

SIGNATURES	ID joes identity			GS green shield			GM green mile			HS hydration station			FG feel good			HT herb tonic		
		REG	LRG		REG	LRG		REG	LRG		REG	LRG	⚡	REG	LRG	⚡	REG	LRG
	ice	5	6	ice	5	6	ice	5	6	ice	5	6	ice	5	6	ice	5	6
	spinach	12	12	spinach	12	12	avocado	1	2	coco wat	4oz	6oz	ginger	2	3	ginger	2	3
	lemon	2	3	ginger	2	3	spinach	12	12	spinach	12	12	turmeric	1	2	turmeric	1	2
	kale	2	3	kale	2	3	kiwi	2	3	ginger	2	3	lemon	2	3	pineapp.	2	3
	celery	2	3	cucumber	1	2	lemon	2	3	lemon	2	3	carrot	10oz	12oz	carrot	10oz	12oz
	cucumber	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz
	olive oil			olive oil			olive oil			olive oil			olive oil			olive oil		

JUICE / SHOTS	GT green tonic			G.SP green sport			POG prince of green			DOC go away doc			T-UNIT turmeric shot		G-UNIT ginger shot		
	⚡	REG	LRG	⚡	REG	LRG	⚡	REG	LRG	⚡	REG	LRG	⚡	one size	⚡	one size	
	ice	5	6	ice	5	6	ice	5	6	ice	5	6	turmeric	1	ginger	2	
	celery	3	4	cucumber	2	3	lemon	2	3	ginger	2	3	lemon	1	apple	half	
	kale	2	3	pineapple	2	3	pineapple	3	4	carrot	10oz	12oz	apple	half			
	cucumber	16oz	20oz	apple	16oz	20oz	cucumber	16oz	20oz	apple	16oz	20oz					
	olive oil			olive oil			olive oil			olive oil							

JUICE / SHAKES	STRESS stress down			PMU pick me up			IRON iron man			SPRO coffee shake			P power shake			AVO avo shake		
		REG	LRG		REG	LRG		REG	LRG		REG	LRG		REG	LRG		REG	LRG
	ice	4	5	ice	4	5	ice	4	5	ice	9	11	ice	6	7	ice	6	7
	strawberry	6	7	strawberry	6	7	strawberry	6	7	esp. beans	3	4	strawberry	6	7	avocao	2	3
	ginger	2	3	banana	1	2	kiwi	2	3	espresso	dbl	trpl	banana	1	2	banana	1	2
	apple	16oz	20oz	apple	16oz	20oz	apple	16oz	20oz	vanilla milk	12oz	16oz	vanilla milk	16oz	20oz	vanilla milk	16oz	20oz
	olive oil			olive oil			olive oil											

SMOOTHIES	GUT trust your gut			TN the nutty			CF choco flex			MUP muscle up			BB beets n berries			BRAIN big brain energy		
		REG	LRG	ALLERGY	REG	LRG		REG	LRG		REG	LRG		REG	LRG		REG	LRG
	ice	6	6	ice	10	12	ice	10	12	ice	10	12	ice	6	9	ice	10	12
	kefir	8oz	12oz	banana	3	3	banana	3	3	date puree	1	1	strawberry	6	7	spinach	12	12
	strawberry	6	7	date puree	1	1	date puree	1	1	cacao powd.	1	2	banana	3	3	banana	3	3
	banana	1	2	almond swirl	4	6	protein powd.	2	3	protein powd.	4	5	date puree	1	1	date puree	1	1
	date puree	1	1	maca powd.	1	1	cacao powd.	2	3	pea drink	12oz	16oz	beet powd.	1	2	matcha	60oz	80oz
	fibre powd.	1	1	protein powd.	2	3	pea drink	16oz	18oz				protein powd.	2	3	brain blend	1	1
	beet powd.	2	3	pea drink	16oz	18oz							pea drink	16oz	18oz	pea drink	16oz	20oz
	pea drink	16oz	20oz															

ADD ONS	spinach	8		avocado	1		banana	1		carrot	2		espresso	1		fibre powd.	1
	kale	1		kiwi	1		pineapple	1		almond swirl	2	A	date puree	1		creatine powd.	1
	cucumber	1		matcha	60oz		ginger	1		cacao powd.	1		protein powd.	1		brain blend	1
	celery	1		strawberry	4		turmeric	1		beet powd.	1		apple	2		ice	2