

GALDERMA

EST. 1981



GO BEYOND

WITH relfydess[®]

relabotulinumtoxinA

INFORMATION FOR PATIENTS TREATED WITH RELFYDESS

Relfydess is used in adults to temporarily improve the appearance of any moderate to severe vertical frown lines between the eyebrows (glabellar lines) and moderate to severe crow's feet lines, wrinkles at the outer corners of your eyes (lateral canthal lines), alone or in combination.¹ Discover what to expect from your treatment with Relfydess.

FOR FURTHER INFORMATION ABOUT RELFYDESS, PLEASE CONSULT YOUR HEALTHCARE PROFESSIONAL.

Not a real patient. For pictorial purposes only.

This patient material is only to be provided to patients treated with Relfydess.

What to expect with Relfydess

Frown lines and crow's feet form from repeated facial expressions. Over time, these lines and wrinkles become deeper and more noticeable.²⁻⁴

Your Healthcare Professional understands your expectations and knows the best way to meet them, which is why they believe Relfydess is right for you; Relfydess is an anti-wrinkle treatment created with PEARL™ Technology.⁵ Relfydess temporarily improves the appearance of moderate to severe vertical frown lines between the eyebrows and/or moderate to severe wrinkles at the outer corners of your eyes (crow's feet).¹

FAST RESULTS



You may see **visible results in as little as 1 day**, with up to 39% of patients seeing improvement within 24 hours. Individual results may vary and it can take up to a week to see the full effect.⁵⁻⁷

LASTING OUTCOMES



With Relfydess, **up to 75% of patients did not return to baseline at 6 months**. Individual results may vary and the effect of Relfydess will wear off at a different speed for everyone.^{5,7}

NATURAL LOOK



Relfydess **offers fast results** for a **natural, revitalised look**.

HIGHLY PURE PRODUCT



Relfydess has a **refined formulation** designed with **PEARL™ Technology**, keeping **only the essentials needed to achieve your desired results** – with no human – or animal-derived components*⁵

SUSTAINABLE APPROACH



Relfydess was designed with you, your skin, and the planet in mind. Created in a **carbon-neutral facility running on 100% renewable energy**, and packaged in a **sustainable and recyclable carton**^{6,8-10}

ESTABLISHED TOLERABILITY PROFILE



Relfydess has a **demonstrated tolerability profile** and is **well-tolerated in the long term**.^{†5,11,12}

See beyond with Relfydess

BEFORE AND AFTER RELFYDESS TREATMENT

Real example of a patients treated with Relfydess for frown lines and crow's feet.

SMILING



Baseline

Day 1

Month 1

Month 6

Individual results may vary.

FROWNING



Baseline

Day 1

Month 1

Month 6

Individual results may vary.



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Getting the best from your treatment

After Relfydess treatment, you may carry on with daily activities as normal, but it's recommended you follow the guidelines suggested by your Healthcare Professional. Some common aftercare recommendations, based on literature, include:



Avoid intense exercise

heavy lifting, or activities that could raise blood pressure and increase bruising for the next 24 hours^{13,14}



Avoid exposure to extreme heat

or activities that could cause flushing for 24 hours to prevent unwanted spread¹⁵



Avoid massaging the injected area

for the first 4 hours after treatment to reduce the potential risk of unwanted or uneven spread¹⁴



Avoid lying on your front

for the first 4 hours after treatment to prevent unwanted spread¹⁴

Understanding side effects

In clinical studies, the most commonly reported side effects were:^{1,6}

- Injection site bruise
- Headache
- Drooping of the upper eyelid
- Injection site pain
- Local muscle weakness around the eyes like drooping of brow

If you do experience any side effects, most of them are minor, typically occur within the first month following treatment, and are usually temporary.^{1,6}

IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT YOUR TREATMENT, PLEASE CONTACT YOUR HEALTHCARE PROFESSIONAL.

Important instructions from your Healthcare Professional

Relfydess treatment follow-up

Your Healthcare Professional will generally recommend that you attend a follow-up appointment about 2 weeks after your treatment to review the result.

As the onset and duration of results may vary from person to person, please speak to your Healthcare Professional about a personalised treatment plan.

Clinic details:

Clinic name: _____

Clinic phone number: _____

Follow-up appointment:

Date: _____

Time: _____

Healthcare Professional name: _____

Next Relfydess treatment:

Date: _____

Time: _____

Comments: _____



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relfydess® Important tolerability information

relabotulinumtoxinA

*Relfydess is a complexing protein-free, highly pure neuromodulator formulated without any human- or animal-derived components.⁵

†Based on the Facial Lines Treatment Satisfaction Questionnaire completed by all intention-to-treat patients treated with Relfydess in the READY-1 and -2 studies. 94% (glabellar lines, n=218) and 87% (lateral canthal lines, n=226) of patients at Month 1 and 77% (glabellar lines, n=210) and 71% (lateral canthal lines, n=223) at Month 6 were satisfied or very satisfied with their treatment. To account for both glabellar lines and lateral canthal lines, the overall satisfaction remains at around 90%.^{5,11,12}

References: 1. Relfydess® Consumer Medicine Information. 2. Finn CJ, et al. *Dermatol Surg*. 2003;29:450–5. 3. Trookman N, et al. *J Clin Aesthet Dermatol*. 2009;2:38–43. 4. Walker HM, Chauhan PR. 2022. Anatomy, Head and Neck: Glabella. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing. 5. Shridharani SM, et al. *Aesthet Surg J* 2024;44(12):1330–40. 6. Relfydess® Product Information. 7. Ablon G, et al. *Dermatol Surg* 2024 Dec 18. Online ahead of print. 8. Galderma. Data on file. CarbonNeutralR Manufacturer Certificate. September 2023. 9. Galderma. Data on file. Renewable energy. 2023–2024. 10. Galderma. Data on file. SS-EN ISO 14001:2015 Certificate. April 2023. 11. Galderma Laboratories. MA-47073. Clinical Study Report for Protocol 43QM1901: READY-2. Fort Worth, TX: 2021. 12. Galderma Laboratories. MA-47072. Clinical Study Report for Protocol 43QM1602: READY-1. Fort Worth, TX: 2021. 13. King M, et al. *J Clin Aesthet Dermatol*. 2017;10:E1–4. 14. Kane MA, Monheit G. *Aesthet Surg J*. 2017;37(suppl.1):S12–S19. 20. 15. Small R. *Am Fam Physician*. 2014;90:168–75.

Relfydess prescription medicine contains 150 units of relabotulinumtoxinA for the treatment of frown lines and crow's feet around the eyes. Relfydess lasts up to 6 months and further courses of treatment may be necessary. It should only be administered by trained medical professionals. Relfydess has risks and benefits. Ask your healthcare professional if Relfydess is right for you and to explain the possible side effects. Tell them if any side effects concern you. ALWAYS FOLLOW THE INSTRUCTIONS YOU ARE GIVEN. For details on precautions and side effects, see the Consumer Medicines Information at www.medsafe.govt.nz or consult your healthcare professional. Unfunded for aesthetic indications. Product and treatment costs apply.

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