



Powerline Vol #3:

**A 52-Week Interactive Bible Study for
Children's and Youth Ministry**

**B London
Baptists**

Powerline is a 52-week interactive Bible study for children's and youth ministry across the London Baptist Churches, the resource is split into volumes, this is Vol #3 and contains 8 sessions. This resource has been designed to be used in the order given, in any order you'd like, delivered in 4-week blocks, whatever works for you.

This resource has been created so it can be used as is or modified, which I recommend so, you can use this resource and change it to suit the needs of your children and young people, you can mix and match activities from the youth session plan into the children's session plan and vice versa.

Weekly Components (across all age groups):

Each week contains a simple yet full session plan, for both Children's ministry (ages 4-10) and Youth Ministry (ages 11-18)

1. Icebreaker - A short activity to get everyone engaged and ready to learn.
2. Bible Passage: A specific passage for the week.
3. Core Lesson: Extract the main biblical truth or principle from the passage.
4. Discussion Questions (Children & Youth): Questions to encourage deeper reflection and application.
5. Arts and Craft Activity
6. Devotional/Prayer: Specific prayer requests related to the week's lesson.

Example Children's Ministry Session (Ages 4-10, adapt for younger/older):

1. Icebreaker Game - Purpose: Fun games that introduce the lesson
 - Examples:
 - Bible Charades: Acting out Bible stories.
 - Bible Bingo: Bingo cards with pictures or words from the week's lesson.
 - Verse Scramble: Jumbled words of the memory verse for them to put in order.
2. Interactive Bible Storytelling:
 - Use puppets, costumes, visual aids, or even acting out the story.
 - Engage children with questions throughout the story.
3. Discussion Time – linking the passage to their lives
4. Arts and Craft Activity:
 - Purpose: The craft should reinforce the week's Bible lesson.
 - Examples:
 - Noah's Ark: Making animal masks or a small ark craft.
 - Daniel in the Lions' Den: Drawing lions or creating a "den" out of a box.
 - Parable of the Sower: Planting seeds in small cups.
 - Creation Story: Creating a "creation wheel" or collages for each day.
 - Materials: Keep materials simple and readily available (paper, crayons, glue, pipe cleaners, craft sticks, etc.).
5. Memory Verse

Example Youth Ministry Session (Ages 11-18):

1. Relevant Discussion Starters or Ice Breaker Game:
 - Connect the Bible passage to real-life situations and challenges teenagers face.
 - Use current events, dilemmas, or pop culture references to spark conversation.
2. Interactive Bible Study / Activities & Games:
 - Purpose: Promote teamwork, critical thinking, and application of biblical principles.

- Examples:
 - Scenario Discussions: Presenting ethical dilemmas related to the lesson and having them discuss solutions based on biblical principles.
 - Debates: On relevant topics, encouraging them to support their arguments with scripture.
 - Team Challenges: Games that require collaboration and problem-solving, tying into themes like serving others or unity.
 - "Bible Jeopardy": Customized with questions from previous lessons.
- 3. Small Group Discussions:
 - Divide into smaller groups with a leader to facilitate more personal discussion and deeper application.
- 4. Art or Creative Expression:
 - Purpose: Allow youth to process and express their understanding of the lesson.
 - Examples:
 - Short Skits: Creating and performing skits based on the Bible story or its application.
 - Poetry/Songwriting: Writing a poem or song reflecting on the week's theme.
 - Visual Arts: Creating drawings, paintings, or digital art that represents the lesson.
- 5. Service Component (Occasional):
 - Plan periodic outreach or service projects that connect to the teachings.

Next Steps for London Baptist Church:

1. Select the approach you will be using, will it be a chronological journey (e.g. starting with week 1 and working through), a thematic approach, doing 4-week blocks or a mixture these.
2. Map out the 52 weeks of content in your church's diary.
3. Gather Resources: Identify materials needed for crafts and activities.
4. Train Leaders: Equip leaders for each age group with the weekly materials and guidance.
 - Contact Brian Smith the CYF Lead for details on training offer

Age Group Adaptation Tips:

Children's Ministry (5–10):

- Focus on stories, memory verses, crafts, and songs
- Keep one main point per session

Pre-teens (11–13):

- Add discussion questions and short application activities
- Introduce simple apologetics and identity topics

Teens (14–18):

- Include deeper teaching, real-life scenarios, and Q&A
- Add topics like culture, social media, purpose, and calling

London Context Ideas:

To make it relevant to the children and young people in London:

- Include multicultural examples and testimonies
- Discuss faith in a diverse, secular city
- Include service projects in the local borough
- Address school pressures, identity, and social media
- Think about the time of the year, is it Exam season? As well as Easter and Christmas

Optional Add-Ons:

You can integrate into the sessions:

- Prayer / Check in at start of the session – How has there week been? Anything coming up? Etc.
- Monthly memory verses
- Worship nights or youth-led services
- Guest speakers or testimonies
- Outreach/service days
- Away Days and Socials

Children's and Youth Ministry is 'Messy'

What "Mess" Really Looks Like in Ministry:

- Craft supplies everywhere
- Glitter in places glitter should never be
- Energy and noise levels are through the roof
- Children asking questions like,
- "If God made everything, who made God?"
- A child interrupting the lesson with something completely off-topic

In those moments, you have a choice, shut it down for the sake of order Or lean in for the sake of growth. Because sometimes that "random" question is a doorway into deeper faith. By choosing to 'lean' into the chaos you'll see, seeds of faith planted early and Joyful encounters with God

In Youth Ministry the mess can look like. A young person saying, "I'm not sure I believe this anymore" Another admitting they're struggling with anxiety or identity, A conversation that completely derails your planned talk. That can feel uncomfortable for a leader. But that's not failure—that's discipleship happening in real time.

So be flexible enough to stop your 'plans' to allow, something far more important to happen and...

...Embrace the 'Mess'!!

I hope this full 52-week curriculum, split into 4 x Volumes, either gives you a great starting point for creating your own interactive Bible studies or forms the basis of your curriculum.

God Bless

Brian Smith – CYF Lead

E-Mail: Brian.Smith@LondonBaptist.org.uk

<https://www.londonbaptist.org.uk/what-we-do/support-for-youth-and-childrens-workers>



Powerline Vol #3: Weeks 25-32

Children & Youth Bible Study Contents:



Weeks 25–28: The Early Church

- Pentecost and the Holy Spirit
- Fellowship and community
- Peter and bold faith
- Paul's missionary journeys



Weeks 29–32: Identity in Christ

- Made in God's image
- Forgiveness and new life
- Being a child of God
- The Armour of God



Weeks 25–28: The Early Church

- Pentecost and the Holy Spirit
- Fellowship and community
- Peter and bold faith
- Paul's missionary journeys

Week #25: Pentecost and the Holy Spirit - Children (Ages 4–10)

Theme: God Sends the Holy Spirit

- Learn about Pentecost and the coming of the Holy Spirit.
- Understand that the Holy Spirit helps Christians follow Jesus.
- Discover that God is always with His people.

Ice Breaker Game: Wind and Fire

Children move around the room while music plays.

When the leader calls:

- "Wind!" – children wave scarves, flags or whatever you have and move like the wind.
- "Fire!" – children freeze and raise their hands like flames.
- "Speak!" – children greet someone in a different voice or language.

Explain that wind, fire, and languages all appeared at Pentecost.

Interactive Bible Story - Pentecost (Acts 2:1–13)

Create a storytelling experience where as you read or tell the story the children response to Sound, Fire and Language:

Sound Effects

- Children create rushing wind sounds.

Fire

- Hold red, orange, and yellow streamers above heads.

Language

- Teach simple greetings from different languages.
 - Spanish (Español) ES
 - ¡Hola! (*OH-lah*)
 - French (Français) FR
 - Bonjour! (*bon-ZHOOR*)
 - Swahili (Kiswahili) KE TZ
 - Jambo! (*JAM-boh*)
 - British Sign Language (BSL)
 - Hello! – Raise your dominant hand near your forehead with your palm facing outward and move it away slightly in a friendly wave (similar to a small salute turning into a wave).
 - German (Deutsch) DE
 - Hallo! (*HAH-loh*)
 - Italian (Italiano) IT Read Acts
 - Ciao! (*CHOW*)
 - Japanese (日本語 / Nihongo) JP
 - Konnichiwa! (こんにちは) (*koh-nee-chee-wah*)

Read Acts 2:1–13 or Tell the story:

Getting the children to act out the appropriate sections

- The disciples were gathered together.
- A mighty wind filled the house.
- Tongues of fire appeared.
- The Holy Spirit came.
- The disciples boldly shared God's message.

Discussion Questions

- What surprised the disciples?
- Why did God send the Holy Spirit?
- How does the Holy Spirit help us?
- What would you have thought if you were there?

Arts & Craft Activity: Pentecost Windsock

Materials:

- Paper cup
- Red, orange and yellow streamers
- String
- Glue or tape
- Scissors
- Hole punch
- Red, orange and yellow pens or crayons

Instructions:

1. Turn the paper cup upside down so the open end is at the bottom.
2. Decorate the outside of the cup with flame shapes using red, orange and yellow colours. You can also draw doves, wind swirls or crosses if you like.
3. Write the words around the cup:
"The Holy Spirit is with me."
4. Cut several lengths of red, orange and yellow streamers.
5. Glue or tape the streamers inside the open end of the cup so they hang down like flowing flames or wind.
6. Punch two small holes opposite each other near the top of the cup.
7. Thread a piece of string through the holes and tie the ends together to make a hanger.
8. Hold your windsock up or hang it where the breeze can catch the streamers and remind you of the Holy Spirit moving like the wind at Pentecost.

Talk Together:

As your windsock moves in the wind, remember that although we cannot see the Holy Spirit, we can see His work in our lives as He guides, comforts and gives us strength every day.

Devotional / Memory Verse:

"You will receive power when the Holy Spirit comes on you." - Acts 1:8

The Holy Spirit helps us pray, learn about Jesus, and share God's love with others.

Closing Prayer

"Holy Spirit, thank You for being with us. Help us be brave, kind, and loving like Jesus. Amen."

Week #25: Empowered by the Holy Spirit - Young People (Ages 11–18)

Aim

- Understand the significance of Pentecost.
- Explore the role of the Holy Spirit.
- Discover how the Spirit empowers believers today.

Ice Breaker Game: Power Up Challenge

You Will Need:

- Images or actual items: battery, phone charger, power bank, solar panel, fuel can (or pictures)
- Scenario cards
- Timer

How to Play

1. Place the power source pictures around the room.
2. Divide the group into small teams of 3–5.
3. Read out a series of scenarios. Teams have 20 seconds to run to the power source they think best matches the situation and be ready to explain why.

Example Scenarios:

- Your phone is on 1% before an important journey.
- You're camping for three days with no electricity.
- A city has a power cut.
- An electric car needs to travel another 100 miles.
- A remote weather station needs power all year round.
- A torch stops working in the dark.

After each round, ask one or two teams to explain their choice. There may be more than one good answer!

Debrief Discussion:

- What do all these power sources have in common?
- What happens when they run out or become disconnected?
- Can anything keep working without a source of power?

Then hold up an unplugged phone (or simply ask the question):

"What powers you when life gets difficult?"

Allow a few responses before introducing today's theme.

Link to the Bible:

Just as phones, cars and devices need a power source, Christians aren't meant to live on their own strength. At Pentecost, God gave believers the Holy Spirit to strengthen, guide and empower them to live for Him. Today we're going to discover what it means to be filled with God's power rather than relying only on ourselves.

Interactive Bible Study: Powered by the Holy Spirit

Bible Passages:

- Acts 1:8
- Acts 2:1–21
- Galatians 5:22–23

You'll Need:

- Bibles

- Flipchart paper or large sheets of paper
- Sticky notes
- Coloured pens
- String or masking tape (for the timeline)
- Event cards (optional)

Setting the Scene

Ask the group:

"Imagine your phone had no battery, your Wi-Fi stopped working and your charger disappeared. How useful would your devices be?"

Explain that before Jesus returned to heaven, He told His disciples not to begin their mission until they received God's power—the Holy Spirit.

Read **Acts 1:8** together.

Ask:

- What promise did Jesus make?
- What were the disciples told to do?

Bible Investigation:

What Happened at Pentecost?

Read: Acts 2:1–13

Discover:

- What unusual things happened?
- What did people hear and see?
- How did the crowd react?
- Which event stands out the most?

Why Was Pentecost Important?

Read: Acts 2:14–21 and Acts 1:8

Discover:

- How did Peter change from before?
- What promise was being fulfilled?
- Why was this a turning point for the Church?
- What happened because the Holy Spirit came?

How Does the Holy Spirit Work Today?

Read: Galatians 5:22–23

Discover:

- What are the fruits of the Spirit?
- How are they different from gifts or talents?
- Which fruit do you think people notice most?
- Which fruit would make the biggest difference in school, home or online?

Build the Pentecost Timeline

Stretch a piece of string across the room or use masking tape on a wall.

Give groups event cards (or ask them to create their own) and place them in order.

Suggested timeline:

1. Jesus promises the Holy Spirit (Acts 1:8)
2. The disciples wait together
3. Sound of a rushing wind
4. Tongues of fire appear
5. Everyone filled with the Holy Spirit

6. People hear different languages
7. Crowds gather in amazement
8. Peter preaches boldly
9. God's promise is fulfilled
10. The Church begins to grow
11. Christians continue living by the Spirit
12. The Fruits of the Spirit are seen in believers today

Invite groups to explain why each event matters.

Discussion Questions

Allow everyone to gather in a circle.

Ask:

- Why did the disciples need the Holy Spirit before telling others about Jesus?
- What changed in Peter after Pentecost?
- Why do you think Pentecost is sometimes called the "birthday of the Church"?
- Which Fruit of the Spirit do you think is hardest to show in everyday life?
- Which fruit do you see most often in people you admire?
- How can the Holy Spirit help us at school, with friends or at home?
- What practical things help us become more aware of God's presence each day?
- If someone looked at your life, which Fruit of the Spirit would they notice most?

Arts & Craft Activity:

Create a comic strip showing the events of Pentecost.

Use the templates attached

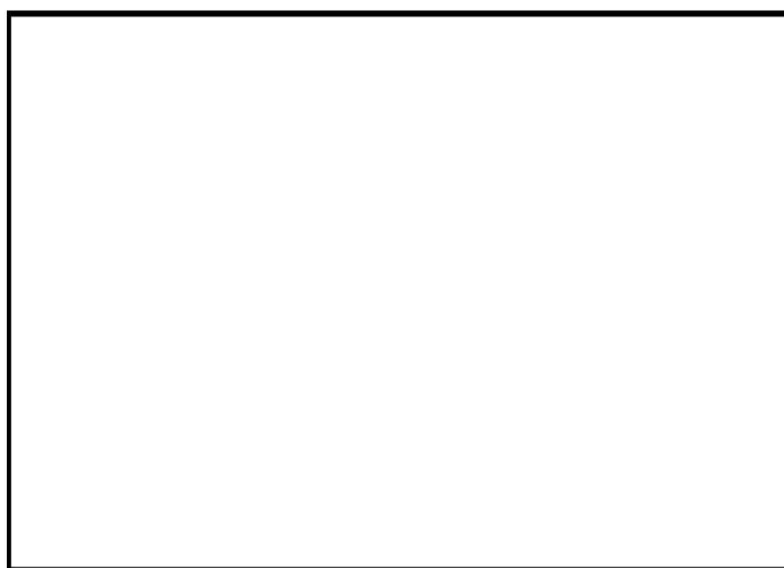
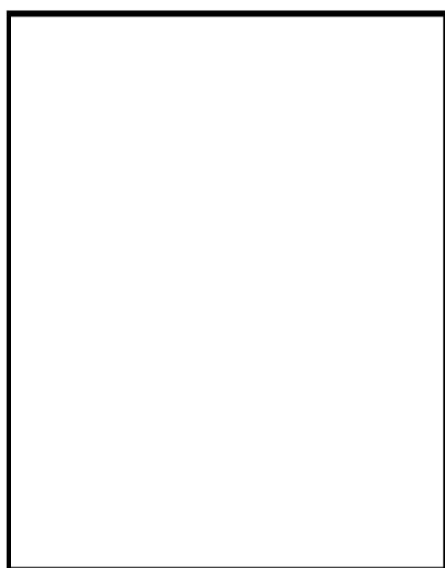
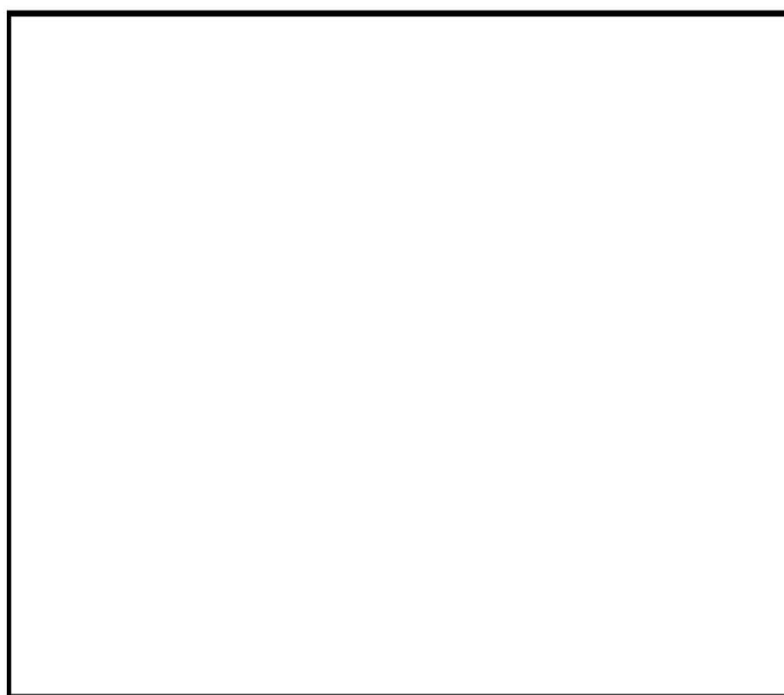
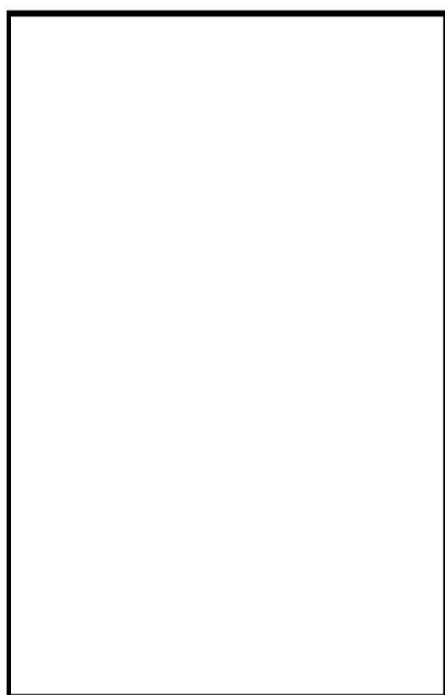
Devotional / Memory Verse:

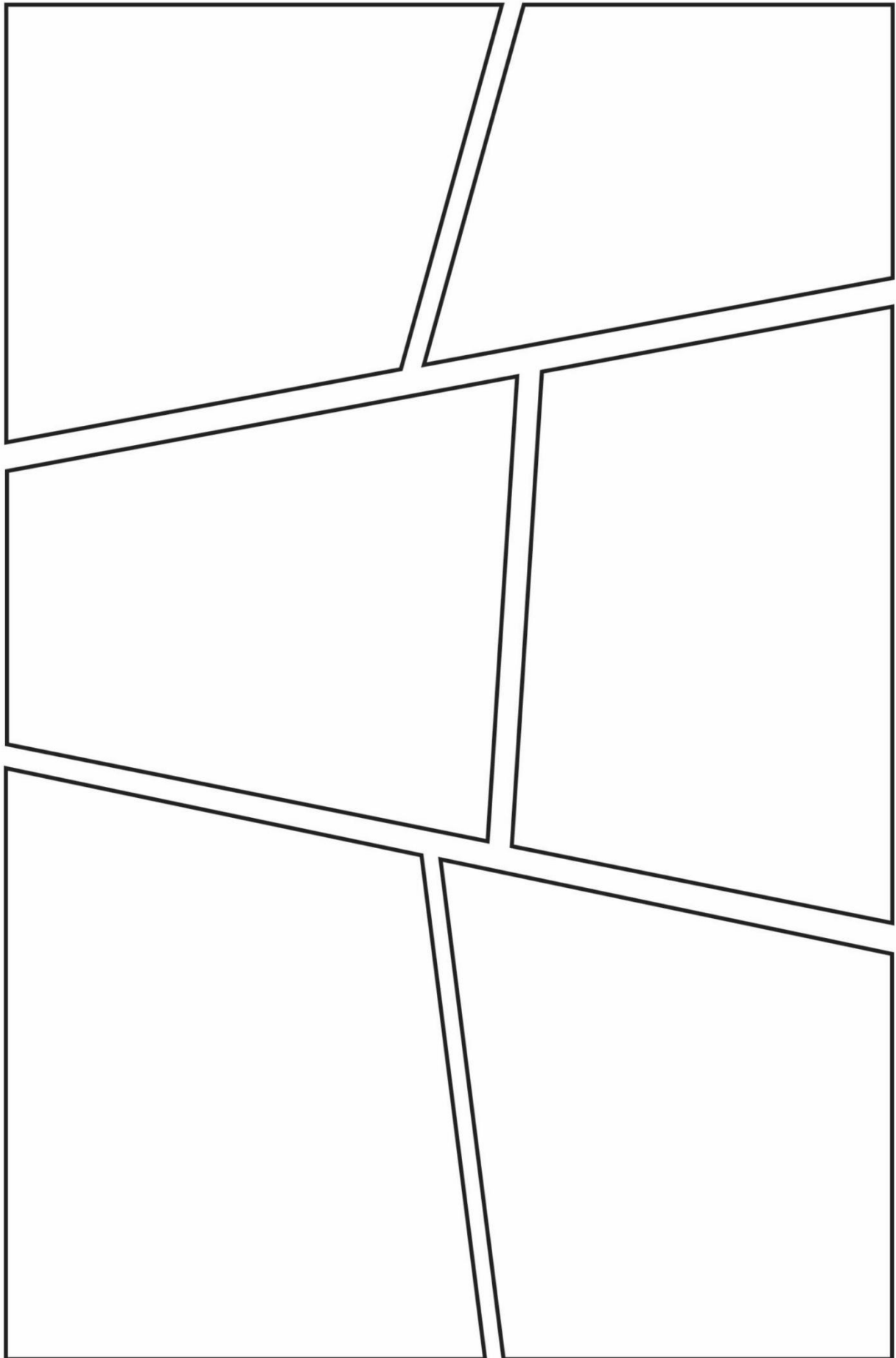
Galatians 5:22–23

The Holy Spirit doesn't just give power for ministry; He also transforms our character to become more like Jesus.

Closing Prayer:

Get young people to pray for each other, that they will receive power from the Holy Spirit





Week #26 - Fellowship and Community (Ages 4-10)

Theme - God's Family Together

Aim

- Learn how the early Church cared for one another.
- Understand that Christians belong to God's family.
- Discover ways to encourage others.

Ice Breaker Game: Human Puzzle

- Give each child a puzzle piece.
 - If there are too many pieces then art complete the puzzle in advance and get the children to finish it
- Only when everyone works together can the picture be completed.
- Discuss how everyone matters.

Interactive Bible Story: The Early Church – Acts 2:42–47

"They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer." — Acts 2:42

You Will Need

- Four signs: **LEARNING, PRAYER, SHARING, EATING TOGETHER**
- Bibles
- Chairs or cushions
- A table with plates, cups and pretend food
- Toy food or real snacks
- A selection of objects representing sharing, such as toys, books or food
- Optional: four large sheets of paper and pens

Set the Scene

"Imagine that you are one of the very first followers of Jesus. Jesus has died, risen again and returned to heaven. The Holy Spirit has come, and thousands of people have decided to follow Jesus. But there is no church building like we might have today. There are no church signs, no Sunday school rooms and no church noticeboards.

- So, what did these new followers of Jesus do?
- They became a community. They became a family.
- Today we are going to travel back in time and discover what life was like for the very first Christians."

Ask:

"What do you think people who follow Jesus should do together?"

Four Corners Activity

- Explain that the room has become the **First Church of Jerusalem**.
- There are four different parts of church life represented by four corners.
- Invite the group to move around the room together, stopping at each corner.
- At each station, read a short section of the story, then complete an activity.

Corner 1: LEARNING

Read or paraphrase **Acts 2:42**:

"They devoted themselves to the apostles' teaching."

Explain:

"The early Christians wanted to learn more about Jesus. The apostles—people who had known Jesus and had been sent out by him—taught them about his life, his death, his resurrection and what it meant to follow him."

Activity: "What Would You Do?"

- "Someone asks you, 'Who is Jesus?'"
- "Your friend asks, 'Why do Christians pray?'"
- "Someone says, 'How do I know the Bible is true?'"
- "You are worried and don't know what to do."

Ask:

"Where could you go to learn more?"

Encourage answers such as:

- Read the Bible
- Ask a trusted Christian
- Talk to a church leader
- Go to church
- Join a Bible study
- Pray and ask God to help us understand

"Following Jesus is a lifelong journey of learning. We never stop discovering more about God."

Corner 2: PRAYER

Read Acts 2:42 says the early Christians devoted themselves to **prayer**.

Explain:

"Prayer was an important part of their life together. They didn't only pray when something went wrong. They prayed regularly. They talked to God, listened to God and brought their hopes, worries and thankfulness to him."

Activity: Prayer Circle

Place four objects in the middle:

- A heart – **People we love**
- A globe – **Our world**
- A church – **Our church family**
- A star – **Things we are thankful for**

Invite children to choose an object and offer a short prayer.

For younger children, use simple sentence starters:

- "Thank you, God, for..."
- "Please help..."
- "Please be with..."
- "God, we pray for..."

Discussion

- Why do you think the early church prayed together?
- Is it easier to pray when other people pray with you?
- How can we pray for our friends this week?

"Prayer reminds us that we don't have to face life alone. We can bring everything to God, and we can pray for one another."

Corner 3: SHARING

Read or paraphrase **Acts 2:44–45**.

Explain:

"The early Christians looked after one another. They didn't just think about themselves. When someone was struggling, others helped. They shared what they had so that people in their community were cared for."

Drama: "Who Needs Help?"

Choose several volunteers to act out different situations.

- **Scenario 1: The Hungry Person**
 - One person says:
 - "I don't have enough food for dinner."
 - Another person responds:
 - "I have some food. Let me share it with you."
- **Scenario 2: The New Person**
 - Someone stands alone while everyone else is talking.
 - Another person notices and says:
 - "Come and sit with us!"
- **Scenario 3: The Person Who Is Struggling**
 - Someone says:
 - "I've had a really difficult week."
 - Another person responds:
 - "I'm sorry. Would you like me to listen?"
- **Scenario 4: The Person Who Needs Help**
 - Someone is struggling to carry several things.
 - Another person says:
 - "Can I help you?"

After each drama, ask:

"What did the person do that showed love?"

"Sharing isn't only about giving away money or possessions. We can share our:

- Time
- Food
- Toys
- Skills
- Attention
- Encouragement
- Friendship
- Prayers

Sometimes the most important thing we can share is **ourselves**—being there for someone who feels lonely."

Challenge

"What is one thing you could share this week to help someone else?"

Corner 4: EATING TOGETHER

Read Acts 2:46 says:

"They broke bread in their homes and ate together with glad and sincere hearts."

Explain:

"The early Christians didn't only meet for serious Bible study. They also ate together! They shared meals, talked, laughed and enjoyed being together."

Set up a table with plates, cups and pretend food—or provide a small snack for everyone.

Activity: "Build the Perfect Church Meal"

Ask the group: "If you could invite anyone to a meal, who would you invite?"

Then ask:

- What food would you have?
- Where would you sit?
- What would you talk about?
- How would you make sure nobody felt left out?

Explain:

"Sharing food can help people feel that they belong. Sitting around a table gives us time to talk, listen and get to know each other."

"What could we do to make people feel welcome?"

Encourage suggestions:

- Say hello
- Introduce ourselves
- Invite them to sit with us
- Ask their name
- Ask about their interests
- Include them in the conversation
- Make sure they have something to eat

Emphasise:

"A church family should be a place where people don't have to wonder, 'Do I belong here?' We want people to know, 'There is a place for me here.'"

Arts & Craft Activity

- Create Friendship Chain
- Each child decorates a paper strip with:
 - Their name
 - A gift or strength God has given them
- Link together to make one large chain.

Devotional / Memory Verse:

- Read Acts 2:46
- God created us to grow together, encourage one another, and share His love.
- Pray for church friends and families.

Week #26 - Belonging and Building Community (Ages 11–18)

Aim

- Explore biblical fellowship.
- Understand the importance of Christian community.
- Consider how to strengthen relationships.

Ice Breaker Game: Survival Challenge

Ask:

"If you were stranded on an island, what five people would you want with you and why?"

Discuss the value of community.

Interactive Bible Study: "We Belong Together: What Makes a Healthy Church Family?"

Bible Passages

- Acts 2:42–47 – The early church
- Hebrews 10:24–25 – Encouraging one another
- Romans 12:4–10 – One body, many gifts

Big Idea: A healthy church is a community where everyone belongs, everyone contributes, everyone is cared for, and everyone is encouraged to grow in following Jesus.

Key Question: "If we could design the healthiest church family possible, what would it look like?"

Introduction: What Makes a Healthy Community?

Begin by asking:

"Think about a community or group where you feel you belong. What makes it a good place to be?"

Examples might include:

- People know your name.
- You are welcomed.
- People listen to you.
- You can be yourself.
- People help each other.
- Everyone gets a chance to participate.
- You are missed when you are not there.
- People celebrate your successes.
- People support you when life is difficult.

Add the above if they don't - Writing responses on a large sheet of paper.

Then ask:

"Do you think a church should be like this? Why?"

Explain:

"The Bible describes the church as more than a building or an organisation. The church is a community of people who belong to Jesus and belong to one another."

Introduce the four areas the groups will explore:

- BELONG - Everyone has a place.
- CARE - People look after one another.
- CONTRIBUTE - Everyone has something to offer.
- GROW - Everyone is encouraged to become more like Jesus.

Bible Exploration: The Early Church

Read Acts 2:42–47

- Ask the group to listen for everything the early Christians **did together**.
- After reading, ask participants to call out what they noticed.

LEARNING They listened to teaching. They learned about Jesus.	PRAYER They prayed together. They sought God together.
SHARING They shared possessions. They helped those in need.	FELLOWSHIP They ate together. They spent time together.

Discussion:

1. What stands out to you about the early church?
2. What did they do that helped people feel they belonged?
3. What would it have felt like to be part of this community?
4. What do you think would have been difficult about living this way?
5. Which part of their life together would you most like to experience?
6. Which of these things does our church already do well?
7. Which area could we improve?

The early church didn't just meet together—they shared their lives together.

Bible Exploration: Encouraging One Another

Read Hebrews 10:24–25

Explain that the writer encourages Christians to:

- Meet together
- Encourage one another
- Help each other grow
- Keep going, even when life is difficult

Ask:

"Why do you think people sometimes stop coming to church or withdraw from Christian community?"

Explore possible reasons:

- Feeling lonely
- Feeling unwelcome
- Being too busy
- Conflict with others
- Feeling judged
- Not knowing anyone
- Difficult experiences
- Thinking church is boring or irrelevant
- Feeling like they don't have anything to contribute
- Life circumstances

Activity: "What Would You Do?"

Give groups a selection of scenarios:

- Scenario A: A new family arrives at church but nobody speaks to them.
- Scenario B: A young person stops coming because they feel nobody notices them.
- Scenario C: Someone is going through a difficult time but doesn't know who they can talk to.
- Scenario D: An older person feels they have nothing to offer the younger generation.
- Scenario E: A child is nervous about joining a new group.

Healthy churches don't just notice who is present. They notice who is missing.

Bible Exploration: One Body, Many Gifts

Read Romans 12:4–10

Explain:

- Paul compares the church to a **body**.
- A body has many different parts, and every part has a purpose.

Ask:

"What would happen if every part of your body tried to do the same job?"

For example:

- What if everyone was an eye?
- What if everyone was a foot?
- What if everyone was a hand?

The answer is that the body wouldn't function properly.

Explain:

"The church is similar. We don't all have the same gifts, personality, age, abilities or interests. That's not a problem—it's part of God's design."

Spiritual Gifts Activity: "What Can I Bring?"

Give everyone a selection of cards with different gifts written on them:

- Encouraging
- Teaching
- Helping
- Listening
- Leading
- Welcoming
- Organising
- Serving
- Creating
- Praying
- Caring
- Giving
- Hospitality
- Making people laugh
- Including others
- Sharing faith

Ask each person:

"Which of these sounds most like something you could contribute to your church family?"

Participants can choose one or two cards.

Then ask:

- How could you use this gift?
- Who could benefit from it?
- What would happen if everyone used their gifts?
- What gifts do we sometimes overlook?

Emphasise that **not all gifts are visible**.

Someone who:

- Prays faithfully
- Notices lonely people
- Makes tea
- Listens to someone
- Welcomes newcomers
- Encourages volunteers
- Helps behind the scenes

May be making an enormous contribution to church life.

Everyone has something to offer, and everyone needs the gifts of others.

Arts & Craft Activity - Create a "Healthy Church" Blueprint

Split into small groups and give each group a large sheet of paper.

Tell them:

"Imagine you have been asked to design a new church community. Your job is to create a blueprint for the healthiest church family you can imagine."

Divide the blueprint into six sections:

1. FOUNDATIONS – What Do We Believe?

- What should a healthy church be built on?
Jesus • Bible • Prayer • God's love • Grace • Faith • Worship

2. DOOR – How Do People BELONG?

- What helps people feel welcome?
Friendly welcome • Inclusion • Clear information • Accessibility • Friendship • Remembering names

3. ROOMS – Where Do People CONNECT?

- Where can people build relationships?
Small groups • Children's and youth groups • All-age worship • Shared meals • Social and community activities

4. HEART – How Do We CARE?

- How do we support people through life?
Prayer • Listening • Practical help • Encouragement • Pastoral care • Supporting families • Celebrating together

5. TOOLBOX – What Can Everyone CONTRIBUTE?

- What gifts can people bring?
Teaching • Music • Creativity • Hospitality • Leadership • Prayer • Practical skills • Welcoming • Caring

6. GARDEN – How Do We GROW?

- How do we help people grow in faith?
Bible study • Prayer • Worship • Discipleship • Mentoring • Serving • Learning together • Sharing faith

Devotional / Memory Verse

- Hebrews 10:24–25

Faith grows best in community. God designed us to support, encourage, and strengthen one another.

Closing Prayer

God, thank you that you have made us to belong to one another. Thank you that every person is valuable and that everyone has something to offer. Help us to be a church where people are welcomed, cared for, encouraged and included. Help us to use our gifts to serve others and to build one another up. Show us who needs our encouragement this week and give us the courage to reach out. Amen.

Week #27 - Peter and Bold Faith - Children (Ages 4–10)

Theme: Being Brave for Jesus

Aim

- Learn about Peter's faith journey.
- Understand that God can use ordinary people.
- Discover courage through God's help.

Ice Breaker Game: Blindfolded Courage Walk

- Create a simple obstacle course, that children do while blindfolded
- Children complete it while being hugely encouraged by teammates.
- Discuss how encouragement helps us be brave.

Interactive Bible Story: Peter Walks on Water

- Bible Passage: Matthew 14:22–33
- Key Message: *We can be brave because Jesus is with us.*

What You Need:

- A large piece of blue fabric or blue sheets to represent the sea
- A chair or cardboard box to represent the boat
- Optional: paper waves or blue scarves
- A fan to create wind (optional)
- A picture or toy of a boat (optional)

Set the Scene:

- Place the blue fabric across the floor.
- Ask the children: "Have you ever been somewhere that was dark, noisy or a little bit scary?"
 - Allow a few children to share their experiences.
- Say: "Today we're going to hear about a time when Jesus' friends were in a boat. It was dark, the wind was blowing, and the water was very rough. They were frightened. Then they saw something they didn't expect!"
- Tell the children: "I need your help to tell the story. When I say '**Waves!**', everyone make the waves move. When I say '**Wind!**', everyone whooshes like the wind. When I say '**Boat!**', everyone rocks from side to side. When I say '**Be brave!**', everyone says, 'Jesus is with me!'"
- Practise the actions together.

Tell the Story – The Script:

Part 1: Jesus Sends the Disciples Away

- Leader: "One day, Jesus had been teaching a huge crowd of people. When evening came, Jesus told His disciples to get into a boat and go across the lake."
 - Invite several children to sit or stand inside the boat.
- "Let's pretend we are the disciples. Everyone climb into the boat!"
 - Children pretend to row.
- Leader: "Row, row, row your boat!"
 - Children pretend to row.
- "The disciples waved goodbye to Jesus. Jesus stayed behind because He wanted to spend some quiet time praying."
 - Ask: "What do you think the disciples were expecting to happen?"

Part 2: The Storm Comes

- Suddenly, shake the blue fabric gently.
- Leader: "But while the disciples were out on the lake... the wind began to blow!"
- Children: "Whoooooosh!"
 - Shake the fabric more strongly.
- "The waves began to get bigger!"
 - Children make big waves with the fabric.
- "The boat began to rock!"
 - Children rock from side to side.
- "The disciples were in the middle of the lake. It was dark. The wind was blowing. The waves were crashing around them."
- Ask: "How do you think the disciples felt?"
 - Encourage answers such as scared, worried, frightened, nervous.
- Say: "Let's all make our best frightened face!"
 - Give children a moment to act it out.

Part 3: Someone Is Walking on the Water!

- Leader: "Then, in the middle of the night, the disciples saw something coming towards them."
 - Pause dramatically.
- "It looked like... a person!"
 - Children look towards the edge of the room.
- "The disciples were terrified!"
 - Children make a surprised face.
- "They shouted..."
- Everyone: "It's a ghost!"
- Say: "But then they heard a familiar voice."
 - Pause.
- "Don't be afraid. It is I."
- Ask: "Who do you think it was?"
- Children: "Jesus!"
- Say: "It was Jesus! He was walking on the water towards them!"
 - Invite one child to pretend to be Jesus and walk carefully around the blue fabric.

Part 4: Peter Steps Out of the Boat

- Say: "Peter wasn't sure what to think. But then Peter said to Jesus..."
 - Invite the children to repeat:
- "Jesus, if that's really you, tell me to come to you on the water!"
- Jesus said: "Come!"
- Ask: "What do you think Peter did?"
 - Let the children respond.
- "Peter climbed out of the boat!"
 - Invite a child to carefully step out of the "boat."
- "Peter put his foot on the water..."
 - Pause.
- "And then another foot..."
 - Pause.
- "And Peter began to walk towards Jesus!"
 - Everyone celebrates:
- "Go, Peter! You can do it!"

- Have the children make encouraging gestures and cheer.

Part 5: Peter Looks at the Storm

- Say: "Peter was walking towards Jesus. He was doing something amazing!"
- Ask: "Who was Peter looking at?"
- Children: "Jesus!"
- "But then Peter looked around."
 - Shake the fabric and make the waves bigger.
- "He saw the huge waves."
 - Children make waves.
- "He felt the strong wind."
- Everyone: "Whoooooosh!"
- "And suddenly Peter became afraid."
- Ask: "What do you think happened when Peter stopped looking at Jesus and started looking at the storm?"
- Say: "Peter began to sink!"
 - Have the child playing Peter crouch down slowly.
- Peter shouts: "Jesus, save me!"

Part 6: Jesus Helps Peter

- Say: "Immediately, Jesus reached out His hand and caught Peter."
- Invite the child playing Jesus to help Peter stand up.
- Jesus says: "You of little faith, why did you doubt?"
- Explain simply: "Jesus wasn't trying to be mean to Peter. Jesus was helping Peter learn something important. Peter had been brave when he trusted Jesus. But when he focused on the storm, he became afraid."
- Ask: "Did Jesus leave Peter when he was afraid?"
- Children: "No!"
- "Did Jesus help Peter?"
- Children: "Yes!"
- Say together: "Jesus was with Peter—and Jesus is with us too!"

Discussion:

1. Why were the disciples afraid?

Encourage children to think about:

- It was dark.
- There was a storm.
- The waves were big.
- They didn't know who was walking towards them.

Ask: "Have you ever felt scared because you didn't know what was going to happen?"

2. Why did Peter become afraid?

Explain: "At first, Peter was looking at Jesus. But then he started looking at the storm."

Ask: "What things can make us take our eyes off Jesus?"

Examples might include:

- Worrying about what others think.
- Feeling alone.
- Being afraid of making mistakes.
- Facing something new.
- Having a difficult day.

3. What happened when Peter focused on Jesus?

Help the children see that Peter was able to step out of the boat and do something incredibly courageous.

Ask: "What do you think helped Peter be brave?"

Emphasise: "Peter wasn't brave because there was no storm. He was brave because he trusted Jesus in the middle of the storm."

4. What helps us be brave?

Create a list together:

- I can be brave when I...
 - Pray.
 - Remember that Jesus is with me.
 - Ask someone I trust for help.
 - Remember God's promises.
 - Take one small step at a time.
 - Encourage someone else.
 - Remember that being brave doesn't mean never feeling scared.

5. How can Jesus help us when we are scared?

Explain: "Jesus doesn't always make the scary situation disappear immediately. But Jesus promises that He is with us. We can talk to Him, trust Him and ask Him to help us."

Ask: "What could you say to Jesus when you're scared?"

Encourage simple prayers such as:

"Jesus, please help me."

"Jesus, I'm scared. Help me to trust You."

"Jesus, thank You for being with me."

Arts & Craft Activity - Faith Boat

Create paper boats. See the attached instructions

Write on them:

- Things we trust God with
- Situations where we need courage

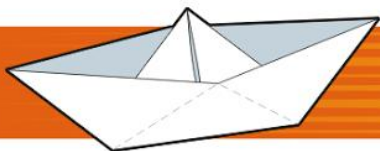
Top Tip – Practice making the boats beforehand so you can show the children

Devotional / Memory Verse:

Matthew 14:29 - Peter wasn't brave because he was perfect. He was brave because Jesus was with him.

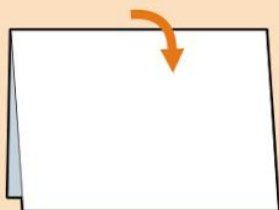
Closing Prayer:

"Jesus, thank You that You are always with us. When we feel afraid, help us to remember You. Help us to trust You like Peter did. Help us to be brave and to know that we don't have to face difficult things on our own. Thank You for reaching out Your hand and helping us. Amen."



How to make a paper boat

1



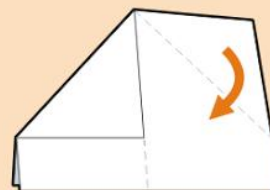
Start with an A4 sheet of paper.
Fold in half, top to bottom.

2



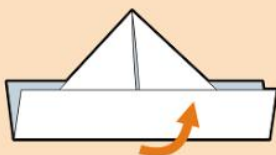
To find centre, fold in the
other direction and unfold.

3



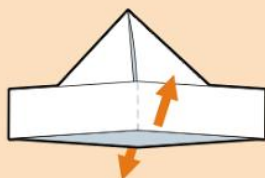
Fold corners down
using centre fold as a guide.

4



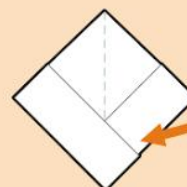
Fold flaps up on
both sides.

5



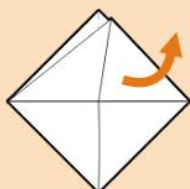
Put thumbs in middle
and open out...

6



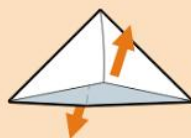
...until it makes a square.
Tuck corners of one flap
under the other.

7



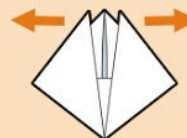
Fold up at both sides.

8



Put thumbs in middle
and open out again...

9



...until it makes a square.
Pull corners out...

10



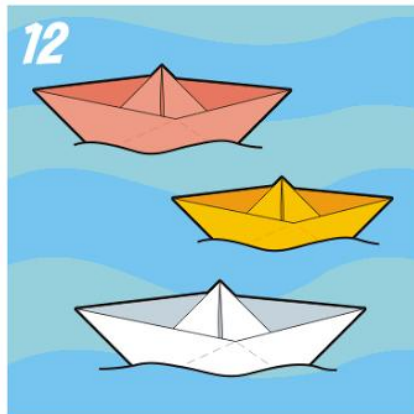
... and press flat.

11



Open out to make boat shape.

12



Week #27 - Peter and Bold Faith - Young People (Ages 11–18)

Aim

- Explore Peter's transformation.
- Understand how God uses imperfect people.
- Encourage courageous faith.

Ice Breaker Game: Step Out Challenge

Place a line across the room.

Read statements: (you'll find loads of additional ones attached)

"Step over the line if..."

- You've tried something difficult.
- You've stood up for someone.
- You've felt nervous but done it anyway.

Discuss courage.

Optional Deeper Reflection

You could finish with a few statements where young people step over the line and stay there:

- "Step over the line if you think courage means doing something even when you're afraid."
- "Step over the line if you think you can be courageous without having all the answers."
- "Step over the line if you think having someone encourage you makes it easier to be brave."
- "Step over the line if you think Jesus can help us when we feel afraid."
- "Step over the line if there is something you would like to be more courageous about."

Transition into the Bible Story

After the final statement, gather everyone together and say:

- "Sometimes courage means stepping out of our comfort zone. Sometimes it means standing up for someone else. And sometimes it means trusting God when we don't know what will happen next. Today we're going to look at someone who literally stepped out of a boat because he trusted Jesus."

Transition into Peter walking on water in Matthew 14:22–33.

Interactive Bible Study: Peter's Journey – From Fear to Bold Faith

Key Message: Following Jesus is a journey. We may get things wrong, but Jesus doesn't give up on us.

God can grow our faith and use us in powerful ways.

Bible Passages:

- Matthew 14:22–33 – Peter walks on water
- Luke 22:54–62 – Peter denies Jesus
- Acts 2:14–41 – Peter preaches at Pentecost

Starter: Where Are You on the Journey?

Place three signs around the room:

- CONFIDENT
- NOT SURE
- STRUGGLING

Ask young people to stand by the sign that best describes how they sometimes feel about their faith?

Explain: "Peter was one of Jesus' closest disciples, but his journey wasn't always straightforward. Sometimes he was incredibly brave. Sometimes he was terrified. Sometimes he got things completely wrong. But God wasn't finished with him."

Ask:

- What might make someone confident in their faith?
- What might make someone struggle?
- Can someone have strong faith and still have doubts or make mistakes?

Say: "Today we're going to follow Peter's journey and see how God changed him."

Peter's Journey: Three Moments of Growth:

Stage 1: Peter Walks on Water

Read Together Matthew 14:22–33

Ask: "What do you notice about Peter in this story?"

Encourage answers such as:

- He was willing to take a risk.
- He trusted Jesus.
- He stepped outside his comfort zone.
- He became afraid.
- He took his eyes off Jesus.
- He cried out for help.
- Jesus rescued him.

Interactive Activity: Step Out

- Place a line on the floor.
- Ask: "If you were Peter, would you have stepped out of the boat?"
 - One side of the room = Definitely!
 - The other side = No way!
- Young people position themselves somewhere along the line.

Discuss:

- Why did you choose that position?
- What are the 'boats' that keep young people feeling safe today?

Possible answers:

- Fear of embarrassment
- Fear of failure
- Peer pressure
- Fear of what others think
- Comfort zones
- Social media
- Anxiety about the future

Explain: "Peter's first step of courage wasn't about being fearless. It was about trusting Jesus enough to take the next step."

Stage 2: Peter Denies Jesus

- Read together Luke 22:54–62
- Ask the young people to imagine the scene.
- Read the three moments when Peter is questioned about knowing Jesus.
 - After each one, pause and ask:
 - "What would you have done?"
 - Give the group three choices:

- I would have admitted it.
- I'm not sure.
- I might have denied it too.

- The young people move to the appropriate part of the room.

Discuss:

- Why was Peter afraid?
- What pressure was Peter under?
- Why can it be difficult to admit you are a Christian?
- What kinds of pressure do young Christians experience today?

Optional - Think About It - Challenge:

Ask: Have you ever stayed quiet about what you believe because you were worried about what people might think?

There is no need for anyone to share personal experiences if they don't want to.

Explain: Peter's failure didn't mean his story was over. Jesus knew Peter would fail, but Jesus still loved him.

Stage 3: Peter at Pentecost

Read selected verses from Acts 2, particularly verses 14–16 and 22–24, 36–39.

Ask: What is different about Peter now?

Compare the two scenes:

Peter in Luke 22	Peter in Acts 2
Afraid	Bold
Hiding	Standing publicly
Denying Jesus	Proclaiming Jesus
Worried about people	Speaking to a crowd
Under pressure	Courageous
Alone	Empowered by the Holy Spirit

Ask: What changed?

Help the group identify:

- Peter had experienced Jesus' resurrection.
- Peter had been restored.
- Peter had received the Holy Spirit.
- Peter understood his mission.
- Peter was no longer relying only on his own strength.

Say: "Peter didn't become bold because he suddenly became a perfect person. He became bold because God was at work in him."

Discussion: What Does Bold Faith Look Like Today?

Divide into small groups or discuss together.

How did Peter change?

Look for the movement from:

- Impulsive → purposeful
- Fearful → courageous
- Hiding → speaking publicly
- Relying on himself → relying on God's Spirit

What mistakes did Peter make?

Peter:

- Acted impulsively.

- Took his eyes off Jesus.
- Struggled with fear.
- Denied Jesus.
- Failed when under pressure.

Ask: "Why is it important that the Bible doesn't hide Peter's failures?"

Discuss how this shows that:

- The Bible is honest about people's weaknesses.
- God uses imperfect people.
- Failure doesn't have to define our future.

How did God continue to use Peter?

Ask: "What does this tell us about how God sees our mistakes?"

Emphasise: "God doesn't excuse our mistakes, but He can forgive us, restore us and help us grow."

What does bold faith look like today?

- Ask for examples, maybe from their own lives

Arts & Craft Activity: Peter's Journey Timeline

Divide the young people into three groups.

Give each group one of the following passages:

- Group 1 – The Risk Taker - Matthew 14:22–33 - Peter walks on water.
- Group 2 – The Failure - Luke 22:54–62 - Peter denies Jesus.
- Group 3 – The Bold Witness - Acts 2:14–41 - Peter preaches at Pentecost.

Give each group a large sheet of paper and ask them to create a "Peter's Journey" poster containing:

1. What happened?
2. What was Peter feeling?
3. What did Peter do?
4. What did Peter get right?
5. What did Peter get wrong?
6. What did Peter learn?
7. Where can we see God at work?

Encourage them to use drawings, emojis, symbols, speech bubbles or short phrases rather than simply writing lots of text.

After they are done (or if time runs out), ask each group presents its section.

As they present, place the three posters/sections in order:

WALKING ON WATER → DENYING JESUS → PENTECOST

Final Challenge: One Step of Faith

Give each young person a small piece of paper.

Ask them to complete: "One step of bold faith I could take this week is..."

Examples:

- Pray with a friend.
- Encourage someone who is struggling.
- Stand up for someone.
- Be honest about being a Christian.
- Invite someone to church or youth group.
- Say no to something I know isn't right.
- Ask God to help me with something I'm afraid of.
- Apologise to someone I've hurt.
- Read the Bible and pray regularly.

They don't have to share their answer.

Place the papers around a cross or Bible as a symbol of offering their next step to God.

Closing Reflection

Read slowly:

- Peter wasn't perfect.
- Peter was sometimes afraid.
- Peter made mistakes.
- Peter failed Jesus.
- But Peter's story didn't end there.
- Jesus forgave him.
- The Holy Spirit empowered him.
- And God used him to make a difference.

Then ask:

"If God could use Peter after his failures, what might God want to do through you?"

Finish with:

"Bold faith isn't about being fearless or perfect. It's about trusting Jesus, relying on the Holy Spirit and taking the next step—even when we're afraid."

Closing Prayer:

Jesus, thank You for Peter's story. Thank You that You don't give up on us when we make mistakes or feel afraid. Help us to learn from Peter's journey. Give us courage when we are under pressure, forgiveness when we fail, and boldness through the Holy Spirit to live for You. Show us the next step You want us to take. Amen.

Here are some additional **"Step Over the Line If..."** statements suitable for young people aged **11–18**. They start light and gradually move towards deeper reflection on courage, faith and standing up for others.

Light & Fun

- You've tried something completely new.
- You've done something you thought you couldn't do.
- You've performed in front of other people.
- You've spoken to someone you didn't know.
- You've got lost and had to find your way.
- You've tried a new food even though you weren't sure you'd like it.
- You've taken part in a competition.
- You've had to make a difficult decision.
- You've gone on a scary ride.
- You've done something just because your friends encouraged you.

Courage & Challenges

- You've kept going when something was really difficult.
- You've admitted when you were wrong.
- You've apologised first.
- You've asked someone for help when you needed it.
- You've tried again after failing.
- You've done the right thing even when it was unpopular.
- You've told someone how you really feel.
- You've had to make a difficult choice.
- You've faced a fear.
- You've done something even though you were worried about what others might think.
- You've walked away from something you knew wasn't right.
- You've stood up for what you believe in.
- You've defended someone who was being treated unfairly.
- You've spoken up when everyone else was staying quiet.
- You've chosen not to join in when your friends were doing something wrong.

Faith & Christian Courage

- You've prayed when you were worried.
- You've asked God for help when you've been afraid.
- You've trusted God when you didn't know what would happen next.
- You've talked about your faith with someone else.
- You've invited someone to church or a Christian event.
- You've prayed for someone else.
- You've stood up for your Christian beliefs.
- You've done something because you believed God wanted you to.
- You've found it difficult to follow Jesus because of what others might think.
- You've wondered whether you were brave enough to live out your faith.
- You've chosen kindness when it would have been easier to ignore someone.
- You've encouraged someone who was struggling.
- You've felt God helping you through a difficult situation.

Week #28: Paul's Missionary Journeys - Children (Ages 4–10)

Theme: Sharing Jesus Everywhere

Aim

- Learn about Paul's travels.
- Understand that God's message is for everyone.
- Discover ways to share God's love.

Ice Breaker Game: Around the World Relay Race

Set up stations representing different places, around the room or outside area, with children split up to be placed at each station (add more stations, if you have more children or double up, or put into teams) You could call them:

1. London
2. Kenya
3. India
4. Brazil
5. Japan
6. Australia
7. Etc

Children must travel between them carrying a "Good News" message, you could:

- Write the words 'Good News' on a very long stick/bamboo cane
- Write each letter of the words 'Good News' on individual show boxes, which they have to balance
- Write 'Good News' on an egg (hard boiled) and do egg and spoon races
- Or a combination of the above

Interactive Bible Story: Paul's Missionary Journeys

Acts 13–28 — Taking the Good News to the World

What You Will Need

- A large map of Paul's missionary journeys
- The five location markers:
 - Antioch
 - Cyprus
 - Philippi
 - Athens
 - Rome
- Place the large map where everyone can see it.
- Give each location a large marker or flag.
- Tell the children: "Today we are going on a journey—not in a car, bus or aeroplane, but through the pages of the Bible! We are going to follow Paul as he travelled from place to place telling people about Jesus."



Introduction: Who Was Paul?

"Paul was a man who travelled a lot. But he wasn't travelling just to go sightseeing. Paul had an important mission. He wanted people everywhere to hear the Good News about Jesus."

Ask: "If you had an important message that everyone needed to hear, how would you deliver it?"

Allow answers:

- Phone
- Text
- Social media
- Letter
- Visit someone
- Tell them face-to-face

Explain: "Paul didn't have phones, cars, planes or the internet. He travelled by walking and sailing. His journeys could take a very long time. Sometimes the journey was dangerous. But Paul kept going because he believed the message about Jesus was too important to keep to himself."

STOP 1: ANTIOCH - The Journey Begins

- Read: Acts 13:1–3
- Point to Antioch on the map.
- Say: "Our journey begins in Antioch. Paul and Barnabas were part of a church here. The church prayed together and worshipped God. Then God called Paul and Barnabas to go and share the Good News with people in other places."
- Ask: "How do you think Paul felt when he was told he had to leave home and go somewhere new?"
- Explain: "Paul probably had lots of feelings, but he trusted God. He knew that God was sending him."

STOP 2: CYPRUS - Meeting New People

- Read: Acts 13:4–12
- Move your finger or a piece of string from Antioch to Cyprus.
- Say: "Paul and Barnabas sailed across the sea to Cyprus. They travelled from place to place telling people about Jesus. They met people they had never met before and talked to them about God's love."
- Explain that Paul was learning how to communicate the Good News to different people.
- Then say: "Paul had to meet lots of new people. He didn't know who he would meet next. He had to listen, talk and build relationships."
- Ask: "What helps us make friends with someone new?"
 - Possible answers:
 - Saying hello
 - Listening
 - Being kind
 - Sharing
 - Including people
 - Asking questions

STOP 3: PHILIPPI - When Things Get Difficult

- Read: Acts 16:11–40
- Move across the map to Philippi.
- Say: "Paul continued his journey and arrived in Philippi. Here he met a woman named Lydia, who listened to Paul's message about Jesus. Paul also met other people and shared the Good News with them."
- Then explain: "But not everyone was happy about what Paul was doing. Paul and Silas were treated badly and put in prison."
- Say: "Imagine Paul and Silas sitting in prison. They could have decided, 'That's it! We're giving up.' But they didn't."
- Ask: "What do you think they did?"

- Explain: "They prayed and worshipped God."
- Then say: "Even when Paul faced difficulties, he didn't forget that God was with him."

STOP 4: ATHENS - Telling People About Jesus

- Read: Acts 17:16–34
- Move to Athens.
- Say: "Athens was a famous city full of people, ideas and different beliefs. Paul looked around the city and saw lots of statues and places where people worshipped different gods."
- Paul went to a place called the Areopagus, where people gathered to talk about ideas.
- Ask: "What do you think Paul did?"
- Explain: "Paul didn't simply shout at everyone. He talked to people. He listened to what they believed and then explained who Jesus was."
- Ask: "If you had just 10 seconds to tell someone why Jesus is important to you, what might you say?"
 - Children can give short answers such as:
 - "Jesus loves us."
 - "Jesus forgives us."
 - "Jesus is always with us."
 - "Jesus gives us hope."
 - "Jesus wants us to love others."
- Explain: "We don't all have to preach like Paul. We can share God's love in simple ways—by what we say, how we treat people and how we live."

STOP 5: ROME - The Journey Continues

- Read Acts 28:16–31
- Move to Rome.
- Say: "After many journeys and many challenges, Paul eventually arrived in Rome."
- Ask: "Do you think Paul's journey was easy?" *No*
- Ask: "Did Paul stop?" *No*
- Say: "Paul had faced storms, opposition, imprisonment and many other challenges. But when he arrived in Rome, he continued telling people about Jesus."
- Explain: "The journey didn't end just because Paul arrived at Rome. He continued sharing the Good News with the people around him."
- Say: "Look at the journey Paul made. He travelled a long way. He met thousands of people. He faced difficult situations. But everywhere he went, Paul looked for opportunities to tell people about Jesus."

Discussion:

Why did Paul travel so much?

- Encourage children to discover that:
- Paul travelled because he believed God had called him to tell people about Jesus.
- Follow-up: "Who were the people Paul wanted to reach?"
- Answer: Everyone!

What challenges did Paul face?

- Children might remember:
 - Long journeys
 - Sailing across the sea
 - Dangerous situations
 - People disagreeing with him
 - Being treated badly

- Being put in prison
- Being separated from friends
- Ask: "Which challenge do you think would have been hardest for you?"

Why didn't Paul give up?

- Guide children towards:
 - Paul trusted God.
 - Paul knew Jesus had called him.
 - Paul believed the Good News was important.
 - Paul knew God was with him.
 - Paul wanted others to know about Jesus.

How can we share God's love?

- Encourage practical answers:
 - Be kind to someone who feels left out.
 - Invite someone to join in.
 - Help someone who is struggling.
 - Forgive someone.
 - Pray for a friend.
 - Tell someone that God loves them.
 - Invite someone to church or a Christian activity.
 - Stand up for someone being treated unfairly.

Emphasise: Sharing God's love isn't only about talking. We share God's love by the way we live, the way we treat people and the words we choose to use.

Final Challenge: "Where Is Your Mission Field?"

- Ask: "If Paul's mission field was the places he travelled, where is your mission field?"
- Invite children to write or draw one place:
 - My home
 - My school
 - My sports team
 - My friendship group
 - My neighbourhood
 - My church

Say: "Paul travelled around the world he knew to share God's love. We might not travel as far as Paul, but God has placed each of us somewhere. We have people around us who need kindness, friendship, hope and Love"

Arts & Craft Activity: Mission Suitcase

Using the paper suitcase, see attached.

Get children to decorate, with drawings or words showing:

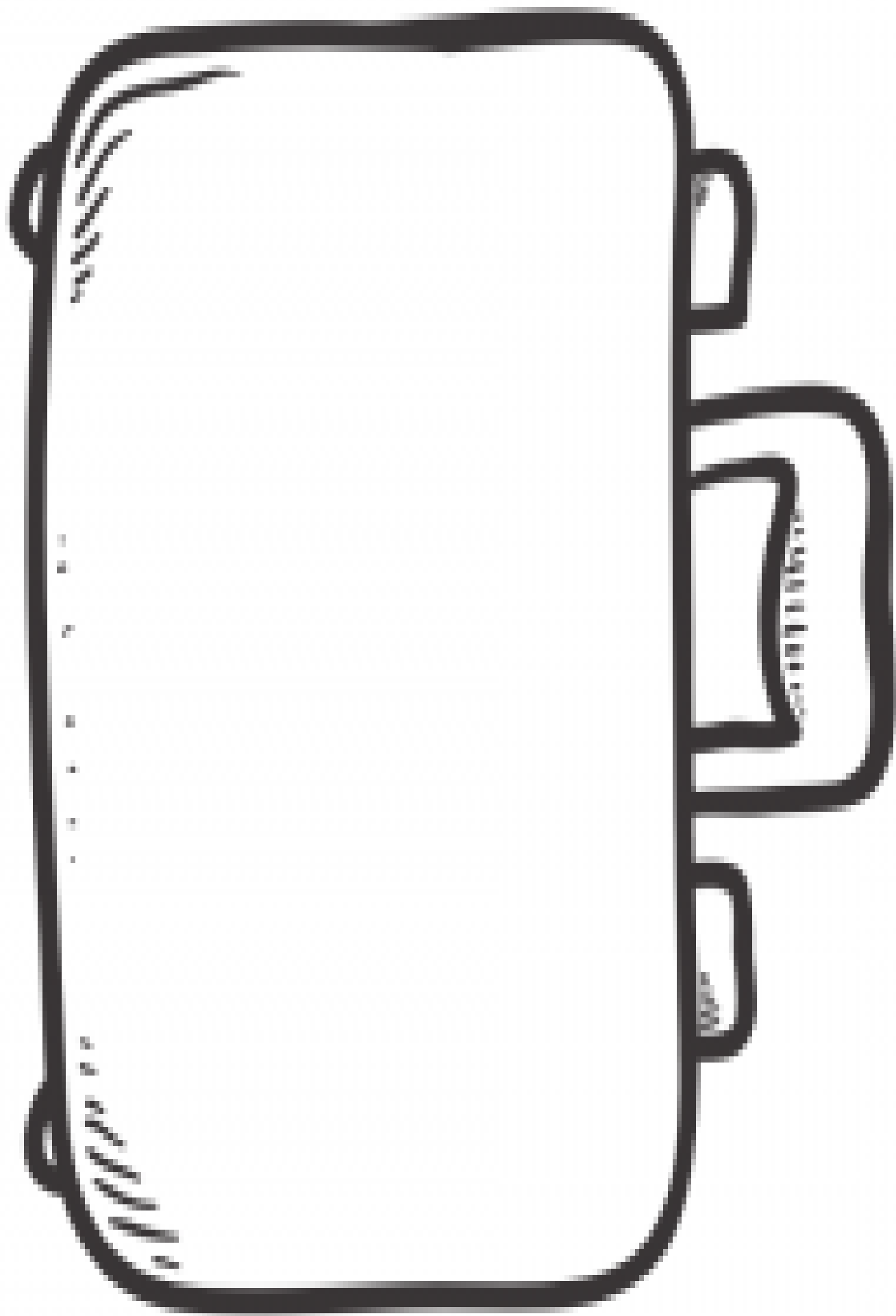
- What Paul might pack?
- Ways we can share God's love today?

Devotional / Memory Verse:

"Go into all the world and preach the gospel to all creation." - Mark 16:15

Closing Prayer:

"God, thank you for Paul and the way he shared the Good News about Jesus. Thank you that he didn't give up when things became difficult. Help us to be brave, kind and loving. Show us the people around us who need to know your love. Help us to share the Good News through what we say and what we do. Amen."



Week #28: Living on Mission - Young People (Ages 11–18)

Aim

- Explore Paul's missionary journeys.
- Learn about perseverance and purpose.
- Consider personal mission opportunities.

Ice Breaker Game: The £100 Travel Challenge:

The Challenge

"Your team has been given £100. You need to travel from London to a destination in the UK. You have to work out how to get there, where you will sleep, what you will eat and how you will get home. You have £100 in total – and you can't spend any more!"

- The aim is to make the journey realistic, not necessarily luxurious!
- Divide the group into teams and give each team a destination.
 - Possible Destinations
 - Edinburgh
 - Brighton
 - Newquay
 - Snowdonia
 - Manchester
 - Bristol
 - York
 - Liverpool

For realism, you can give each team a different starting point or say that everyone starts from London.

Your £100 Budget - Each team must divide their £100 between:

Expense	Budget
 Travel there	£__
 Local transport	£__
 Accommodation	£__
 Food and drinks	£__
 Activity	£__
 Emergency money	£__
TOTAL	£100

Rules:

1. You must return home within your £100 budget.
2. You need to eat at least three meals a day.
3. You need somewhere safe to sleep.
4. You must include the cost of getting around at your destination.
5. You can choose free activities such as walking, visiting a park or exploring the town.
6. You can make sensible choices to save money—for example, bringing food from home.
7. You cannot simply say, "We'll walk everywhere" if the distance is unrealistic!
8. You must keep at least £5 for emergencies.

Give the teams 5–7 minutes to create their travel plan.

The Unexpected Obstacle!

- Once the teams have planned their journey, introduce an unexpected problem.
- Give each team one Obstacle Card:
 - Transport Problem
 - Your train home is cancelled.
You need to find another way home without spending more than your remaining money.
 - Budget Problem
 - You discover that your travel costs £20 more than you expected.
What will you cut from your plans?
 - Weather Problem
 - It rains all day.
Your main activity was outdoors. What can you do instead?
 - Accommodation Problem
 - Your accommodation is unavailable.
You need to find another affordable place to stay.
 - Technology Problem
 - Your phone battery dies.
You are trying to find your way around. What do you do?
 - Health Problem
 - One person in your group isn't feeling well.
How will you change your plans?
 - Food Problem
 - You have spent more on food than expected.
How will you make the rest of your money last?
- Give teams 2–3 minutes to rethink their plans.

Discussion:

- What was the hardest part of planning the journey?
- Was £100 enough? Why or why not?
- What did you have to sacrifice to stay within budget?
- What happened when something didn't go according to plan?
- Did your team disagree about anything? How did you decide what to do?
- What helped you keep going when your original plan didn't work?

Say:

"Sometimes life can feel like a journey. We might have a destination or a goal in mind, but things don't always go according to plan. We face obstacles, unexpected problems and moments when we wonder whether we can keep going. The important thing is how we respond. We can give up, or we can adapt, ask for help and keep moving forward. As we explore today's Bible story, we're going to think about what it means to keep going when the journey gets difficult."

Interactive Bible Study: Paul – A Journey of Faith

Key Theme: God can use us wherever we are, even when the journey is difficult.

Bible Passages:

- Acts 9 – Paul's conversion
- Acts 16 – Paul in Philippi
- Acts 17 – Paul in Athens
- Acts 27 – Paul's shipwreck

Explain:

- "Paul's journey as a follower of Jesus was an adventure. He travelled to different places, met different people and faced some huge challenges. Today, we're going to follow his journey and discover how God worked through every part of it."
- Divide the young people into four groups and set up four stations around the room.
- Give each group a Missionary Travel Journal – a sheet of paper divided into four sections. At each station, they record their discoveries.
- Groups spend approximately 3–4 minutes at each station before moving on.
- See attached Station Cards

Discussion:

- What motivated Paul?
 - His experience of meeting Jesus.
 - His love for Jesus.
 - His desire to share the gospel.
 - His understanding that Jesus had given him a purpose.
- How did he handle opposition?
 - Paul didn't pretend that opposition was easy. He faced rejection, imprisonment, danger and hardship. But he continued to trust God and look for opportunities to share his faith.
- What helped Paul keep going when things went wrong? And What can we learn from his perseverance?
 - Prayer
 - Trusting God
 - Knowing his purpose
 - Encouragement from other Christians
 - Remembering that God was with him
- Where has God placed us to be witnesses?
 - Where is your mission field?
 - Examples might include:
 - Being kind to someone who feels left out.
 - Standing up for someone who is being treated unfairly.
 - Inviting someone to church or youth group.
 - Listening to a friend who is struggling.
 - Explaining why faith matters to you.
 - Choosing to live differently because of your relationship with Jesus.

Arts & Craft Activity - Mission Map

Vision Board:

Create a map showing:

- School
- Sports clubs
- Friendships
- Online spaces
- Community groups

Identify opportunities to demonstrate and share faith. Using the template or young people can create their own.



Key Message:

Paul's journey wasn't easy, but he never travelled it alone. God used Paul in prisons, cities, conversations and even storms. God can use us wherever He has placed us too.

Devotional / Memory Verse:

"I have fought the good fight, I have finished the race, I have kept the faith." - 2 Timothy 4:7

Paul's life reminds us that following Jesus is a journey of faithfulness, courage, and perseverance. God can use ordinary people to make an extraordinary difference.

Closing Prayer

"God, thank you for Paul's example of courage and perseverance. Help us to trust you when life is difficult. Give us courage to share our faith and show your love to the people around us. Help us to remember that wherever we go, you are with us. Show us how we can be your witnesses at home, at school, with our friends and in our communities. Amen."

Station 1: Acts 9 – A Life Turned Around Read: Acts 9:1–19 Paul, previously known as Saul, was travelling to Damascus to persecute followers of Jesus. On the journey, Jesus appeared to him and completely changed the direction of his life. What happened? • What was Paul doing before he met Jesus? • What happened on the road to Damascus? • How did Paul's life change? What challenge did Paul face? • He had to admit that he had been wrong. • People were suspicious of him because of his past. • He had to start a completely new life. How did God work through it? • God transformed Paul's life. • Paul became a passionate follower of Jesus. • God gave Paul a new purpose – to share the gospel. Journal Challenge: "Paul's journey changed when." "This teaches me that God can."	Station 2: Acts 16 – Philippi Read: Acts 16:16–34 Paul and Silas were in Philippi sharing the message about Jesus. They were beaten and thrown into prison, but instead of giving up, they prayed and sang praises to God. Then an earthquake shook the prison! What happened? • Why were Paul and Silas put in prison? • What did they do while they were there? • What happened during the earthquake? What challenge did Paul face? • Opposition • Unfair treatment • Imprisonment • Physical suffering How did God work through it? • Paul and Silas continued to worship God. • The prison guard heard the gospel. • The difficult situation became an opportunity to tell someone about Jesus. Journal Challenge: "When Paul faced trouble, he." "I can respond to difficult situations by ."
Station 3: Acts 17 – Athens Read: Acts 17:16–34 Paul arrived in Athens and saw a city filled with idols. He spoke to the people about Jesus and used things they already understood to explain the gospel. Some people laughed at him. Others wanted to hear more. Some believed. What happened? • What did Paul notice about Athens? • How did he begin talking to people about God? • How did different people respond? What challenge did Paul face? • The people had different beliefs. • Some people mocked him. • He had to explain the gospel in a way people could understand. How did God work through it? • Paul found a way to connect the gospel with the culture around him. • Some people became interested. • Some chose to follow Jesus. Journal Challenge: "Paul helped people understand Jesus by ." "I can share my faith by ."	Station 4: Acts 27 – Shipwreck Read: Acts 27:13–26, 39–44 Paul was travelling by ship when a terrible storm struck. The ship was in danger, and everyone was afraid. But Paul trusted God's promise that they would survive. Even in the middle of the storm, Paul encouraged the people around him. Eventually, the ship was wrecked, but everyone survived. What happened? • What happened to the ship? • How did the people on board feel? • What did Paul do? What challenge did Paul face? • A dangerous storm • Fear and uncertainty • The possibility of losing his life • A complete loss of control over the situation How did God work through it? • God protected Paul and the other people. • Paul trusted God's promise. • Paul became a source of encouragement to others. Journal Challenge: "When Paul was afraid, he ." "When I face difficult situations, I can remember."

MY MISSION MAP

VISION BOARD

God has placed me in these places for a reason.
I can make a difference!



MY MISSION:

How can I demonstrate and share my faith?

SCHOOL

People I meet:

Ways I can show God's love and share my faith:

FRIENDSHIPS

People I spend time with:

Ways I can show God's love and share my faith:

ONLINE SPACES

Where I connect online:

Ways I can show God's love and share my faith:

SPORTS CLUBS

People I meet:

Ways I can show God's love and share my faith:

COMMUNITY GROUPS

Groups I'm part of or around:

Ways I can show God's love and share my faith:

REMEMBER:

Be kind.
Listen well.
Pray always.
Share Jesus!

OPPORTUNITIES I SEE AROUND ME:

So whether you eat or drink or whatever you do, do it all for the glory of God.

1 CORINTHIANS 10:31





Weeks 29–32: Identity in Christ

- Made in God's image
- Forgiveness and new life
- Being a Child of God
- The Armour of God

Week #29: Made in God's Image - Children (Ages 4–10)

Theme: God Made Me Special

Aim

- Learn that every person is made in God's image.
- Understand that everyone has value and purpose.
- Discover that God loves each person uniquely.

Ice Breaker Game: Mirror, Mirror

- Children pair up and copy each other's movements like a mirror.
- Encourage big/bold movements but slow
- Afterwards ask:
 - What does a mirror do?
 - What does it mean to reflect something?
- Explain that people are created to reflect God's love, goodness, and creativity.

Interactive Bible Story - Made in God's Image (Genesis 1:26–31)

You'll Need:

- Bible
- Six picture cards (Light, Sky, Land, Plants, Animals, People) – see attached
- Hand mirrors (or one large mirror)
- Sticky notes or paper hearts
- Crayons or pencils
- Ask the children: "Who likes making things? Maybe you've built a LEGO model, drawn a picture, or baked some cakes. How do you feel when you've finished making something?"
- Explain: "Today we're going to hear about the greatest Creator of all—God! Let's travel through the week of Creation together."

Creation Timeline:

- Place the six picture cards around the room. Either move together from station to station, or just display the relevant picture card.
- Day 1 – Light
 - Ask everyone to cover their eyes.
 - Say: "God said, 'Let there be light!'"
 - Children uncover their eyes and cheer: "Light!"
- Day 2 – Sky
 - Stretch arms high above your heads.
 - Ask: "What can you see in the sky?"
 - Children call out ideas.
- Day 3 – Land, Sea and Plants
 - Pretend to be tiny seeds.
 - Slowly grow into tall trees.
 - Wiggle like flowers in the wind.
- Day 4 – Sun, Moon and Stars
 - Point upwards.
 - "God made the sun to shine in the day and the moon and stars at night."
 - Twinkle fingers like stars.

- Day 5 – Animals of the Sea and Sky
 - Pretend to:
 - Swim like fish
 - Fly like birds
- Day 6 – Land Animals
 - Move around the room like different animals.
 - Then suddenly stop.
 - Say quietly:
 - "But God wasn't finished..."
 - Pause dramatically.
 - Walk to the final picture.
- God Creates People
 - Read Genesis 1:27.
 - Explain slowly: "God made every animal, and they were all wonderful.
 - But people were different.
 - God made people in His own image.
 - That doesn't mean we look exactly like God.
 - It means God made us to know Him, love Him, care for others, create, learn, and show His love."

Mirror – Object Lesson:

- Give each child a hand mirror.
- Ask them to look carefully at themselves.
- Say together: "God made me special."
- Again: "God loves me."
- Again: "I am made in God's image."
- Explain: "When you look in the mirror, remember that God made you, knows you, and loves you."

Discussion:

- What does it mean to be made in God's image?
 - Help children discover:
 - God loves us.
 - We can love others.
 - We can make good choices.
 - We can know God.
- What makes people different from animals?
 - Possible answers:
 - We can pray.
 - We can worship God.
 - We can care for others.
 - We can choose right from wrong.
- How should we treat other people if God made everyone?
 - Encourage answers like:
 - Be kind.
 - Share.
 - Help others.
 - Don't bully.
 - Forgive.

- What gifts has God given you?
 - Invite every child to answer. Examples:
 - Drawing
 - Singing
 - Running
 - Helping
 - Making people laugh
 - Being kind
 - Caring for animals
 - Building things
 - Explain that every gift can be used to bless others and honour God.

Arts & Craft Activity - Image of God Portrait Frames

Materials:

- Card Frames – sized to the mirrors
- Mirrors – one for each child
- Stickers
- Markers

Children decorate frames and write:

- "Loved by God"
- "Created by God"
- "Made with purpose"

Devotional / Memory Verse

"So, God created mankind in his own image." - Genesis 1:27

Every person matters to God. We are valuable not because of what we do, but because God created us and loves us.

Closing Prayer:

Dear God, thank You for making every one of us special. Thank You that we are made in Your image and that You love us so much. Help us to love others, be kind to everyone, and use the gifts You have given us to share Your love. Amen.



Week #29: Identity, Value and Purpose - Young People (Ages 11–18)

Aim

- Explore what it means to be made in God's image.
- Understand human dignity and worth.
- Reflect on identity in a culture of comparison.

Ice Breaker Game: Labels

Give each participant a sticky label with positive qualities:

- Creative
- Loyal
- Courageous
- Compassionate
- Thoughtful
- Kind
- Helpful
- Honest
- Encouraging
- Patient

Ask them to stick it on someone who demonstrates that quality.

Discuss how we often define ourselves.

Finish the activity by asking:

- Which quality was easiest to spot in someone else?
- Were you surprised by the quality someone chose for you?
- Which of these qualities do you think reflects God's character?
- How can we grow more like Jesus in the way we treat others?

Interactive Bible Study - Made in God's Image: Discovering Your True Identity

Read: Genesis 1:26–31

- What do you notice about humanity?
- What makes people unique in creation?
- What responsibilities does God give people?

Read: Psalm 139:13–16

- What does this tell us about God's involvement in our lives?
- What words show that God knows us personally?
- How does this challenge negative views of ourselves?

Read: James 3:9–10

- Why does James connect our words with being made in God's image?
- How should this affect the way we speak about others?
- Why are insults and bullying so serious?

Additional Questions:

- What does God's image mean?
- How does this affect self-worth?
- How should it shape our treatment of others?

Mind Map Activity:

- Write in the centre of a large sheet: **"Made in God's Image"**
- Invite everyone to add ideas, Bible truths, words, and drawings branching from the centre.

Possible ideas include:

About God

- Creative
- Loving
- Holy
- Faithful
- Just
- Compassionate

About Us

- Valuable
- Loved
- Unique
- Purposeful
- Able to love
- Able to create
- Able to choose
- Designed for relationship

Our Relationships

- Respect everyone
- Forgive others
- Encourage people
- Care for creation
- Show kindness
- Stand against bullying

Finish by looking at how many practical actions flow from one truth: every person bears God's image.

Digging Deeper:

- Explain: Being made in God's image **doesn't** mean we physically look like God.
- It means we reflect something of His character and were created to:
 - Know Him
 - Love Him
 - Build relationships
 - Create
 - Care for the world
 - Show justice and compassion
- Although sin has damaged God's image in humanity, it has not erased it.
- Every person still has God-given worth and dignity.

Discussion:

- Where do young people often look for identity?

Possible answers:

- Friends
- Social media
- Fashion
- Sport
- Grades
- Relationships

- Family expectations
- Appearance

Ask: Which of these can disappear overnight?

- How does social media influence self-worth?

Discuss:

- Comparing ourselves with others
- Filters and edited images
- Number of followers
- Likes becoming a measure of value
- Fear of missing out (FOMO)
- Pressure to be perfect

Read aloud: "God knew you before anyone ever followed you."

- Why does every person have value?

Help the group discover:

- Every person is created by God.
- Jesus died for every person.
- Every life has purpose.
- Human value is given by God—not earned.

Challenge: "If someone has no followers, are they worth less?" - Discuss why the answer is no.

- How can understanding God's image change our relationships?

Talk about:

- Respecting people who are different
- Standing up against bullying
- Showing kindness online
- Forgiving others
- Refusing to judge by appearance
- Seeing everyone as someone God loves

Arts & Craft Activity – Identity Check

Materials:

- Mirrors – one for each person
- Stickers
- Glass writing markers

Young people decorate the mirrors, writing for example:

- "Loved by God"
- "Created by God"
- "Made with purpose"
- You are loved.
- You are created in My image.
- You are chosen.
- You have purpose.
- You are wonderfully made.

Devotional / Memory Verse:

"I praise you because I am fearfully and wonderfully made." Psalm 139:14

Our identity is not built on popularity, achievements, or appearance. It begins with being created and loved by God.

Closing Prayer:

Invite young people to thank God for the gifts and purpose He has placed within them.

Week #30: Forgiveness and New Life - Children (Ages 4–10)

Theme: God Forgives Us

Aim

- Understand forgiveness.
- Learn that Jesus offers a fresh start.
- Discover how to forgive others.

Ice Breaker Game: Clean Slate Race

- Write loads of simple marks on a whiteboard(s)
- Split group into teams, give each team a board wiper (cloth)
- They are to race, from one side of the room to wipe one mark off at a time, relay style until their board (or part of board) is clean.
- Make it a bit more challenging by allowing alternate children, add a mark to the other team's board
- Explain how forgiveness removes what separates us from God.

Interactive Bible Study - The Prodigal Son (Luke 15:11–32)

You'll Need:

- Bible
- Simple costumes (robe, scarf, hat)
- Toy coins or paper coins
- Backpack or bag – filled with stuff
- Teddy pig or pig pictures
- Party hat, balloons or bunting
- Simple sign saying "Home"

Intro Discussion:

- Ask: "Has anyone ever made a bad choice?"
 - Allow a few simple answers.
- Ask: "What happened afterwards? Did someone forgive you?"
- Explain: "Today's story is about a son who made some very poor choices, but his father never stopped loving him."

Interactive Bible Story

Assign volunteers to play:

- The Father
- The Younger Son
- The Older Brother (optional)
- Friends
- Pigs (just use pictures)

Tell the story while the children act it out.

Scene 1 – The Son Leaves Home

- Give the son a backpack and some pretend money.
- Say: "The younger son asked his father for his share of the money and decided to leave home."
- Invite everyone to wave goodbye.
- Ask: "Do you think this was a wise decision?"

Scene 2 – Poor Choices

- Scatter pretend coins.
- Have the son pretend to spend all his money.
- Friends slowly walk away.
- The son looks sad.
- Invite some children to pretend to be pigs by making oinking noises, or hold up pictures.
- Explain: "The son became so hungry that he wished he could eat the pigs' food!"
- Ask everyone: "How do you think he felt?"
 - Possible answers:
 - Lonely
 - Hungry
 - Sad
 - Scared
 - Sorry

Scene 3 – The Journey Home

- The son slowly walks back with head down.
- Pause.
- Ask: "What do you think his father will do?"
- Allow guesses.

Scene 4 – The Father's Welcome

- The father runs across the room to hug the son.
- Place a robe around him.
- Celebrate with cheers and clapping.
- Add party hats or balloons.
- Explain: "The father wasn't angry. He was overjoyed because his son had come home!"
- Read Luke 15:20. - *"While he was still a long way off, his father saw him and was filled with compassion for him."*
- Explain: "This father reminds us of God. God loves us, forgives us, and welcomes us when we come back to Him."

Discussion:

- How did the son feel when he came home?
 - Possible answers:
 - Nervous
 - Sorry
 - Ashamed
 - Hopeful
 - Relieved
- Why did the father forgive him?
 - Help children discover:
 - Because he loved his son.
 - Because he was happy he came home.
 - Because love is stronger than mistakes.
 - Explain: "God loves us just like that Father loved his son."
- Is forgiveness always easy?
 - Talk about:
 - Sometimes people hurt our feelings.

- Sometimes forgiving is hard.
- God helps us forgive others.
- How does God forgive us?
 - Explain simply: "When we tell God we're sorry and trust Jesus, God forgives us because He loves us so much."

Arts & Craft Activity - The Father's Open Arms

You'll Need

- A4 card or thick paper
- Coloured paper
- Child-safe scissors
- Glue sticks
- Crayons or felt-tip pens
- Stickers (hearts, stars or smiley faces)
- Split pins (optional)

Instructions:

- Step 1 – Make the Father
 - Give each child a template (or let them draw their own) of a smiling father with very large open arms.
 - Colour and decorate:
 - Robe
 - Face
 - Hair
 - Sandals
 - Encourage children to make the father look joyful and welcoming.
- Step 2 – Make the Son
 - Cut out a smaller figure of the son.
 - Children draw themselves on the figure or decorate it however they like.
 - They can write their name across the front.
- Step 3 – Open Arms
 - Attach the father's arms with split pins (or foldable paper strips) so they can open and close.
 - Place the son in the middle.
 - When the arms close, the father appears to be giving the son a huge hug.

Devotional / Memory Verse

"If anyone is in Christ, the new creation has come." - 2 Corinthians 5:17

Jesus offers forgiveness and a fresh start no matter what mistakes we have made.

Closing Prayer:

Dear God, thank You for loving us all the time. Thank You that when we make mistakes, You are ready to forgive us. Help us to say sorry when we do wrong and to forgive others just as You forgive us. Thank You that we are always welcome in Your family. Amen.

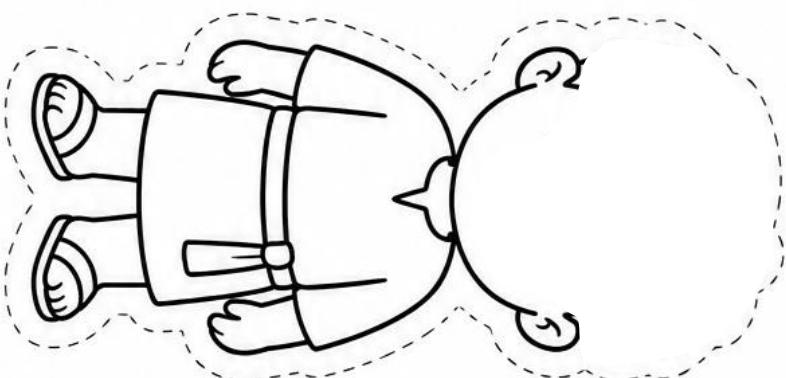
FATHER TEMPLATE

Colour, cut out and add split pins to the arms.



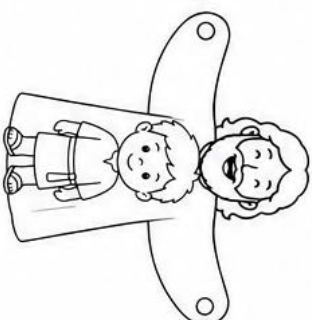
SON TEMPLATE

Colour and cut out.



INSTRUCTIONS

1. Colour both templates.
2. Cut along the dotted lines.
3. Attach the father's arms with split pins so they can open and close.
4. Place the son in the father's arms.



Week #30: Grace, Forgiveness and Transformation - Young People (Ages 11–18)

Aim

- Explore biblical forgiveness.
- Understand God's grace.
- Reflect on new life in Christ.

Ice Breaker Game: Second Chance Challenge

You Will Need

- Scenario cards (provided below)
- Two signs:
 - "Deserves a Second Chance"
 - "Needs to Earn It First"
- Optional: masking tape to mark two sides of the room.

How to Play:

Explain: *"Life is full of mistakes and second chances. Today we're going to think about whether people deserve another opportunity—and what God thinks about it."*

Read one scenario at a time.

After each one, everyone moves to the side of the room that matches their opinion:

- Deserves a Second Chance
- Needs to Earn It First

Choose a few people from each side to explain their reasoning. Remind everyone there are no right or wrong answers at this stage—the aim is respectful discussion.

Scenario Cards:

- A football player misses the winning penalty after promising they'd score.
- A friend shares a secret they promised to keep.
- Someone is caught cheating on a school test but admits it immediately.
- A sibling breaks your favourite possession and apologises.
- A student is rude to a teacher but later says sorry.
- Someone keeps turning up late to youth group.
- A friend lies to avoid getting into trouble.
- Someone who bullied others wants to become part of your friendship group.
- A classmate copies homework but promises never to do it again.
- A teammate lets everyone down during an important competition but asks for another chance.

Optional Bonus Round – "One More Chance"

Invite volunteers to attempt a simple challenge:

- Throw a beanbag into a bucket.
- Stack cups into a tower.
- Bounce a ping pong ball into a cup.

Most people only get one attempt.

Then announce:

"Actually... everyone gets one more chance!"

Ask:

- How did it feel knowing you had another opportunity?
- Did having another chance make you more confident?
- Have you ever wished someone had given you another chance?

Debrief Questions:

- Why are second chances important?

- Have you ever needed someone to forgive you?
- Is it easier to receive forgiveness or give it?
- Should everyone always get another chance? Why or why not?
- Can someone be forgiven even if trust needs time to rebuild?

Link to the Bible: "The Bible is full of people who failed, made mistakes and needed another chance. Peter denied Jesus. Jonah ran away from God. The prodigal son wasted everything he had. Yet God welcomed them back, forgave them and gave them a new beginning. Today's Bible study is about a Father whose love is bigger than our failures, and how God's grace offers every one of us a fresh start."

Interactive Bible Study: From Lost to Found – Forgiveness, Grace and New Life

Opening Question: "If you could have one 'reset button' for something in your life, what would it be?"

Examples might include:

- A bad decision
- A failed exam
- A broken friendship
- Something you said
- An embarrassing moment

Explain: "We all wish we could start again sometimes. Today's Bible study is about a God who offers exactly that."

Read together:

- Luke 15:11–32 – The Parable of the Prodigal Son
- Ephesians 1:7 - "In Him we have redemption through His blood, the forgiveness of sins, in accordance with the riches of God's grace."
- 2 Corinthians 5:17 - "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Small Group Investigation:

- Divide into three groups.
- Each group studies one aspect of the passages and prepares a two-minute presentation.

Group 1 – The Father's Response

Read Luke 15:20–24.

Discuss:

- What surprised you about the father's actions?
- Why did he run to meet his son?
- Did the son deserve this welcome?
- What does this tell us about God's character?

Challenge: List every action the father took.

Examples to share after they do:

- Saw his son from far away
- Ran towards him
- Hugged him
- Kissed him
- Forgave him
- Restored him
- Celebrated him

Ask: Which of these actions shows grace most clearly?

Group 2 – God's Grace

Read Ephesians 1:7.

Discuss:

- What does forgiveness actually mean?
- Can forgiveness be earned?
- Why did Jesus have to die?
- How is God's forgiveness different from human forgiveness?

Activity: Complete the sentence:

Grace is...

Encourage responses like (to be added after they present):

- Love we don't deserve.
- God giving us what we could never earn.
- A fresh start because of Jesus.
- God choosing mercy instead of punishment.

Group 3 – New Life

Read 2 Corinthians 5:17.

Discuss:

- What does "new creation" mean?
- Does becoming a Christian make someone instantly perfect?
- What changes when someone follows Jesus?

Think about (to be shared after they present):

- Identity
- Choices
- Relationships
- Purpose
- Hope
- Attitude
- Priorities

Share practical examples.

Before and After Transformation:

Share or get someone to share a personal testimony of how God has transformed you (them), what they you like before following Jesus and now after following Jesus

Think about the table below to help shape your testimony:

Before Following Jesus	After Following Jesus
Living for myself	Living for God
Guilty	Forgiven
Spiritually lost	Found in Christ
Without hope	Filled with hope
Controlled by sin	Learning to follow Jesus
Fear	Peace
Bitterness	Forgiveness
Empty	Purpose
Shame	Accepted
Separated from God	Part of God's family

Optional - Object Lesson – Identity Cards:

Give each young person a sticky note.

Ask them to write one-word people sometimes use to define themselves or others, such as:

- Failure
- Popular
- Not good enough
- Smart
- Lonely
- Angry
- Successful
- Invisible

Stick these words onto a whiteboard.

Now read 2 Corinthians 5:17 again.

Ask: "What labels does God replace with a new identity?"

Write around the sticky notes:

- Forgiven
- Loved
- Accepted
- Chosen
- Child of God
- New Creation
- Redeemed
- Restored

Explain that our identity is no longer based on our past mistakes or other people's opinions, but on who we are in Christ.

Discussion:

- Why is forgiveness difficult?
 - Explore ideas such as:
 - We feel hurt.
 - We want justice.
 - We fear being hurt again.
 - Pride can stop us letting go.
 - Read Colossians 3:13 if time allows and discuss how God helps us forgive.
- What is the difference between forgiveness and trust?
 - Help the group distinguish between the two:
 - Forgiveness
 - Is a choice to release bitterness and the desire for revenge.
 - Can be offered even if someone has hurt us deeply.
 - Reflects God's grace towards us.
 - Trust
 - Is confidence built through honesty and consistent actions.
 - May take time to rebuild after it has been broken.
 - Includes healthy boundaries where appropriate.
 - Discuss:
 - Can you forgive someone while still needing time before fully trusting them again? Why?
- How does God's forgiveness affect us?
 - Invite answers such as:
 - Removes guilt.

- Restores our relationship with God.
 - Gives peace.
 - Changes our identity.
 - Helps us forgive others.
 - Gives hope for the future.
- Ask: Which of these do you think people your age need most today?
- What changes when someone follows Jesus?
 - Encourage practical examples:
 - Priorities change.
 - We want to know God.
 - We begin to love others differently.
 - We become more honest.
 - We seek forgiveness when we fail.
 - We become part of God's family.
 - The Holy Spirit helps us grow.
 - Remind the group that Christians are not people who never fail—they are people who keep returning to Jesus, who continues to forgive, restore and transform them.

Key Teaching Points:

- God is always ready to welcome people who turn back to Him.
- Forgiveness is a gift of grace through Jesus, not something we earn.
- Following Jesus gives us a completely new identity.
- Spiritual transformation begins immediately but continues throughout our lives as we grow in faith.
- Because God has forgiven us, we are called to extend forgiveness to others while also exercising wisdom when rebuilding trust.

Arts & Craft Activity - Grace Graffiti Canvas

Create a collaborative artwork using words, give each young person an A3 sheet of large paper:

- Grace
- Hope
- Mercy
- Freedom
- Restoration

Include relevant Bible verses.

Use the template attached or let the young people create their own.

Personal Reflection:

Give everyone a few moments of silence.

Invite them to think about:

- Is there something I need God's forgiveness for?
- Is there someone I need to forgive?
- Is there an area of my life where I need a fresh start?

You may wish to provide paper for those who want to write a private prayer, thanking God for His forgiveness and asking Him to help them live as a "new creation."

Devotional / Memory Verse

Ephesians 1:7 - Forgiveness is not something we earn; it is a gift from God through Jesus.

Closing Prayer

Invite young people to reflect on areas where they need God's grace and forgiveness.

TOP

FREEDOM

RESTORATION

GRACE

MERCY

Week #31: Being a Child of God - Children (Ages 4–10)

Theme: Part of God's Family

Aim

- Learn that God invites us into His family.
- Understand God's love for His children.
- Discover what it means to belong to God.

Ice Breaker Game: Family Match-Up

Using the attached - Match pictures of:

- Parent and child animals
- Parent and Child

Use the harder match cards if you think the animal ones are too easy

Discuss what makes a family.

Interactive Bible Story - Jesus Welcomes the Children

- Tell the children: *"Today we're going to step into the Bible story and imagine we're really there!"*
- Ask for a volunteer to Read: Mark 10:13–16 as the Narrator

When the Narrator reads:

"People were bringing little children to Jesus so that He could bless them."

Pause and ask:

- Why do you think the parents wanted to bring their children to Jesus?
- How do you think the children felt?

When the Narrator reads:

"But the disciples told them to go away."

Ask everyone:

- How would you feel if someone stopped you from seeing Jesus?
- Would that make you happy or sad?

When the Narrator reads:

"Jesus said, 'Let the little children come to me. Don't stop them.'"

Ask:

- How do you think the children felt now?
- What do you think Jesus' smile looked like?

Imagine You're There:

Invite everyone to sit quietly for a moment.

Say: "Close your eyes and imagine you're one of the children. You walk towards Jesus. He smiles at you, knows your name, and welcomes you with open arms."

Ask:

- What do you think Jesus would say to you?
- How would you feel standing next to Him?

Remind children there are no wrong answers as they imagine Jesus' love for them.

Discussion:

- Why did Jesus welcome children?
 - Possible answers:
 - He loves children.
 - Children matter to God.
 - Everyone is important.

- Jesus wanted to bless them.
 - God's Kingdom is for everyone.
- Explain: Jesus showed that children are not "too young" to know God—they are precious and valuable to Him.
- How does God feel about you?
 - Allow children to answer - Help them discover:
 - God loves me.
 - God knows my name.
 - God wants to be my friend.
 - God listens when I pray.
 - God never stops loving me.
 - Remind them: Nothing can make God love you more or less than He already does.
- What does belonging to God's family mean?
 - Ideas:
 - I am never alone.
 - God is always with me.
 - I have people who care for me.
 - I can learn about Jesus.
 - I can help others.
 - I belong wherever God's people are.
- How can we show God's love to others?
 - Brainstorm practical ideas:
 - Smile at someone who is lonely.
 - Invite someone to play.
 - Share toys.
 - Help at home.
 - Pray for others.
 - Forgive someone.
 - Say kind words.
 - Include everyone.
 - Challenge the children to choose one way they will show God's love this week.

Arts & Craft Activity – Hands of Welcome

- Invite everyone to trace around one of their hands on paper.
- Inside the hand, on each of the fingers, the thumb and the palm, fill it with words or drawing of ways they can welcome someone this week.

Devotional / Memory Verse

"To all who received him... he gave the right to become children of God." - John 1:12

God knows us, loves us, and welcomes us into His family.

Closing Prayer

"Dear Jesus, thank You for loving every child and welcoming us with open arms. Thank You that we belong in Your family. Help us to welcome others, show kindness, and share Your love wherever we go. Amen."

5 PARENT & CHILD ANIMAL MATCHES



DOG



PUPPY



ELEPHANT



CALF



LION



CUB



PENGUIN



CHICK



KANGAROO



JOEY

5 FAMOUS PEOPLE & THEIR CHILDREN MATCHES



DAVID BECKHAM



BROOKLYN, ROMEO, CRUZ & HARPER



BEYONCÉ



BLUE IVY, RUMI & SIR



WILL SMITH



JADEN & WILLOW



GORDON RAMSAY



MEGAN, HOLLY, JACK, MATILDA & OSCAR



DWAYNE "THE ROCK" JOHNSON



JASMINE & TIANA

10 HARD PARENT & CHILD ANIMAL MATCHES

Cut out all the cards and match each parent with its correct child!

									
LION	GREAT WHITE SHARK	GIRAFFE	PENGUIN	BROWN BEAR	CROCODILE	WOLF	ELEPHANT	DOLPHIN	KANGAROO

									
CUB	JOEY	CHICK	CUB	PUP	CALF	HATCHLING	CALF	PUP	CALF

WEEK #31: Identity and Belonging - Young People (Ages 11–18)

Aim

- Explore adoption into God's family.
- Understand Christian identity.
- Reflect on belonging and acceptance.

Ice Breaker: The Belonging Line

- Create an imaginary line across the room.
- One end represents "Strongly Agree" and the other "Strongly Disagree."
- Read out a series of statements. Young people stand along the line according to how much they agree or disagree.
- Invite a few volunteers to explain their position after each statement. There are no right or wrong answers.

Statements:

- I feel like I belong at school or college.
- Social media helps people feel connected.
- It's easy to make real friends.
- I can be completely myself around my friends.
- Everyone wants to belong somewhere.
- I have experienced being left out.
- Church is a place where people feel welcome.
- Adults understand what it's like to be a young person today.
- One person can make someone else feel like they belong.
- Everyone deserves to be accepted.

Debrief Questions:

- Which statement created the biggest differences in opinion?
- What makes someone feel accepted rather than just included?
- Can you belong to a group but still feel lonely?
- What qualities make a community feel safe and welcoming?
- What can we do to help others feel they belong?

Link to the Bible Study:

- Explain that every person longs to belong. In today's Bible passage, we'll see that while some people thought children weren't important enough for Jesus, He welcomed them with open arms. We'll explore what this teaches us about belonging in God's family and how we can create communities where everyone is valued and welcomed.

Interactive Bible Study - Belonging to God's Family

Ask the group:

- Where do people try to find a sense of belonging?
- What makes someone feel like they truly belong?
- Is belonging about being accepted, being known, or something else?

Explain: Everyone longs to belong. We look for acceptance in friendships, sports teams, online communities, families, or schools. The Bible teaches that our deepest identity isn't found in what we do or who accepts us—it's found in becoming part of God's family through Jesus.

Read the Bible Together:

- Ask for 3 volunteers to read a passage each.

#1 Read - John 1:12–13 - Becoming children of God.

- Who becomes a child of God?
- Is becoming God's child something we earn?
- What does this tell us about God's grace?

Key Truth: God welcomes everyone who trusts in Jesus into His family.

#2 Read – Romans 8:14–17 - Adoption into God's family.

- What does Paul mean by "adopted"?
- Why is calling God "Father" so significant?
- What does it mean to be an heir with Christ?

Key Truth: God doesn't simply forgive us—He brings us into His family with all the rights and privileges of His children.

#3 Read – Galatians 4:4–7 - Our new identity.

- What changed because Jesus came?
- How does being God's child change how we see ourselves?
- What difference should this make every day?

Key Truth: Our identity is no longer based on performance or popularity but on God's love.

Optional Interactive Activity – God's Family Tree

On a white board or a large sheet of paper.

Draw as you explain:

- Roots: God's love, grace, forgiveness, Jesus
- Trunk: God the Father
- Large Branch: Jesus Christ
- Many Branches: Believers around the world
- Leaves: Each young person writes:
 - Their first name
 - Plus one word describing their identity in Christ (Loved, Forgiven, Chosen, Accepted, Secure, Redeemed, Child of God, Heir, Blessed)

Afterwards ask:

- What do all the leaves have in common?
- Why doesn't the tree depend on one branch?
- What happens when we remember we're part of God's family?

Explain: Every believer is different, but every believer belongs.

Teaching:

The world often tells us our worth depends on:

- How popular we are
- What we achieve
- How we look
- What others think of us

God says something completely different.

When we trust in Jesus:

- We are adopted into God's family.
- God becomes our loving Father.
- We receive a new identity that cannot be taken away.
- We become brothers and sisters with Christians all over the world.

- We have an eternal inheritance with Christ.

Being adopted isn't a "second-best" option. In the Bible, adoption meant being deliberately chosen and given the full rights of a son or daughter. God chooses us, welcomes us, and calls us His own. Because our identity is secure in Him, we don't have to spend our lives trying to earn acceptance from others.

Discussion:

- Why do people spend so much time trying to fit in?
- What does it mean to be adopted into God's family?
- How does knowing you're God's child affect your confidence?
- How should Christians treat one another if we're all part of the same family?
- Who might need to experience belonging through our church or youth group?

Arts & Craft Activity – Design a Tattoo

Design a tattoo that symbolises one or more of the following:

- Child of God
- Loved
- Forgiven
- Chosen
- Called

See attached for examples

Devotional / Memory Verse

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God." — **John 1:12**

Closing Prayer:

Invite young people to thank God for welcoming them into His family.



CROSS

Jesus' love and sacrifice for you.



DOVE

The Holy Spirit and God's presence.



CROWN

You are dearly loved and chosen by God.



ROOTS

You are rooted in God's love – secure, strong and never alone.

Child of God
Loved
Forgiven
Chosen
Called

IDENTITY

Your true identity in Christ.

Week #32: The Armour of God - Children (Ages 4–10)

Theme: God Helps Us Stand Strong

Aim:

- Learn about the Armour of God.
- Understand how God protects and strengthens us.
- Discover practical ways to follow Jesus.

Ice Breaker Game: Dress the Knight Relay

Get hold of the following items (2 of each if you can)

Teams race to dress a volunteer in simple costume pieces:

- Belt
- Breastplate
- Shoes
- Shield
- Helmet
- Sword (Cardboard)

Explain that today's armour is spiritual, not physical.

*Leave the volunteers dressed in the 'armour' for the bible study

Interactive Bible Story - The Armour of God (Ephesians 6:10–18)

Intro: Have you ever worn special clothing for a job or activity?

- A football kit?
- A school uniform?
- A bike helmet?
- Wellies in the rain?

Explain: Special clothes help protect us or prepare us for what we are doing. Today we'll learn that God gives us a special kind of armour—not real metal armour, but spiritual armour that helps us follow Jesus every day.

Using the volunteers from the ice breaker activity, explore The Armour of God:

Belt of Truth: "The belt held everything together. God's truth helps us know what is right."

- Ask: "What is something that is always true?"
 - God loves us.
 - Jesus is alive.
 - God keeps His promises.

Breastplate of Righteousness: "The breastplate protected the soldier's heart. Jesus helps us choose what is right and protects our hearts."

- Ask: "What is one good choice we can make today?"
 - Sharing
 - Being kind
 - Telling the truth
 - Forgiving someone

Shoes of Peace: "Soldiers needed good shoes to keep moving. God helps us take His peace wherever we go."

- Ask: "Where can you bring peace this week?"
 - School

- Home
- Playground
- Church

Shield of Faith: "The shield stopped arrows. Faith means trusting God even when life is hard."

Pretend to throw soft paper balls labelled:

- Fear
- Worry
- Mean words
- Doubt

The child holds up the shield to block them.

Say together: "I trust God!"

Helmet of Salvation: "The helmet protected the soldier's head. Jesus saves us and reminds us that we belong to God's family."

- Ask everyone to point to their heads and repeat: "I belong to Jesus!"

Sword of the Spirit: "The sword is God's Word—the Bible. It helps us know what is true and helps us make good choices."

- "God's Word is my guide!"

Teaching:

Ask: "Do you think God wants us to fight people?"

Explain: No! God's armour isn't for hurting people.

God's armour helps us:

- Tell the truth.
- Make good choices.
- Trust Him.
- Stay peaceful.
- Remember we belong to Jesus.
- Learn from the Bible.

Every morning we can imagine putting on God's armour and ask Him to help us throughout the day.

Discussion:

- What are the pieces in the Armour of God? Can you remember?
- Which piece of armour do you remember most?
- What is truth?
- How can faith help us?
- Why do we need God's help every day?
- Which piece of armour do you think you'll need this week?

Arts & Craft Activity – Make your own Shield

- Give each child a large piece of cardboard and get them to make their own shield
- Incorporate into the shields design all the elements of the Armour of God:
 - Belt of Truth
 - Breastplate of Righteousness
 - Shoes of Peace
 - Shield of Faith
 - Helmet of Salvation
 - Sword of the Spirit



Optional Game:

- Get the children to play a game of dodge ball using paper balls and using the shields they have just made to defend themselves

Take-Home Challenge:

Each morning this week, imagine putting on God's armour before you leave the house. Ask God to help you:

- Tell the truth.
- Be kind.
- Trust Him.
- Bring peace.
- Remember you belong to Jesus.
- Read or listen to His Word.

Devotional / Memory Verse

"Put on the full armour of God." - Ephesians 6:11

God gives us everything we need to follow Him faithfully and make wise choices.

Closing Prayer

Ask God to help children live with truth, faith, peace, and courage.

Week #32: Standing Firm in Faith - Young People (Ages 11–18)

Aim

- Explore spiritual warfare and resilience.
- Understand each piece of God's armour.
- Apply biblical truth to everyday challenges.

Ice Breaker Game: Defence Strategy

- "Professional athletes study their opponents before a match. Firefighters train before an emergency. Soldiers practise before entering combat. In the same way, Christians prepare for the spiritual battles we face every day. Today you'll become a tactical response team, developing strategies for real-life situations where your faith, character and values are challenged."
- Divide the group into teams of 4–6 people.
- Each team receives a scenario card (see the 8 cards attached), a large sheet of paper, and marker pens.

Each team has 10–12 minutes to create a defence strategy.

They should answer the following questions:

Situation Analysis

- What is happening?
- Why is this situation difficult?
- What emotions might someone experience?
- What are the biggest pressures?

Threat Assessment

- What temptations are present?
- What lies might someone believe?
- What could happen if the wrong decision is made?

Tactical Response

- What would Jesus do?
- What practical steps could someone take?
- Who could they ask for support?
- Which piece of the Armour of God (Ephesians 6:10–18) would help the most?

Conclude by saying:

"The battles we face are often unseen. Every day we are pressured to compromise, stay silent, follow the crowd or believe lies about ourselves. Paul reminds us that God hasn't left us defenceless. Through His truth, righteousness, peace, faith, salvation and His Word, He equips us to stand firm. The goal isn't simply to avoid making mistakes—it's to become young people whose character reflects Christ, even when the pressure is greatest."

Interactive Bible Study - The Armour of God – Standing Strong

- Ask: "If you were only allowed to take one item into a difficult situation, what would you choose?"
- After a few answers, ask:
 - "What if the battle wasn't physical, but spiritual?"
- Explain: "Paul wasn't writing about fighting people. He was reminding Christians that every day we face temptations, lies, fear, anxiety, discouragement and pressure to compromise. God hasn't left us defenceless—He gives us spiritual armour so we can stand firm."

Group Challenge – Become the Experts:

- Divide the group into **six small teams**.
- Assign each team **one piece of the Armour of God**.
 - Belt of Truth
 - Breastplate of Righteousness
 - Shoes of the Gospel of Peace
 - Shield of Faith
 - Helmet of Salvation
 - Sword of the Spirit

Each group should answer the following questions:

1. What does this piece represent?
What spiritual quality is Paul talking about?
2. Why is it important?
What could happen if a Christian didn't have it?
3. How does it help Christians today?

Think about:

- School
 - Friendships
 - Family
 - Social media
 - Mental health
 - Decisions
 - Future plans
4. Give a real-life example: Describe a situation where someone would need this piece of armour.

Discussion:

- Why does Paul use armour imagery?
 - Possible discussion points
 - Roman soldiers were familiar to Paul's readers.
 - Armour protects every part of the body.
 - Christians don't fight people but spiritual battles.
 - Every piece has a purpose.
 - The armour reminds us that God equips us rather than expecting us to rely on our own strength.
- Which piece feels most relevant to your life right now?
 - Encourage honest responses. Possible examples:
 - Truth when surrounded by misinformation.
 - Faith during anxiety.
 - Peace during family problems.
 - God's Word when making difficult decisions.
 - Salvation when struggling with identity.
 - Righteousness when facing temptation.
 - There are no right or wrong answers.
- What challenges do Christians face today?
 - Ask the group to brainstorm. Possible answers:
 - Peer pressure
 - Fear of standing out

- Social media comparison
- Anxiety
- Bullying
- Temptation
- Gossip
- Loneliness
- Doubt
- Pressure to compromise beliefs
- Finding time for God
- Living differently from the culture around us
- Then ask: "Which piece of armour helps most with each challenge?"
- Why does Paul finish by talking about prayer?
 - Read verses 18–20.
 - Ask: Why isn't prayer described as another piece of armour?
 - What happens if we have armour but never communicate with God?
 - How does prayer strengthen us?
 - When do you find it easiest or hardest to pray?
 - Explain that prayer connects every part of the armour. It is how Christians depend on God's strength rather than their own.

Arts & Craft Activity – Design a Superhero

Create a superhero with all the traits found in the Armour of God:

- Truth
- Righteousness
- Peace
- Faith
- Salvation
- God's Word
- Prayer

Devotional / Memory Verse:

The Christian life requires perseverance, wisdom, and dependence on God. The armour of God reminds us that we do not stand alone. - Ephesians 6:13

Closing Prayer

"Lord Jesus, thank You that You never leave us to face life's battles alone. Help us to wear Your armour every day. Fill us with Your truth when we are confused, Your righteousness when we are tempted, Your peace when we are anxious, Your faith when we are afraid, the assurance of our salvation when we doubt, and Your Word when we need wisdom. Teach us to depend on You through prayer and help us to stand firm, whatever challenges we face this week. Amen."

Scenario One – Peer Pressure

You're at a party where everyone is drinking alcohol and vaping. Your friends keep telling you, *"Just do it once."*

Someone starts filming for social media.

If you refuse, they're calling you boring.

Consider

- Why is fitting in so important?
 - What makes it difficult to say no?
 - How can you refuse confidently without sounding judgmental?
 - Could there be a way to leave the situation?
-

Scenario Two – Online Bullying

A group chat is full of memes mocking another student.

Everyone is laughing.

You know it's wrong.

If you defend the person, you might become the next target.

Consider

- What should you do?
 - Should you stay silent?
 - How can you support the victim?
 - When should you involve an adult?
-

Scenario Three – Anxiety & Pressure

Exams are approaching.

You feel overwhelmed.

Everyone else seems to have life together.

Social media makes you feel like you're falling behind.

You're struggling to sleep and constantly worrying.

Consider

- What lies are anxiety telling you?
 - What truths does God speak instead?
 - What practical habits could help?
 - Who could you talk to?
-

Scenario Four – Temptation

You've found an easy way to cheat on coursework.

Nobody will ever know.

Everyone else seems to be doing it.

It would make life much easier.

Consider

- Why is this tempting?
- What would integrity look like?
- What are the long-term consequences?
- How can God's truth help?

Scenario Five – Gossip & Rumours

Someone tells you a secret about another person.

They say,

"Don't tell anyone..."

Within minutes, everyone is talking about it.

People are asking what you know.

Consider

- Why is gossip attractive?
 - What damage can rumours cause?
 - How can you stop gossip without causing conflict?
 - What would Jesus do?
-

Scenario Six – Faith Under Pressure

Your class begins discussing Christianity.

Someone says,

"Religion is outdated."

Everyone looks at you because they know you're a Christian.

Consider

- Would you say something?
 - How can you disagree respectfully?
 - What would confidence without arrogance look like?
 - How can you show grace?
-

Scenario Seven – Relationships

Your boyfriend/girlfriend is pressuring you to cross physical boundaries you're uncomfortable with.

They say,

"If you loved me, you would."

Consider

- Why is this emotional?
 - What are healthy boundaries?
 - How can you communicate clearly?
 - Who could support you?
-

Scenario Eight – Standing Alone

You decide to make the right choice.

Your friends laugh.

You feel isolated.

Nobody seems to agree with you.

Consider

- Why is standing alone difficult?
- What examples from the Bible encourage us?
- How can we remain confident?
- What reward comes from faithfulness?

**Powerline Vol #3 Interactive Bible Study for
Children's and Youth Ministry Created by:**

**Brian Smith
CYF Lead**

London Baptist

E-Mail: Brian.Smith@LondonBaptist.org.uk

