

da vinci

PLASTIC SURGERY CLINIC

news

EMBRACE THE COOL AND INSTEP WITH YOUR BODY THIS SEASON



Winter, we welcome you!



SKINCARE,
BREAST MATTERS
AND RENUVION

Click through to our blog
for winter reading on these
key procedures and
products.

WITH WEATHER EXPERTS PREDICTING a frosty yet drier winter season, there's no time like the present to hone those body goals and sculpt, contour and peel back in line with dropping temperatures.

In the face department, we touchdown on the different types of facelift surgeries and their targeted approaches. And, there's no better time to press play on a TCA peel to replenish skin and undo accumulated sun damage.

With temperatures on the down-low, booking in a skin check whilst skin activity is settled and new spots are easier to identify, is essential for early detection and treatment.

If excess skin is dragging your body – and spirit – down following weight loss, surgery to excise, contour and sculpt could be an option.

Softwave

Not just another ultrasound skin-tightening treatment, **Softwave™** stands apart. This FDA-approved technology stimulates collagen and elastin at a precise depth and controlled temperature beneath the skin's surface to improve laxity, enhance lift and promote overall facial rejuvenation.

Unlike Ultherapy®, which delivers ultrasound energy to multiple skin layers up to 4.5 mm deep, **Softwave™** targets a single depth of 1.5 mm - just below the skin's surface where collagen is most abundant. Its precise depth and temperature help avoid damage to nerves, fat and blood vessels.

THERE'S NO ONE-SIZE-LIFT FITS ALL APPROACH

Lifting the lid on facelifts

WE'VE COME A LONG WAY since the pioneering days of the facelift, when skin was simply pulled back, excised, and a taut result revealed. Fast-forward over 100 years, and today's facelift offers multiple approaches, guided by facial anatomy, age, skin quality, and individual goals. Ultimately, facial harmony and rejuvenation depend on the skill of the surgeon.

So, which approach might be recommended?

Deep Plane Facelift – For nasolabial folds, marionette lines and jowls.

This technique releases deep facial ligaments beneath the muscles, allowing soft tissue and fat to be repositioned without tension on the skin. It offers a longer-lasting lift, reduced wound tension, fewer scar-related issues, and results that may last 10-15 years.

Temporal Lift – Targets upper-face ageing such as hooded eyelids, brow descent and forehead lines. The brow is lifted at the outer corners of the eyes, with incisions concealed within the scalp. This procedure can be performed under local anaesthetic.



Skin Cancer nz
Founding Member

WE ARE CELEBRATING! Da Vinci Plastic Surgery Clinic is founding member of the **Skin Cancer NZ Foundation Club**, supporting skin cancer prevention, early detection initiatives and improved access to skin cancer services and care across New Zealand.

Peel back to restore

THE WARMER MONTHS bring warmth and reprieve, but accumulated sun exposure can result in skin dyschromia – discoloration and pigmentation that can leave the skin with lighter or darker spots, blotches and patches. Restoring skin and undoing the damage can be achieved with our TCA peels. The treatment engages trichloroacetic acid to remove dead skin cells and stimulate new cell growth, gently exfoliating to improve skin tone and texture, conquer light wrinkles and fine lines, and reduce skin discolouration, freckles and age spots. Alongside smoother, revived skin, TCA peels can also aid treatment of certain skin conditions, including acne scarring and melasma. A mid-strength TCA peel can be performed in a lunchbreak, and we recommend four-to-six weeks between peels. You can expect radiant, shining results within two-to-five days after you stop peeling.



Checkmate

Prioritising your skin this winter



NEW ZEALAND has one of the highest rates of skin cancer in the world, yet 31% of Kiwis avoid mole checks. Left untreated, skin cancers can cause nerve damage, sore broken wounds, permanent scarring and even death. Fortunately, they're highly treatable—even melanoma—if found early.

Skin cancers can appear anywhere, so trained professionals examine hidden areas: inside and behind the ears, the scalp, fingernails and toenails, palms, soles, backs of legs, buttocks and between folds. Winter checks have advantages: summer freckling and tans have settled, and because we cover up more, a professional peel-back helps detect new or growing lesions sooner.

Any mole or patch that draws attention should be checked—especially if it burns, bleeds, hurts, ulcers, becomes raised or grows in diameter.

Don't ignore it.

Between professional skin checks, following an ABCDE mode of skin cancer examining, is what many skin cancer specialists recommended:

Asymmetry – questioning the mole shape,

Border – assessing a smooth or ragged edge,

Colour variation – pinpointing patches of white, red or blue,

Diameter – measuring the area across the mole and,

Evolving – questioning whether the spot has changed in any way.



Tighten & contour



Surgery after weight loss

WEIGHT LOSS brings relief—better blood pressure, less pain, more energy, improved sleep. But not every post-weight-loss body fits the ideal. Excess skin can cause rashes, chafing, limited mobility, neck/back pain from sagging, and reduced body confidence.

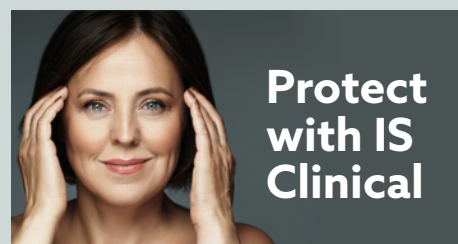
Our surgeons perform body-wide contouring after weight loss: arms, hips, thighs, tummy, breasts, and face. Excess skin is removed and areas contoured—sometimes with muscle tightening—to fit the smaller frame.

Upper-arm sag is treated by excising excess skin

for a toned look, usually with incisions along the underside of the arm. For sagging or deflated breasts, a lift reshapes and tightens tissue, corrects asymmetry, repositions the nipple, and resizes the areola.

For lower-abdomen excess, you may be a candidate for panniculectomy or abdominoplasty. Panniculectomy removes the hanging “apron” of skin that rubs and irritates. Abdominoplasty treats muscle separation, excess skin, and fat—removing skin and tightening underlying muscles.

Whatever the focus, an individual approach and qualified hands are always in season.



Protect with IS Clinical

PROTECTING YOUR SKIN

Protecting your skin year-round from harmful rays whilst locking in moisture is essential. We stock the IS Clinical range – including sunscreen, moisturisers, cleanser and lip balm. Included in the range are:

IS Clinical Eclipse 50 – A broad-spectrum sunscreen which provides maximum protection against harmful UV rays. Suitable for those with sensitive skin, this sunscreen won't inflame or irritate. Engaging Extremozyme® skin DNA protectants and powerful antioxidants, it works to prevent photoaging and sun damage, all with transparent and non-greasy coverage.

IS Lip Protect SPF 30 – Specifically formulated for the lips, this broad-spectrum balm delivers antioxidant-rich protection, with active ingredients like Vitamin E and coconut oil.

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