer, Bible reading, watching an online service together, or discussing the weekly message. Meet on a regular basis at the senior's home, a coffee shop, or another neutral spot. Plan to meet on a regular basis, on a schedule you both agree to.*

Social connection: *Offer companionship through conversation or shared activities. This can also include spiritual discussions and prayer, if welcomed. Provide an opportunity for the senior to share life stories and/or current activities. You might discover an activity you enjoy doing together (such as going to the movies, taking a walk, serving at Salty, etc.) Plan to meet on a regular basis, on a schedule you both agree to.*

Support during illness or hospitalization: *Visit to offer encouragement and support during or after hospital stays or while homebound. This could include helping with simple household tasks during a time of recovery.*

Support after a loss: *Be a listening ear and offer practical help to those adjusting after the death of a spouse or loved one. You may want to invite them to join Grief Share, when it is available.*

Financial mentoring: *Help the senior understand and manage their finances—this may include budgeting, reviewing expenses, or navigating Medicare, insurance, and medical bills. Your role is to help them understand their financial picture and offer insight to empower them to better understand and navigate their finances.*

Provide transportation: *Provide rides to run critical errands, such as getting groceries, picking up prescriptions or getting to medical appointments or treatment. **We will request verification of auto insurance with liability coverage.***

Errands: *Help run critical errands for a housebound senior, such as picking up groceries, pet supplies, and prescriptions, mailing letters, etc — short term or long term.*

Household chores: *Help with light cleaning, laundry, lawn care, etc., based on your time and ability—short term or long term. You can determine what you are willing and able to do and what amount of time you have available to serve — short term or long term.*

Simple repairs: *Assist with basic home repairs or small handyman tasks. You are not expected to pay for materials.*

Pet care: *Walk dogs or help with basic pet cleanup as needed, — short term or long term.*

Training and Preparation

Care Training

All volunteers will complete a Care Training session led by Christie O'Brien, Care and Development Pastor. Training is offered at the Ormond Campus during service times. Sessions are available Sunday mornings and Monday evenings, with dates to be determined.

Practical Guidelines

- If this is a long-term commitment, focus on building a relationship first.
- As you interact with a senior, you may discover other areas where you can help them connect with additional resources outside of Salty.
- A list of community resources is available and updated on a regular basis.
- Set clear, healthy boundaries. You are not expected to be the answer to every need.
- Whenever possible, empower the senior to be self-sufficient.

- Be alert to opportunities for senior enrichment (ex: “Reading Nana” in SKids)
- In most cases, volunteers will be connected to a senior of the same gender.

Procedures

- If you have not already submitted a volunteer form, please do so by visiting the link: <https://salty.churchcenter.com/people/forms/955787>
- The **Seniors at Salty Coordinator** will contact you to discuss next steps.
- Once matched, you’ll receive the senior’s name, contact information and a brief profile.
- The Coordinator will also notify the senior of the assigned volunteer.
- volunteer initiates contact with the senior.
- After each visit or interaction, complete the [Senior Care Report](#) with a brief summary of your interaction. These updates help maintain a record of care and connection.
- All information about the senior is strictly confidential.
- Any questions should be directed to carol@salty.org.

“I am your God and will take care of you until you are old and your hair is gray. I made you and will care for you; I will give you help and rescue you.” Isaiah 46:4 GNT

“Show respect for old people and honor them. Reverently obey me; I am the LORD.” Leviticus 19:32 GNT

“Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more...” Hebrews 10:25 GNT