

Multiple Sclerosis Society of Jersey
March 2019



Monthly Draw

There have only been 3 draws so far this year! So there are 12 lucky winners already. Remember you have to be in it to win it. Please get in touch if you would like more forms for your family and friends or alternatively you can print them from our website under forms. It is really important we try to sell out of these as they make a really valuable contribution to our income for the year and plus you can win! (Could you as members please try to sell some of these tickets as it is you that benefit from the funds raised).

Christmas Lunch

We thought it was a great success...did you? Let us know as we would love to get some feedback.

2019 Membership

If you have not yet renewed yet, please do get your money and form in!!!

Fundraising

Paul has arranged a charity walk/wheel for those that fancy meeting us on 28 April 2019. It's not too far. Start at West Park, turn around at Bel Royal and we'll see you back at West Park before you know it!! We are hoping that as many members and friends can join us as possible. We would like a donation of £10 as this is a fund raiser.

Future events which we are in progress of organising are:

- Motorbike rally
- Line dancing night at The Mayfair
- Bingo Night

Also, Paul and Jan will be participating in a car boot sale in the field next to Coronation Park (Millbrook Park) on the morning of 26th May. Please come along to support this fundraising effort.

AGM

Date for the diaries please... May 4th at 2pm at St. Clements Parish Hall. We do need people to turn up **and** more importantly we make decisions about the Society which may have an impact on you, so do come along, we even supply cake and tea/coffee afterwards.

Exercise Classes

Please do not forget the free exercise class held at Cheshire Homes every Tuesday at 11.30. Come along, it's a good chance to socialise as well keep fit!

Complementary Therapies

Don't forget that members can claim towards their alternative therapies. Forms available online or at request.

Facebook

Part of the committee's aim is to raise awareness. So please do like our Facebook Page – Multiple Sclerosis Society of Jersey - we will be posting news of our fund-raising events and need as many people as possible to hear about this page. Check out our updated website <http://msjersey.org/>

Communications

We are always trying to reduce our administration costs and where possible would like to send you information via email. If you would like to opt in to receive by email, please send us an email on: multiplesclerosisjersey@gmail.com

Stamps

Please keep any stamps from your mail as our committee member Margaret can collect them. Please let your friends and family know to keep them and to ask their places of work.

Waitrose

If you shop at Waitrose or are passing please look out for the Community Matters forms at the side of the token boxes. If you could pick one up and fill it in, nominating us, then hopefully we will be considered.

Treasurer change of address

Lynne Shaw has taken over from Hayley as treasurer, her contact details are:

Address: Brooklyn, 6 Bel Royal Gardens, St Lawrence, JE3 1JU

Email: lynneshaw57@gmail.com

mobile: 07797 813136

Important!

We really need all your completed forms even for your subscription. This is important for our records. If we do not receive a form, we will presume any money received is a donation!