



SEAFOOD
KITCHEN
& BAR
MT EPHRAIM

NIBBLES

MARINATED OLIVES (GF PB) £5
PADRON PEPPERS £5
MAHAMMARA DIP & CRACKERS £5
ARTISAN BREADS & SALTED BUTTER £5
MIXED NUTS £5

STARTERS & SMALL PLATES

CALAMARI FRIES	£9
SRIRACHA MAYO	
COD FRITTERS	GF DF £9
SALTED COD, GRUYERE CHEESE, SMOKED PEPPER KETCHUP	
GARLIC & CHILLI KING PRAWNS	£14
SAMPHIRE, CHERRY TOMATO, FENNEL, TOASTED SOURDOUGH	

MAINS & LARGE PLATES

MARKET FISH	MKT
PLEASE ASK FOR TODAY'S SELECTION	
SANKEY'S SMOKIE	£18
SMOKED HADDOCK MORNAY, POACHED EGG, FRESH SPINACH	
AUBERGINE TAGINE	GF PB £18
APRICOT, BULGAR WHEAT, ALMONDS	

WHITSTABLE ROCK OYSTERS

GF DF £2.50 EA

DIRECT FROM WHITSTABLE. SERVED AS NATURE INTENDED WITH MIGNONETTE DRESSING, LEMON, TABASCO

OYSTER HAPPY HOUR
FRIDAY'S 4-5 PM & SUNDAY'S
BUY ONE GET ONE FREE

*RAW OYSTERS ARE CONSUMED AT CUSTOMER'S OWN RISK.

FISH & CHIPS

£19

CIDER BATTERED HADDOCK, TARTAR SAUCE, MUSHY PEAS, PICKLE.

FISH & CHIP FRYDAYS

£13

AVAILABLE BETWEEN 12PM - 5.30PM EVERY FRIDAY.

SMOKED MACKEREL PÂTÉ	£9
PICKLES, SALTED CROUTON, HORSE RADISH	
CHICKEN LIVER TERRINE	£8
GRENADINE, ONION JAM, TOAST	
ROAST BEETROOT	GF £8
GOATS CURD, PICKLED WALNUTS, SUSSEX HONEY, CAN BE PB	

MOULES MARINIERS FRITES	£18
MARINIERS OR THAI STYLE	
DRESSED CRAB	£30
800G, SOURDOUGH, MAYO, PETIT SALAD	
CRAB BURGER	£18
SRIRACHA MAYO, SLAW, BRIOCHE BUN, FRIES	

LOBSTER & FRIES

CORNISH LOBSTER, KOFFMAN FRIES, CHOOSE FROM:

GARLIC & HERB | GARLIC & CHILLI
CHILLED WITH LEMON MAYO (DF)

HALF £29 | WHOLE £58

LOBSTER ROLL

BUTTER TOASTED BRIOCHE ROLL

1/2 CORNISH LOBSTER, CELERY, MAYONAISE, KOFFMANN FRIES

HALF £29 | WHOLE £58

LOBSTER MAC & CHEESE

CORNISH LOBSTER, SMOKED BACON,

LUXURY MAC & CHEESE,
BREADCRUMB & PARMESAN CRUST

HALF £29 | WHOLE £58

SURF & TURF

CORNISH LOBSTER,

200G FLAT IRON STEAK,
PETIT SALAD, KOFFMANN FRIES

HALF £55 | WHOLE £84

FROM THE BUTCHERS

BANGERS & MASH	£18
FAMOUS SPELDHURST SAUSAGES, MASH, KALE, GRAVY	
FLAT IRON STEAK	DF GF £26
250G, ROAST GARLIC BUTTER, KOFFMAN FRIES	
SANKEY'S BURGER	GF* £18
DOUBLE PATTY, PULLED BBQ BEEF, MONTEREY JACK, BEEF TOMATO, BURGER SAUCE, TOASTED BRIOCHE BUN, FRIES	

SIDES

KOFFMAN FRIES CHUNKY CHIPS	£4
PETIT SALAD, FRENCH DRESSING	£4
GARLIC TAHINI CARROTS	£4
NEW POTATOES, PARSLEY BUTTER	£4
BROCCOLI, CRUNCHY CHILLI	£4
COLCANNON MASH	£4

SUNDAY ROASTS

SERVED EVERY SUNDAY FROM 12 TO 4PM

SERVED WITH ALL THE TRIMMINGS,

BOTTOMLESS GRAVY & YORKSHIRE PUDDING

(CAN BE DF, GF ON REQUEST)

ROAST BEEF	£23
PORK BELLY	£22
VEGAN WELLINGTON	£18
LOBSTER ROAST	£29
1/2 CORNISH LOBSTER, GARLIC BUTTER, ROAST TRIMMINGS	

DISCRETIONARY SERVICE CHARGE:
12.5%, SHARED FAIRLY AND FULLY AMONGST ALL OUR TEAM

DIETARY REQUIREMENTS:
PLEASE MAKE US AWARE OF ANY FOOD ALLERGIES

KEY:
GF: GLUTEN FREE, DF: DAIRY FREE,
N: CONTAINS NUTS, PB: PLANT BASED.

DESSERTS

TIRAMISU	£8
COFFEE, MascAPONE, SPONGE	
STICKY TOFFEE PUDDING	GF £8
HONEYCOMB ICECREAM	
CRUMBLE	GF £8
APPLE, BLACKBERRY, CUSTARD - CAN BE PB	
TAYWELL ICE CREAMS & SORBETS	£2
ICE CREAM: VANILLA, STRAWBERRY, CHOCOLATE, HONEYCOMB SORBET: LEMON, RASPBERRY, MANGO.	



FISHIN' FOR INSPIRATION?

WHY NOT TAKE A LOOK AT OUR
INSTAGRAM. JUST SCAN OUR NAMETAG
AND YOU'LL FIND DELICIOUS SHOTS OF
OUR FOOD TO HELP YOU DECIDE!

TUESDAY

KIDS EAT FREE*

WEDNESDAY

MID WEEK MOULES

THURSDAY

ALL 1/2 LOBSTERS

FRYDAY

FISH & CHIPS £13

* 1 FREE KID'S MEAL WITH EVERY ADULT MAIN COURSE

BUT ONE GET ONE FREE

£20

* 12 TO 5.30PM EVERY FRIDAY



SEAFOOD KITCHEN & BAR
39, MT EPHRAIM, TUNBRIDGE WELLS, TN4 8AA
SANKEYS@SANKEYS.CO.UK

01892 511 422 | WWW.SANKEYS.CO.UK