

WCHQ Health Insights

Cardio-Kidney-Metabolic Health in Wisconsin | September 2026

WHAT IS CARDIO-KIDNEY-METABOLIC HEALTH?

Your heart, kidneys, and metabolism are closely connected.

Cardio-kidney-metabolic (CKM) health describes how these systems work together

WHY THIS MATTERS

Cardio-kidney-metabolic disease **raises the risk of heart attack, stroke, and kidney failure**



WHAT LAWMAKERS SHOULD KNOW



RETURN ON IMPROVEMENT

\$100+ MILLION

Health care savings achieved through improved diabetes care.



POSITIVE MOVEMENT

Recent improvement efforts helped 1,500 more patients with diabetes receive recommended kidney disease screening, bringing the screening rate to 68%



CONCERNING TREND

Adult obesity increased from 41% in 2016 to 48% in 2023.



POLICY IMPLICATION

Investment in prevention and early detection can improve health while reducing avoidable health care costs.

IMPROVING CARDIO-KIDNEY-METABOLIC HEALTH

Blood Pressure Quality Improvement Results

126,000

MORE PEOPLE

Our work helped 126,000 more people achieve blood pressure control



Why it Matters

By improving blood pressure control, Wisconsin's health systems have avoided costly and life-altering complications such as heart attack and stroke.



Statewide Improvement Goal

Thousands more patients in control of their blood pressure.

WCHQ health systems continue to set shared goals and work together to improve blood pressure control across Wisconsin.

Key Areas for Continued Improvement



**Improve Obesity
Care**



**Increase Home
Blood Pressure
Monitoring**



**Focus on Older
Adults**



**Target
Underserved
Communities**

ABOUT WCHQ

Wisconsin's leading electronic health record data hub, connecting over 80% of primary care providers statewide. We help care providers measure outcomes, identify improvement opportunities, and support statewide initiatives that improve the health of Wisconsin residents.