

Social Work Assessment Tool

Overview

This Social Work Assessment aims to gather detailed information about the client's life situation, strengths, resources, and needs. It will involve a combination of interviews, observations, and reviews of relevant documents. It is important to approach this assessment with empathy, respect, cultural sensitivity, and an awareness of the client's right to self-determination.

Patient's Name: _____

Date of Assessment: _____

Assessment Area	Procedure	Findings
Introduction and Rapport Building	Introduce yourself, explain the assessment process, ensure confidentiality, and address concerns or questions.	
Client's Perception of Situation	Encourage the client to describe their current situation and reasons for seeking help.	
Biopsychosocial Assessment	Biological: Gather information on physical health, medical history, medication, and lifestyle behaviors. Psychological: Understand mental health status, history, strengths, coping skills, and cognitive functioning. Social: Learn about family and social support, relationship status, employment or educational status, financial situation,	

	living situation, leisure activities, community involvement.	
Cultural Assessment	Investigate client's cultural background, beliefs, values, experiences with prejudice, discrimination, or cultural conflict.	
Strengths and Resources Assessment	Identify client's personal strengths, skills, resources, sources of resilience including supportive relationships, financial resources, educational or professional skills, and coping strategies.	
Risk Assessment	Assess the client's risk of harm to self or others, and if necessary, implement immediate safety measures.	
Needs Assessment	Recognize the client's unmet needs in areas like physical health, mental health, social support, housing, employment, etc.	
Goal Setting	Collaborate with the client to set specific, measurable, achievable, relevant, and time-bound (SMART) goals based on the assessment.	
Referral and Intervention Planning	Develop a plan for intervention or refer the client to other services based on the set goals.	
Review and Feedback	Review the assessment and plan with the client, ask for their feedback, and make necessary revisions.	

Documentation	Record all the gathered information in a structured and organized manner, maintaining confidentiality.	
Follow-up	Schedule a follow-up meeting to review progress and adjust the intervention plan if necessary.	