

DEMONSTRATION DATA · NOT A REAL CLIENT

SAMPLE RESULTS · BASELINE HEALTH CHECK

What a Baseline *returns*

This is what you see in your client's record once their Baseline results arrive: every marker with its range, status and trend, grouped by health area. These screens come straight from the Vively practitioner dashboard.

Range & status

The bar shows the lab's normal range, with Vively's optimal range in green. The marker is the latest result, and the label says where it sits.

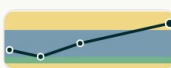
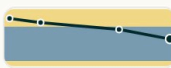
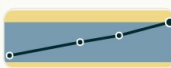
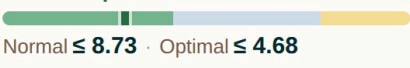
Change

A sparkline of up to the last four results, with the change since the earlier result.

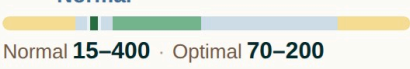
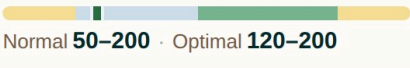
Grouping

Markers are grouped by health area, so you can read the record the way you work.

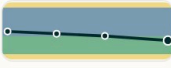
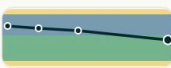
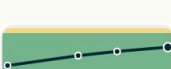
METABOLIC HEALTH · 5 of 7 markers shown

MARKER	RESULT	RANGE & STATUS	CHANGE
METABOLIC HEALTH 7 markers			
HbA1c 29 July 2026	5.8 %	 Normal 4–5.7 · Optimal 4–5.3	 +0.3 Since 20 Feb 2026
Fasting insulin 29 July 2026 Comment shared	8.2 mIU/L	 Normal 3–10 · Optimal 3–5	 -1.4 Since 30 Apr 2026
Fasting glucose 29 July 2026	5.4 mmol/L	 Normal 3.4–5.4	 +0.2 Since 30 Apr 2026
HOMA-IR 29 July 2026	0.72 Score	 Normal 1–2.9 · Optimal ≤ 1	 +0.03 Since 30 Apr 2026
TyG index 29 July 2026	3.37 Index	 Normal ≤ 8.73 · Optimal ≤ 4.68	 +0.07 Since 30 Apr 2026

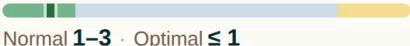
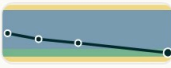
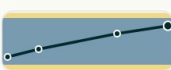
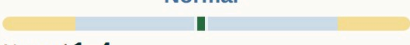
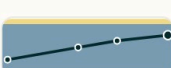
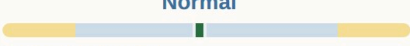
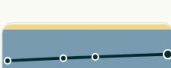
NUTRIENTS & BLOOD · 2 of 2 markers shown

MARKER	RESULT	RANGE & STATUS	CHANGE
NUTRIENTS & BLOOD 2 markers			
Ferritin 29 July 2026	42 µg/L	 Normal 15–400 · Optimal 70–200	 +5.0 Since 30 Apr 2026
Vitamin D 29 July 2026	62 nmol/L	 Normal 50–200 · Optimal 120–200	 +11 Since 30 Apr 2026

CARDIOVASCULAR HEALTH · 6 of 16 markers shown

MARKER	RESULT	RANGE & STATUS	CHANGE
CARDIOVASCULAR HEALTH 16 markers			
Apolipoprotein B 29 July 2026	0.72 g/L	Optimal  Normal 0.48–1.3 · Optimal ≤ 0.8	 -0.08 Since 30 Apr 2026
LDL cholesterol 29 July 2026	2.4 mmol/L	Optimal  Normal 1.7–3.5 · Optimal 1.5–2.6	 -0.4 Since 20 Feb 2026
Total Cholesterol 29 July 2026	4.38 mmol/L	Optimal  Normal 3.6–5.6 · Optimal 3.9–4.9	 +0.13 Since 20 Feb 2026
HDL Cholesterol 29 July 2026	1.34 mmol/L	Optimal  Normal 1–2 · Optimal ≥ 1.2	 +0.02 Since 30 Apr 2026
Non-HDL Cholesterol 29 July 2026	2.16 mmol/L	Optimal  Normal ≤ 3.4 · Optimal ≤ 3	 +0.03 Since 30 Apr 2026
Cholesterol Ratio 29 July 2026	2.52 Ratio	Optimal  Normal ≤ 5 · Optimal ≤ 3.5	 +0.08 Since 20 Feb 2026

INFLAMMATION & IMMUNITY · 4 of 10 markers shown

MARKER	RESULT	RANGE & STATUS	CHANGE
INFLAMMATION & IMMUNITY 10 markers			
High-sensitivity CRP 29 July 2026	0.8 mg/L	Optimal  Normal 1–3 · Optimal ≤ 1	 -0.5 Since 20 Feb 2026
Neutrophils 29 July 2026	4.64 ×10 ⁹ /L	Normal  Normal 2–7.5	 +0.1 Since 30 Apr 2026
Lymphocytes 29 July 2026	2.44 ×10 ⁹ /L	Normal  Normal 1–4	 +0.05 Since 30 Apr 2026
Eosinophils 29 July 2026	0.21 ×10 ⁹ /L	Normal  Normal 0.04–0.4	 +0.02 Since 20 Feb 2026

Demonstration data for illustration only. Lab ranges vary by laboratory. Vively optimal ranges support your interpretation and don't diagnose.