



CALM alumina 



**MOOD
SUPPORT**

CALMaluma

An overwhelming sense of calmness

Introducing CALMaluma™

CALMaluma™ is a standardized *Caralluma Fimbriata* extract (CFE), developed through a patented process for extracting key constituents of the plant without chemically altering those constituents. This process has allowed Saanroo® to develop an effective, safe, and easy-to-use ingredient.

The beneficial outcome of its consumption is often an overwhelming feeling of calmness. CALMaluma™ has been clinically researched for both its safety and functionality.

CALMaluma™ Benefits

CALMaluma™ supports:

- Stress, frustration, and general nervousness*
- Cortisol levels in men*
- Adrenal response in men*

Why CALMaluma™?

- Botanical
- 1g
- FDA GRAS Notified (GRN 000500)
- Vegan / Vegetarian
- Halal and Kosher
- Non-GMO
- Formats: capsules, tablets, powders, gummies, RTD beverages



Clinical Data

Mood Support Study [1g]

G. Kell., et al., 2019. A randomised placebo controlled clinical trial on the efficacy of Caralluma fimbriata supplement for reducing anxiety and stress in healthy adults over eight weeks. Journal of Affective Disorders, 246, 2019, 619-626.

After the 8 week study, we found that there were statistically significant results in:

- Stress, frustration and general nervousness*
- Positive experience of emotion (aids relaxation)*
- Healthy cortisol levels for men*
- Healthy adrenal response in men*