SIGNATURES

ID joes identity	REG	LRG	GS green shield	REG	LRG	GM green mile	REG	LRG	HS hydration station	REG	LRG	FG feel good	REG	LRG	HT herb tonic	REG	LRG
ice	5	6	ice	5	6	ice	5	6	ice	5	6	ice	5	6	ice	5	6
spinach	12	12	spinach	12	12	avocado	1	2	coco wat	4oz	6oz	ginger	2	3	ginger	2	3
lemon	2	3	ginger	2	3	spinach	12	12	spinach	12	12	turmeric	1	2	turmeric	1	2
kale	2	3	kale	2	3	kiwi	2	3	ginger	2	3	lemon	2	3	pineapp.	2	3
celery	2	3	cucumber	1	2	lemon	2	3	lemon	2	3	carrot	10oz	12oz	carrot	10oz	12oz
cucumber	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz
olive oil			olive oil			olive oil			olive oil			olive oil			olive oil		

JUICE / SHOTS

GT green tonic	REG	LRG	G-SP green sport	REG	LRG	POG prince of green	REG	LRG	DOC go away doc	REG	LRG	T-UNIT turmeric shot	one size	G-UNIT ginger shot	one size
ice	5	6	ice	5	6	ice	5	6	ice	5	6	turmeric	1	ginger	2
celery	3	4	cucumber	2	3	lemon	2	3	ginger	2	3	lemon	1	apple	half
kale	2	3	pineapple	2	3	pineapple	3	4	carrot	10oz	12oz	apple	half		
cucumber	16oz	20oz	apple	16oz	20oz	cucumber	16oz	20oz	apple	16oz	20oz				
olive oil			olive oil			olive oil			olive oil						

JUICE / SHAKES

STRESS stress down	REG	LRG	PMU pick me up	REG	LRG	IRON iron man	REG	LRG	SPRO coffee shake	REG	LRG	P power shake	REG	LRG	AVO avo shake	REG	LRG
ice	4	5	ice	4	5	ice	4	5	ice	9	11	ice	6	7	ice	6	7
strawberry	6	7	strawberry	6	7	strawberry	6	7	esp. beans	3	4	strawberry	6	7	avocao	2	3
ginger	2	3	banana	1	2	kiwi	2	3	espresso	dbl	trpl	banana	1	2	banana	1	2
apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	vanilla milk	12oz	16oz	vanilla milk	16oz	20oz	vanilla milk	16oz	20oz
olive oil			olive oil			olive oil											

SMOOTHIES

GUT trust your gut	REG	LRG	TN the nutty	REG	LRG	CF choco flex	REG	LRG	M.UP muscle up	REG	LRG	BB beets n berries	REG	LRG	BRAIN big brain energy	REG	LRG
			ALLERGY														
ice	6	6	ice	10	12	ice	10	12	ice	10	12	ice	6	9	ice	10	12
kefir	8oz	12oz	banana	3	3	banana	3	3	date puree	1	1	strawberry	6	7	spinach	12	12
strawberry	6	7	date puree	1	1	date puree	1	1	cacao powd.	1	2	banana	3	3	banana	3	3
banana	1	2	almond swirl	4	6	protein powd.	2	3	creatine powd.	1	1	date puree	1	1	date puree	1	1
date puree	1	1	maca powd.	1	1	cacao powd.	2	3	protein powd.	4	5	beet powd.	1	2	matcha	60oz	80oz
fibre powd.	1	1	protein powd.	2	3	pea drink	16oz	18oz	pea drink	12oz	16oz	protein powd.	2	3	brain blend	1	1
beet powd.	2	3	pea drink	16oz	18oz							pea drink	16oz	18oz	pea drink	16oz	20oz
pea drink	16oz	20oz															

ADD ONS

spinach	8		avocado	1		banana	1		carrot	2		espresso	1		fibre powd.	1
kale	1		kiwi	1		pineapple	1		almond swirl	2	A	date puree	1		creatine powd.	1
cucumber	1		matcha	60oz		ginger	1		cacao powd.	1		protein powd.	1		brain blend	1
celery	1		strawberry	4		turmeric	1		beet powd.	1		apple	2		ice	2