Continuing Education Petition Application for Pietra Fitness

Please complete this form to request approval for continuing education courses that are not pre-approved by Pietra Fitness. All continuing education must directly represent the performance domains set out in P-FIT.

First Name: _____ Last Name: _____
Address: _____
Home Phone: _____ Cell Phone: _____
Email: _____

CEU/CEC Information
Course/CEU Title: _____
Type of Activity: ☐ Workshop ☐ Seminar ☐ Home study ☐Conference ☐Other
Date(s): _____ Contact Hours (excluding scheduled breaks) _____
Course/CEU Provider: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Web Site: _____
Web Site: _____

Please answer the following questions in addition to supplying the required information and documentation.

This continuing education course falls under which Category(s)? (check all that apply)
☐ Catholic Course ☐ Nutrition ☐ Exercise Technique ☐ Student Relations ☐ Program Design
☐ Professional Practice & Responsibility ☐ Anatomy & The Way the Body Moves ☐ Breathing

How has this course, workshop or educational course provided above entry-level knowledge, skill, and ability? If the Continuing Ed is of a Spiritual Nature, please give an outline of the talks, what you gleaned from them and how you have grown in your faith.

_____
_____
_____
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_____

Continuing Education Petition Application Checklist
☐ Complete the Continuing Education Petition Application for Pietra Fitness
☐ Make a copy of all information for each course as follows:
☐ Certificate of Completion ☐ Course outline or agenda ☐ Instructor resume or bio ☐ Course objectives ☐ Referenced text material (if applicable)

Email all information to instructors@pietrafitness.com

Allow 30 days to process the application. Incomplete applications will be returned for resubmission. If you have questions about recertification, please check the website in the Instructor Portal.

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