

The logo consists of a white, rounded hexagonal shape with a small notch at the top. Inside the shape, the text "IDMC" is written in a bold, sans-serif font, and "MOVEMENT" is written in a smaller, all-caps, sans-serif font directly below it.

IDMC
MOVEMENT

LIFE GROUP STUDY MATERIAL

STRONGER TOGETHER



SESSION #2

FIVE STEPS TO CONFIDENCE IN RELATIONSHIPS

LESSON AIM

To understand and learn how to have confidence in relationships.

VIDEO LESSON

Link to video: <https://www.youtube.com/live/c19kUk95bK4?si=2hjlSsvJjipSVGsS>

SCRIPTURE READING

John 2:1-11 ESV

On the third day there was a wedding at Cana in Galilee, and the mother of Jesus was there. **2** Jesus also was invited to the wedding with his disciples. **3** When the wine ran out, the mother of Jesus said to him, "They have no wine." **4** And Jesus said to her, "Woman, what does this have to do with me? My hour has not yet come." **5** His mother said to the servants, "Do whatever he tells you."

6 Now there were six stone water jars there for the Jewish rites of purification, each holding twenty or thirty gallons. **7** Jesus said to the servants, "Fill the jars with water." And they filled them up to the brim. **8** And he said to them, "Now draw some out and take it to the master of the feast." So they took it. **9** When the master of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the master of the feast called the bridegroom **10** and said to him, "Everyone serves the good wine first, and when people have drunk freely, then the poor wine. But you have kept the good wine until now." **11** This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory. And his disciples believed in him.

John 2:1-11 ESV

INTRODUCTION

Living Confidently in an Age of Uncertainty

Jesus performed his first miracle at a wedding in Cana by turning water into wine, showing that God values relationships and everyday life. This event symbolises Christ's love for the Church and points to the future wedding feast in heaven. Despite modern tools like dating apps and therapy, many relationships still struggle. It is not because of compatibility, but because they lack covenant, calling, and character shaped by the gospel. To thrive in uncertain times, we must return to biblical principles that give us confidence and strength in our relationships.

No matter what season you're in, whether single, married, or navigating uncertainty, you need to be anchored in gospel-centered truths. Let the Word of God ground you in confidence, so you can stand strong and shine with purpose in this season. Praise God!

Five Lessons from a Wedding:

1. Learn to trust in God's sufficiency

As shown when Jesus turned water into wine, God provides abundantly, even in times of lack. In relationships, we must rely on Christ to fill the gaps, not expect others to complete us. True wholeness comes from Him.

Singles: Christ makes you whole, not marriage.

Marrieds: God fills the gaps your spouse cannot.

2. Learn to rest in God's timing

Jesus acted according to divine timing, not urgency. Waiting is not punishment but preparation. Whether single or married, trusting God's timing brings peace and purpose in every season. Amen!

Singles: Waiting is preparation, not punishment.

Marrieds: Every season has a sanctifying purpose.

3. Learn to believe in God's best

God doesn't just provide, He gives the best. Singles are encouraged not to settle, and married couples are reminded that their best days are ahead. God's provision exceeds expectations when we surrender our desires to Him. Praise God!

Singles: Don't settle - God's best is worth the wait.

Marrieds: With Christ, your best days are ahead.

4. Learn to rejoice in God's grace

Jesus transformed ceremonial jars (symbols of law) into vessels of grace. Relationships thrive not through performance or scorekeeping, but through grace, forgiveness, and humility.

Singles: Stop performing—grace makes you loveable.

Marrieds: Grace cancels scorekeeping in marriage.

5. Learn to follow God's leading

Mary said, "Do whatever He tells you." Obedience to God's Word turns the ordinary into extraordinary. In relationships, following Christ's direction brings healing, growth, and lasting joy.

Singles: Obedience may mean walking away or stepping out.

Marrieds: Obedience turns ordinary into extraordinary.

Conclusion

Jesus' first miracle of turning water into wine at Cana saved a family from shame, but His ultimate mission was fulfilled at Calvary, where He turned God's wrath into grace for all humanity. True relational success comes not from human effort but from a covenant relationship with Christ. Earthly marriages are temporary, but eternal union with Christ is our ultimate hope. In every season, we must rely on Christ's sufficiency, follow His timing, and walk in obedience to His leading. Amen!

DISCUSSION QUESTIONS

Instructions for group facilitators: Every group is different. You may modify the discussion questions to suit your group and you do not need to use all the questions in the group discussion.

Question 1: Where in your life or relationships are you tempted to believe "I am not enough" or "I don't have enough"? How does trusting Christ's sufficiency change that perspective?

Question 2: How do you usually respond when God's timing feels delayed in singleness, marriage, family, or career? What helps you to wait in faith rather than to be in frustration?

Question 3: What does "believing in God's best" look like in your current season of life? Where are you tempted to settle for less than God's best?

Question 4: What are you still trying to perform, prove, or keep score in relationships? How would rejoicing in God's grace change the way you approach love, forgiveness, or conflict?

Question 5: What is one area where you sense God asking you to obey Him even if it feels like "carrying water" instead of "drinking wine"? How can your group encourage you to take that step of obedience?

Question 6: Which of the five areas do you most need to apply in your relationships right now, and how could you take a practical step this week?

NEXT STEPS

This week, take time to reflect on your closest relationships through the lens of Christ. Ask God to reveal where you've been relying on your own strength instead of His sufficiency. Be patient in areas that feel delayed, trusting His timing.

Surrender your expectations and believe that His best is still ahead. Let grace replace performance. Forgive, release, and love freely. Finally, ask God what step of obedience He's calling you to take, and follow through. If you need support, reach out to someone who can offer godly counsel. Share what you've learned and invite someone to grow with you.