

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 AM The Brandermill Church (I)** 10:00 AM The Brandermill Church (I)** 1:00 PM Sunday Symphony Series: Love Stories: Romeo & Juliet, Bolero & More (I)** 1:30 PM Movie: Wicked: For Good - T 2:00 PM 99 Card Game - FS 2:00 PM Yarn Arts - GR	2 Hair Stylist Stefanie** 8:30 AM Meditation - S 1:00 PM Resident Council - R 1:00 PM Dietician Colleen LaMere - FS 1:00 PM Hand & Foot - GR 1:00 PM Duplicate Bridge - IR 1:00 PM Scrabble - CR 2:00 PM BW St. Patrick's Day Chorus Practice - MR 4:00 PM Happy Hour - L 4:30 PM Social Trivia - MR 6:45 PM Non-Denominational Christian Book Study - FS	3 9:15 AM Woodcarvers - IR 11:00 AM Catholic Service - T 11:00 AM The Cheesecake Factory (I)** 1:00 PM Social Bridge - GR 1:30 PM Wii Bowling w/ Chase - S 2:00 PM Rummikub - IR 3:00 PM IT Assistance with Chase - CC 4:00 PM Happy Hour - L 6:30 PM Euchre - CR 7:00 PM Poker - GR	4 Massage Therapist** 8:00 AM Chair Yoga - MR 8:00 AM Continental Breakfast - B 9:30 AM CVS (I)** 11:00 AM Parkinson's Caregivers Support Group - GR 11:00 AM Food Lion (I)** 1:30 PM Billiards with Chase - S 1:30 PM Spades - GR 1:30 PM History Club Movie - T 1:30 PM Mending Hearts Grief Support - R 1:30 PM Food Lion (I)** 3:00 PM Writers Group - CR 4:00 PM Happy Hour - L 6:30 PM Pokeno w/ Mo & Vern - MR	5 9:15 AM Woodcarvers - IR 10:30 AM Pottery - AR 1:00 PM IT Assistance with Corey - CC 1:00 PM Hand & Foot - CR 1:00 PM Mah Jongg - GR 1:00 PM Book Club - IR 1:30 PM New Resident Meet & Greet - L 2:00 PM Alzheimer's Caregivers Support Group - R 3:00 PM Dominoes - IR 4:00 PM Happy Hour - L 6:45 PM Roy George, Pianist/Singer - MR	6 9:45 AM Banks (I)** 11:00 AM Nail Salon Trip, Nail Envy (I)** 12:00 PM Vertically Challenged Group - R 1:00 PM Duplicate Bridge - IR 1:30 PM Valentine Museum Presents: Ballot Battle - Richmond's Struggle for Women's Suffrage - T 2:00 PM CVS (I)** 4:00 PM Happy Hour - L	7 10:00 AM The Geezers - R 10:00 AM Painting Class - IR 11:00 AM IT Help w/ Resident Karen Wells - CC 11:00 AM Yappy Hour - DP 1:00 PM Triple Play Card Game - GR 1:30 PM Movie: The Post - T 4:00 PM Happy Hour - L
8 Administrator's Week Begins Daylight Saving Time Begins 9:30 AM The Brandermill Church (I)** 10:00 AM The Brandermill Church (I)** 1:00 PM Sunday Symphony Series: Brahms & Dvorak (II)** 1:30 PM Movie: The Post - T 2:00 PM 99 Card Game - FS 2:00 PM Redeemer Lutheran Church Service - MR 2:00 PM Yarn Arts - GR 3:00 PM Hymn Sing-along - MR	9 8:30 AM Meditation - S 1:00 PM Hand & Foot - GR 1:00 PM Duplicate Bridge - IR 1:00 PM Scrabble - CR 1:30 PM History Club - R 2:00 PM BW St. Patrick's Day Chorus Practice - MR 3:00 PM iPhone Help w/ Resident Betty Mooney - CC 4:00 PM Happy Hour - L 4:30 PM Social Trivia - MR 6:45 PM Non-Denominational Christian Book Study - FS	10 9:15 AM Woodcarvers - IR 9:30 AM CVS (I)** 9:45 AM Statewide Tornado Drill 11:00 AM Catholic Service - T 11:00 AM Food Lion (I)** 1:00 PM Social Bridge - GR 1:00 PM Krafts with Kathy** - FS 1:30 PM Food Lion (I)** 1:30 PM Wii Bowling w/ Chase - S 2:00 PM Rummikub - IR 4:00 PM Happy Hour - L 6:30 PM Euchre - CR 7:00 PM Poker - GR	11 Massage Therapist** 8:00 AM Chair Yoga - MR 11:00 AM Movers & Shakers - IR 11:00 AM Virginia War Memorial (Rescheduled) (II)** 1:00 PM Krafts with Kathy** - FS 1:30 PM Billiards with Chase - S 1:30 PM Spades - GR 1:30 PM History Club Movie - T 1:30 PM Mending Hearts Grief Support - R 4:00 PM Happy Hour - L 6:45 PM Me & Martha, Bluegrass Duo - MR	12 9:15 AM Woodcarvers - IR 10:30 AM Pottery - AR 1:00 PM Hand & Foot - CR 1:00 PM Mah Jongg - GR 2:00 PM Alzheimer's Caregivers Support Group - R 2:00 PM John Bletos: Anthology of Greek Music - MR 3:00 PM Dominoes - IR 4:00 PM Happy Hour - L 6:30 PM Bingo w/ Chase - MR	13 9:30 AM The Idea Exchange: Planning with the Activities Team - CR 1:00 PM Duplicate Bridge - IR 1:00 PM Passover Reflection with Rabbi Patrick Beaulier - T 1:30 PM Publix (I)** 2:00 PM Readers Theater - R 4:00 PM Happy Hour - L 4:00 PM Happy Hour Music w/ Evan Floyd on Saxophone - LR 5:15 PM St. Edward Knights of Columbus Annual Lenten Fish Fry (II)**	14 10:00 AM Giant Crosswords with Myra - L 10:00 AM The Geezers - R 10:00 AM Painting Class - IR 11:00 AM Yappy Hour - DP 1:00 PM Triple Play Card Game - GR 1:30 PM Movie: Brooklyn - T 4:00 PM Happy Hour - L
15 Name Tag Week Begins 9:30 AM The Brandermill Church (I)** 10:00 AM The Brandermill Church (I)** 1:30 PM Movie: Brooklyn - T 2:00 PM 99 Card Game - FS 2:00 PM Yarn Arts - GR	16 Hair Stylist Stefanie** 8:30 AM Meditation - S 11:30 AM Women's Club** - MR 1:00 PM Hand & Foot - GR 1:00 PM Duplicate Bridge - IR 1:00 PM Scrabble - CR 3:00 PM Colin MacLeod, Celtic Fiddle Guru - MR 4:00 PM Happy Hour - L 6:45 PM Non-Denominational Christian Book Study - FS	17 St. Patrick's Day 9:15 AM Woodcarvers - IR 9:15 AM The Branch Museum of Design (III)** 11:00 AM Catholic Service - T 1:00 PM Social Bridge - GR 1:30 PM Wii Bowling w/ Chase - S 2:00 PM Rummikub - IR 2:00 PM BW St. Patrick's Day Chorus Performance - MR 4:00 PM Happy Hour - L 6:30 PM Euchre - CR 7:00 PM Poker - GR	18 Massage Therapist** 8:00 AM Chair Yoga - MR 9:30 AM CVS (I)** 11:00 AM Food Lion (I)** 1:30 PM Billiards with Chase - S 1:30 PM Spades - GR 1:30 PM History Club Movie - T 1:30 PM Mending Hearts Grief Support - R 1:30 PM Food Lion (I)** 2:00 PM Irish Themed Accordion Performance by Resident Richard Ols - MR 4:00 PM Happy Hour - L 6:30 PM Pokeno w/ Mo & Vern - MR	19 9:15 AM Woodcarvers - IR 10:30 AM Pottery - AR 1:00 PM IT Assistance with Corey - CC 1:00 PM Hand & Foot - CR 1:00 PM Mah Jongg - GR 1:00 PM Chat with Charmaine - MR 2:00 PM Alzheimer's Caregivers Support Group - R 3:00 PM Dominoes - IR 3:00 PM Billy Mitchell, Singer - MR 4:00 PM Happy Hour - L	20 11:00 AM Target & Dollar Tree (I)** 1:00 PM Duplicate Bridge - IR 2:00 PM CVS (I)** 3:00 PM Shirley Temple Black From Child Star to Diplomat - MR 4:00 PM Happy Hour - L 6:30 PM Movie: The Wind That Shakes the Barley - T	21 10:00 AM The Geezers - R 10:00 AM Painting Class - IR 11:00 AM IT Help w/ Resident Karen Wells - CC 11:00 AM Yappy Hour - DP 1:00 PM Triple Play Card Game - GR 1:30 PM Movie: Sarah's Oil - T 4:00 PM Happy Hour - L
22 9:30 AM The Brandermill Church (I)** 10:00 AM The Brandermill Church (I)** 1:30 PM Movie: Sarah's Oil - T 2:00 PM Redeemer Lutheran Church Service - MR 2:00 PM 99 Card Game - FS 2:00 PM Yarn Arts - GR	23 Audiologist 8:30 AM Meditation - S 1:00 PM Hand & Foot - GR 1:00 PM Duplicate Bridge - IR 1:00 PM Scrabble - CR 2:00 PM Birthday Anniversary Social - MR 3:00 PM iPhone Help w/ Resident Betty Mooney - CC 4:00 PM Happy Hour - L 4:30 PM Social Trivia - MR 6:45 PM Non-Denominational Christian Book Study - FS	24 Dermatologist Podiatrist 9:15 AM Woodcarvers - IR 9:45 AM Maggie L. Walker National Historic Site (III)** 11:00 AM Catholic Service - T 1:00 PM Social Bridge - GR 1:00 PM One Step Balance Program w/ BRR** - R 1:30 PM Wii Bowling w/ Chase - S 2:00 PM Rummikub - IR 2:00 PM Therapy Talk w/ BRR: Sleep Strong - R 4:00 PM Happy Hour - L 6:30 PM Euchre - CR 7:00 PM Poker - GR	25 Massage Therapist** 8:00 AM Chair Yoga - MR 11:00 AM Movers & Shakers - IR 11:00 AM Food Lion (I)** 1:30 PM Billiards with Chase - S 1:30 PM Spades - GR 1:30 PM History Club Movie - T 1:30 PM Mending Hearts Grief Support - R 1:30 PM Food Lion (I)** 4:00 PM Happy Hour - L 4:30 PM Kabuto's Japanese House of Steaks (I)**	26 9:15 AM Woodcarvers - IR 10:30 AM Don Vaughn, Financial Advisor - T 10:30 AM Pottery - AR 1:00 PM Hand & Foot - CR 1:00 PM Mah Jongg - GR 1:30 PM Lettuce Talk - MR 2:00 PM Alzheimer's Caregivers Support Group - R 3:00 PM Dominoes - IR 3:30 PM Resident Pool Games - P 4:00 PM Happy Hour - L 6:30 PM Bingo w/ Chase - MR	27 Podiatrist 9:45 AM Banks (I)** 11:00 AM BJ's (I)** 1:00 PM Duplicate Bridge - IR 1:30 PM Tea Drinkers - GR 2:00 PM CVS (I)** 4:00 PM Happy Hour - L 4:00 PM R & R Band - MR 6:30 PM Movie: Horizon: An American Saga Chapter 1 - T	28 10:00 AM The Geezers - R 10:00 AM Painting Class - IR 11:00 AM Yappy Hour - DP 1:00 PM Triple Play Card Game - GR 1:30 PM Movie: The Jesus Revolution - T 4:00 PM Happy Hour - L
29 9:30 AM The Brandermill Church (I)** 10:00 AM The Brandermill Church (I)** 1:30 PM Movie: The Jesus Revolution - T 2:00 PM 99 Card Game - FS 2:00 PM Yarn Arts - GR	30 Hair Stylist Stefanie** 8:30 AM Meditation - S 1:00 PM Hand & Foot - GR 1:00 PM Duplicate Bridge - IR 1:00 PM Scrabble - CR 1:30 PM Movie: Moneyball - T 4:00 PM Happy Hour - L 4:30 PM Social Trivia - MR 6:45 PM Non-Denominational Christian Book Study - FS	31 9:00 AM Gari Melchers Home & Studio Tour (III)** 9:15 AM Woodcarvers - IR 11:00 AM Catholic Service - T 1:00 PM Social Bridge - GR 1:00 PM March Madness Wii Bowling Tournament - S 2:00 PM Rummikub - IR 4:00 PM Happy Hour - L 6:30 PM Euchre - CR 7:00 PM Poker - GR	Contact Information: Hair Stylist, Amber 804-357-3749 Hair Stylist, Stefanie 804.873.3369 Hair Stylist, Elaine & Salon Ext. 259 Audiologist 804.818.0000 Podiatrist & Nurses Ext. 203 Dermatologist 877.345.5300 Massage Therapist, Ryan 804.837.4292 Broad River Rehab 804.794.4597 Acupuncturist, Taylor 804.215.6465	Wellness Clinic Hours Monday & Friday 9:00 a.m. - 11:00 a.m. Tuesday, Wednesday & Thursday 1:00 p.m. - 3:00 p.m.		Location Key: AR - Art Room CR - Card Room CR & FS - Card Room and Four Seasons CC - Communication Center DP - Dog Park FS - Four Seasons GR - Game Room IND SA - Independent Living Salon IR - Ivy Room LR - Living Room L - Lounge MR - Meeting Room MR & R - Meeting Room and Reflections R - Reflections S - Shindigz B - The Bistro T - Theater

