

Op-In to Receive SMS Texts

☐ By checking this box and entering your phone number, you agree to receive text messages from Carpe Momentum School of Jiu-Jitsu at the mobile number provided. Consent is not a condition of any purchase. Reply STOP to cancel or HELP for help.

Carpe Momentum School of Jiu-Jitsu SMS Terms & Conditions

1. **Program description:** When opted-in, you will receive text messages (SMS/MMS) to your mobile number. These kinds of messages may include a response to an inquiry, real-time texts to ask and answer questions about our services and pricing, notice of upcoming events at the gym, and appointment confirmations.

2. **Program frequency:** Message frequency will vary depending on the conversation.

3. **Opt-out:** You can opt-out of this service at any time. Just text "STOP" to the phone number. After you text "STOP" to us, we will send you an SMS reply to confirm that you have been unsubscribed. After this, you will no longer receive SMS messages from us. If you want to join again, just sign up as you did the first time or text "START," and we will start sending SMS messages to you again.

4. **Help:** If you are experiencing any issues, you can reply with the keyword HELP. Or, you can get help directly from us at: <https://www.cmsojj.com/contact>.

5. **Interruption:** Carriers, such as AT&T, are not liable for delayed or undelivered messages.

6. **Costs:** Message and data rates may apply for any messages sent to you from us and to us from you. If you have any questions about your text plan or data plan, please contact your wireless provider.

7. **Privacy:** If you have any questions regarding privacy, please read our privacy policy below

Carpe Momentum School of Jiu-Jitsu SMS Privacy Policy

Effective Date: September 1st, 2026

Carpe Momentum School of Jiu-Jitsu ("we") respects your privacy and is committed to protecting your personal information. This section outlines how we collect, use, and share information when you opt in to receive SMS text messages from us.

Information We Collect:

When you sign up or opt-in to receive text messages from us, we may collect:

- Your mobile phone number

- Your first and last name (if provided)
- Any explicit consent records or preferences you submit

How We Use Your Information:

We use the collected information strictly to:

- Send you the SMS messages and alerts you opted-in to receive (e.g., account updates, customer support, or service reminders)
- Provide relevant content, promotions, or updates based on your preferences

Sharing Your Information:

- **No Marketing Sharing:** We **do not** share, sell, rent, or trade your mobile phone number, text content, or opt-in data with any third parties or affiliates for their own marketing or promotional purposes.
- **Service Providers:** We may share data with trusted third-party vendors who help us deliver text messages (such as SMS platform providers), strictly under confidentiality and data protection agreements.

Your Opt-Out Rights:

You can cancel the SMS service at any time. Just reply **"STOP"** to any text message we send. After you send "STOP," we will send you a reply to confirm that you have been unsubscribed. You will no longer receive text messages from us.

If you want to join again, sign up as you did the first time, and we will start sending messages to you again.

Data Security & Retention:

We use reasonable and appropriate technical and organizational security measures to protect your mobile data from unauthorized access, loss, or misuse. We retain your mobile information only as long as you remain opted in to our text program.

Contact Us:

If you have any questions or concerns regarding our privacy practices or text messaging terms, please contact us at [cmsoji@gmail.com], [(573)310-5710], or visit [<https://www.cmsoji.com/contact>].