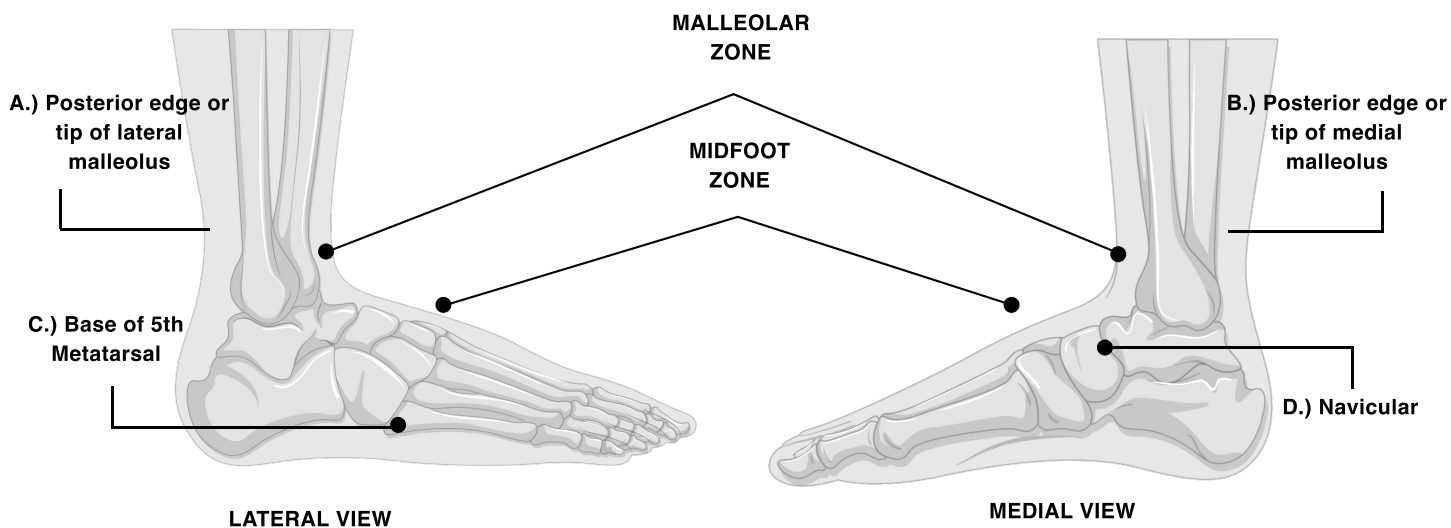


Ottawa Ankle Rules

Name:

Date:



Malleolar Pain		
1. Bone tenderness at A Posterior edge or tip of lateral malleolus	☐ Yes	☐ No
2. Bone tenderness at B Posterior edge or tip of medial malleolus	☐ Yes	☐ No
3. Inability to bear weight both immediately after injury AND in ED Posterior edge or tip of medial malleolus	☐ Yes	☐ No
Middle Foot Pain		
1. Bone tenderness at C Base of 5th metatarsal	☐ Yes	☐ No
2. Bone tenderness at D Navicular	☐ Yes	☐ No
3. Inability to bear weight both immediately after injury AND in ED Patient unable to take four steps	☐ Yes	☐ No
Notes:		

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