

Ear, Nose & Throat

Inner Ear – Stapedectomy;
Mastoidectomy (Simple);
Tympanoplasty and Mastoidectomy;
Myringoplasty; Ossiculoplasty;
Bilateral Submucosal Resection of
Turbinates; Septoplasty; Sinus /
Turbinates; Bilateral Parotidectomy;
Thyroidectomy – Total or Partial,
Complex; Adenoidectomy;
Adenoidectomy and BMT;
Tonsillectomy; Frenulectomy;
Esophagoscopy – With or Without
Dilatation / Biopsy

Elbow

Arthroscopy; Bursectomy; Distal
Biceps Re-attachment; Ulnar Nerve
Transposition / Epicondylectomy

Foot & Ankle

Ankle Arthroscopy; Achilles Repair;
Tarsal Tunnel Release; Brostrom
Repair of Ankle / Reconstruction;
Bilateral Bunionectomy; Unilateral
Bunionectomy; Hammertoe
Reconstruction; Arthrodesis of Great
Toe / Metatarsophalangeal Joint;
Plantar Fasciotomy; Tarsal Tunnel
Osteotomy; Partial Excision of
Gastrocnemius Recession; Morton's
Neuroma Excision

General Surgery

Hemorrhoidectomy; Non-Urgent
Laparoscopic or Open
Cholecystectomy/Gall Bladder
Removal; All Hernia Repairs; Pilonidal
Cyst Removal; Non-Urgent
Laparoscopic Appendectomy

GI

Colonoscopy; EGD

GU

Anterior Repair; Epididymectomy /
Partial Epididymectomy; Total
Hydrocelectomy; Transurethral
Resection of Prostate; Mini-Arc
Urethral Suspension; Posterior Repair

Hardware Removal

Complex; Simple

Hip

Hip Arthroscopy (Simple or Complex)
With / Without Labral Repair; Total or
Partial Hip Arthroplasty (Repair) –
Includes Implants

Imaging

MRI; CT Scans; PET Scans;
Arthrograms; X-ray in conjunction
with MRI / CT

Knee

Arthroscopy; Anterior Cruciate
Ligament Repair with Allograft or
Autograft; Posterior Cruciate
Ligament Repair; Medial Collateral
Ligament; Tibial Tubercle Osteotomy;
Complete Synovectomy;
Chondroplasty; Medial & Lateral
Meniscectomy; Total or Partial Knee
Arthroplasty (Knee Replacement)

Shoulder

Rotator Cuff Repair – Arthroscopic
and Open; Shoulder Manipulation
(with/without anesthesia); Repair
Pectoralis Muscle Rupture; Bankart
Stabilization/Labral Repair; Distal
Clavicle Excision; Extensive
Debridement; Subacromial
Decompression – Arthroscopic; Total
Shoulder Arthroplasty / Replacement

Spine

Microdiscectomy; Lumbar
Laminectomy; Anterior Cervical
Discectomy with Fusion, 1 level
(includes hardware); Anterior
Cervical Discectomy with Fusion, 2
level (includes hardware)

Women's Health Surgery

Hysterectomy; Hysteroscopy

Wrist & Hand

Carpal Tunnel Release (Open or
Laparoscopic); Dupuytren's
Contracture; Trigger Finger; Excision
of lesion of tendon sheath or joint
capsule (e.g., cyst, mucous cyst, or
ganglion); Ganglion Excision;
Synovectomy / Tenosynovectomy

Other Specialties Offered*

Bariatric Surgery; Regenexx (non-
surgical treatment for orthopedic
issues)

(*if covered under the employer-
sponsored health plan)

This list provides a summary of elective procedures currently available through our Surgical & Imaging program. Surgery is available for all members age 18+ enrolled in group's medical plan.

Because we work with contracted facilities across the country, procedure availability may vary based on location. We are continually expanding access by adding new providers nationwide.

Please note: the program is designed for elective procedures and does not include urgent surgery/procedures requiring an acute hospital setting.