



CENOPAUSE®


**MENOPAUSE
SUPPORT**



The non-estrogenic formula for menopause support



Introducing Genopause®

Genopause® is a blend of four Ayurvedic herbal extracts clinically shown to reduce menopausal symptoms such as hot flashes, mood changes, and sleep disturbances:

Tinospora cordifolia (Guduchi): to support a healthy immune system

Asparagus racemosus: for stress reduction support

Withania somnifera (Ashwagandha): to support for relaxation, mood and sleep

Commiphora mukul: to support healthy cholesterol and triglyceride levels already within a normal range

Genopause® Benefits

Genopause® supports:

- Reducing the frequency of hot flashes*
- A normal healthy attitude during menopause*
- A healthy mood*
- Restful sleep*

Why Genopause®?

- Botanical
- 1g
- Allergen free (Major 9)
- Vegan / Vegetarian
- Halal and Kosher
- Non-GMO
- Formats: capsules, tablets, softgels

Clinical Data

Menopausal Support Study

Steels, Elizabeth, et al. "A double-blind, randomized, placebo-controlled trial evaluating safety and efficacy of an ayurvedic botanical formulation in reducing menopausal symptoms in otherwise healthy women." Journal of Herbal Medicine 11 (2018): 30-35.

After the 12 week study, we found that Genopause® significantly reduces:

- Menopausal symptoms (MENQOL)*
- Vasomotor, psychosocial, physical, and sexual domain measurements*
- Hot flashes and night sweats*

This study demonstrates Genopause® to be a safe and effective treatment for reducing menopausal symptoms in healthy menopausal women.



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