

Deep Tendon Reflex Exam

Patient Information

John Smith

Full name: _____

05/20/1975

Male

Date of Birth (MM/DD/YY): _____ Gender: _____

5'11"

185 lbs

Height: _____ Weight: _____

120/80 mmHg

75 bpm

16 breaths per minute

Blood Pressure: _____ Heart Rate: _____ Respiratory Rate: _____

Reflex	Expected Response	Actual Response	
		L	R
Biceps	Contraction of biceps muscle and flexion of forearm	2+	2+
Triceps	Contraction of triceps muscle and extension of forearm	2+	2+
Brachioradialis	Supination of forearm	2+	2+
Patellar	Contraction of quadriceps muscle and extension of knee	2+	2+
Ankle	Plantarflexion of foot	2+	2+
Plantar	Plantarflexion of toes	2+	2+

Description of Responses

Biceps

John's biceps reflex was 2+ on both sides, indicating a normal response. When the examiner tapped John's biceps tendon, his forearm flexed and his biceps muscle contracted.

Triceps

John's triceps reflex was 2+ on both sides, indicating a normal response. When the examiner tapped John's triceps tendon, his forearm extended and his triceps muscle contracted.

Brachioradialis

John's brachioradialis reflex was 2+ on both sides, indicating a normal response. When the examiner tapped John's brachioradialis tendon, his forearm flexed and his brachioradialis muscle contracted.

Patellar

John's patellar reflex was 2+ on both sides, indicating a normal response. When the examiner tapped John's patellar tendon, his leg extended and his quadriceps muscle contracted.

Ankle

John's ankle reflex was 2+ on both sides, indicating a normal response. When the examiner tapped Maria's Achilles tendon, her foot plantarflexed and her gastrocnemius muscle contracted.

Plantar

John's plantar reflex was 2+ on both sides, which indicates a normal response. When the examiner stimulated the plantar surface of her foot, her toes curled downward and her foot pointed inward, indicating plantarflexion of the foot.