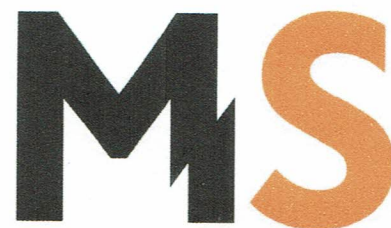


## **Multiple Sclerosis Society of Jersey October 2018**



### **Monthly Draw**

There are only three draws left this year! It might seem early but we have enclosed a form for the monthly draw form for 2019. Please get in touch if you would like more forms for your family and friends or alternatively you can print them from our website under forms. It is really important we try to sell out of these as they make a really valuable contribution to our income for the year and plus you can win! (could you as members please try to sell some of these tickets as it is you that benefit from the funds raised).

### **Christmas Lunch**

We mentioned this in June's newsletter but now we are enclosing forms for the lunch. We will be holding it on Saturday 8<sup>th</sup> December and we would ask for everyone to be seated by 12.40 so that we can welcome our patron, the Lieutenant Governor, Sir Stephen Dalton. Lunch will be served from 1PM.

The cost will be £10 for Society members, £10 for the first guest and £20 for guests thereafter.

### **2019 Membership**

We are being super organised and enclosing the forms to renew your membership for 2019. This costs £15 per calendar year and not only does this give you access to what the society can do for you but also to the MS Society UK.

### **Exercise Classes**

Please do not forget the free exercise class held at Cheshire Homes every Tuesday at 11.30, come along, it's a good chance to socialise as well keep fit!

### **Complementary Therapies**

Don't forget that members can claim towards their alternative therapies. Forms available online or at request.

### **Facebook**

Part of the committee's aim is to raise awareness. So please do like our Facebook Page – Multiple Sclerosis Society of Jersey - we will be posting



news of our fund-raising events and need as many people as possible to hear about this page. Check out our updated website <http://msjersey.org/>

### **Government House**

As committee members we were invited to Government house on Thursday 5th July for a tea party with the Lieutenant Governor, as you can see from the photo's we all had a good time.



### **State Street Island Walk 2018**

We are very pleased to tell you that we have received a donation from this years Island walk of £3,000 which goes a long way in helping pay for Complementary Therapies, which some of our member enjoy.

### **Communications**

We are always trying to reduce our administration costs and where possible would like to send you information via email. If you would like to opt in to receive by email, please send us an email on: [multiplesclerosisjersey@gmail.com](mailto:multiplesclerosisjersey@gmail.com)

### **Stamps**

Please keep any stamps from your mail as our committee member Margaret can collect them. Please let your friends and family know to keep them and to ask their places of work.

### **Waitrose**

If you shop at Waitrose or are passing please look out for the Community Matters forms at the side of the token boxes. If you could pick one up and fill it in nominating us then hopefully we will be considered.

**Treasurer change of address**

Lynne Shaw has taken over from Hayley as treasurer, her contact details are,

Address: Brooklyn, 6 Bel Royal Gardens, St Lawrence, JE3 1JU

Email: [lynneshaw57@gmail.com](mailto:lynneshaw57@gmail.com)

mobile: 07797 813136

**Important!**

We really need all your completed forms even for your subscription. This is important for our records. If we do not receive a form, we will presume any money received is a donation!