



SEAFOOD KITCHEN & BAR  
39, MT EPHRAIM, TUNBRIDGE WELLS, TN4 8AA

BOOKINGS: [SANKEYS.CO.UK](http://SANKEYS.CO.UK) | 01892 511 422



SEAFOOD  
KITCHEN  
& BAR  
MT EPHRAIM

## VALENTINES DAY 2026

3 COURSES 45

### STARTERS

OYSTERS

SEARED BEEF & CELERIAC RÉMOULADE

SALT & PEPPER CALAMARI, CRISPY CHILLI MAYO

MEDITERRANEAN FISH SOUP, GRUYÈRE & ROUILLE

ROAST BEETROOT, BUTTER BEAN HUMMUS & TOASTED MARMITE, SEEDS

### MAINS

CATCH OF THE DAY, NEW POTATOES & HOUSE GARLIC BUTTER

ROAST COD, CHORIZO & WHITE BEAN CASSEROLE

FLAT IRON & FRIES

ROAST SWEET POTATOES, LENTIL DAHL, CORIANDER & MISO YOGHURT

LOBSTER & FRIES

(SUPPLEMENT HALF £10 | WHOLE £30)

SURF N TURF

(SUPPLEMENT £25)

### DESSERTS

CHOCOLATE MOUSSE & HONEYCOMB ICE CREAM

STICKY TOFFEE PUDDING, VANILLA ICE CREAM

RHUBARB & ORANGE CHEESECAKE

APPLE & THYME TATIN, SUSSEX BLUE