


| SUN | MON | TUE | WED | THUR | FRI | SAT |
|--|---|---|--|--|--|---|
| <div>9:30 The Brandermill Church (I)**</div> <div>1:30 Movie - How to Make an American Quilt (T)</div> <div>2:00 "99" Card Game (FS)</div> <div>2:00 Yarn Arts (GR)</div> <div>Call to Sign Up!</div> <div>Blue** Ext. 209</div> <div>Red** Ext. 250</div> | <div>31</div> <div>LOCATION KEY AR - Activity Room AR - Art Room CR - Card Room CR & FS - Card Room and Four Seasons CC - Communication Center DP - Dog Park FS - Four Seasons GR - Game Room IND SA - Independent Living Salon IR - Ivy Room LR - Living Room L - Lounge MR - Meeting Room MR & R - Meeting Room and Reflections R - Reflections S - Shindigz B - The Bistro T - Theater</div> | <div></div> | <div>Wellness Clinic Hours</div> <div>Monday & Friday</div> <div>9:00 a.m. - 11:00 a.m.</div> <div>Tuesday, Wednesday & Thursday</div> <div>1:00 p.m. - 3:00 p.m.</div> | <div>Hair Stylist, Amber 804.759.9207</div> <div>Hair Stylist, Stefanie 804.873.3369</div> <div>Hair Stylist, Elaine & Salon Ext. 259</div> <div>Nail Specialist, Marcie - Sign Up in the CC</div> <div>Audiologist 804.818.0000</div> <div>Podiatrist & Nurses Ext. 203</div> <div>Dermatologist 877.345.5300</div> <div>Massage Therapist, Ryan 804.837.4292</div> <div>Select Rehab 804.794.4597</div> <div>Acupuncturist, Taylor 804.215.6465</div> | <div>Int'l Day of the World's Indigenous</div> <div>11:00 Trader Joe's (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 CVS (I)**</div> <div>4:00 Happy Hour (L)</div> | <div>1</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>11:00 IT Help w/ Resident Karen Wells (CC)</div> <div>11:00 Yappy Hour (DP)</div> <div>1:30 Movie - August Rush (T)</div> <div>4:00 Happy Hour (L)</div> |
| <div>International Day of Friendship</div> <div>9:30 The Brandermill Church (I)**</div> <div>1:30 Movie - August Rush (T)</div> <div>2:00 "99" Card Game (FS)</div> <div>2:00 Yarn Arts (GR)</div> | <div>3</div> <div>1790: Coast Guard established</div> <div>8:30 Meditation (S)</div> <div>1:00 Dietician - Colleen LaMere (FS)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Resident Council (R)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand & Foot (GR)</div> <div>1:00 Fitness Center Equipment Orientation** (FC)</div> <div>1:30 "The Prehistory of Motion Picture" Presented by Josh Pachter (T)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Non-Denominational Christian Book Study (FS)</div> <div>6:45 Pianist, Eliot Norman & Friends (MR)</div> | <div>4</div> <div>9:15 Woodcarvers (AR)</div> <div>11:00 Catholic Service (T)</div> <div>11:30 Lunch Bunch: Saheb Indian Bistro (I)**</div> <div>1:00 Social Bridge (GR)</div> <div>1:30 Skin Protection & Wound Prevention Talk, Presented by ReSkin Medical (T)</div> <div>1:30 Wii Bowling w/ Chase (S)</div> <div>2:00 Rummikub (IR)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR & FS)</div> <div>7:00 Poker (GR)</div> | <div>5</div> <div>Hair Stylist Amber</div> <div>Massage Therapist</div> <div>9:30 CVS (I)**</div> <div>11:00 Food Lion (I)**</div> <div>11:00 Parkinson's Caregivers Support Group (GR)</div> <div>1:30 Art Factory** (AR)</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men))</div> <div>1:30 History Club Movie (T)</div> <div>1:30 Spades (GR)</div> <div>3:00 Chair Yoga (MR)</div> <div>3:00 Writers' Group (CR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pokeno w/ Mo & Vern (MR)</div> | <div>6</div> <div>Land Fitness Classes on Video</div> <div>9:15 Woodcarvers (AR)</div> <div>10:30 Pottery (AR)</div> <div>1:00 Book Club (IR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 IT Assistance w/ Corey (CC)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>3:00 Dominoes (IR)</div> <div>3:00 Sebby Pakurar, Pianist (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Django Tango Band w/ Allen Burris (MR)</div> | <div>7</div> <div>Land Fitness Classes on Video</div> <div>9:30 Nail Specialist Marcie** (SA)</div> <div>9:45 Banks (I)**</div> <div>11:00 Publix (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 CVS (I)**</div> <div>2:00 Reader's Theater (R)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Movie - Lee (T)</div> | <div>8</div> <div>8:30 The Parsons Cause Presents: Elizabeth Walker Ege: A Woman of Early Richmond at the Historic Hanover Courthouse (II)**</div> <div>10:00 Giant Crosswords w/ Myra (L)</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>11:00 Yappy Hour (DP)</div> <div>1:30 Movie - Still Life (T)</div> <div>4:00 Happy Hour (L)</div> |
| <div>Name Tag Week Begins</div> <div>9:30 The Brandermill Church (I)**</div> <div>12:30 St. John's Church: Liberty or Death Reenactment (II)** (OFC)</div> <div>1:30 Movie - Still Life (T)</div> <div>2:00 "99" Card Game (FS)</div> <div>2:00 Redeemer Lutheran Church Service (MR)</div> <div>2:00 Yarn Arts (GR)</div> <div>3:00 Hymn Sing-a-long (MR)</div> | <div>10</div> <div>Land Fitness Classes on Video</div> <div>8:30 Meditation (S)</div> <div>8:40 Hair Stylist Stefanie** (SA)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand & Foot (GR)</div> <div>1:30 "The Prehistory of Motion Picture" Presented by Josh Pachter (T)</div> <div>1:30 History Club (R)</div> <div>3:00 iPhone Help w/ Resident Betty Mooney (CC)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Resident/Team Member Trivia (MR)</div> <div>5:45 Chesterfield Concert Band at Sunday Park (III)**</div> <div>6:45 Non-Denominational Christian Book Study (FS)</div> | <div>11</div> <div>Tisha B'Av (Jewish)</div> <div>9:15 Woodcarvers (AR)</div> <div>9:30 Woodlake Maker's Market (II)**</div> <div>9:30 Nail Specialist Marcie** (SA)</div> <div>1:00 Social Bridge (GR)</div> <div>1:30 Civil War Museum Presentation (T)</div> <div>1:30 IT Assistance with Chase (CC)</div> <div>2:00 Rummikub (IR)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR & FS)</div> <div>7:00 Poker (GR)</div> | <div>12</div> <div>Tisha B'Av (Jewish)</div> <div>Hair Stylist Amber</div> <div>Massage Therapist</div> <div>9:30 CVS (I)**</div> <div>11:00 "Movers & Shakers" (GR)</div> <div>11:00 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men))</div> <div>1:30 Spades (GR)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> | <div>13</div> <div>9:15 Woodcarvers (AR)</div> <div>10:30 Pottery (AR)</div> <div>1:00 Chat with Charmaine (MR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>3:00 Dominoes (IR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Bingo w/ Chase (MR)</div> | <div>14</div> <div>Feast of the Assumption (Roman Catholic)</div> <div>Acupuncturist</div> <div>9:45 Banks (I)**</div> <div>11:00 Target & Dollar Tree (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 CVS (I)**</div> <div>4:00 Happy Hour (L)</div> | <div>15</div> <div>Krishna Janmashtami (Hindu)</div> <div>National Airborne Day</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>11:00 IT Help w/ Resident Karen Wells (CC)</div> <div>11:00 Yappy Hour (DP)</div> <div>1:30 Movie - The Help (T)</div> <div>4:00 Happy Hour (L)</div> |
| <div>Marcus Garvey Day</div> <div>9:30 The Brandermill Church (I)**</div> <div>1:30 Movie - The Help (T)</div> <div>2:00 "99" Card Game (FS)</div> <div>2:00 Yarn Arts (GR)</div> | <div>17</div> <div>8:30 Meditation (S)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand & Foot (GR)</div> <div>2:00 Birthday/Anniversary Social (MR)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Social Trivia (MR)</div> <div>6:45 Non-Denominational Christian Book Study (FS)</div> | <div>18</div> <div>World Humanitarian Day</div> <div>Podiatrist</div> <div>9:15 Bus Tour of Richmond (II)**</div> <div>9:15 Woodcarvers (AR)</div> <div>11:00 Catholic Service (T)</div> <div>1:00 Social Bridge (GR)</div> <div>1:30 Fraud & Scam Prevention Talk, Presented by the Office of Former Att. Gen. Mark Earley & the Ches. County PD (T)</div> <div>1:30 Wii Bowling w/ Chase (S)</div> <div>2:00 Rummikub (IR)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR & FS)</div> <div>7:00 Poker (GR)</div> | <div>19</div> <div>Hair Stylist Amber</div> <div>Massage Therapist</div> <div>9:30 CVS (I)**</div> <div>11:00 Food Lion (I)**</div> <div>11:00 Sip, Style & Smile for Nat. Lemonade Day (SA)</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men))</div> <div>1:30 History Club Movie (T)</div> <div>1:30 Spades (GR)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Dinner Diners: Brandermill Country Club (I)** (OFC)</div> | <div>20</div> <div>Senior Citizens Day</div> <div>9:15 Woodcarvers (AR)</div> <div>10:30 Pottery (AR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 IT Assistance w/ Corey (CC)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>3:00 Dominoes (IR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Richmond Cadet Alumni Band (MR)</div> | <div>21</div> <div>9:45 Banks (I)**</div> <div>10:00-11:30 CATIE System Training (T)</div> <div>11:00 Walmart (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:30 Tea Drinkers (GR)</div> <div>2:00 CVS (I)**</div> <div>2:00 - 3:30 CATIE System Training (T)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Movie - Open Range (T)</div> | <div>22</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>11:00 Yappy Hour (DP)</div> <div>1:30 Movie - A Dog's Purpose (T)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pokeno w/ Mo & Vern (MR)</div> |
| <div>9:30 The Brandermill Church (I)**</div> <div>1:30 Movie - A Dog's Purpose (T)</div> <div>2:00 "99" Card Game (FS)</div> <div>2:00 Redeemer Lutheran Church Service (MR)</div> <div>2:00 Yarn Arts (GR)</div> | <div>24</div> <div>iPhone Help w/ Betty canceled.</div> <div>Audiologist</div> <div>8:30 Meditation (S)</div> <div>8:40 Hair Stylist Stefanie** (SA)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand & Foot (GR)</div> <div>2:00 Dog Days of Summer: Resident/Team Member Dog Show (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Non-Denominational Christian Book Study (FS)</div> | <div>25</div> <div>Select Rehab Talk Cancelled</div> <div>National Women's Equality Day</div> <div>Dermatologist</div> <div>9:15 Woodcarvers (AR)</div> <div>9:30 Nail Specialist Marcie** (SA)</div> <div>1:00 Social Bridge (GR)</div> <div>1:00-2:00 Get Up Off the Floor Class** (MR)</div> <div>1:30 IT Assistance with Chase (CC)</div> <div>2:00-3:00 Get Up Off the Floor Class** (MR)</div> <div>2:00 Rummikub (IR)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>5:15 Flying Squirrels Final Season at The Diamond v. Akron Rubber Ducks (II)** (OFC)</div> <div>6:30 Euchre (CR & FS)</div> <div>7:00 Poker (GR)</div> | <div>26</div> <div>Ganesh Chaturthi (Hindu)</div> <div>Hair Stylist Amber</div> <div>Massage Therapist</div> <div>9:30 CVS (I)**</div> <div>11:00 "Movers & Shakers" (GR)</div> <div>11:00 Food Lion (I)**</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men))</div> <div>1:30 History Club Movie (T)</div> <div>1:30 Spades (GR)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Don Irwin, Pianist (MR)</div> | <div>27</div> <div>9:15 Woodcarvers (AR)</div> <div>10:00-2:00 CATIE Pendant Exchange (L)</div> <div>10:30 Don Vaughn, Financial Advisor (T)</div> <div>10:30 Pottery (AR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>2:00 Health Care Community Tours w/ Myki Barnes**</div> <div>3:00 Dominoes (IR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Me & Martha, Bluegrass Duo (MR)</div> | <div>28</div> <div>9:45 Banks (I)**</div> <div>10:00-2:00 CATIE Pendant Exchange (L)</div> <div>11:00 Publix (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 CVS (I)**</div> <div>4:00 Happy Hour (L)</div> | <div>29</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>11:00 Yappy Hour (DP)</div> <div>1:30 Movie - How to Make an American Quilt (T)</div> <div>4:00 Happy Hour (L)</div> |
| <div>9:30 The Brandermill Church (I)**</div> <div>1:30 Movie - A Dog's Purpose (T)</div> <div>2:00 "99" Card Game (FS)</div> <div>2:00 Redeemer Lutheran Church Service (MR)</div> <div>2:00 Yarn Arts (GR)</div> | <div>24</div> <div>iPhone Help w/ Betty canceled.</div> <div>Audiologist</div> <div>8:30 Meditation (S)</div> <div>8:40 Hair Stylist Stefanie** (SA)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand & Foot (GR)</div> <div>2:00 Dog Days of Summer: Resident/Team Member Dog Show (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Non-Denominational Christian Book Study (FS)</div> | <div>25</div> <div>Select Rehab Talk Cancelled</div> <div>National Women's Equality Day</div> <div>Dermatologist</div> <div>9:15 Woodcarvers (AR)</div> <div>9:30 Nail Specialist Marcie** (SA)</div> <div>1:00 Social Bridge (GR)</div> <div>1:00-2:00 Get Up Off the Floor Class** (MR)</div> <div>1:30 IT Assistance with Chase (CC)</div> <div>2:00-3:00 Get Up Off the Floor Class** (MR)</div> <div>2:00 Rummikub (IR)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>5:15 Flying Squirrels Final Season at The Diamond v. Akron Rubber Ducks (II)** (OFC)</div> <div>6:30 Euchre (CR & FS)</div> <div>7:00 Poker (GR)</div> | <div>26</div> <div>Ganesh Chaturthi (Hindu)</div> <div>Hair Stylist Amber</div> <div>Massage Therapist</div> <div>9:30 CVS (I)**</div> <div>11:00 "Movers & Shakers" (GR)</div> <div>11:00 Food Lion (I)**</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men))</div> <div>1:30 History Club Movie (T)</div> <div>1:30 Spades (GR)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Don Irwin, Pianist (MR)</div> | <div>27</div> <div>9:15 Woodcarvers (AR)</div> <div>10:00-2:00 CATIE Pendant Exchange (L)</div> <div>10:30 Don Vaughn, Financial Advisor (T)</div> <div>10:30 Pottery (AR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>2:00 Health Care Community Tours w/ Myki Barnes**</div> <div>3:00 Dominoes (IR)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Me & Martha, Bluegrass Duo (MR)</div> | <div>28</div> <div>9:45 Banks (I)**</div> <div>10:00-2:00 CATIE Pendant Exchange (L)</div> <div>11:00 Publix (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 CVS (I)**</div> <div>4:00 Happy Hour (L)</div> | <div>29</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>11:00 Yappy Hour (DP)</div> <div>1:30 Movie - How to Make an American Quilt (T)</div> <div>4:00 Happy Hour (L)</div> |