



## **Autobiography Examples From Literature**

### **1. A Writer's Autobiography: "The Story of My Life," Helen Keller**

In *The Story of My Life*, Helen Keller shares the story of her life and tells about the hardships of being a deaf-blind woman. Helen was born in 1880 and became deaf and blind when being just 19 months old. Her disability was caused by an illness and had a massive impact on her life. In her biography, Keller tells about her teacher, Anne Sullivan, who helped her learn to communicate. The book reflects on the challenges she faced in life, but also tells about Helen's resilience and pursuit of knowledge. Her life path turned her into a famous speaker, author, and advocate for people with disabilities.

### **2. A Philosopher's Autobiography: "The Confessions," St. Augustine**

In his autobiography, *The Confessions*, St. Augustine tells about his life and path to spirituality. A famous philosopher and theologian from the 4th century reflects on his young years filled with sin. Provided in the form of a prayer, his autobiography shows his search for truth that took him from sinfulness to spiritual awakening, found in the process of exploring human nature and faith.

### **3. A Slave's Autobiography: "The Life of Frederick Douglass," Frederick Douglass**

In his biography, a famous abolitionist, Frederick Douglass, tells about his experience of slavery and gaining freedom. *The Life of Frederick Douglass* is a powerful work that reminds us about the brutality of slavery, while demonstrating the pursuit of knowledge and freedom of someone



who has spent his entire childhood being a slave. The work of Douglass takes us on an interesting historical journey, while also telling about the strengths of the human spirit, which always strives for freedom.

#### **4. A Survivor's Autobiography: “The Diary of a Young Girl,” Anne Frank**

The Diary of a Young Girl is one of the most famous autobiographies in the world. It’s an account of the life of a young, Jewish girl, Anne Frank, who went through the horrors of the Holocaust. Anne’s autobiography is presented in the form of a collection of personal writings. In her writings, Anne tells us about the team of fear when she had to hide with her family. Her autobiography captures her personal thoughts and growth during that time. Frank also explores massive teams like hope, identity, and family.