

Kid-Friendly Activities in the Area



Ghost Lake Recreational Area

located 8 minutes west of the Sanctuary

Picnic area, dock, walking trails

[Directions Here!](#)



Cochrane Playgrounds

3 parks located within 10 minutes east of the Sanctuary

Directions Here: [Appaloosa Park](#), [Heartland Park](#) and [Heritage Hills Park](#)



Appaloosa



Heartland



Heritage Hills

Cochrane Public Library

located 15 minutes east of the Sanctuary. Books, kids programs and more!



[Directions Here!](#)

Messy Moose Studio Cochrane

located 15 minutes east of the Sanctuary. Art and Sensory Studio that provides a safe and creative space for children of all ages to explore, express, and discover. *include cost

[Directions Here!](#)



SLS Centre

located 20 minutes east of the Sanctuary.
Recreational facility in Cochrane; includes aquatic
centre and climbing wall *include cost

[Directions Here!](#)



