

THE CATHOLIC PARISH OF ST MARGARET ALL SAINTS

St Margaret's Church, Barking Road E16 4HB | St Margaret's Convent Chapel, Bethel Avenue E16 4JU

Tel: 0207 476 4129 | Email: canningtown@brcdt.org | Website: www.smct.church

Parish Priest: Monsignor John Armitage

THE MOST HOLY TRINITY | 31st MAY 2026 |

First reading

Exodus 34:4b-6, 8-9

In those days: Moses rose early in the morning and went up on Mount Sinai, as the Lord had commanded him, and took in his hand two tablets of stone. The Lord descended in the cloud and stood with him there, and proclaimed the name of the Lord. The Lord passed before him and proclaimed, 'The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness.'

And Moses quickly bowed his head towards the earth and worshipped. And he said, 'If now I have found favour in your sight, O Lord, please let the Lord go in the midst of us, for it is a stiff-necked people, and pardon our iniquity and our sin, and take us for your inheritance.'

O Lord, our Lord, how majestic is your name through all the earth!

When I see the heavens, the work of your fingers, the moon and the stars which you arranged, what is man that you should keep him in mind, the son of man that you care for him?

O Lord, our Lord, how majestic is your name through all the earth!

Yet you have made him little lower than the angels;

with glory and honour you crowned him, gave him power over the works of your hands: you put all things under his feet.

O Lord, our Lord, how majestic is your name through all the earth!

All of them, sheep and oxen, yes, even the cattle of the fields, birds of the air, and fish of the sea that make their way through the waters.

O Lord, our Lord, how majestic is your name through all the earth!

Second reading

2 Corinthians 13:11-14

Brothers and Sisters: Rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

Alleluia, alleluia. Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is and who was and who is to come. **Alleluia.**

Gospel John 3:16-18

For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

FEAST | MASS TIMES | INTENTIONS | EVENTS

Sunday Hymn Numbers 10am & 12pm Masses 962|315|314|468

Date & Feast	Time	Intention	Location	Parish Events in Parish Centre
Saturday, 30 th The Visitation of the Blessed Virgin Mary	5.30 pm 6.30 pm	Confessions Antonio Taborda & Bernardina Santy - RIP	St Margaret's St Margaret's	
Sunday, 31 st The Most Holy Trinity	10.00 am 12.00 pm 6.00 pm	Benjamin Joseph - RIP Merle Osbourne - RIP Isabel Sousa & Brothers - INT Eden Solares- INT Glon & Mark Solomons - RIP Mary Embley - RIP	Convent Chapel St Margaret's St Margaret's	10.00 - Confirmation Mass
Monday, 01 st Dedication of the Cathedral Church of St Mary & St Helen, Brentwood	9.30 am	Deceased Sisters of Mary Mother of the Church - RIP (F)	Chapel in the Convent	10.30-12.00 PARISH FOOD BANK 17.30-18.30 PARISH SURGERY
Tuesday, 2 nd Feria	9.30 am	Desmond & James Stanley - RIP Francesca Guadalupf - RIP	St Margaret's	12.00 - 2.00 - Nifty Fifties
Wednesday, 3 rd St Charles Lwanga and Comps, Mm M	09.30 am	Daryl Perkcrets - RIP Jean Woods - RIP	St Margaret's	10.30 - 12.00 Parish Food Bank 19.00 - AA Meeting
Thursday, 4 th Feria	7.00 pm 7.30 pm	Anne Marie Williams - INT Confessions	St Margaret's St Margaret's	
Friday, 5 th St Boniface, Bp, M	09.15 am	Judith Ntomlsela - RIP	Convent Chapel	18.00 Parish Group First Holy Communion Rehearsal - Convent Chapel 19.00 ARISE Young adults group - Parush Hall
Saturday, 6 th Feria	11.00 am 05.00 pm 06.30 pm	Parish Group First Holy Communion Confessions Eva Hadley - RIP Patrick Coughlin - RIP (F)	St Margaret's St Margaret's	
Sunday, 7 th The Most Holy Body & Blood of Christ CORPUS CHRISTI	10.00 am 12.00 pm 6.00 pm	People of the Parish Paddy & Kay Freeman - INT Holy Souls	Convent Chapel St Margaret's St Margaret's	
Other Sunday Masses	09.00 am 12.00 pm 5.00 pm	Romanian Mass (Latin Rite)1 Romanian Mass (Greek Catholic) Latin Mass (Extraordinary Rite)	St Margaret's Convent Chapel Convent Chapel	

MEDITATION

This week we return to the liturgical season of Ordinary Time. This Sunday and next, however, are designated as solemnities—special days that call our attention to central mysteries of our faith. Today on Trinity Sunday we celebrate the mystery of the Holy Trinity, one God in three persons. Today's Gospel is from the beginning of John's Gospel. The passage we read follows Jesus' conversation with a Pharisee, Nicodemus, about what it means to be born of both water and the spirit. Nicodemus approaches Jesus at night and acknowledges Jesus as a teacher from God. Jesus tells him that only those who are born from above will see the Kingdom of God. Nicodemus misunderstands and questions how a person can be born more than once. Jesus tells Nicodemus that no one can enter the Kingdom of God without being born of water and Spirit. Jesus is essentially explaining Baptism, which we celebrate as a sacrament today. Yet Nicodemus, we are told, still does not understand what Jesus is saying. Jesus continues by testifying to the need to be born from above so that one might have eternal life.

After the dialogue with Nicodemus, the author of the Gospel offers his own explanation of Jesus' words. This is what we read in today's Gospel, John 3:16-18. In the context of today's focus on the mystery of the Holy Trinity, the reading calls our attention to the action of God, who reveals himself in three persons: God the Father, Jesus the Son, and the Holy Spirit. God the Father, out of love for the world, sent his Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; he does not condemn the world but acts to save it.

The Gospel also calls attention to the response that is required of us. God's love for us calls us to respond in faith by professing our belief in God's son, Jesus, and the salvation that he has won for us. This profession of faith is a sign of the work of the Holy Spirit in our lives.

WEEKLY NOTICES

BISHOP'S VISITATION – We are delighted to welcome Bishop Alan to the Parish for his Visitation and Confirmation this weekend. He will celebrate the Confirmation Mass at 10.00 in the Convent Chapel and then the 12.00 Noon Mass at St Margaret's Church.

CORPUS CHRISTI PROCESSION – As part of our 150th Anniversary celebration we will be restarting our annual Corpus Christi Procession on Sunday, 14th June, starting at St Helens School grounds at 3 pm, processing through Hermit Road Park, then into the Convent Chapel for Benediction, Please come and support all of our children who will have made their First Holy Communion as we give a public witness to the Blessed Sacrament

ABOUT BECOMING A CATHOLIC (ABC Group) We shall be starting a new group in the Parish to welcome and support the increasing number of people who are asking to join the Catholic Church. Already, we have seven people who have asked to join the Church in this coming Year. The ABC will run during the year, meeting with people making enquiries about the faith and welcoming them into our community. The formal preparation leading to baptism or reception into the Church starts in October each year. **We will hold our first ABC Group on Monday 22nd June at 7pm in the parish centre. We look forward to welcoming you all.**

150TH CELEBRATION PLANNING GROUP. This will take place on Monday 15th June at 19.00 in the Parish Centre

150TH ANIVERSARY CELEBRATION. The Bishop has confirmed that he will be able to join us for Mass on Saturday 26th September in the grounds of St Helens School. The Mass will be at 12.00 Noon followed by refreshments. **The Mass will be open to all, but there will be limited seats of 400. Tickets will be reserved for those who need to sit down. You may bring your own chair.**

VOLUNTEERS NEEDED – CONVENT CHAPEL GARAGE CLEARANCE - We are looking for volunteers to help clear the garages at the Convent Chapel, which will then be demolished. The date and time for the clearance day will be announced in due course. Please keep an eye on future notices for further details. Thank you in advance for your support and generosity.

CLEANING VOLUNTEERS NEEDED – We need volunteers to help clean the Convent Chapel on Saturday mornings from 9.30 am. If you can spare some time, please see Vida at the Convent Chapel after mass or email the Parish Secretary.

ARISE | THE PARISH GROUP FOR YOUNG ADULTS. This group is for young adults between the ages of 18 and 35. It meets every other week on a Friday night upstairs in the Parish Centre. The next meeting will take place on **Friday, 05th June 2026, from 7-9 pm** (arrive when you can) - You can join the WhatsApp group chat on the notice board at the back of the church via QR code.

LECTIO DIVINA: The next meeting will be on Wednesday, 03rd June, at 7 pm in St Margaret's Convent.

LAST WEDNESDAY CLUB – Will run every last Wednesday of the month in the Parish Hall.

FIRST HOLY COMMUNION PREPARATION Rehearsal for the Parish Group will be Friday, 5th June 6pm in the Convent Chapel, and rehearsal for the school group will be Friday 12th June 6pm in the Convent Chapel. This year we will have our Corpus Christi Procession, which will be on Sunday, 14th June, starting at St Helens School grounds at 3pm, processing through Hermit Road Park, then into the Convent Chapel for Benediction

GIFT AID: A few boxes of issued Gift Aid envelopes remain uncollected. **Please contact the parish office to arrange collection during office hours.** A number of envelopes from the previous financial year are still being used. Please note that some numbers have been reallocated so it is important to only use envelopes for the 2026/27 financial year. Thank you for your continued generosity.

THE LEGACY OF ST FRANCIS - A fully edited version of the recent talk given by Fr Alban McCoy OFM Conv to mark eight hundred years since the death of St Francis of Assisi is now available free of charge from the home page of www.whatgoodnews.org The talk was given at the Catholic Church of Christ the Eternal High Priest in Gidea Park on 2nd May.

PARISH MARCH DRAW 1st PRIZE TICKET NUMBER 04573, 2nd PRIZE TICKET NUMBER 06485, 3rd PRIZE TICKET NUMBER 06786. TICKETS FOR THE **MAY DRAW** WILL BE AVAILABLE FROM SATURDAY, 2ND MAY – YOU'VE GOT TO BE IN IT TO WIN IT!

TO MAKE A DONATION PLEASE SCAN THE QR CODE FOR THE APPROPRIATE AMOUNT

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			

WEEKLY COLLECTION

Plate Collection £744.51 | Envelopes £788.67 | Digital Plates £304.00 | Total £1837.18

Thank you for your generous support of the Parish

WEEKLY PARISH SURGERY	If you wish to speak to Fr John about Baptism, Marriage, the signing of forms or any other matters, please come to the Parish Surgery each Monday between 5.30 and 6.30 in the Parish Centre
PARISH OFFICE	THE PARISH OFFICE is open 5 days a week from 9am until 1pm. All normal enquiries can be made by phone 0207 476 4129 or email, canningtown@brcdt.org . All enquires made after 1pm will be answered the next working day.
ARE YOU INTERESTED IN BECOMING A CATHOLIC?	If you are considering becoming a Catholic or would like to know more about the Catholic faith then please have a word with Fr John. You may like to go online and have a look at the following websites. www.catholic.com/tract/how-to-become-a-catholic https://mycatholic.life/rcia/ Meeting on Tuesdays at 6.30pm
REPOSITORY	The Repository Shop for the sale of religious articles is open from 10.00 – 12.00 Noon, seven days a week, and after the 12 Noon Mass on Sundays.
BAPTISM	Baptisms are celebrated on the First and Third Saturday of the month at 12.00, apart from August. Registration for Baptism can be made on any Monday at the Parish Surgery between 5.30 and 6.30 pm in the Parish Centre behind St Margaret's Church. Baptism Preparation usually takes place on the second Saturday of the month, at 10.00 in the Parish Centre, when the date of the baptism will be confirmed.
FIRST HOLY COMMUNION	The preparation for the Sacraments of First Confession and First Holy Communion takes place each year. There are two Groups: St Helens Group, for children attending the Parish School, and the Parish Group, for children attending Catholic schools outside of the Parish and children attending Non-Catholic Schools. Registration for both groups takes place in October each year.
CONFIRMATION	REGISTRATION has now taken place. Anyone wishing to make their confirmation, please see Fr John.
MARRIAGE	Couples who wish to get married must give at least SIX MONTHS' notice. This is vitally important for those who are getting married abroad. Please see Fr. John
ANOINTING OF THE SICK	People wishing to receive the Sacrament of the Sick, who are housebound or in hospital, should contact one of the priests. If you are in hospital, ask the nursing staff to call for the Duty Catholic Chaplain or call the Parish phone number 0207 476 4129
FUNERALS	If a family member or friend has died please let us know so that we may remember them at Mass. In regard to the Funeral arrangements, please contact a local Undertaker who will liaise with the Parish to arrange your requirements for the funeral. If you need to find an Undertaker, please speak to one of the priests.
CERTIFICATES	BAPTISMAL AND CONFIRMATION CERTIFICATES. The Parish issues these certificates are an important document. Please make sure you keep them safe. We are experiencing a high demand of requests for Copies of the original certificates. This presents a great demand on a very small Parish Office. So, in the future, if you wish to have a copy, there will be an administrative fee of £5.00

PARISH CONTACTS	
Parish Secretary: Marie O'Hanlon	Monday – Friday 9am – 1pm 020 7476 4129
Franciscan Missionaries of Mary (FMM)	Sister Agnes, St Margaret's Convent Bethell Avenue, E16 4JU 020 7511 3463
Franciscan Friars of the Renewal (CFR)	Father Francesco, St Fidelis Friary Killip Close E16 1LX 020 7474 0766
St Helen's School	Headteacher: Claire Doherty Chargeable Lane, E13 8DW 020 7476 1785
Parish Safeguarding Officer	Mary West 0207 476 4129 – canningtown@brcdt.org
Parish Sister:	Sister Barbara 020 8525 4229/07591016649
St Bonaventure's Boys School;	Headteacher: Chris McCormack Boleyn Rd, Forest Gate, E7 9QD 0208472 2749
St Angela's Girls School	Headteacher: Mark Johnson, St George's Rd, Forest Gate E7 8HX 020 8472
Youth Representative	smctyouthcouncil@gmail.com