Confusion Assessment Method for the ICU (CAM-ICU)

Name:	**Date:**
Assessor:	**Assessor Signature:**

Instructions: Complete this clinical assessment every shift (8-12 hours) to assess delirium in your patient.

CAM-ICU	Criteria	Present
FEATURE 1: Alteration/Fluctuation in Mental State		
• Is the patient's mental status different than his/her baseline? **OR** • Has the patient had any fluctuation in mental status inthe past 24 hours as evidenced by fluctuation on a sedation scale (eg, RASS, Glasgow Coma Scale [GCS]), or previous delirium assessment?	Either question Yes →	☐
FEATURE 2: Inattention		
Letters Attention Test • Say to the patient, "I am going to read you a series of 10 letters. Whenever you hear the letter 'A,' indicate by squeezing my hand." • Read letters from the following letter list in a normal tone 3 seconds apart: **S A V E A H A A R T** • Errors are counted when the patient fails to squeeze on the letter "A" and when the patient squeezes on any letter other than "A."	More than 2 errors →	☐
FEATURE 3: Altered Level of Consciousness (LOC)		
• Present if the RASS score is anything other than Alert and Calm (zero) **OR** • If SAS is anything other than Calm (4)	If RASS is anything other than Zero **OR** If SAS score is anything other than 4 →	☐
FEATURE 4: Disorganized Thinking		
Yes/No Questions • Ask the patient to respond: a. Will a stone float on water? b. Are there fish in the sea? c. Does 1 pound weigh more than 2 pounds? d. Can you use a hammer to pound a nail? • Count errors (each time patient answers incorrectly). **Commands** • Ask the patient to follow your instructions: a. "Hold up this many fingers." (Hold 2 fingers in front of the patient.) b. "Now do the same thing with the other hand." (Do not demonstrate the number of fingers this time.) • If unable to move both arms, for part "b" of command ask patient to "Hold up one more finger." • Count errors if patient is unable to complete the entire command.	If the combined number of errors is more than 1 →	☐

If Features 1 and 2 are both present and either Features 3 or 4 are present: CAM-ICU is positive, delirium is present

Delirium Present ☐ **Delirium Absent** ☐

Additional Notes