



# EUROPEAN CHAMPIONSHIP POWERLIFTING 2024

Unequipped and Equipped

Hosted by the : WDFPF

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Saturday 20<sup>st</sup> April – Sunday 21<sup>nd</sup> April



Saturday : 20<sup>th</sup> April Unequipped and Equipped  
all women

Men 52 – 56 – 60 – 67.5 – 75, – 82.5 KG

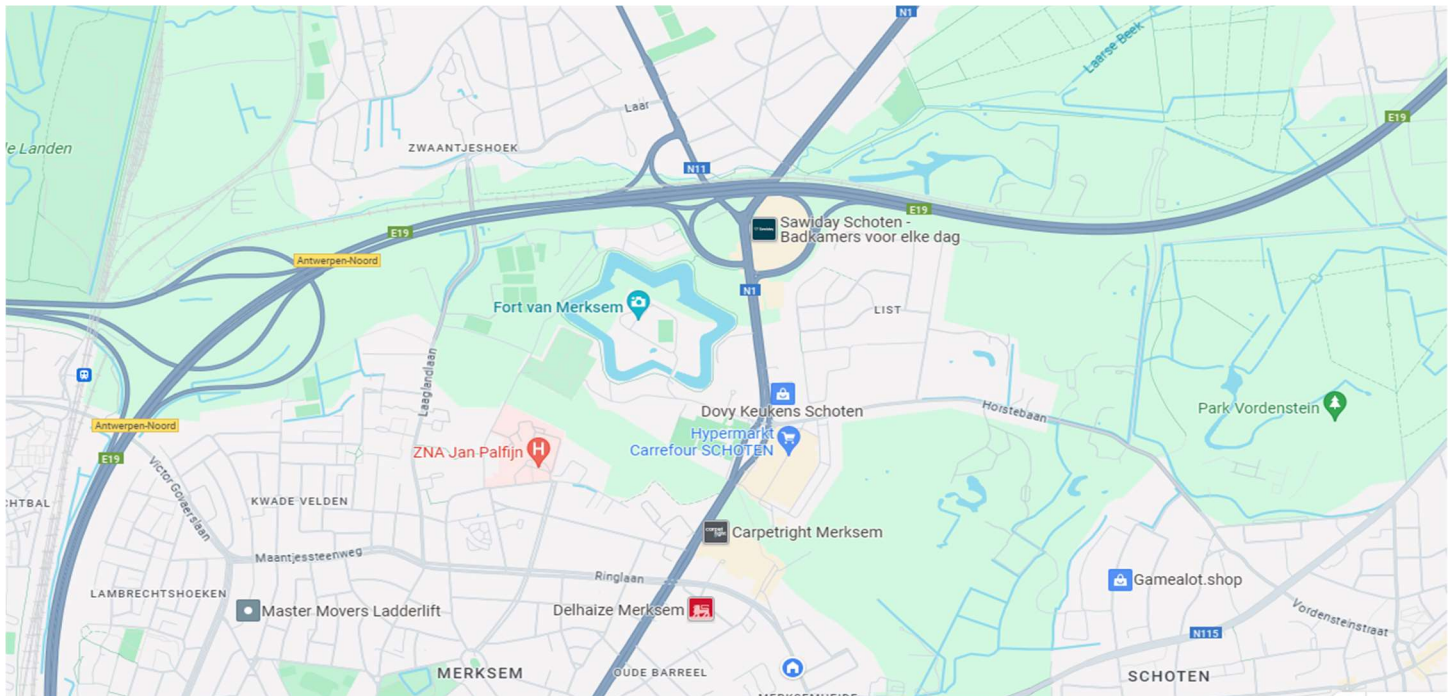
Sunday : 21<sup>th</sup> April Unequipped and Equipped  
Men 90 kg till +145kg

Spectators free entrance

Location:

“ Fort van Merksem “

Fortsteenweg 120, Merksem, Antwerp, Belgium



No breakfast at the venue

Food, snacks and drinks available during the competition

#### Airport to hotels nearby venue:

Int airport Deurne :	20 km
Int airport Brussel /zaventem	55 km
Brussel south	120 km
Eindhoven	100 km
Rotterdam / The Hague	120 km
Amsterdam Schiphol	155 km
Trainstations :	
Anwerpen Centraal	10 km
Berchem Station	15 km

#### Hotels near the venue:

Antwerp Harbour hotel\*\*\* 5 km    Noorderlaan 100, Antwerpen ( public transport to venue possible)

Novotel Luithagen \*\*\*\*\*    8 km    Luithagen-Haven 6, Antwerpen

Van de Valk Hotel \*\*\*\*\*    10 km    Luitenant Lippenslaan 66, Antwerpen

And many others hotels , Air BnB ...

## Schedule

The schedule could be adjusted depending on the number of female lifters

-Weigh inn both day's 7:30 – 8:30 re-weighs 8:30 - 9:00

-Saturday – Sunday

Competition start : 10:30 finish

2 platform competition : Eleiko equipment

4 warm-up stations : Eleiko equipment

Trophies for each athlete + certificate

Entrée fee : 85 € 1 competition for 2 competitions 120 €