



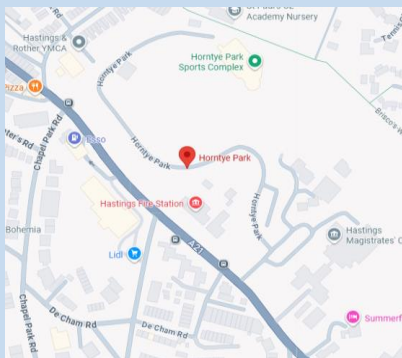
Kent Community Health
NHS Foundation Trust

Free Sexual Health and Contraception Update Day

For East Sussex General Practitioners, Practice Nurses, GP based Pharmacists, Paramedics and other Allied Professionals

Tuesday 14th October 2025
0845-1630

Horntye Park Sports Complex
Bohemia Rd,
St Leonard's on Sea,
Hastings
TN34 1EX
[Horntye Park](#)



Dear Colleagues,

Kent Community Health NHS Foundation Trust's Sexual Health Team invites you to a free educational session led by experts in sexual and reproductive health.

This session will explore the latest research and guidance to support your clinical practice and professional development.

To secure your place, please complete and return the registration form below. Spaces are limited and allocated on a first-come, first-served basis.

Registration Form

Please complete and email to kentchft.contraception@nhs.net

Name:.....

Job Title:.....

Surgery Address:.....

Email Address:.....

Would you like lunch? Yes/No

Refreshments will be available on arrival and throughout the day

Please advise us if you have any dietary requirements:.....

Gluten free / Vegetarian / Vegan / Allergies / Other



Programme Tuesday 14th October 2025

8.45 – 9.00	Registration
9.00 – 9.15	Welcome Stephen Grice, Head of Service: Complex Care Nursing, Integrated Sexual Health Services and TB Nursing
0915-1000	Sexual Health Update– PREP & PEP Dr Kazeem Aderogba, Consultant in Sexual Health/ HIV (ESSH KCHFT).
1000-1030	Contraception Update Paula Sowter Nurse Consultant Contraception (ESSH KCHFT).
1030-1100	MSI Reproductive Choices: An Introduction Sophie Bell
1100-1115	Comfort Break and Exhibition
1115-1135	Partner Notification Lynsey Sadler CNS (ESSH KCHFT).
1135-1200	School Health Support for Young People Stephanie Cooper East Sussex School Health (KCHFT)
1200-1215	East Sussex Assertive Outreach Service Sophie Green and Leah Funnell Assertive Outreach service (ESSH KCHFT)
1215-1240	Sexual Health over 40yrs Sarah McManus Locality Manager (ESSH KCHFT)
1240-1315	Lunch and Exhibition
1315-1400	Sexual Health Update Biologicals, vaccinations and Doxy Prep Isabel Okpaluba Consultant in Sexual Health and HIV (ESSH KCHFT)
1400-1420	HIV Diagnosis: Missed Opportunities Zoe Cuthbertson & Alice Baddeley CNS HIV (ESSH KCHFT)
1420–1450	Chem Sex Terrence Higgins Trust Phillip Wragg Senior Health Promotion Specialist
14.50-1500	Comfort Break
1500-1520	Emergency Contraception Karen Sandland CNS (ESSH KCHFT)
1520-1550	Slynd: A New POP Simphiwe Sesane
1550-16.10	East Sussex Sexual Health Promotion/ C-Card Charlotte Higby, Health Promotion Lead (ESSH KCHFT)
16.10-1630	Questions and Close

This meeting has been supported with the sponsorship from:

