

17. GDFPF e. V. Deutsche Meisterschaften Powerlifting im Single Event

21. & 22. März in Vechta

Kniebeugen

	GK Name	Geschlecht	Alter	Kat.	Gewicht	1.	2.	3.	4.	Equipment
1	63 Christiane Forner	W	42	M1	62.7	115	-120			RAW
1	63 Nina Sattler	W	19	T3	61.5	95	107.5	115		RAW
1	70 Justine Maria Troup	W	44	M1	68	120	125	-130		RAW
1	70 Fiona Feiertag	W	26	Sr	69.9	-87.5	92.5	-97.5		RAW
1	80 Jenny Nöhrnberg	W	27	Sr	75.8	90	100	105		RAW
1	100 Alexandra Baum	W	45	M2	97.5	60	65	70	75	RAW
1	80 Sonja Kappe	W	47	M2	78.6	110	-115	117.5		EQUIPPED
1	80 Birte Schieder	W	31	Sr	79.2	130	140	-143		EQUIPPED
2	80 Petra Bajac	W	29	Sr	77.3	105	110	117.5		EQUIPPED
1	90 Bianca Hoffmann	W	45	M2	89.2	-115	-120	125		EQUIPPED
1	60 Michael Grünberg	M	59	M4	57.9	90	-100	100		RAW
1	67.5 Tymofii Motora	M	17	T2	65.3	135	145	-150		RAW
1	75 Mathias Heinlein	M	46	M2	73.2	-175	180	185	187.5	RAW
1	75 Tristan Soremba	M	27	Sr	73.2	147.5	152.5	-157.5		RAW
1	75 Constantin Schindelhauer	M	15	T1	75	90	95	105	-116	RAW
1	82.5 Martin Tischler	M	20	Jr	81.7	180	185	190		RAW
1	82.5 Michael Meyhöfer	M	46	M2	81.7	90	100	-102.5		RAW
1	82.5 Jürgen Luxem	M	55	M4	76.6	-90	100	110		RAW
DQ	82.5 Viktor Schlinger	M	74	M7	80.9	-130				RAW
1	82.5 André Hendrich	M	37	Sr	81.1	192.5	202.5	-208		RAW
2	82.5 Felix Nemet	M	26	Sr	80.1	-180	-185	190		RAW
3	82.5 Felix Aberle	M	35	Sr	81.7	165	175	185		RAW
4	82.5 Artur Sommer	M	32	Sr	80.8	155	160	170		RAW
5	82.5 Cedric Bauer	M	30	Sr	78.7	140	-150	150		RAW
6	82.5 Tim Aminger	M	26	Sr	81.3	150	-157.5	-160		RAW
1	82.5 Sebastian Haaff	M	43	M1	75.8	160	170	182.5	-190.5	RAW
1	90 Sammy Al-Ayyoubi	M	43	M1	88.6	160	167.5	-170		RAW
1	90 Arthur Neumüller	M	75	M8	83.9	80	-90	-90		RAW
1	90 Paulo Alexandre Varela M:	M	29	Sr	87.7	200	220	-230		RAW
2	90 Tim Below	M	34	Sr	90	185	202.5	212.5		RAW
3	90 Ilker Gümüs	M	28	Sr	90	160	175	190		RAW
4	90 Dawid Syrecki	M	27	Sr	86	125	-130	135		RAW
1	90 Taylor Lukas Mungay	M	18	T3	86.1	155	165	170		RAW
1	100 Alexander Bauer	M	36	Sr	92.2	175	185	195		RAW
2	100 Christopher Knopf	M	29	Sr	97.6	170	177.5	187.5		RAW
3	100 Frank Robert Kulow	M	37	Sr	99	170	182.5	187.5		RAW
DQ	110 Louis Fliegner	M	23	Jr	108.3	-235				RAW
1	110 Ansgar Dressler	M	55	M4	105.4	175	185	190		RAW
1	110 Steffen Richter	M	60	M5	103.4	-186	191	-202		RAW
1	125 Martin Tetzlaff	M	54	M3	122.6	180	200	215		RAW
1	125 Hamid Sharif Netaj	M	56	M4	119.5	-160	-160	160		RAW
2	125 Daniele Perri	M	57	M4	114.4	145	155	-162.5		RAW
1	125 Daniil Vitkin	M	24	Sr	120.3	230	242.5	255		RAW
2	125 Andre Kratz	M	32	Sr	112.1	175	185	-195		RAW
1	145+ Marc Philip Wittrowski	M	35	Sr	163	-200	210	-220		RAW

1	90 Patrick Sachs	M	33	Sr	86.6	195	205	215		EQUIPPED
1	110 Louis Fliegner	M	23	Jr	108.3	230	245	257.5	265	EQUIPPED
1	110 Jonathan Javier Fröhlich C	M	34	Sr	101.1	200	215	225		EQUIPPED
1	125 Martin Tetzlaff	M	54	M3	122.6	200	215	225		EQUIPPED
1	125 Daniel Dzalto	M	24	Sr	123.4	180	190	210		EQUIPPED
1	145 Udo Ahlvers	M	53	M3	125.7	165	180	190		EQUIPPED

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Bankdrücken

	GK Name	Geschlecht	Alter	Kat.	Gewicht	1.	2.	3.	4.	Equipment
1	55.5 Vivien Spies	W	27	Sr	54.6	45	50	-55		RAW
1	63 Christiane Forner	W	42	M1	62.7	67.5	72.5	-75		RAW
1	63 Nina Sattler	W	19	T3	61.5	60	67.5	75	-77.5	RAW
1	70 Justine Maria Troup	W	44	M1	68	70	75	-77.5		RAW
1	70 Fiona Feiertag	W	26	Sr	69.9	50	55	-60		RAW
1	80 Sonja Kappe	W	47	M2	78.6	60	-65	-65		RAW
1	80 Birte Schieder	W	31	Sr	79.2	75	80	-82.5		RAW
2	80 Jenny Nöhrnberg	W	27	Sr	75.8	60	65	70		RAW
1	90 Bianca Hoffmann	W	45	M2	89.2	50	-55	55		RAW
1	100 Alexandra Baum	W	45	M2	97.5	40	45	47.5	-50	RAW
1	60 Michael Grünberg	M	59	M4	57.9	70	75	77.5	-80	RAW
1	67.5 Tymofii Motora	M	17	T2	65.3	105	110	-115.5		RAW
1	75 Mathias Heinlein	M	46	M2	73.2	-100	105	112.5		RAW
1	75 Daniel Vahl	M	26	Sr	73.2	-100	110	120		RAW
2	75 Tristan Soremba	M	27	Sr	73.2	-112.5	117.5	-120		RAW
1	75 Constantin Schindelbauer	M	15	T1	75	50	55	-60		RAW
1	82.5 Martin Tischler	M	20	Jr	81.7	142.5	147.5	-150		RAW
1	82.5 Michael Meyhöfer	M	46	M2	81.7	80	90	-100		RAW
1	82.5 Jürgen Luxem	M	55	M4	76.6	90	100	-102.5		RAW
1	82.5 Viktor Schlinger	M	74	M7	80.9	95	-100	100		RAW
1	82.5 Felix Nemet	M	26	Sr	80.1	135	142.5	150		RAW
2	82.5 Artur Sommer	M	32	Sr	80.8	142.5	150	-152.5		RAW
3	82.5 Felix Aberle	M	35	Sr	81.7	-130	135	140		RAW
4	82.5 Tim Aminger	M	26	Sr	81.3	125	130	135		RAW
5	82.5 André Hendrich	M	37	Sr	81.1	-125	130	-132.5		RAW
6	82.5 Cedric Bauer	M	30	Sr	78.7	90	-100	-100		RAW
1	82.5 Alex Grass	M	53	M3	81.7	115	120	125	-130	RAW
1	82.5 Sebastian Haaff	M	43	M1	75.8	100	110	112.5		RAW
1	82.5 Nicolas Montag	M	17	T2	80.8	92.5	100	105	111	RAW
1	90 Sven Bergschneider	M	40	M1	87.3	112.5	117.5	-122.5		RAW
2	90 Sammy Al-Ayyoubi	M	43	M1	88.6	110	-115	-115		RAW
1	90 Tobias Lier	M	47	M2	88.6	-145	160	170	-175	RAW
1	90 Wolfgang Meyer	M	58	M4	88.8	110	115	-122.5		RAW
1	90 Arthur Neumüller	M	75	M8	83.9	75	80	-85		RAW
1	90 Patrick Sachs	M	33	Sr	86.6	147.5	157.5	165		RAW
2	90 Paulo Alexandre Varela M.	M	29	Sr	87.7	140	150	157.5		RAW
3	90 Bill Joe Bünger	M	28	Sr	89.9	145	152.5	157.5		RAW
4	90 Tim Below	M	34	Sr	90	135	145	-150		RAW
5	90 Bartosz Kobrzynski	M	30	Sr	87.2	132.5	137.5	140		RAW
6	90 Ilker Gümüs	M	28	Sr	90	105	-115	120		RAW
7	90 Dawid Syrecki	M	27	Sr	86	100	-110	115		RAW
8	90 Anton Prediger	M	28	Sr	86.8	105	112.5	-120		RAW
DQ	90 Christopher-Mark Wolf	M	42	M1	88.8	-140	-150	-160		RAW
1	90 Eymen Kama	M	17	T2	89.3	105	-110	-110		RAW
1	90 Taylor Lukas Mungay	M	18	T3	86.1	90	-100	-100		RAW

1	100	Andreas Kling	M	59	M4	94.8	160	165	-170		RAW
1	100	Thorsten Ritter	M	61	M5	97.9	-135	135	-145		RAW
1	100	Frank Robert Kulow	M	37	Sr	99	150	160	-165		RAW
2	100	Christopher Knopf	M	29	Sr	97.6	155	-167.5	-167.5		RAW
3	100	Alexander Bauer	M	36	Sr	92.2	130	135	140		RAW
1	110	Louis Fliegner	M	23	Jr	108.3	130	137.5	140		RAW
1	110	Markus Ax	M	45	M2	108.7	-126	-126	126	-135	RAW
1	110	Ansgar Dressler	M	55	M4	105.4	130	135	-140		RAW
1	110	Olaf Stingl	M	60	M5	104.6	130	140	-150		RAW
1	110	Martin Schenk	M	31	Sr	108.8	-170	175	186	190	RAW
2	110	Jonathan Javier Fröhlich C	M	34	Sr	101.1	147.5	152.5	-157.5		RAW
3	110	Tom Martins Mota Hornun	M	35	Sr	108.1	-105	-110	-110		RAW
1	125	Martin Tetzlaff	M	54	M3	122.6	-205	205	211	-215	RAW
1	125	Daniele Perri	M	57	M4	114.4	122.5	130	137.5		RAW
2	125	Hamid Sharif Netaj	M	56	M4	119.5	-120	120	125		RAW
1	125	Jan Welz	M	39	Sr	112.2	160	167.5	175		RAW
2	125	Daniil Vitkin	M	24	Sr	120.3	150	160	162.5		RAW
3	125	Daniel Dzalto	M	24	Sr	123.4	110	122.5	-135		RAW
4	125	Andre Kratz	M	32	Sr	112.1	105	-112.5	-115		RAW
1	145	Udo Ahlvers	M	53	M3	125.7	110	117.5	125		RAW
1	145+	Marc Philip Wittrowski	M	35	Sr	163	150	-155	155		RAW
1	90	Wolfgang Meyer	M	58	M4	88.8	-115	-115	117.5	-125.5	EQUIPPED
1	90	Patrick Sachs	M	33	Sr	86.6	-182.5	185	-190		EQUIPPED
1	100	Thomas Goldhahn	M	47	M2	94.4	-160	160	170		EQUIPPED
1	110	Steffen Richter	M	60	M5	103.4	110	-121	121	122.5	EQUIPPED
1	125	Martin Tetzlaff	M	54	M3	122.6	165	175			EQUIPPED

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Kreuzheben

	GK Name	Geschlecht	Alter	Kat.	Gewicht	1.	2.	3.	4.	Equipment
1	53 Nicole Kling	W	50	M3	53.0	95	102.5	105		RAW
1	55.5 Vivien Spies	W	27	Sr	54.6	80	95	105		RAW
1	63 Christiane Forner	W	42	Sr	62.7	135	142.5	145		RAW
1	63 Nina Sattler	W	19	T3	61.5	132.5	142.5	150	155	RAW
1	70 Justine Maria Troup	W	44	M1	68	120	130	140	141	RAW
1	80 Sonja Kappe	W	47	M2	78.6	110	115	120		RAW
1	80 Birte Schieder	W	31	Sr	79.2	160	170	173		RAW
2	80 Jenny Nöhrnberg	W	27	Sr	75.8	120	130	142.5		RAW
1	90 Bianca Hoffmann	W	45	M2	89.2	120	130	140		RAW
1	100 Alexandra Baum	W	45	M2	97.5	90	100	105	110	RAW
1	60 Michael Grünberg	M	59	M4	57.9	150	160	165	171	RAW
1	67.5 Tymofii Motora	M	17	T2	65.3	190	205	215	220	RAW
1	75 Mihail Vrabie	M	23	Jr	73.3	215	225.5	225.5		RAW
1	75 Mathias Heinlein	M	46	M2	73.2	190	200	207.5		RAW
1	75 Tristan Soremba	M	27	Sr	73.2	200	210	215		RAW
2	75 Daniel Vahl	M	26	Sr	73.2	180	200	210		RAW
1	75 Constantin Schindelhauer	M	15	T1	75	130	140	150	155	RAW
1	82.5 Martin Tischler	M	20	Jr	81.7	200	205	210		RAW
1	82.5 Michael Meyhöfer	M	46	M2	81.7	130	140	140		RAW
1	82.5 Jürgen Luxem	M	55	M4	76.6	140	150	160		RAW
1	82.5 Roger Piron	M	65	M6	80.7	150	170	180.5		RAW
1	82.5 Viktor Schlinger	M	74	M7	80.9	150	160	168		RAW
1	82.5 Felix Nemet	M	26	Sr	80.1	240	260	275		RAW
2	82.5 André Hendrich	M	37	Sr	81.1	220	230	240		RAW
3	82.5 Felix Aberle	M	35	Sr	81.7	200	220	230		RAW
4	82.5 Tim Aminger	M	26	Sr	81.3	195	205	215		RAW
5	82.5 Artur Sommer	M	32	Sr	80.8	185	200	200		RAW
6	82.5 Cedric Bauer	M	30	Sr	78.7	180	190	200		RAW
1	82.5 Sebastian Haaff	M	43	M1	75.8	210	220	220		RAW
1	82.5 Roger Piron	M	65	M5	80.7	160	170.5	175		RAW
1	90 Sammy Al-Ayyoubi	M	43	M1	88.6	200	207.5	212.5		RAW
2	90 Sven Bergschneider	M	40	M1	87.3	180	190	202.5		RAW
1	90 Wolfgang Meyer	M	58	M4	88.8	175	195			RAW
1	90 Arthur Neumüller	M	75	M8	83.9	125	135	140		RAW
1	90 Paulo Alexandre Varela M.	M	29	Sr	87.7	250	260	270		RAW
2	90 Tim Below	M	34	Sr	90	225	240	250		RAW
3	90 Ilker Gümüş	M	28	Sr	90	185	205	225		RAW
4	90 Dawid Syrecki	M	27	Sr	86	175	185	195		RAW
1	90 Taylor Lukas Mungay	M	18	T3	86.1	205	220	225		RAW
1	100 Alessandro Corvaglia	M	47	M2	99.2	200	215	225	230	RAW
1	100 Frank Robert Kulow	M	37	Sr	99	260	275			RAW
2	100 Alexander Bauer	M	36	Sr	92.2	205	215	220		RAW
3	100 Christopher Knopf	M	29	Sr	97.6	190	200	217.5		RAW
1	110 Louis Fliegner	M	23	Jr	108.3	270	292.5	292.5		RAW
1	110 Ansgar Dressler	M	55	M4	105.4	250	260	265		RAW

1	110	Lars Steinborn	M	60	M5	109	-202.5	-202.5	202.5		RAW
1	110	Jonathan Javier Fröhlich C	M	34	Sr	101.1	250	270	-285		RAW
2	110	Sylwester Nowak	M	32	Sr	104.7	245	260	270		RAW
1	125	Daniele Perri	M	57	M4	114.4	200	-215	220		RAW
2	125	Hamid Sharif Netaj	M	56	M4	119.5	160	175	190		RAW
1	125	Martin Tetzlaff	M	54	M3	122.6	0	-180	180		RAW
1	125	Daniil Vitkin	M	24	Sr	120.3	250	270	280		RAW
2	125	Daniel Dzalto	M	24	Sr	123.4	200	230	240		RAW
3	125	Andre Kratz	M	32	Sr	112.1	200	207.5	-215		RAW
1	145	Udo Ahlvers	M	53	M3	125.7	190	205	215		RAW
1	145+	Marc Philip Wittrowski	M	35	Sr	163	230	240	250		RAW
1	90	Johannes Schädlich	M	42	M1	88.1	170	200	210	-215	EQUIPPED
1	90	Wolfgang Meyer	M	58	M4	88.8	200	215	-225		EQUIPPED
1	90	Patrick Sachs	M	33	Sr	86.6	195	215	225	-236	EQUIPPED
1	100	Michael Bauer	M	42	M1	92.7	220	250	270		EQUIPPED
1	100	Frank Robert Kulow	M	37	Sr	99	260	270	-280		EQUIPPED
1	125	Martin Tetzlaff	M	54	M3	122.6	180	200	215		EQUIPPED