

PUBLISHED BY THE TEXOMA HOMELESS COALITION

V1



Texoma Social Services Resource Directory

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Levenson at Director@TexomaFamilyShelter.com

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**Office
DEPOT**

If you are experiencing an emergency, please call 911.
 For more programs or additional services, please call **2-1-1**.

This is a living document produced by the Texoma Homeless Coalition; it will require constant review and updates. Send updates to Director@TexomaFamilyShelter.com with the title Socail Services Directory UPDATE. Visit www.TexomaFamilyShelter.com for a PDF version. A special thanks to the Austin College SEPA Program, intern Lupita Reel, and Office Depot for their contributions to the creation and distribution of this resource guide.



Community resource information includes:

- Basic Needs
- Senior Services
- Veteran Services
- Child Care
- Employment Services
- Health Care
- Legal Services
- Disaster Resources

 www.211.texas.org











 2-1-1 or 1-877-541-7905



TABLE OF CONTENTS

Shelters (Homeless, Domestic Violence & Special Cases)	Pg. 3-4
Food Assistance (Meals on Wheels, Soup Kitchens, Food Boxes, etc.).....	Pg.5-7
Clothing	Pg. 7-8
Elderly & Veteran Services	Pg. 8-9
Medical Resources (see below)	Pg. 9-13
<ul style="list-style-type: none"> • Telehealth • Clinics & Hospitals • Women & Children • Prescription Assistance • Home Health Services • Dental Care 	
Behavioral, Mental Health & Addiction Resources	Pg.14-17
<ul style="list-style-type: none"> • Counseling Services • Local Psychiatrists • Substance Abuse Treatment (Inpatient & Outpatient) • Narcotics / Alcoholics Anonymous Meetings 	
Additional County, State & National Resources	Pg.18-19

SHELTERS


Shelter Name	Accepts	Cannot Accept
Fannin County		
Open Arms Shelter  (903) 449-4451  1205 Albert Broadfoot, Bonham, TX 75418	<ul style="list-style-type: none"> ● Men, women, families ● Closed 9-6pm daily ● Must have phone screening & interview w/ Manager ● Drug test & background checks 	<ul style="list-style-type: none"> ● No Drop-offs ● Failed drug test & background checks
Grayson County		
Family Promise of Grayson  (903) 771-0322  901 E Houston St, Suite 100 Sherman, TX 75090	<ul style="list-style-type: none"> ● Families with minor children ● Will help anyone with food/hygiene/resources ● Limited rent/utility help 	<ul style="list-style-type: none"> ● No Drop-offs ● Sex Offenders/Crime(s) Against Children/Elders ● Outstanding Warrants ● Recent Violence/Assault
Texoma Family Shelter  (903) 465-6041  331 W Morton St, Denison, TX 75020 Will help anyone with food boxes, coats, etc.	<ul style="list-style-type: none"> ● Families with children- ANY AGE, single women over 21, single men over 35, ● Must have ID adult & child ● Must be able to work ● Meet w/caseworker weekly ● Chores, curfews enforced 	<ul style="list-style-type: none"> ● No Drop-offs– Call for prescreening ● Failed drug test & background checks ● Not a DV refuge ● No Valid Gov ID ● Wheelchair, Serious Medical/Mental Conditions
The House of Eli  (903) 771-4339  123 S Ricketts St, Sherman, TX 75090	<ul style="list-style-type: none"> ● Homeless men aged 18-22 from juvenile justice or foster care ● Apply Online or In-Person ● Handbook and interview 	<ul style="list-style-type: none"> ● No Drop-offs– Call for prescreening ● Registered Sex Offender ● Not a recovery center
The Salvation Army of Grayson County  (903) 868-9602  5700 Texoma Pkwy, Sherman, TX	<ul style="list-style-type: none"> ● Men Only ● FIRST COME FIRST SERVE ● Meals 	<ul style="list-style-type: none"> ● Sex Offenders ● Arsonists ● EVENING SHELTER ONLY

CASE SPECIFIC SHELTERS


DOMESTIC VIOLENCE


COOKE COUNTY

Abigail's Arms

 (940) 665-2873

 201 Harvey St, Gainesville, TX 76240

 Mon–Thu 8:00–5:00; Fri 8:00–4:00

 Victims of domestic violence or violent crimes;
women, men & children


Abigail's Arms – 24 Hour Access


 1600 Aspen St, Gainesville, TX 76240

 24-hour access


FANNIN COUNTY

Fannin County Family Crisis Center

 (903) 583-7694


 118 E Sam Rayburn Dr, Bonham, TX 75418


 24-Hour Hotline, Counseling

 Crisis Intervention, Transportation to Emergency
Shelter

GRAYSON COUNTY

Crisis Center


 (903) 893-3909

 4200 N Travis St, Sherman, TX 75092

 Domestic Violence

OKLAHOMA


Family Shelter Southern OK


 (580) 226-3750

 420 Pawnee St NW, Ardmore, OK 73401


GRAYSON COUNTY

Foster Heritage

 (325) 374-6152

 Elderly Care & Housing
Housing for pay


Rising Roots

 (360) 878-1095

 Aging out of foster care, case-by-case


 Co-Ed / Co-Living. Utilities & laundry

 12-week or week-to-week pay

 \$800/month — call for info

SOBRIITY

Four Rivers Outreach

 (903) 870-4000


 210 S Rusk St,

Sherman, TX 75090

Men only Recovery Program


Day Labor, Dental Clinic, Thrift Store

Surrender House for Men

 (903) 271-9531

 521 W Morgan St, Denison, TX 75020




 Sobriety program

 \$80 per week




FOOD ASSISTANCE

COOKE COUNTY




Callisburg Meals on Wheels

 (940) 655-7375  100 McDaniel St,
Callisburg, TX 76240
 Tues & Thurs: 10:30 AM – 1:00 PM




Gainesville Meals on Wheels

 (940) 665-3493
 400 S Weaver St, Gainesville, TX 76240
 Mon – Fri: 8:00 AM – 1:00 PM




Living Word Ministries Food Pantry

 (940) 665-1191
 302 S Dixon St, Gainesville, TX 76240
 Tues & Thurs: 10:00 AM – 12:00 PM




Sacred Heart Food Pantry and Outreach Center

 (940) 759-3074
 120 Mesquite St, Muenster, TX 76252
 1st Wednesday: 5:30 PM – 7:30 PM
3rd Saturday: 9:00 AM – 11:00 AM

Valley View Center – Meals on Wheels




 (940) 665-3493
 503 N Lee St, Valley View, TX 76272
 Tues & Thurs: 10:00 AM – 1:00 PM

VISTO Clinic




 (940) 668-6403
 1305 N Clements, Gainesville, TX 76240
 Medication, food, and utility assistance

FANNIN COUNTY




Bonham Meals on Wheels

 (903) 583-8573
 210 E 6th St, Bonham, TX 75418
 Monday–Friday: 7:00 AM – 1:00 PM



Community Food Pantry of Honey Grove, TX

 281-832-8116 / 903-505-0250
 701 7th St, Honey Grove, TX
 1st & 3rd Thurs: 5:00–7:00PM, 4th Tues:
1:00 – 4:00 PM *Eligibility requirements*



Fannin County Community Ministries

 903-583-3663
 1022 FM 273, Bonham, TX
 Monday, Wednesday, Thursday, Friday:
8:00 – 11:45 AM *Eligibility Requirements*



Feeding Fannin – Mobile Food Distribution

 Ladonia City Square, 100 Center Plaza,
Ladonia, TX 75449 1st Tuesday: 9:00 AM
 Bonham Multipurpose Center, 700 FM 87,
Bonham, TX 75418 3rd Wednesday: 9:00 AM





Iglesia De Dios Tabernaculo de Alabanza

 404 Reed St, Honey Grove, TX 75446
 3rd Wednesday: 12:30 PM



Leonard Community Food Pantry

 First Methodist Church, 206 N. Main St,
Leonard, TX 75452
 1st Saturday & 3rd Monday: 10:00 AM –
12:00 PM

Manna House Food Pantry




 903-583-3910 / 903-583-7056
 914 S 5th St, Bonham, TX
 mannahouse@cbcbonham.org
 Tuesday: 1:00 – 5:00 PM

VA Mobile Food Pantry




 1201 E 9th St, Bonham, TX 75418
 2nd Wednesday: 9:30 AM

GRAYSON COUNTY

Barnabas Center

 (903) 462-0094
 2800 S Mirick Ave, Denison, TX 75020
 1st & 3rd Wed and Thurs of each month

Bells Meals on Wheels

 (903) 965-4517
 203 S Broadway St, Bells, TX 75414
 Mon – Fri: 7:30 AM – 12:30 PM

FOOD PANTRIES

Callie Clinic - Food, Meds, STD's

📞 (903) 891-1972
📍 1521 Baker Rd, Sherman, TX 75090
🕒 Mon–Fri: 8:00 AM – 5:00 PM | Food

Community Care Center

📞 (903) 965-4861
📍 301 S Pecan St, Bells, TX 75414
🕒 Tues: 9:00 AM – 5:00 PM | Food

Community Food Pantry of McKinney

📞 (972) 547-4404
📍 307 Smith St, McKinney, TX 75069
🕒 Mon–Wed: 11:00 AM – 3:30 PM
Thurs: 11:00 AM – 6:30 PM
Fri: 10:00 AM – 12:30 PM

Denison Helping Hands

📞 (903) 465-5101
📍 418 W Chestnut St, Denison, TX 75020

Denison Meals on Wheels

📞 (903) 463-1711
📍 531 W Chestnut St, Denison, TX 75020
🕒 Mon–Fri: 7:00 AM – 1:00 PM

Denison Soup Kitchen / Centrcross HEAT

📞 903.814.4587
📍 1030 W. Crawford, Denison TX 75020
🕒 M-F 8am to 10am breakfast/11am to 12:30pm lunch, some Sats, showers, laundry

East Sherman Baptist Church – Food Pantry

📞 (903) 892-6171
📍 910 E King St, Sherman, TX 75090

Family Promise 📞 (903) 771-0322

📍 901 E Houston St, Ste 100, Sherman, TX 75090

Feed My Sheep Inc. - Limited Service area

📞 (903) 814-0836 - Call first
📍 810 N Denny St, Howe, TX 75459
🕒 1st & 3rd Sat: 9:00 AM – 12:00 PM
2nd & 4th Fri: 3:00 PM – 6:00 PM

Grand Central Station Sherman

📞 (903) 957-0264
📍 619 E Houston St, Sherman, TX 75090
🕒 Mon-Fri Breakfast / Lunch till 1pm
Sat: Sack lunch at 9:00 AM

Grayson College Mobile Food Pantry

🕒 4th Wed of the month: 8:00AM – 12:00PM

Harvest Time Church

📞 (903) 771-2816
📍 222 S Heritage Pkwy, Sherman, TX 75092
🕒 Fri Drive-Thru: 8:00 AM – 10:30 AM

Key Care Mission 📞 (903) 868-2604

📍 921 E Houston St, Sherman, TX 75090

Lakeway Christian Community ReSale Barn

📞 (903) 786-2402
📍 518 FM 120, Pottsboro, TX 75076
🕒 Mon–Fri: 9:00 AM – 4:30 PM
Food, utility assistance, prescription aid

MasterKey Ministries

📞 (903) 771-2816
📍 209 S Heritage Pkwy, Sherman, TX 75092
🕒 Sat Drive-Thru: 8:00 AM – 10:30 AM

Park Avenue Church of Christ 📞 (903) 465-1288

📍 3000 S Park Ave, Denison, TX 75020

Pottsboro Meals on Wheels

📞 (903) 463-1711 | (903) 327-3728
📍 15015 TX-28, Pottsboro, TX 75076
🕒 Mon, Tues, Wed: 10:00 AM – 1:00 PM

Sacred Heart Food Pantry and Outreach Center

📞 (940) 759-3074
📍 120 Mesquite St, Muenster, TX 76252
🕒 1st Wed: 5:30 PM – 7:30 PM
3rd Sat: 9:00 AM – 11:00 AM

FOOD / CLOTHING

Trinity Lighthouse / Minora Ministry

☎ (940) 759-3074
📍 801 W. Owings St. Denison TX 75020
🕒 Mon-Fri 1pm-3:30pm; Sun after worship

Salvation Army – Sherman

☎ (903) 868-9602
📍 5700 Texoma Pkwy, Sherman, TX 75090
🕒 Mon, Wed, Fri: Food distribution

Sherman Meals on Wheels

☎ (903) 892-3733
📍 1500 N Broughton St, Sherman, TX 75090
🕒 Mon–Fri: 8:00 AM – 1:00 PM

St. Luke's Manna Ministries

☎ (903) 465-2630
📍 427 W Woodard St, Denison, TX 75020
🕒 Mon, Wed, Fri: 9:00 AM – 12:00 PM

Van Alstyne Meals on Wheels

☎ (903) 482-6341
📍 148 S Main Dr, Van Alstyne, TX 75495
🕒 Mon–Fri: 8:00 AM – 1:00 PM

Visions of Sugar Plums

☎ (903) 821-9243
📍 501 Spur 316, Ste 104, Pottsboro, TX 75076
Food to families & students most Fridays

Whitesboro Meals on Wheels

☎ (903) 564-6021
📍 105 Mineral St, Whitesboro, TX 76273
🕒 Mon–Fri: 7:00 AM – 1:00 PM

Whitewright Meals on Wheels

☎ (903) 364-5328
📍 123 W Grand St, Whitewright, TX 75491
🕒 Mon–Fri: 7:00 AM – 1:00 PM

CLOTHING

COOKE COUNTY

At the Treehouse Resale Store

☎ (940) 580-9280
📍 1311 N Grand Ave, Ste 100, Gainesville, TX

Second Time Around

☎ (940) 665-7939
📍 105 S Denton St, Gainesville, TX 76240

Helping Hands of Faith

☎ (940) 668-4393
📍 719 Smith St, Gainesville, TX 76240

FANNIN COUNTY

First Bonham Kids Free clothing for children

☎ (903) 583-8519 🕒 Thurs: 10am – 12 PM
📍 710 N Center St, Bonham, TX 75418

GRAYSON COUNTY

Bargain Box

☎ (903) 463-2398
📍 418 W Main St, Denison, TX 75020

Lakeway Christian Community Resale Barn

☎ (903) 786-2402
📍 518 FM 120, Pottsboro, TX 75076
💬 Free or low-cost depending on availability

Park Avenue Church of Christ / Barnabas Cen.

☎ (903) 462-0094
📍 2800 S Mirick Ave, Denison, TX 75020

Salvation Army Family Thrift Store




☎ (903) 813-4848 🕒 Mon–Sat: 10 AM – 4 PM
📍 426 W Houston St, Sherman, TX 75090

The Blessing Box Resale Store




☎ (903) 464-0977
📍 4006 Texoma Pkwy, Ste 107, Denison, TX

CLOTHING / ELDERLY & VETERAN SERVICES

The Ramblin' Closet

 (972) 741-8810
 142 S Main Dr, Van Alstyne, TX 75495
 Thurs–Sat: 11:00 AM – 2:00 PM




Pottsboro Meals on Wheels

 (903) 463-1711 | (903) 327-3728
 15015 TX-289, Pottsboro, TX 75076
 Tue/Wed/Thu: 10:00am–1:00pm




ELDERLY SERVICES

COOKE COUNTY

Callisburg Meals on Wheels

 (940) 655-7375
 100 McDaniel St, Callisburg, TX 76240
 Tue/Thu: 10:30am–1:00pm

Local Hearts




 (940) 736-0496
 117 E Main Street, Ste B, Lindsey, TX 76250
 Home care

Stanford House, Senior Citizen Center




 (940) 668-1451
 401 W Garnett St, Gainesville, TX 76240

GRAYSON COUNTY



Angel Hands

 (903) 716-5474
 Medicare, Medicaid & insurance
 Hospice & palliative care




Denison Meals on Wheels

 (903) 463-1711
 531 W Chestnut St, Denison, TX 75020
 Mon–Fri: 7:00am–1:00pm


Foster Heritage

 (325) 374-6152
 Elderly Care & Housing




Habitat for Humanity

 (903) 893-0009
 901 N Grand Ave, Sherman, TX 75090
 Mon–Fri: 8:30am–5:30pm



Texoma Council of Governments – Aging Services

 (903) 893-2161




United Way of Grayson County

 (903) 893-1920
 713 E Brockett St, Sherman, TX 75090
 Call 2-1-1 for local services, available funds, and support

Van Alstyne Meals on Wheels

 (903) 482-6341
 148 S Main Dr, Van Alstyne, TX 75495





Whitesboro Meals on Wheels

 (903) 564-6021
 105 Mineral St, Whitesboro, TX 76273
 Mon–Fri: 7:00am–1:00pm





VETERAN RESOURCES

FANNIN COUNTY

Sam Rayburn Memorial Veterans Center

 (903) 583-2111 | (833) 284-7212 | (903) 583-6241
 1201 E 9th St, Bonham, TX 75418
 24/7/365, Walk-Ins welcome
 Only for veterans who are homeless or at risk; access to VA and non-VA benefits

US Department of Veterans Affairs (VA)


 (800) 273-8255 | (800) 827-1000
 1201 E 9th St, Bonham, TX 75418
 Veterans Seeking Treatment
 Serves nationwide

VETERAN / MEDICAL RESOURCES


VETERAN RESOURCES


GRAYSON COUNTY


Elks Club 8600

 (903) 465-9610

Sherman VA Clinic


 (903) 487-0477

 1715 Texoma Pkwy, Sherman, TX 75090

 Mon–Fri: 8:00 AM – 4:30 PM

 Veterans Only


Veterans Peer Group (VISTO)

 (940) 668-6403

 1305 N Culberson, TX 76240

 Meets at VISTO

Walker House


 (903) 267-0166

 1100 W Walker St, Denison, TX 75020


MEDICAL

Telehealth

Pottsboro Library Telehealth

 (903) 786-8274


 104 N Main St, Pottsboro, TX


 Provides space for private online meetings.

Partnered with UNT Health Sciences

Twentyeight Health

 twentyeighthealth.com


 Provides affordable, accessible birth control options including pill, patch, ring, and emergency contraception


 Accepts Medicaid, no insurance required

Clinics & Hospitals


COOKE COUNTY

Family 1st Care

 (940) 641-3440


 1615 Hospital Blvd, Ste A, Gainesville, TX

McLeroy & Klein Family Practice

 (940) 665-9863


 1625 N Grand Ave, Gainesville, TX

MMH Family Health Clinic

 (940) 759-2226


 509 N Maple St, Muenster, TX

Muenster Memorial Hospital

 (940) 759-2271

 605 N Maple St, Muenster, TX 76252


North Texas Medical Center

 (940) 612-8150

 1900 Hospital Blvd, Gainesville, TX

 24/7/365 | Indigent health, Medicaid


Valley View Family Medicine


 (940) 726-5750

 909 N Frontage Rd, Valley View, TX

FANNIN COUNTY

Fannin County Indigent Health Program

 (903) 583-2915

 1203 E Sam Rayburn Dr, Ste 113, Bonham, TX 75418

 Medication & Prescription Assistance

MEDICAL CONT'D

FANNIN COUNTY

Bonham Community Health Center

☎ (903) 583-8611
📍 920 N Center St, Bonham, TX 75418
🕒 Mon–Thu: 8am–6:30pm

CareVide

☎ (903) 583-6155
📍 1211 E 6th St, Suite 300, Bonham, TX 75418
🕒 Mon–Thu: 8am–6:30pm
👤 Child physical exams, health services,
🌐 carevide.org/medical

Fannin County Indigent Health Care

☎ (903) 583-2915
📍 200 E 1st St, Bonham, TX 75418

Fannin Health Clinic

☎ (903) 227-7553
📍 617 N Main St, Bonham, TX 75418
🕒 Thu: 5pm–9pm | Appointments required

TexomaCare – Bonham

☎ (903) 583-3111
📍 2201 N State Hwy 121, Bonham, TX 75418
✅ Medicaid (ages 2–17)

GRAYSON COUNTY

Callie Clinic

☎ (903) 891-1972
📍 1521 Baker Rd, Sherman, TX 75090
🕒 Mon–Fri 8am–5pm 🧴 Medication assistance,
dental, mental health, STD testing

Greater Texoma Health Clinic

☎ (903) 465-2440
📍 900 N Armstrong Ave, Denison, TX 75020
🕒 Appointment only | Mon–Fri

Grayson County Health Clinic

☎ (903) 771-2846
📍 809 Gallagher Dr, Suite D, Sherman, TX 75090
🕒 Call for hours

Grayson County Health Department

☎ (903) 813-4200 ext. 1322
📍 205 N Houston, Denison, TX 75021
🕒 Call for hours 🌐 graysonclinic.com

Grayson County Health Department

☎ (903) 893-0131
📍 515 N Walnut St, Sherman, TX 75090
🕒 Mon–Fri: 8am–5pm

One Family Clinic & Urgent Care

☎ (903) 618-3244
📍 2001 N Loy Lake Rd, Suite M, Sherman, TX 75090
🕒 Mon–Fri: 8am–6pm | Sun: 9am–12:30pm

Primary Care Associates

☎ (903) 892-8112
📍 600 N Highland Ave, Sherman, TX 75092
🕒 Mon–Fri: 9am–5pm
💰 Discounted rate/private pay/uninsured

Sherman Medical - 💰 Cash only

☎ (903) 868-8900
📍 2500 N Travis St, Sherman, TX 75020
🕒 Mon–Fri: 8am–6pm | Sat: 8am–4pm

Sherman Medical Center

☎ (903) 375-9995
📍 500 N Highland Ave, Sherman, TX 75092
✅ Medicaid, Medicare, private pay, insurance

Texas State Health & Human Services Dept.



☎ (903) 892-0581
📍 2001 N Loy Lake Rd, Sherman, TX 75090
🕒 Mon–Fri: 8am–5pm
🌐 hhs.texas.gov

TexomaCare – Denison

☎ (903) 416-4000
📍 5016 S US Hwy 75, Denison, TX 75020

WOMENS & CHILDRENS HEALTH

Whitesboro Family Medical Clinic

 (903) 564-3503
 304 Charlie Dr, Whitesboro, TX 76273



Women & Children

National Ovarian Cancer Coalition (NOCC) –

 (866) 719-2767
zejula.com/resources/paying-for-zejula




 Housing, childcare, food, utilities, etc.

Pink Fund - breast cancer




 P.O. Box 607, Southfield, MI 48037
 Utility bills, mortgage/rent, car or insurance payments, for those in treatment for

COOKE COUNTY



ABBA

 (940) 668-4012
 214 N Taylor, Gainesville, TX 76240
 Pregnancy tests, ultrasounds, maternity & baby clothes, thrift store

Abigail's Arms





 (940) 665-2873 (24-Hour Hotline)
 1600 Aspen Rd, Gainesville, TX 76240
 Support for victims of domestic violence

Children's Connections

 (940) 443-7101
 Gainesville, TX



FANNIN COUNTY

CareVide




 (903) 583-6155
 1211 E 6th St, Suite 300, Bonham, TX 75418
 Mon–Thu: 8:00 AM – 6:30 PM
 Child physical exams, dentistry, enrollment assistance

GRAYSON COUNTY



Child & Family Guidance Center of Texoma

 (903) 893-7768
 804 Pecan Grove Rd E, Sherman, TX 75090



Embrace Grace – Unplanned Pregnancy Support

 (817) 755-8487
 hello@embracegrace.com
 embracegrace.com




Empowered Closet – Supporting Mothers & Children

 (430) 277-4151
 1115 Memorial Dr, Suite 15, Denison, TX 75020


Johnson Vernon C, MD (Child Psychiatrist)

 (903) 892-1400
 302 E Brockett St, Sherman, TX 75090




Just Between Friends

 (903) 307-5595
 2415 S Austin Ave, Suite 103, Denison, TX 75020
 Pop-up shop offering children's goods twice a year at Eisenhower Business Center




TCOG – Family Assistance

 Ruby Zoghbi, 903-813-3591



True Options Pregnancy Center

 (903) 893-9099
 105 W Pecan St, Sherman, TX 75090
 Free & confidential services

United Way Diaper Bank & Tiny Toes Program

 713 E Brockett St, Sherman, TX 75090
 3rd Friday of the month |  8:00 AM – 11:00 AM

Women Rock – Breast Cancer Aid

 (903) 487-2528
 1117 Gallagher Dr, Ste 240, Sherman, TX 75090

WOMENS & CHILDRENS HEALTH / RX

WOMEN & CHILDREN

OKLAHOMA

House of Hope Pregnancy Center

- 📞 (580) 332-4199
- 📍 509 E 12th St, Ada, OK 74820
- 🎓 Classes, supplies, support & counseling

Lighthouse Behavioral Wellness Centers

- 📞 (580) 924-7330 | (800) 522-1090
- 📍 2425 University Blvd, Durant, OK 74701
- 🕒 Mon–Fri: 8:00 AM – 5:00 PM
- 👶 Services for teens & children

PRESCRIPTION AID

GoodRx

- 🌐 goodrx.com
- 💊 Compare drug prices and print coupons

MD Save

- 📞 (888) 344-1845
- 🌐 mdsave.com
- 💰 Discounted medical procedures

Viiv Connect

- 📞 (844) 588-3288
- 💊 HIV medication assistance

WellRx

- 🌐 wellrx.com
- 💊 Prescription discounts

GRAYSON COUNTY

Blink Health – Brookshire's Pharmacy

- 📞 (844) 926-2480
- 🌐 blinkhealth.com
- 🕒 Mon–Fri: 8am–9pm (ET), Sat: 9am–5pm
- 💊 Prescription discounts

Lakeway Christian Community Resale Barn

- 📞 (903) 786-2402
- 📍 518 W FM 120, Pottsboro, TX 75076
- 🍲 Food distribution, utility & prescription aid

The Rehabilitation Center

- 📞 (903) 893-7457
- 📍 1216 Hillcrest Dr, Sherman, TX 75092
- 🏠 Occupational, physical, and speech therapy


Tom Bean Ministerial Alliance

- 📞 (903) 813-3541
- 📍 Medication/food assistance for residents in Tom Bean ISD

HOME HEALTH / DENTAL / VISION


Home Health Services

Home Hospice of Grayson, Cooke & Fannin Counties

 (903) 868-9315 | (940) 665-9891


COOKE COUNTY

NTMC Home Health

 (940) 668-2094


 112 N Dixon St, Gainesville, TX 76240

Texas Medical Center

 (940) 666-3375

 840 E. Main St. Suite A, Gainesville, TX 76240


Solaris Healthcare Services


 (888) 376-5274

 101 E California, Gainesville, TX 76240


GRAYSON COUNTY

Advantx Home Care, Inc.

 (903) 813-8681


 Nursing, Therapy Services, Nurse Aides, Veteran Services, Medicare and private insurance accepted

Angel Home Care

 (940) 665-0944


 106 W. Main, Gainesville, TX 76240


First Texas Whitesboro

 (903) 564-9111

 2535 US 82 Suite D, Whitesboro, TX 76273

Interim HealthCare of Sherman

 (903) 357-5704

 2306 N Travis St, Sherman, TX 75092

 Open 24/7/365

VISION AID


Evening Lions Club Eye Glasses Program


(903) 893-1308 | Rodger Peckenpaugh

Email: rwspemsh.com


OKLAHOMA


Advanced Care Medical Equipment

 (580) 924-2626


 1026 Radio Rd, Durant, OK 74701

Home Health Service – SE Oklahoma


 (580) 920-1700

 1323 N 16th Ave, Durant, OK 74701

Medical Center Pharmacy

 (580) 924-7425


Miracle DME


 (903) 892-1525

Dental

GRAYSON COUNTY


Four Rivers Dental Clinic

 (903) 870-4000

 210 S Rusk St, Sherman, TX 75090

 Applications accepted


Jubilee Dental & Braces

 (903) 375-0782

 2916 US-75, Sherman, TX 75090

 Sliding scale, Medicaid accepted

Pediatric Dentistry of Sherman PA

 (903) 892-2246

 2803 N Loy Lake Rd, Sherman, TX 75090

FANNIN COUNTY

CareVide


(903) 583-6155

1211 E 6th St, Suite 300, Bonham, TX 75418


MENTAL HEALTH

COUNSELING

988 Suicide & Crisis Line


 988

 [988lifeline.org](https://www.988lifeline.org)

 24/7 support for mental health, emotional distress, substance use


NAMI Grayson, Fannin & Cooke


 [nami.org](https://www.nami.org)

 National Alliance on Mental Illness – Local mental health resources

COOKE COUNTY


Abigail's Arms


 (940) 665-2873 (24-Hour Hotline)

 1600 Aspen Rd, Gainesville, TX 76240


 Victims of Domestic Violence

Breakthrough Christian Counseling


 (940) 612-0049

 1001 E Broadway St., Gainesville, TX 76240


Cooke County LOSS


 (972) 654-5677

 cctxlossteam@gmail.com

 Suicide loss group


Texoma Community Center – Gainesville

 (940) 612-1389

 301 N Grand Ave, Gainesville, TX 76240


FANNIN COUNTY

Fannin County Family Crisis Center

 (903) 583-7694

 118 E Sam Rayburn Dr, Bonham, TX 75418


Lakes Behavioral Health


 (903) 583-0060

 410 W Sam Rayburn Dr, Bonham, TX 75418

 Substance Abuse


Texoma Community Center – Bonham


 (903) 583-8583


 1221 E 6th St, Bonham, TX 75418

GRAYSON COUNTY

Applied Psychology Group

 (903) 893-0298


 600 E Taylor St, Sherman, TX 75090


 Testing and Counseling

Beyond Suicide Bereavement Support Group


 316 S. Chestnut, Gainesville, TX 76240


 2nd Thurs each month, 6:30 PM – 8:00 PM

 Kelly: (940) 665-9891


 Melissa: infoforbeyond@gmail.com


Carrus Behavioral Health

 (903) 870-1222


 1724 W US Hwy 82, Sherman, TX 75092

Center for Psychological Development

 (903) 337-0343


 1105 Memorial Dr, Denison, TX 75020


Child & Family Guidance Center of Texoma

 (903) 893-7768


 804 E Pecan Grove Rd, Sherman, TX 75090


Compassion Hands Care Facility

 (903) 357-3208


 704 N Brents Ave, Sherman, TX 75090


Four Rivers Outreach – Men Only

 (903) 870-4000

 210 S Rusk St, Sherman, TX 75090



Grayson County Counseling Service

 (903) 892-2874



 2009 Texoma Pkwy, Suite 3, Sherman, TX 75090

MENTAL HEALTH



Grayson Crisis Center

 (903) 893-3909
 4200 N Travis St, Sherman, TX 75092



Hope for Texoma

 (903) 375-0055
 402 W Lamar St, Sherman, TX 75090




MoryTherapy

 (903) 624-3960
 219 S Travis St, Sherman, TX 75090



Steps 2 Strides Therapy Center

 (903) 462-4085
 2300 W Morton St, Denison, TX 75020



Stonebridge Family Counseling

 (903) 893-6010
 2524 FM 691, Suite 1, Sherman, TX 75090
 Marriage, Trauma, Family, Mood Disorders, Adolescent Issues




Texoma Community Center – Sherman

 (903) 957-4701
 315 W McLain Dr, Sherman, TX 75092

TMC Behavioral Health Center



 (903) 416-3000
 2601 Cornerstone Dr, Sherman, TX 75092

Trinity Counseling


 (903) 465-6344
 416 E Main St, Denison, TX 75021
 Sliding Scale

OKLAHOMA



Families First, Inc

 (580) 924-9444
 4216 Commercial Ln, Durant, OK 74701



Lighthouse Behavioral Wellness Centers – Ardmore

 (580) 223-5636
 2530 S Commerce St, Ardmore, OK 73401



Oklahoma Dept. of Mental Health & Substance Abuse Services

 (580) 745-9276
 128 N 12th St, Durant, OK 74701



Providence Service Corporation of Oklahoma

 (580) 924-6363
 134 N 12th Ave, Durant, OK 74701

SequelCare of Oklahoma

 (580) 298-2830 | (580) 298-6723
 401 N Church St, Poteau, OK 74523


Zen Gee Counseling & Psychological Services

 (580) 298-5062
 1322 W Main St, Antlers, OK 74523


SUBSTANCE ABUSE & ADDICTION

SUBSTANCE CRISES HOTLINES OKLAHOMA

Alcohol & Drug Abuse Help Line


 (800) 246-4673

Department of State Health Services – Substance Use Helpline


 (800) 963-7111

FANNIN COUNTY

Lakes Regional Community Services

 (903) 583-0060

 410 W Sam Rayburn Dr, Bonham, TX 75418

 Mon–Fri: 10:00 AM – 8:00 PM

US Department of Veterans Affairs (VA)


(800) 273-8255


1201 E 9th St, Bonham, TX 75418

Support for veterans seeking treatment


GRAYSON COUNTY


Four Rivers Outreach

 (903) 870-4000

 210 S Rusk St, Sherman, TX 75090


House of Hope


 (903) 868-2123


 2415 Texoma Pkwy, Sherman, TX 75090

 Outpatient Treatment


Lakes Regional Community Services

 (903) 892-8185

 809 Gallagher Dr, Sherman, TX 75090


 Mon–Thu: 10:00 AM – 8:00 PM


Substance Abuse Council


 (580) 942-2215

 214 W Brockett St, Sherman, TX 75090


Texoma Community Center – Substance


 (903) 957-4816


 315 W McLain Dr, Sherman, TX 75090

 Outreach, Screening, Assessment & Referral


Brighter Heights Oklahoma

 (580) 745-9276


 128 N 12th Ave, Durant, OK 74701


 Therapy, Rehab Services, Case Management, Alcohol & Drug Screening, Aftercare Services

Choctaw Nation of Oklahoma

 (918) 567-2389

 13224 SE 202nd Rd, Talihina, OK 74571


 Mon–Fri: 8:00 AM – 5:00 PM


 Services for males facing substance use disorder

INPATIENT & RESIDENTIAL


GRAYSON COUNTY


My Brother’s House

 (940) 759-2499


 Inpatient safe house to recover from alcoholism or drug addiction

Four Rivers Outreach


 (903) 870-4000

 210 S. Rusk St, Sherman, TX 75090


Youth Empowerment Services (YES)

 (877) 461-4224

 902 Cottonwood Rd, Sherman, TX 75090

 Ages 3–18, must meet psychiatric hospitalization criteria, Medicaid accepted

TMC Behavioral Health Center


 (903) 416-3000


 2601 Cornerstone Dr, Sherman, TX 75092

 Mental health services for ages 18+

 Open 24/7/365

The Rehabilitation Center

 (903) 893-7457

 1216 Hillcrest Dr, Sherman, TX 75090

ADDICTION MEETING RESOURCES

NA MEETINGS

Cooke County

NAG Group – Narcotics Anonymous

- 📍 415 E California St, Gainesville, TX 76420
- 🕒 Thursdays, 6:00–7:00 PM

Fannin County

Primary Purpose Group – NA

- ☎ (972) 200-2409
- 📍 1308 E Sam Rayburn Dr, Bonham, TX 75418
- 🕒 Mon–Thu, Sat & Sun, 7:00–8:00 PM

Bonham AFG – AI-Anon

- 📍 818 N Main St, Bonham, TX 75498
- 🕒 Mondays, 5:00 PM

Twinkle Group

- ☎ (903) 449-6372
- 📍 Bonham, TX
- 🕒 Thu–Sat, 8:00 PM | Open Meetings

Grayson County

Texoma AFG One – AI-Anon

- 📍 300 W Morgan St, Denison, TX 75020
- 🕒 Thursdays, 5:30 PM

Full Circle Group – NA

- ☎ (972) 200-2409
- 📍 301 W Maple St, Whitewright, TX 75491
- 🕒 Mon, Wed, Sun, 7:00–8:00 PM

Refinishing Group – NA

- ☎ (800) 934-1582
- 📍 314A N Walnut St, Sherman, TX 75090
- 🕒 Mon, Tue, Thu, Sat, Sun, 7:00–8:00 PM
- 🕒 Wednesdays, 12:00–1:00 PM

Surrender Group – NA

- ☎ (800) 913-2720
- 📍 2300 W Morton St, Ste 122, Denison, TX 75020
- 🕒 Tue, Thu, Sun, 7:00–8:00 PM

Celebrate Recovery – Christ-Centered 12-Step Program

- ☎ (903) 436-8991
- 📍 7201 FM 691, Denison, TX 75020
- 🕒 Fridays, 6:00–9:00 PM

Oklahoma

Key To Life Group – NA

- ☎ (405) 461-1487
- 📍 501 NE 4th Ave, Durant, OK 74701
- 🕒 Mon–Thu, Sat & Sun, 7:00–8:00 PM

AA MEETINGS

Fannin County

Anchor Group – Alcoholics Anonymous

- ☎ (866) 351-4022
- 📍 1608 N Commerce St, Gainesville, TX 76240
- 🕒 Tuesdays, 12:00 PM

New Beginnings Group – AA

- 📍 1308 E Sam Rayburn Dr, Bonham, TX 75418
- 🕒 Tuesdays, 7:00–8:00 AM

Grayson County

Van Alstyne AFG / AI-Anon

- 🖥 Zoom ID: 427707 (214) 801-9796

Sherman AFG / AI-Anon

- 📍 1515 N Travis St, Sherman, TX 75092
- 🕒 Mondays, 7:00 PM

Serenity Group – AA

- ☎ (903) 868-2734
- 📍 120 E Mulberry St, Sherman, TX 75090
- 🕒 Daily, 8:00 AM

Texoma #1 Group – AA

- ☎ (903) 465-4430
- 📍 300 W Morgan St, Denison, TX 75020
- 🕒 Mondays, 7:00 AM

Joshua's Crossing – AA

- ☎ (903) 870-8048
- 📍 Sherman, TX
- 🕒 Fridays, 6:00 PM

ADDITIONAL COUNTY RESOURCES

Adult Probation

☎ (940) 668-5540

CASA (Court Appointed Special Advocates)

CASA of North Texas

☎ 940-665-2244

Texoma Workforce Solutions

☎ (903) 463-9997

📍 1311 N Grand Ave, Suite 200, Gainesville, TX 76249

FANNIN COUNTY

Adult Probation

☎ (903) 583-7446

CASA (Court Appointed Special Advocates)

Fannin County Children's Center (CASA & Children's Advocacy Center)

☎ 903-583-4339

Fannin Health Department

☎ (903) 583-7542

GRAYSON COUNTY

Adult Probation

☎ (903) 813-4207

CASA (Court Appointed Special Advocates)

☎ 903-813-5400

📍 101 E Jones St, Sherman, TX 75090

Child & Family Guidance Center

☎ (903) 893-4979

Community Services Network

☎ (903) 786-5899

📍 320 King Ave, Denison, TX 75020

Department of Health Services

☎ (903) 893-0131

Grayson Health Department

☎ (903) 893-0131

OKLAHOMA

Department of Health Services

☎ (405) 522-5050

SoonerCare

☎ (800) 987-7767 | (405) 522-6205

TANF (Temporary Assistance for Needy Families)

☎ (866) 411-1877

STATE & NATIONAL RESOURCES

Adult Protective Services / Child Protective Services

☎ (800) 252-5400

Multicultural Family Center

☎ (903) 328-5203

Services: Immigration & naturalization aid

National Alliance on Mental Illness (NAMI)

☎ (800) 950-6264

National Child Abuse Hotline / Protective Services

☎ (800) 422-4453

North Texas Job Corps Center – Mario Paniagua

📍 11701 N Church Street, Bldg 1, McKinney, TX 75069

🌐 enroll.jobcorps.gov

Texas State Health & Human Services

☎ (877) 541-7905

Public Utility Commission of Texas

☎ (866) 454-8387

Services: Phone & utility assistance
Apply online at www.texaslifeline.org or request application by mail

SNAP (Supplemental Nutrition Assistance Program)

☎ (877) 541-7905

Social Security Office

☎ (800) 772-1213

Texas Council of Governments – Energy Assistance

☎ (903) 893-2161 ext. 3541

📍 1117 Gallagher Drive, Suite 200, Sherman, TX 75090

Sliding scale, waitlist; apply online or request mailed application

Texas Council of Governments – Family Assistance

☎ (903) 823-3591

📍 1117 Gallagher Drive, Suite 200, Sherman, TX 75090

Services: Emergency food assistance, education support, employment support, housing assistance, transportation assistance, Getting Ahead program

Texas Abuse Hotline

☎ (800) 252-5400

Workforce Solutions Texoma

☎ (903) 463-9997

📍 Eisenhower Business Center, 2415 S Austin Ave, Ste 105, Denison, TX 75020

Services: Employment services, job search assistance, skills testing, and training programs



Community resource information includes:

- Basic Needs
- Senior Services
- Veteran Services
- Child Care
- Employment Services
- Health Care
- Legal Services
- Disaster Resources

🌐 www.211.texas.org

📞 2-1-1 or 1-877-541-7905

