



**SEAFOOD
KITCHEN
& BAR
MT EPHRAIM**

STARTERS & SMALL PLATES

CALAMARI FRIES	GF DF	£9
GARLIC AIOLI		
MEDITERRANEAN FISH SOUP		£7
CROUTONS, ROUILLE, GRUYÈRE		
KEDEGREE SCOTCH EGG	GF DF	£10
SMOKED MACKEREL, HENS EGG, CURRY MAYONNAISE		

MAINS & LARGE PLATES

FISH & CHIPS	GF DF	£22
SKIN ON FRIES, DILL PICKLE, MUSHY PEAS		
MOULES FRITES		£18
MARINIÈRE OR THAI STYLE WITH SOURDOUGH		
SANKEY'S SMOKIE		£20
SMOKED HADDOCK MORNAY, POACHED EGG, FRESH SPINACH		
PO' BOY		£19
PANKO PRAWNS, CHIPOTLE MAYO, LIME, BRIOCHE BUN		
SOFT SHELL CRAB BURGER		£19
TEMPURA, SRIRACHA MAYO, SLAW, BRIOCHE BUN, FRIES		
SWEET POTATO DAHL	PB GF	£17
MIÑO YOGHURT, CORIANDER, CRISPY ONIONS		

FROM THE BUTCHERS

CRISPY PORK BELLY	GF	£22
HISPI CABBAGE, MASH, CIDER JUΣ		
FLAT IRON STEAK	DF GF	£26
250G, ROAST GARLIC BUTTER, SERVED MEDIUM RARE		
SANKEY'S BEEF BURGER		£19
DOUBLE PATTY, PULLED BBQ BEEF, MONTEREY JACK, BEEF TOMATO, BURGER SAUCE, TOASTED BRIOCHE BUN, FRIES		

SIDES

SKIN ON FRIES	DF GF	£5
GREEN SALAD	DF GF	£5
FRENCH DRESSING		
CHARRED HISPI CABBAGE	N GF	£5
MIÑO YOGHURT, TOASTED HAZELNUTS		
NEW POTATOES	GF	£5
PARSLEY BUTTER		
MASHED POTATOES	GF	£5

SNACKS & NIBBLES

BREAD & OLIVES MEZE	£14
SOURDOUGH, FOCACCIA, SALTERD BUTTER, MARINATED OLIVES, PADRON PEPPERS.	
SELECTION OF BREADS	£5
SALTERD BUTTER	

WHITSTABLE ROCK OYSTERS

GF DF £3 EACH
DIRECT FROM WHITSTABLE. SERVED AS NATURE INTENDED
WITH MIGNONETTE DRESSING, LEMON, TABASCO
OYSTER HAPPY HOUR
FRIDAY 4-5 PM & SUNDAY
BUY ONE GET ONE FREE
*RAW OYSTERS ARE CONSUMED AT CUSTOMERS' OWN RISK.

LOBSTERS

OUR LOBSTERS ARE LANDED LIVE IN NEWLYN, FROM THE SAME FAMILY OF SHELLFISH MERCHANTS WE HAVE WORKED WITH SINCE THE 1960'S

CORNWALL'S CLEAN WATERS PROVIDE AN EXCEPTIONAL HABITAT, PRODUCING LOBSTERS OF OUTSTANDING QUALITY

LOBSTER & FRIES GF £MKT

CHOOSE FROM:
GARLIC & HERB OR
GARLIC & CHILLI CHILLED WITH LEMON MAYO (DF)

LOBSTER ROLL £MKT

BUTTER TOASTED
BRIOCHE ROLL, CELERY,
MAYONNAISE, KOFFMANN FRIES

SURF & TURF GF £MKT

1/2 OR WHOLE CORNISH LOBSTER,
200G FLAT IRON STEAK SERVED MEDIUM RARE OR SANKEYS BURGER,
PETIT SALAD, KOFFMANN FRIES

ALL LOBSTERS AT MARKET PRICE

OUR LOBSTERS ARE PRICED DAILY TO REFLECT MARKET FLUCTUATIONS, ENSURING THE BEST POSSIBLE VALUE.

SUNDAY ROASTS

SERVED EVERY SUNDAY FROM 12 TO 4PM
SERVED WITH ALL THE TRIMMINGS,
BOTTOMLESS GRAVY & YORKSHIRE PUDDING
(CAN BE DF, GF ON REQUEST)

ROAST BEEF	£26
PORK BELLY	£24
VEGAN WELLINGTON	£18
MARKET FISH ROAST	£MKT
LOBSTER ROAST	£MKT
GARLIC BUTTER, ROAST TRIMMINGS	

BREAD & DIPS MEZE	N	£14
SOURDOUGH, FOCACCIA TOAST, MACKEREL PATE, MUHAMMARA, PADRON PEPPERS		
MACKEREL PATE		£9
TOASTED SOURDOUGH		

DEVILLED WHITEBAIT	GF DF	£9
LEMON MAYO		
MAPLE CURED BEEF	GF	£11
CELERIAC RÉMOULADE, CORNICHON, CAPERS		
ROAST BEETROOT	DF	£9
BUTTER BEAN HUMMUS, FOCACCIA TOAST		

MARKET FISH

THE VERY BEST FISH FROM THE BRITISH ISLES,
RESPONSIBLY LANDED BY INDEPENDENT FISHERMEN
COOKED SIMPLY WITH CHOICE OF SIDE & BUTTER.
PLEASE ASK OUR TEAM ABOUT TODAY'S CATCH

GURNARD	GF	£26
MILD, SWEET FLAVOUR, FIRM WHITE MEATY FLESH		
JOHN DORY	GF	£29
FULL OF FLAVOUR WITH MEATY FLESH		
MONKFISH TAIL	GF	£28
A UNIQUE, FIRM-TEXTURED AND MEATY WHITE FISH.		
LEMON SOLE	GF	£32
SOFT MILD & GENTLE FLESH THAT DOESN'T TASTE OF LEMON		
HAKE	GF	£24
BRIGHT WHITE FLAKES, SIMILAR TO COD, A TOUCH SOFTER		
CORNISH SOLE	GF	£29
FINE FLAKY MEAT, DELICATE YET BOLD FLAVOURS		
PLAICE	GF	£25
SWEET FLAVOUR, VERY DELICATE TEXTURE		
HALIBUT	GF	£35
FIRM SLIGHTLY OILY FLESH, STRONG FLVAOURS		
DOVER SOLE	GF	£55
A UNIQUE, FIRM TEXTURED AND MEATY WHITE FISH		
SKATE	GF	£26
LONG FIBEROUS FLESH, VERY STRONG FLAVOURS		
COD	GF	£27
BRIGHT WHITE FLAKES WITH A SUBTLE FLAVOUR		

DISCRETIONARY SERVICE CHARGE:
12.5%, SHARED FAIRLY AND FULLY AMONGST ALL OUR TEAM

DIETARY REQUIREMENTS:
PLEASE MAKE US AWARE OF ANY ALLERGIES OR INTOLERANCES

KEY:
GF: GLUTEN FREE, DF: DAIRY FREE,
N: CONTAINS NUTS, PB: PLANT BASED,
CG: CAN BE GF WITH A REQUEST

MID WEEK MOULES
£9* A BOWL

TUESDAY, WEDNESDAY & THURSDAY
*BUY TWO MOULES FRITES AND GET THEM BOTH HALF PRICE

OYSTER HAPPY HOUR
BUY ONE GET ONE FREE*

FRIDAYS 4 PM TO 5 PM
AND ALL DAY SUNDAY

PRIVATE HIRE
HOST YOUR PARTY HERE

ASK AT THE BAR
OR VISIT SANKEYS.CO.UK



SEAFOOD KITCHEN & BAR
39, MT EPHRAIM, TUNBRIDGE WELLS, TN4 8AA
SANKEYS@SANKEYS.CO.UK

01892 511 422 | WWW.SANKEYS.CO.UK