



SEAFOOD KITCHEN & BAR
39, MT EPHRAIM, TUNBRIDGE WELLS, TN4 8AA

BOOKINGS: SANKEYS.CO.UK | 01892 511 422



SEAFOOD
KITCHEN
& BAR
MT EPHRAIM

VALENTINES DAY 2026

3 COURSES 45

STARTERS

OYSTERS (GF DF)

SEARED BEEF & CELERIAC RÉMOULADE (GF)

SALT & PEPPER CALAMARI, CRISPY CHILLI MAYO (GF DF)

MEDITERRANEAN FISH SOUP, GRUYÈRE & ROUILLE

ROAST BEETROOT, BUTTER BEAN HUMMUS & TOASTED MARMITE, SEEDS (GF DF)

MAINS

CATCH OF THE DAY, NEW POTATOES & HOUSE GARLIC BUTTER

ROAST COD, CHORIZO & WHITE BEAN CASSEROLE (GF)

FLAT IRON & FRIES (GF)

ROAST SWEET POTATOES, LENTIL DAHL, CORIANDER & MISO YOGHURT (GF)

LOBSTER & FRIES (GF)

(SUPPLEMENT HALF £10 | WHOLE £30)

SURF N TURF (GF)

(SUPPLEMENT £25)

DESSERTS

CHOCOLATE MOUSSE & HONEYCOMB ICE CREAM (GF)

STICKY TOFFEE PUDDING, VANILLA ICE CREAM (GF)

RHUBARB & ORANGE CHEESECAKE

APPLE & THYME TATIN, SUSSER BLUE