



Week	Readings	Reflection Passage
1	Proverbs 1–3	Proverbs 1:1–7
2	Proverbs 4–6	Proverbs 3:5–12
3	Proverbs 7–9	Proverbs 8:1–11
4	Proverbs 10–12	Proverbs 11:1–6
5	Proverbs 13–15	Proverbs 15:1–9
6	Proverbs 16–18	Proverbs 16:1–9
7	Proverbs 19–21	Proverbs 20:1–7
8	Proverbs 22–24	Proverbs 23:17–21
9	Proverbs 25–27	Proverbs 27:1–10
10	Proverbs 28–31	Proverbs 31:10–31

As you work through this reading guide, read slowly and reflect often. The beauty of Proverbs is found in the way it is structured. While many of the wisdom sayings may seem disconnected at first, they are constantly building upon one another. Each new insight adds clarity to what came before it. The book is cyclical in that way. As familiar themes return, you are meant to revisit them with fresh understanding and a deeper perspective. This is the slow work of wisdom. The longer you sit with these sayings, the more you begin to see how connected they really are—and how the book itself reflects the complexity of everyday life.